

POINCIANA

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RHYTHM: Rumba

RECORD: Capital Records Spotlight on Vic Damone Track12 Walmart download

SPEED: 45 rpm

FOOTWORK: Opposite except where noted

PHASE: RAL Phase III

SEQUENCE: INT – A – A – B – A – C – C(1-8) – END

REL DATE: March, 2011

INTRODUCTION

1-4 WAIT 2;; DIAG CUCARACHAS;;

- 1-2 In Bfly M fcg Wall wait 2 meas;;
- 3 Sd & bk L, rec R, - (Sweep lead arm dwn-out-up-& dwn btwn prts);
- 4 Sd & bk R, rec L, -(repeat arm sweep with trailing arms);

PART A

1-4 ½ BASIC; U/A TURN; REV U/A TURN; START CRAB WLKS;

- 1 Fwd L, rec R, bk & sd L, -;
- 2 Bk R, rec L, sd & fwd R, -(She fwd R Comm RF trn, fwd L cont trn, fwd R cont trn to bfly, -);
- 3 XLIF of R, rec L, sd R, -(She XRIF of L and comm LF trn, fwd R cont trn; fwd L, cont trn to bfly);
- 4 XRIF of L (sheXLIF of R), sd L, XRIF of L (she XLIF of R), -;

5-8 CON'T CRAB WLKS; FENCE LINE; NEW YKR; SPOT TRN;

- 5 Sd L, XRIF of L (she XLIF of R), sd L, -;
- 6 XRIF of L Inge twd LOD and look LOD (she XLIF of R), rec L, sd R, - ;
- 7 Op out to fce RLOD fwd L twd RLOD, rec R, sd L, - ;
- 8 Op out to fce LOD fwd R with spot swvl to fce RLOD, rec L swvl to fce ptr, sd R, - ;

PART B

1-4 BRK BK TO OP/LOD; KIKI WLKS 3; SLIDE THE DOOR; APT REC TO FCE;

- 1 Comm LF trn (she RF) bk on L, rec fwd R to OP/LOD, fwd L, - ;
- 2 Fwd R, L, R, - Use swvl action on these 3 steps - ;
- 3 Rk sd L twd COH, rec R xing beh W, - (she xing in frnt of M), XLIF of R (W XRIF of L), - ;
- 4 Sd R, rec L to fce ptr, clo R to L, - ;

5-8 BRK BK TO OP/LOD; KIKI WLKS 3; SLIDE THE DOOR; APT REC TO FCE;

- 5 Repeat meas 1 of part B except in the opposite direction;
- 6 Repeat meas 2 of part B except in the opposite direction;
- 7 Repeat meas 3 of part B except in the opposite direction;
- 8 Repeat meas 4 of part B except in the opposite direction;

PART C

1-4 OP BRK; THRU TURN IN AND BK; PROG WLKS 6 TWD RLOD TO FACE;;

- 1 Apt L with lead hnds jnd – trail hnds are brought up the side of body palm in until it reaches the ear and then trn palm out, rec R bring arms dwn, sd L w/ slight trn OP/LOD, - ;
- 2 Thru R twd LOD, fwd L comm RF trn (she LF), sd & bk L to LOP/RLOD chng bkwr motion, - ;
- 3 Fwd RLOD L, R, L, - ;
- 4 Fwd R, L, R to bflyand wall, - ;

5-8 CHASE;;;:

- 5 Fwd L trng RF ½ to fce COH, fwd R, fwd L, (W bkR, rec L, fwd R, -;) -;
- 6 Fwd R trng ½ LF to fce wall, fwd L, fwd R, (W fwd L trng ½ RF to fce wall, fwd R, fwd L, -;) -;
- 7 Fwd L, rec R, bk L, (W fwd R trng ½ LF to fce COH, fwd L, fwd R, -;) -;
- 8 Bk R, rec L, fwd R, (Wfwd L, rec R, bk L, -;) -)

9-12 DOOR X 2;; SD WLKS X2;;:

- 9 In bfly rk sd L, rec R, XLIF of R, (W XRIF of L, -;
- 10 Rk sd R, rec L, XRIF of L, (W XLIF of R), -;
- 11 Sd L, clo R to L, sd L, -;
- 12 clo R to L, sd L, clo R to L, -;

13-16 CIRCLE AWAY AND TOG;; TIME STEP X2;;:

- 13 Fwd L curving LF fwd L, R, L trng to fce ptr, -;
- 14 Fwd R, fwd L, fwd R to fce ptr, -;
- 15 XLIB of R (W XRIB of L) extending arms out to sd at shoulder level, rec R bring arms bk in, sd L, -;
- 16 XRIB of L (W XLIB of R) extending arms out to the sd at shoulder level, rec L bring arms bk in sd R, -;

ENDING

1-4 NEW YKR; SERPIENTE;; BEGIN TO FLARE TRAILING LEG TO FCE; HOLD 3 BEATS AND LNGE THRU ON LAST NOTE;

- 1 Repeat meas 7 of Part A;
- 2 Thru R, sd L, thru R and flare L (W R) foot on floor out & bk, cont flare prepare to XIB, -;
- 3 XLIB of R (XRIB of L), sd R, thru L and flare R (W L) out and around to bfly, -;
- 4 Hold R (W hold L) on floor for 3 bts,, then lunge thruL (W R) twd LOD on the very last note;