

POMP & CIRCUMSTANCE

[Opus 39]
 [By : Sir Edward W. Elgar]



Choreo : Daisuke & Tamae Doi, 53-2 Daimon-cho, Okuda, Inazawa City, Aichi 492-8226 JAPAN
Music : Astic Sounds ASCT-20016 CD Track 8
 or available from choreographer on MP3 file or others e-mail : d-doi@tcp-ip.or.jp
Rhythm : Quickstep Phase IV + 2 [Double Reverse Spin, Stutter]
Sequence : Intro - A - Int - B - C - A - Bri - A - Ending Tempo : 46 MPM
Timing : Noted on side of measure Difficulty : Average
Footwork : Opposite except where noted Released : Nov, 2012 Ver. 1.0

INTRO

1 - 4 **WAIT;; APT PT; TOG TCH;**

SS 1-2 {Wait} OP Fcg Pos fc DLW lead ft free wait 2 meas;;
 SS 3 {Apart Point} Apt L,-, pt R twd ptr and lead hnd up & out,-;
 SS 4 {Together Touch} Tog R blend to CP,-, tch L to R,-;

PART A

1 - 4 **QUARTER TRN & PROG CHASSE w/FWD;;;**

SSQQS 1-4 {Quarter Turn And Progressive Chasse With Forward} Fwd L,-, fwd R outsd ptr in CBMP
 SQQSS trn 1/8 RF,-; sd L, cl R, trn 1/8 RF sd & bk L,-; bk R trn 1/8 LF,-, sd L, cl R;
 trn 1/8 LF sd & fwd L,-, fwd R outsd ptr in CBMP,- end Bjo DLW;

5 - 9 **RUNNING FWD LKS;; MANUV SD; RUNNING BK LKS;;**

QQQQ 5-6 {Running Forward Locks} Fwd L, lk RIB, fwd L, fwd R; fwd L, lk RIB, fwd L,-
 end Bjo DLW;
 QQS 7 {Maneuver Side} Fwd R outsd ptr comm trn RF,-, sd L cont trn,- end Bjo RLOD;
 SS 8-9 {Running Back Locks} Bk R, lk LIF, bk R, bk L; bk R, lk LIF, bk R,-;

10 - 12 **OPN IMPETUS;,, THRU CHASSE SCP;;**

SSS 10-11.5 {Open Impetus} Bk L comm trn RF,-, cont trn flex knee cl R heel trn,-; blend to SCP
 sd & fwd L,- (W fwd R between M's feet flex knee pivot 1/2 RF,-, bk L cont trn brush R
 to L to SCP,-; sd & fwd R,-) end SCP DLC,
 SQQS 11.5-12 {Through Chasse To SCP} Thru R trn to fc Wall,-; sd L, cl R, sd & fwd L,-
 end SCP DLW;

13 - 15 **IN & OUT RUNS;; CHAIR & SLIP;**

SQSQSQ 13-14 {In & Out Runs} Thru R comm trn RF,-, sd & bk L twd DLW blend to CP, bk R to CBMP
 (W thru L,-, fwd R between M's feet, fwd L in CBMP); bk L cont trn,-, sd & fwd R
 between W's feet cont trn, sd & fwd L (W fwd R comm trn RF,-, sd & fwd L cont trn,
 sd & fwd R) end SCP DLC;
 SQQ 15 {Chair & Slip} Chk thru R with lunge action,-, rec L no rise, slip bk R
 (W chk thru L with lunge action,-, rec R no rise, swivel LF on R fwd L) end CP DLC;

INTERLUDE

1 - 4 2 L TRNS;; WK 2; FWD LK FWD LK;

SQQSQQ	1-2	{2 Left Turns} Fwd L comm trn 3/8 LF,-, sd R complete trn to fc RLOD, cl L; bk R comm trn 3/8 LF,-, complete trn sd L, cl R end CP DLW;
SS	3	{Walk 2} Fwd L,-, fwd R,-;
QQQQ	4	{Forward Lock Forward Lock} Fwd L, lk RIB, fwd L, lk RIB;

5 - 7 FWD MANUV; SD CL HESIT CHG;;

SS	5	{Forward Maneuver} Fwd L,-, fwd R trn 1/4 RF,-;
QQSSS	6-7	{Side Close Hesitation Change} Sd L cont trn to fc RLOD, cl R, bk L cont trn,-; sd R cont trn,-, draw L to R,- (W fwd R trn RF,-; sd L cont trn,-, draw R to L,-) end CP DLC;

PART B

1 - 4 REV CHASSE TRN TO PROG CHASSE;;, TRN R & L CHASSE;;

SQ	1-3.5	{Reverse Chasse Turn To Progressive Chasse} Fwd L comm trn LF,-, sd R cont trn to fc RLOD, cl L; bk R cont trn to fc Wall,-, sd L, cl R; sd L to Bjo,- (W bk R comm trn LF,-, sd L cont trn, cl R; fwd L cont trn,-, sd R cont trn, cl L; bk R to Bjo,-) end Bjo DLW,
SQS	3.5-4	{Turn Right & Left Chasse} Fwd R outsd ptr comm trn RF,-; sd L, cl R, cont trn sd & bk L to Bjo,- end Bjo DRW;

5 - 8 BK LK BK; BK HVR TELE;;, WEAVE 4;;

QOS	5	{Back Lock Back} In Bjo bk R, lk LIF, bk R,-;
SSS	6-7.5	{Back Hover Telemark} Comm RF upper body trn bk L,-, cont trn sd & fwd R with hovering action,-; cont trn sd & fwd L,- (W comm RF upper body trn fwd R between M's feet comm pivot RF 1 full trn,-, bk & sd L cont pivot with hovering action,-; sd & fwd R,-) end SCP DLC,
SSQQ	7.5-8	{Weave 4} Thru R,-; fwd L trn LF to CP,-, sd & slightly bk R twd LOD, bk L in CBMP (W thru L comm trn LF,-; sd & slightly bk R cont trn to CP,-, sd & fwd L, fwd R outsd ptr in CBMP) end Bjo RLOD;

9 - 12 HVR CORTE;;, BK & R CHASSE;; MOD REV WING;

SSS	9-10.5	{Hover Corte} Bk R comm trn LF,-, sd & fwd L cont trn with hovering action,-; rec bk R in CBMP,- (W fwd L comm trn LF,-, sd & fwd R cont trn with hovering action,-; rec fwd L,-) end Bjo DLW,
SQSQ	10.5-11	{Back & Right Chasse} Bk L comm trn 1/4 RF,-; cont trn sd R, cl L, comp trn sd & fwd R,- end Scar DRW;
SS	12	{Modified Reverse Wing} XLIF twd RLOD,-, cl R,- (W XRB,-, sd L,-) end Bjo RLOD;

13 - 16 BK TO VIEN X;;, DBL REV;; WK 2;

SSQQ	13-14.5	{Back To Viennese Cross} Bk L in CBMP,-, bk R comm trn LF,-; sd L, cont trn cl R (W fwd R outsd ptr in CBMP,-, fwd L comm trn LF,-; sd R, cont trn lk LIF) end CP DLC,
SSS (SSQQ)	14.5-15	{Double Reverse Spin} Fwd L comm trn LF,-; sd R cont trn,-, spin LF on ball of R bring L ft under body beside R flex knees,- (W bk R comm trn LF,-; cl L heel trn,-, sd R cont trn, lk LIF) end CP DLC;
SS	16	{Walk 2} Repeat meas 3 Interlude;

“Pomp & Circumstance”**(Continued)****PART C****1 - 5 VIEN TRNS 1 1/2;;; BK CHASSE BJO & CHK;;;**

SQSQSQ	1-3	{Viennese Turns One & A Half} Fwd L comm trn LF,-, sd R cont trn, lk LIF (W cl R) to fc DRW; bk R cont trn,-, sd L cont trn, cl R (W lk LIF) to fc DLC; repeat meas 1 Part C;
SQQ		
SQQSS	4-5	{Back Chasse To Bjo & Check} Bk R comm trn 1/2 LF,-, sd L cont trn, cl R; sd & fwd L comp trn to fc DLC,-, fwd R outsd ptr in CBMP chkg,- end Bjo DLC;

6 - 8 WHALETAIL w/EXTRA DBL LKS;;;

QQQQ	6-7	{Whaletail} XLIB, comm RF body trn sm sd R to fc DLW, fwd L with left shoulder lead, lk RIB; sd L comm LF body trn, cont trn cl R to fc DLC, XLIB, comm RF body trn sm sd R end Bjo DLW;
QQQQ		
QQQQ	8	{Extra Double Locks} Fwd L, lk RIB, fwd L, lk RIB;

9 - 12 WHISK,,, WING,,, CL TELE;;;

SSS	9-10.5	{Whisk} Fwd L blend to CP,-, sd & fwd R comm rise to ball of ft,-; XLIB (W XRIB) full rise to ball of ft,- end Tight SCP DLC,
SQ	10.5-11.5	{Wing} Fwd R,-; draw L twd R, tch L to R (W Fwd L,-; fwd R around M, fwd L) end Tight Scar DLC,
SSS	11.5-12	{Closed Telemark} Fwd L,-; fwd & sd R around W close to W's ft trn LF,-, sd & fwd L,- (W bk R,-; cl L heel trn,-, sd & bk R,-) end Bjo DLW;

13 - 16 SLO TWIST VINE 4;; MANUV SD CL; HEEL PULL;

SSSS	13-14	{Slow Twist Vine 4} Fwd R to CP Wall,-, sd L,-; XRIB,-, sd L to Bjo DLW,-;
SQ	15	{Maneuver Side Close} Fwd R outsd ptr trn 1/4 RF,-, sd L cont trn to fc RLOD, cl R;
SS	16	{Heel Pull} Bk L comm trn RF,-, cont trn on L pull R heel twd L and chg wgt to R,- (W fwd R trn RF,-, sd L, draw R to L) end CP DLC;
(SQQ)		

17 - 20 TRN L & R CHASSE OVRTRN & BK;; BK CHASSE TO BJO & FWD;;;

SQQSS	17-18	{Turn Left & Right Chasse Overturn & Back} Fwd L comm trn 1/2 LF,-, sd R cont trn, cl L; sd & bk R comp trn,-, bk L in CBMP,- end Bjo DRW;
SQQSS	19-20	{Back Chasse To Bjo & Forward} Bk R trn LF to fc Wall,-, sd L, cl R; sd & fwd L,-, fwd R outsd ptr in CBMP,- end Bjo DLW;

21 - 24 STUTTER,,, MANUV SD CL,;, BK & R CHASSE OVRTRN,;;

QQSQQ	21-22.5	{Stutter} Fwd L with left sd lead, lk RIB, fwd L,-; sd R with right sd stretch, fwd L with left sd lead preparing to step outsd ptr end Bjo DLW,
SQ	22.5-23.5	{Maneuver Side Close} Repeat meas 15 Part C,;,
SQQS	23.5-24	{Back & Right Chasse Overturn} Bk L comm trn 5/8 RF,-; sd R cont trn, cl L, sd & fwd R between W's feet comp trn,- end CP DLW;

REPEAT PART A**BRIDGE****1 - 2 CHARLESTON;;**

SSSS	1-2	{Charleston} Fwd L,-, pt R fwd,-; bk R,-, pt L bk,-;
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REPEAT PART A

END

1 - 4+ OPN TELE;,, THRU CHASSE TO SCP;,: QK THRU TO CHAIR;,,

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| SSS | 1-2.5 | {Open Telemark} Fwd L comm trn LF,-, sd R cont trn,-; sd & fwd L,-
(W bk R comm trn LF,-, cl L heel trn,-; sd & fwd R,-) end SCP DLW, |
| SQQS | 2.5-3 | {Through Chasse To SCP} Repeat meas 11.5-12 Part A,:; |
| QQSS | 4+ | {Quick Through To Chair} Thru R, sd & fwd L small step, cross lunge thru R with bent knee
look DLW,-; with adjusting to the extending sound extend,-, |