

PRETTY FLOWERS

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Rhythm: Viennese Waltz

Phase; IV

Release date: February 2016

Music: "Pretty Flowers found on Amazon Speed slowed to comfort

Footwork: opposite except where noted by ()

Sequence: Intro-A-B-Inter-A-B(mod)-C-A(mod)-END

INTRO

1-8 WAIT;; APT PT; TOG TCH; CANTER TWIRL;; REV CANTER TWIRL;;

- 1-4 Wt 2 measures BFLY/WALL with ld foot free;; Stp apt L,-,- (Stp apt R,-,-); Pt R twd ptr,-,- (Pt L twd ptr,-,-); Stp tog R to BFLY/WALL,-,- (Stp tog L,-,-); Tch L to R,-,- (Tch R to L,-,-);
- 5-8 Sd L raising jnd lead hnds, draw R to L, cl R to L (Sd & fwd R comm RF spn under jnd ld hnds, cont RF spn, cl L to R); Sd L, draw R to L, to LOP fcg ptr WALL; Sd R raising jnd lead hnds, draw L to R, cl L to R (Sd & fwd L comm LF spn under jnd ld hnds, cont LF spn, cl R to L); Sd R, draw L to R, to LOP fcg ptr WALL;

PART A

1-8 WALTZ AWAY & TOG;; WALTZ AWAY; P/U LADY LKS; REVERSE TRNS 4X;;;

- 1-2 Fwd L twds LOD trn away from W, sd & fwd R slight "V" bk to bk, Sd & fwd R trng RF, cont trng RF sd & fwd L, cl R to L blend BFLY WALL;
- 3-4 Fwd L twds LOD trn away from W, sd & fwd R slight "V" bk to bk, Sd & fwd R trng RF twds LOD, fwd L, cl R to L (sd & fwd L trn LF twds M, fwd & sd R cont trng LF, cont LF trn lk LIF of R to CP LOD);
- 5-8 Fwd L trn LF, sd R cont trn, XLif of R (Bk R trn LF, sd L cont trn, cl R to L); Bk R trn LF, sd L cont trn, cl R to L (Fwd L trn LF, sd R cont trn, XLif of R);
{fin Rev trns} Repeat measures 3-4 Part A; Undertrnd fc WALL;

9-16 FWD PT; BK PT; SIDE CANTER to SCP;; IN & OUT RUNS;; THRU FC CLS; SIDE DRAW CLS;

- 9-12 Fwd L, pt R fwd,-; Bk R, pt L bk,-; Sd L, draw R to L, cl R to L; Sd & fwd L to SCP/LOD,-,- (Sd & fwd R to SCP/LOD,-,-);
- 13-16 Blndg to SCP/LOD fwd R startg RF trn,-, sd & bk L DW (Fwd L,-, fwd R); Bk R with R sd leadg to BJO/RLOD,-,- (Fwd L with L sd leadg to BJO,-,-);
{fin In and Out Runs} Bk L trng RF,-, sd & fwd R between W's ft contg RF trn (Fwd R startg RF trn,-, sd & sd L cont trn); Fwd L to SCP/LOD,-,- (Fwd R to SCP/LOD,-,-); SCP DLW thru R trng 1/4 to CP WALL, sd L, cl R; BFLY wall Sd L, draw R, cls R to L;

PART B

1-8 HESITATION LEFT QUARTER TURNING BOX;;; WALTZ AWAY & TOG 2X;;;

- 1-4 Fwd L, draw R to L, tch R to L; Bk R trng LF 1/4, sd L, cl R to L to CPLD; Fwd L, draw R to L, tch R to L; Bk R trng LF 1/4, sd L, cl R to L to CP COH;
5-6 Fwd L twds RLOD trn away from W, sd & fwd R slight "V" bk to bk, Sd & fwd R trng RF, cont trng RF sd & fwd L, cl R to L blend BFLY COH;
7-8 REPEAT m. 5-6;;

9-16 HESITATION LEFT QUARTER TURNING BOX;;; WALTZ AWAY & TOG;; WALTZ AWAY, P/U LADY LOCKS;

- 9-12 Fwd L, draw R to L, tch R to L; Bk R trng LF 1/4, sd L, cl R to L to CPLD; Fwd L, draw R to L, tch R to L; Bk R trng LF 1/4, sd L, cl R to L to CP WALL;
13-16 Fwd L twds LOD trn away from W, sd & fwd R slight "V" bk to bk, Sd & fwd R trng RF, cont trng RF sd & fwd L, cl R to L blend BFLY WALL;
Fwd L twds LOD trn away from W, sd & fwd R slight "V" bk to bk, Sd & fwd R trng RF twds LOD, fwd L, cl R to L (sd & fwd L trn LF twds M, fwd & sd R cont trng LF, cont LF trn lk LIF of R to CP LOD);

INTERLUDE

1-4 REV TRNS 2X (to wall);; SWAY LT; SWAY RT;

- 1-2 Fwd L comm trng LF, sd R cont trng LF, XLIF of R (cl R to L; Bk R cont trng LF, cont trng LF sd L, cl R to L (XLIF of R) Undertrnd fc WALL;;
3-4 Sd L with sway R looking R, draw R to L no wgt, loose sway: Sd R with sway L looking L, draw L to R no wgt, loose sway to BFLY WALL;

REPEAT A

B (MOD)

1-8 HESITATION LEFT QUARTER TURNING BOX;;; WALTZ AWAY & TOG 2X;;;

- 1-4 Fwd L, draw R to L, tch R to L; Bk R trng LF 1/4, sd L, cl R to L to CPLD; Fwd L, draw R to L, tch R to L; Bk R trng LF 1/4, sd L, cl R to L to CP COH;
5-6 Fwd L twds RLOD trn away from W, sd & fwd R slight "V" bk to bk, Sd & fwd R trng RF, cont trng RF sd & fwd L, cl R to L blend BFLY COH;
7-8 REPEAT m. 5-6;;

9-16 HESITATION LEFT QUARTER TURNING BOX;;; WALTZ AWAY & TOG 2X;;;

- 9-12 Fwd L, draw R to L, tch R to L; Bk R trng LF 1/4, sd L, cl R to L to CPLD; Fwd L, draw R to L, tch R to L; Bk R trng LF 1/4, sd L, cl R to L to CP WALL;
13-16 Fwd L twds LOD trn away from W, sd & fwd R slight "V" bk to bk, Sd & fwd R trng RF, cont trng RF sd & fwd L, cl R to L blend BFLY WALL;
Fwd L twds LOD trn away from W, sd & fwd R slight "V" bk to bk, Sd & fwd R trng RF, cont trng RF sd & fwd L, cl R to L blend BFLY WALL;

PART C

1-8 BAL L & R;; EXPLODE APT; CANTER ROLL ACROSS 2X;;; P/U CLS(trail feet free);

- 1-3 In BFLY sd L, X RIB of L, rec L; Sd R,X LIB of R, rec R; Compress into trlng hnds push apt R to "V" pos sweep trlng arms up & out;
- 4-7 Fwd R twd DLW comm RF roll bhnd W,-, cont RF roll sd L; Sd R jn ld hnds, sweep R arm out to sd,-; Fwd L twd DLC comm LF roll bhnd W,-, cont LF roll sd R; Sd L jn trlg hnds, sweep L arm out to sd,-;
- 8 Fwd R,-, fwd L, touch R to L(fwd L comm LF trn,-, fwd & sd R cont trn, tch L to R);

9-15 NATURAL TRNS 4X (to LOD);;; FWD PT; DIP BK & HOLD; REC, SD DRAW CLS (to WALL);

- 9-12 Fwd R trn RF,sd L cont RF trn, cl R to L fc RLOD ;Bk L trn RF, sd R cont RF trn ,cl L to R fc LOD; Repeat measures 9-10 Part C; End fcg LOD;
- 13-16 Fwd R, pt L fwd,-; Dip bk L; rec fwd R to face WALL, Sd L, draw R, cls R to L;

A (MOD)

1-8 WALTZ AWAY & TOG;; WALTZ AWAY; P/U LADY LKS; REVERSE TRNS 4X;;;

- 1-2 Fwd L twds LOD trn away from W,sd & fwd R slight"V"bk to bk, Sd & fwd R trng RF, cont trng RF sd & fwd L, cl R to L blend BFLY WALL;
- 3-4 Fwd L twds LOD trn away from W,sd & fwd R slight"V"bk to bk, Sd & fwd R trng RF twds LOD,fwd L,cl R to L (sd & fwd L trn LF twds M, fwd & sd R cont trng LF, cont LF trn lk LIF of R to CP LOD);
- 5-8 Fwd L trn LF,sd R cont trn, XLif of R (Bk R trn LF,sd L cont trn,cl R to L); Bk R trn LF, sd L cont trn, cl R to L (Fwd L trn LF, sd R cont trn, XLif of R); {fin Rev trns} Repeat measures 3-4 Part A; Undertrnd fc WALL;

END

1-8 CANTER TWIRL;; REV CANTER TWIRL;; SIDE CANTER to LUNGE APART;; THRU SIDE BEHIND; SD to PROM SWAY;

- 1-4 Sd L raising jnd lead hnds,draw R to L,cl R to L(Sd & fwd R comm RF spn under jnd ld hnds, cont RF spn, cl L to R); Sd L, draw R to L, to LOP fcg ptr WALL; Sd R raising jnd lead hnds, draw L to R, cl L to R (Sd & fwd L comm LF spn under jnd ld hnds, cont LF spn, cl R to L); Sd R, draw L to R, to LOP fcg ptr WALL;
- 5-8 Fcg WALL sd L, draw R to L, cl R to L blendg to low BFLY; Lunge apt L to LOP/ LOD; Thru R, sd L, XRib of L (Thru L, sd R, XLib of R);; Sd & fwd L stretchg L sd slightly upward relax L knee (Sd & fwd R stretchg R sd of body slightly upward relax L knee);