

POR LA ESPALDA

Rhythm/Phase: Bolero, Phase VI+2U (Eggbeater Pass, Broken Spring)
Choreographers: Jack and Sharie Kenny, 2620 Crestmoor Ct. Arlington, TX 76016
e-mail: jkenny3@sbcglobal.net
Release Date: March 6, 2016
Music: "Por La Espalda" by Cristian Castro
Album: El Culpable Soy Yo, Track 4
Download: Amazon.com and other sources
Time/Speed: Downloaded file: 3:57 Speed: Play at 47.5 in DM (about +5.5%) = 21+ mpm
over the roughly 3:40 actual music for the dance at this tempo.
Footwork: Opposite throughout (*Lady as noted in parentheses*)
Timing: SQQ unless otherwise noted, reflects actual weight changes.
Degree of Difficulty: Average to Above Average
Sequence: INTRO, A, B, C, B, C (Mod), D, ENDING

INTRODUCTION

1-5 WAIT 1X; OPPOSITION FENCELINE;

LADY LEFT WINDMILL 6 QKS & LUNGE-M BREAK-HOLD-LUNGE;; SLOW SUNBURST;

- 1 {Wait} With trailing hands joined-M fc Wall with left ft free for both Wait 1 measure ;
- 2 {Opp FenceLine} Sd L, -, cross lunge thru with bent knee twd RLOD (W twd LOD), bk R to fc prtnr ;
- 3-4 {Lady LF Windmill 6-Lunge--Man Brk-Hold-Lunge} Sd R, -, bk L, rec fwd R ;
(QQQQ) (*Sd & fwd R comm LF rotation, ip XLIF swiveling on left, sd & fwd R, ip XLIF swiveling on left ;*)
Note: W's windmill footwork is similar to M's Rev Top action, using arms opp to stepping ft.
Lady will complete 2 full turns to fc prtnr with the 6 Qks (meas 3 and the first part of meas 4).
- ,S Touch L to R comm slow left armsweep, -, Sd L lunging twd RLOD cont slow left armsweep, - ;
(QQS) (*Sd & fwd R, ip XLIF swiveling on left to fc prtnr, sd R w/ lunge action & ext arms, - ;*)
- S,-, 5 {Sunburst} Step tog R (W's L) joining hands low then raising arms in a slow sunburst action, - , - , - ;
Note: The music slows during this measure.

PART A.

1-4 SYNC TURNING BASIC OVERTURN TO; FACING FAN (LOD);

LADY CHK BK INTO ATTITUDE LINE; LADY FWD-SPIRAL-BOTH SYNC-STACKED HANDS;

- S&QQ 1 {Sync Turning Basic Overturned} Blending to CP Sd & sl fwd L, -, slip bk R trng LF/sm fwd L,
sd & fwd R cont LF turn to fc wall leading W to loose closed pos sl op out with W fc LOD ;
(*Sd R, -, fwd L trng LF/cont turn bk R, cl L cont turn to fc LOD ;*)
- 2 {Fc Fan} Sd L, -, rec bk R trng LF to fc LOD, fwd L ; (*Fwd R twd LOD, -, fwd L, fwd R trng LF to fc RLOD ;*)
- S,-, 3 {Attitude Line} Lunge Fwd & sl sd R, -, -, - ;
(*Bk L, -, raise rt leg to an attitude line with bent knee turned out and higher than rt foot, - ;*)
- S&QQ 4 {W Fwd-Spiral-Sync} Rec bk L, -, bk R/bk L, chk bk R ending with stacked hands M fc LOD ;
(*Fwd R twd RLOD spiraling LF 7/8, -, fwd L/fwd R, fwd L ;*)

5-8 UA PASS TO FC REV; LUNGE & SPOT; SPOT & LUNGE; FWD BREAK TO STACKED HANDS;

- 5 {UA Pass} Fwd L outside prtnr comm trng LF under raised rt hands, -,
sd & fwd R cont turn raising left hands & lowering rt hands, rec L finish turn under left hands to fc RLOD ;
(*Fwd R comm RF turn, -, fwd & sd L cont RF turn, rec R finish RF turn under left hands ;*)
- S,-,
(SQQ) 6 {Lunge-Spot} Sd & sl fwd R with lunging action, -, -, - ;
(*Sd L comm LF turn, -, XRIF cont LF turn 1/2, fwd L comp turn 1/4 to fc prtnr ;*)
- SQQ 7 {Spot-Lunge} Sd L comm LF turn, -, XRIF cont LF turn 1/2, fwd L comp turn 1/4 to fc prtnr ;
(*Sd & sl fwd R with lunging action, -, -, - ;*)
- (S,-,) 8 {Fwd Brk} Sd & fwd R, -, fwd L with contra check action, bk R ending with stacked hands M fc RLOD ;

PART B.

1-4 CROSS-HAND UA TO TANDEM-WALL; TURKISH BREAK; LADY FWD-SPIRAL & OUT TO FC (H'SHAKE); LADY CHK BACK AND DEVELOPE-M LUNGE;

- 1 {X-Hand UA} Sd L leading W to comm trng RF under stacked hands, -, bk R trng LF to fc Wall, fwd L ;
(Sd R comm trng RF, -, fwd L twd Wall cont turn, rec fwd R compl 1 1/4 RF turn to fc Wall ;)
- 2 {Turkish Brk} Sd R shaping to ptrnr, -, bk L with joined rt hands behind M's head, rec fwd R ;
(Sd L, -, fwd R outside ptrnr, rec bk L ;)
- 3 {Lady Spiral & Out To Fc} Rel hands Sd & bk L trng RF to fc DRW clearing a path for W to move twd Wall,
-, bk R, fwd L trng LF to fc ptrnr & Wall joining rt hands ;
(Fwd & sd R spiraling 7/8 LF, -, fwd L twd wall, fwd R trng LF 1/2 to fc ptrnr joining rt hands ;)
- S,-, 4 {Chk-Dev} Sd & fwd R with lunging action, -, -, - ; (Sd & bk L, -, developpe rt leg, - ;)

5-9 UA TURN TO STACKED HANDS; TO ROPEPIN; SYNC TO FACE; SLOW CONTRA CHECK; EXTEND-REC & SHAPE-LADY CARESS;

- 5 {UA Turn} With rt-handshake Sd L, -, XRIB, fwd L joining left hands under joined rt hands ;
(Sd R comm RF turn under joined rt hands, -, XLIF trng 1/2 RF, fwd R compl trn to fc ptrnr join left hands ;)
- 6 {Ropespin} Cl R raising hands, -, sm sd L, rec R ;
(Fwd & sd L twd M's rt sd, - / spiral 7/8 RF on L, fwd R comm circling around M RF, fwd L to fc LOD ;)
- S&QQ 7 {Sync to Fc} Rk sd L, R/L, R blending to CP-Wall ;
(Fwd R cont RF circling action, -, cont RF circling action fwd L/fwd R, sd & fwd L trng RF to fc ptrnr ;)
- S,-, 8 {Contra Chk} Flexing knees lower into checking Fwd L trng upper body LF with rt sd lead in CBMP, -, -, - ;
(Flexing knees lower into checking Bk R trng upper body LF with left sd lead looking well left, -, -, - ;)
- ,S 9 {Ext-Rec} -, -, Rec bk R shaping to ptrnr, - ;
(-, -, Rec fwd R & caress M with left hand, - ;)

Note: The music slows during this measure. Second time through it slows slightly more.

PART C.

1-4 CHECKED RT PASS; MAN RONDE TO LUNGE BREAK-LADY SWIVEL TO A STORK LINE; LADY SPIN INTO LEFT PASS; START A HORSESHOE TURN;

- 1 {Chk Rt Pass} Joining & raising lead hands Fwd & sd L comm RF turn, -, cont turn XRIB,
finish turn fwd & sd L to fc COH in momentary wrap pos ;
(Fwd R, -, fwd L across R with no turn, bk R to momentary wrapped pos ;)
- S,-, 2 {Lunge-Stork Line} Fwd R trng RF 1/2 to fc wall & ronde left leg ending in lunge brk pos, -, -, - ;
(Sm bk L swiveling LF to fc DRW, -, raise rt leg to stork line pos, - ;)
- 3 {Lady Spin to Left Pass} Cl L leading W to spin RF, -, bk R comm LF turn, fwd L compl turn to fc COH ;
(Comm RF spin Sd fwd R spinning RF ending tucked on M's rt side both fc wall with lead hands joined, -,
sd & fwd L with strong LF turn, bk R ;) Ends M fc COH in LOP-Facing pos.
- 4 {Start Horseshoe Turn} Sd & fwd R to "V" pos, -, slip thru L checking & shaping to ptrnr, rec fwd R ;

5-8+ LADY SLOW SD-CROSS-BOTH FC WALL; OPEN FENCELINE; SYNC-LADY ROLL OUT IN 5 TO FC-M IN 4; SD TO A HINGE-REC TO B'FLY-LADY IN 2;,,

- (SS) 5 {Lady Sd-X-Fc Wall} Fwd L comm LF turn leading W to step sd, -, fwd R comm circle walk, fwd L to fc wall ;
(Sd R twd RLOD comm slow sunburst action, -, XLIF, - ;)
- 6 {Open Fenceline} Joining trailing hands both Sd R, -, XLIF with bent knee, bk & sd R ;
- S&QQ 7 {Lady Sync Roll 5 - M Sync Hip Rks} In place Rk sd L, -, R/L, R ;
(S&Q&Q) (Fwd & sd L, -, fwd R twd Wall trng LF/fwd L trng LF, fwd R/fwd L trng LF compl 1 1/2 roll to fc ptrnr ;)
- S,-, 8+ {Hinge-Rec} Sm sd L leading W to turn LF, -, -, - ;
(SS) (Sd R twd LOD comm trng LF to fc RLOD, -, XLIB, relaxing left knee point rt ft twd RLOD ;)
- S,, (QQ,,) rec R to BFLY-Wall, - ,, (Rec fwd R trng RF to fc ptrnr joining hands in BFLY pos, cl L ,,)

Note: The music slows slightly for the extra half-measure here, but not in Part C (Mod).

PART C, CONT'D.

- 9-12** EGGBEATER PASS; TO WRAP-RT LUNGE-COH;
CROSS BODY-LADY SYNC OUT TO REV (HANDSHAKE); CONTRA BREAK (STACK HANDS);
- 9 {Eggbeater Pass} Raising joined hands taking tr hands thru twd LOD at shoulder level
Fwd & sd L comm turning RF, - , cont RF turn XRIB trng W under lead hands,
finish RF turn fwd L releasing lead hands as they pass M's rt arm and immediately re-join to finish turn ;
Ends in temporary BFLY pos COH.
(Sd & fwd R twd DLW comm RF turn, - , cont turn fwd L under lead hands,
sm fwd R to fc prtnr finish turn under tr hands releasing & re-joining lead hands as they pass M's rt arm ;)
- S,-,
(SS) 10 {Wrap-Rt Lunge} Sd R leading W to turn under tr hands, - , flex rt knee in lunge line in wrapped pos COH, - ;
(Sd & fwd L trng RF 1/2 under joined tr hands to wrap pos COH, - , sm sd R in lunge line, - ;)
- (S&QQ) 11 {X-Body-Lady Sync Roll} Sd & bk L, - , bk R trng LF to fc RLOD, fwd L joining rt hands ;
(Sd & fwd L twd RLOD, - , fwd R/fwd L trng RF to fc LOD, bk R ;)
- 12 {Contra Brk} Sd & fwd R, - , slip fwd L with contra check action, rec bk R joining left hands under rt hands ;

PART B.

- 1-9** CROSS-HAND UA TO TANDEM-WALL; TURKISH BREAK;
LADY FWD-SPIRAL & OUT TO FC (H'SHAKE); LADY CHK BACK AND DEVELOPE-M LUNGE;
UA TURN TO STACKED HANDS; TO ROPEPIN; SYNC TO FACE; SLOW CONTRA CHECK;
EXTEND-REC & SHAPE-LADY CARESS;

PART C (MOD).

- 1-10** CHECKED RT PASS; MAN RONDE TO LUNGE BREAK-LADY SWIVEL TO A STORK LINE;
LADY SPIN INTO LEFT PASS; START A HORSESHOE TURN;
LADY SLOW SD-CROSS-BOTH FC WALL; OPEN FENCELINE;
SYNC-LADY ROLL OUT IN 5 TO FC-M IN 4; SD TO A HINGE-REC TO B'FLY-LADY IN 2;;
EGGBEATER PASS; TO WRAP-RT LUNGE-COH;

1-10 Repeat Part C. meas. 1-10 ;;;;;;;;;;

- 11-12** CROSS BODY-LADY SYNC OUT TO DRW (HANDSHAKE); CONTRA BREAK;
- (S&QQ) 11 {X-Body-Lady Sync Roll} Repeat Part C meas 11 to end M fc DRW with rt hands joined ;
12 {Contra Brk} Facing DRW Repeat Part C, meas 12 and maintain the rt handshake ;

PART D.

- 1-4** START A FULL MOON;;; OPP CROSS CHECK WITH ARMS TO SKATERS;
- 1-3 {Start Full Moon} Sd & fwd L comm trng LF, - , bk R trng LF, fwd L bringing rt hands up behind W leading her to spiral ; fwd R trng LF joining left hands to Varsouv pos COH, - , fwd L checking, rel left hands bk R comm lowering joined rt hands ;
bringing joined rt hands down between prtnrs to lead W's turn Bk L trng LF, - , bk R cont trng LF, fwd L bringing right hands up behind W leading her to spiral ; ends sl DRW almost fc Wall for both
(With rt hands joined Sd & fwd R trng RF, - , fwd L trng LF, fwd R twd COH spiraling 7/8 LF ;
fwd L trng LF joining left hands to Varsouv pos, - , fwd R checking, bk L trng RF ;
fwd R twd M's rt side trng RF, - , fwd L trng LF, fwd R spiraling 7/8 LF ;)
- 4 {Opp X-Check} Releasing hands check Fwd R across left looking at prtnr, - , rec bk L,
sd & bk R blending to skaters pos-wall ;

PART D, CONT'D.

**5-9 LADY FWD-SPIRAL & OUT TO FC-M CHECK FWD-REC; OPPOSITION SPOT TURNS;
TOG 2 TO PREP (M FC WALL); SAMEFOOT LUNGE; CHANGE SWAY-LADY REC TO CLOSED;**

- S,-,Q (SQQ) 5 {Lady Fwd-Spiral--M Chk-Rec} Fwd L twd Wall checking and rel hands, - , - , rec bk R no hands joined ;
(*Fwd R spiraling 7/8 LF, - , fwd L twd wall, fwd R trng LF 1/2 to fc prtnr ;*)
- SS 6 {Opp Spot Turn} Man Repeat Part A meas 7 ; (*Woman Repeat Part A meas 6 ;*)
- SS 7 {Prep} Fwd R approaching prtnr with sunburst action, - , fwd L blending to CP, touch R to L fc Wall ;
(*Fwd R approaching prtnr with sunburst action, - , cl L to CP rotating RF to fc LOD, - ;*)
- S,-,- 8 {Samefoot Lunge} Sd & sl fwd R with rt-side stretch & extending left ft sd twd LOD, - , - , - ;
(*Bk rt well under body & looking left*), - , - , - ;
- ,-,-, - (- , - , - Q) 9 {Chg Sway-W Rec to CP} Chg to left sd stretch opening W's head , - , Comm leading W to CP no wt chg, - ;
(*Chg sway trng head to the rt , - , - , Rec L trng LF to CP ;*)

Note: The music is a bit louder throughout Part D.

ENDING

**1-4 REV TOP 6 (TO FC WALL);; SYNC CROSS BODY TO STACKED HANDS;
CROSS-HAND UA - MAN UNDER TO FC WALL;**

- 1-2 {Rev Top} With Left ft ext sd twd LOD take wt comm LF turn, - ,
fwd & sd R cont turn with left ft crossed in front, taking wt XLIF cont trn to fc COH ;
Fwd & sd R cont turn, take wt on L maintaining left ft XIF, finish LF turn fwd & sd R to fc wall in CP ;
(*Sd & fwd R comm LF turn, - , XLIB cont turn, bk & sd R cont turn ; XLIB cont turn, - , bk & sd R cont turn,
XLIB finish turn ;*)
- S&QQ 3 {Sync X-Body} Sd & bk L comm LF turn blending to loose CP, - , bk R cont turn/fwd L,
sm sd R joining left hands under joined rt hands fc prtnr and COH ;
(*Sd & fwd R comm LF turn, - , fwd L cont turn/sd & fwd R, sm sd L stacking hands rt over left ;*)
- 4 {UA-M Fc Wall} Sd L comm leading W to turn RF, - , cl R turning LF under joined hands,
rec L finish turn to fc wall ; (*Sd R comm RF turn under stacked hands, - , XLIF turning 1/2 RF,
finish turn fwd R to fc wall on M's left sd ;*)

**5-8 (Broken Spring) LADY FWD TRNG RF TO VAROUV; M HOLD-LADY FULL SPIN & DEVELOPE;
SWAY LEFT & RT TO SHADOW; SLOW SIDE TO UA ROLL RT;**

- 5 {Start Broken Spring} Sm Sd R fc Wall leading W to step fwd, - , bk L, rec R ;
(*Turning RF Fwd L twd RLOD, - , fwd R twd RLOD cont RF turn under stacked hands,
fwd L spinning RF to temporary Varsov-Wall ;*)
- ,-,-, - (S,-,-) 6 {Finish Broken Spring} Hold while leading W to spin RF, - , - , - ;
(*sm Fwd R full RF spin to end fc wall beside M with left hand on M's rt shoulder, - , developpe left ft, - ;*)
- SS 7 {Sway L&R-Shad} Both Sd L joining left hands, - , sd R blending to shadow pos fc Wall, - ;
- 8 {Sd-UA Roll Rt} Both Sd & fwd L twd LOD trng LF to DLW, - , thru R comm trng RF under joined left hands,
sd & bk L cont turn ;

9-10 TO SHADOW AIDA LINE WITH VERY SLOW ARMSWEEP;;

- S,-,- 9-10 {Shad Aida Line} Both finish RF turn step Bk R into an aida line in Man's Shadow pos releasing hands
and looking over extended left hands twd RLOD, comm slow rt armsweep slowly trng head to rt, - , - ;
-,-,-, - Cont slow rt armsweep and slow head turn over the course of this measure as the music fades ;

POR LA ESPALDA

Quick Cues

INTRO: WAIT 1X (TRAIL HANDS JOINED-M FC PARTNER & WALL-LEFT FT FREE FOR BOTH) ;
OPPOSITION FENCELINE; LADY LEFT WINDMILL 6 QKS & LUNGE-M BREAK-HOLD & LUNGE;;
STEP TO SLOW SUNBURST;

PART A: SYNC TURNING BASIC-OVERTURN; TO FACING FAN (LOD);
LADY CHECK BACK INTO ATTITUDE LINE; LADY FWD-SPIRAL & BOTH SYNC TO STACKED HANDS;
UA PASS TO FACE REV; LUNGE & SPOT; SPOT & LUNGE; FWD BREAK TO STACKED HANDS;

PART B: CROSS-HAND UA TO TANDEM-WALL; 1 TURKISH BREAK;
LADY FWD-SPIRAL & OUT TO FC (HANDSHAKE); LADY CHECK BACK AND DEVELOPE-M LUNGE;
UA TURN TO STACKED HANDS; TO ROPESPIN; SYNC TO FACE; SLOW CONTRA CHECK;
EXTEND-REC & SHAPE-LADY CARESS;

PART C: CHECKED RT PASS; MAN RONDE TO LUNGE BREAK-LADY SWIVEL TO A STORK LINE;
LADY SPIN INTO LEFT PASS; START A HORSESHOE TURN; LADY SLOW SD-CROSS-BOTH FC WALL;
OPEN FENCELINE; SYNC-LADY ROLL OUT IN 5 TO FC-M IN 4; SD TO A HINGE-REC TO B'FLY-LADY IN 2;;,
EGGBEATER PASS; TO WRAP-RT LUNGE-COH; CROSS BODY-LADY SYNC OUT TO REV (HANDSHAKE);
CONTRA BREAK (STACK HANDS);

PART B: CROSS-HAND UA TO TANDEM-WALL; 1 TURKISH BREAK;
LADY FWD-SPIRAL & OUT TO FC (HANDSHAKE); LADY CHECK BACK AND DEVELOPE-M LUNGE;
UA TURN TO STACKED HANDS; TO ROPESPIN; SYNC TO FACE; SLOW CONTRA CHECK;
EXTEND-REC & SHAPE-LADY CARESS;

PART C (MOD): CHECKED RT PASS; MAN RONDE TO LUNGE BREAK-LADY SWIVEL TO A STORK LINE;
LADY SPIN INTO LEFT PASS; START A HORSESHOE TURN; LADY SLOW SD-CROSS-BOTH FC WALL;
OPEN FENCELINE; SYNC-LADY ROLL OUT IN 5 TO FC-M IN 4; SD TO A HINGE-REC TO B'FLY-LADY IN 2;;,
EGGBEATER PASS; TO WRAP-RT LUNGE-COH; CROSS BODY-LADY SYNC OUT TO DRW (HANDSHAKE);
CONTRA BREAK (KEEP THE HANDSHAKE);

PART D: START A FULL MOON;;; OPP CROSS CHECK (WITH ARMS) TO SKATERS;
LADY FWD-SPIRAL & OUT TO FC-M CHECK FWD-REC; OPPOSITION SPOT TURNS;
TOG 2 TO PREP (M FC WALL); SAMEFOOT LUNGE; CHANGE SWAY - LADY REC TO CLOSED;

ENDING: Into REV TOP 6 (TO FC WALL);; SYNC CROSS BODY TO STACKED HANDS;
CROSS-HAND UA - MAN UNDER TO FC WALL; [Broken Spring] LADY FWD TURNING RF TO VAROUV;
M HOLD-LADY FULL SPIN & DEVELOPE; SWAY LEFT & RT TO SHADOW; SLOW SIDE TO UA ROLL RT;
TO A SHADOW AIDA LINE WITH VERY SLOW ARMSWEEP;;