

## POLKA DOT POLKA

**CHOREO:** Nancy & Amos Mouser, PO Box 927 Mountain Home ID 83647 208-602-7850

**RECORD:** Polka Dot Polka Artist: Joanie Bartels Download from i-tunes

**FOOTWORK:** Opposite unless noted (Women's footwork in parenthesis) Speed: Decrease 10%

**RHYTHM:** Two Step Phase 2+1 (Side Stairs)

**Difficulty:** Average

**SEQUENCE:** INTRO A B Break A B C B B(9-16) End

**Release Date:** August 2010

### MEAS

### INTRODUCTION

**1-4 BFLY POSITION MAN FACING WALL LEAD FT FREE WAIT 4 MEAS;;;;**  
1-4 Wait;;;;

**5-8 FACE TO FACE AND BACK TO BACK;; BASKETBALL TURN SEMI;;**  
5-6 Sd L,cl R, sd L trng 1/2 LF,-; sd R, cl L, sd R trng 1/2 RF,- end BFLY;  
7-8 Sd L turn RF , -, rec R cont. RF turn fc RLOD,-; Fwd L turn RF , -, rec R turn to SCP,-;

### PART A

**1-4 2 FORWARD 2 STEPS;; STRUT 4;;**  
1-2 Fwd L,cl R, fwd L,-; Fwd R,cl L ,fwd R,-;  
3-4 to LOD L,-,R,-; L,-R,-;

**5-8 2 FORWARD 2 STEPS;; TWIRL 2; WALK 2;**  
5-6 Fwd L,cl R, fwd L,-; Fwd R,cl L ,fwd R,-;  
7-8 Sd L, XRib(W twrls RF undr jnd ld hnds R,-,L,-); fwd L,-, fwd R,-;

**9-12 LACE UP;;;;**  
9-12 Fwd L, cl R, fwd L, (W xif of M under jnd ld hnds) [OP/LOD],-; fwd R, cl L, fwd R,-; fwd L, cl R, fwd L,  
(W xif of M under jnd ld hnds) [OP/LOD},-; fwd R, clo L, fwd R CP wall,-;

**13-16 2 SLOW SIDE TOUCHES;; 2 SLOW SIDE CLOSES;;**  
13-14 sd L,-,tch RtoL,-; sd R,-,tch LtoR,-;  
15-16 sd L,-,cl R,-; sd L,-,cl R,-CP wall;

### PART B

**1-4 BALANCE LEFT & RIGHT;; SLOW CIRCLE 4;;**  
1-2 sd L,cl R, sipL,-; sd R, cl L, sipR,-;  
3-4 Fwd L trn LF,-,fwd R trn LF,-; Fwd L trn LF,-,fwd R trn LF,- CP wall;

**5-8 BALANCE LEFT & RIGHT;; SLOW LIMP;;**  
5-6 sd L,cl R, sipL,-; sd R, cl L, sipR,-;  
7-8 sd L,-, XRib,-; sd L, -, XRib,-;

**9-12 4 TURNING 2 STEPS;;;;**  
9-12 Sd L, cl R, fwd L pvtg RF 1/2, -; sd R, cl L, fwd R pvtg RF 1/2, -; sd L, cl R, fwd L pvtg RF 1/2, -;  
sd R, cl L, fwd R pvtg RF 1/2, - CP wall;

**13-16 SLOW TWIST VINE 8;;;;**  
13-16 Sd L,-,XRIB,-; sd L,-, XRIF,-; Sd L,-,XRIB,-; sd L,-, XRIF,- BFLY wall;

### BREAK

**1-4 FACE TO FACE AND BACK TO BACK;; BASKETBALL TURN SEMI;;**  
1-2 Sd L,cl R, sd L trng 1/2 LF,-; sd R, cl L, sd R trng 1/2 RF,- end BFLY;  
3-4 Sd L turn RF , -, rec R cont. RF turn fc RLOD,-; Fwd L turn RF , -, rec R turn to SCP,-;

**PART C**

**1-4 BACK APART 4 SLOW;; STRUT TOGETHER 4;;**

1-2 Bk away from ptner L,-,R,-; L,-R,-;  
3-4 Strut twd ptnr L,-,R,-; L,-R,- CP wall;

**5-8 SLOW SIDE STAIRS 8;;;**

5-8 Sd L,cls R, fwd L,cls R; sd L,cls R, fwd L,cls R;

**9-12 BACK APART 4 SLOW;; STRUT TOGETHER 4;;**

9-10 bk away from ptner L,-,R,-; L,-R,-;  
11-12 strut twd ptnr L,-,R,-; L,-R,- CP wall;

**13-16 SLOW SIDE STAIRS 8;;;**

13-16 Sd L,cls R, fwd L,cls R; sd L,cls R, fwd L,cls R CP wall;

**ENDING**

**1-4 BALANCE LEFT & RIGHT;; TWIRL 2; APART POINT;**

1-2 sd L,cl R, sipL,-; sd R, cl L, sipR,-;  
3-4 Sd L, XRib(W twrls RF undr jnd ld hnds R,-,L,-); bk L,-,pt R twds ptnr,-;