

PRETTY LITTLE POPPY

Composer: Tom & Jan Kannapel, 7607 Cedar Hollow Dr., Louisville Ky. 40291 (502) 239 -8108

Recording: Amapola - Jimmy Dorsey, MCA -60021

Release Date: April '88

Sequence: INTRO A BB C 00 (1 -8) END

Rating: Phase VI +. Dance includes tango, rumba, quickstep, foxtrot and jive. It includes a number of unrated figures.

INTRO (Instrumental)

1 -5 WAIT; , , PROMENADE QUARTER BEATS; , ; NATURAL PIVOT TURN; , , PROGRESSIVE LINK; ,

- SQQ; S (1 -1 1/2) Hold 1 1/2 meas in SCP fcg LOD; , ,
S; QQQ&Q; (1 1/2 -3) (Prom Qtr Beats) Sd & fwd L, -; Thru R, Sd & fwd L on toe with slight fwd poise, CI R to L on toe (W CI head) / Sharply lower R heel compressing knee & tap L sd & fwd (W CI head) , -;
SQQ; S (4 -5) (Nat Pivot Trn) Sd & fwd L, -, Thru R to CP fcg RLOD (W thru L) , Sd & bk L pivot RF to fc LOD; Fwd & sd R with slight lunge, -,
QQ (Prog Link) Fwd L, Trng to R small sd & bk R (W sd & bk L) to SCP;

PART A (Tango - Vocal)

1 - 4 CHECKED PROMENADE; , , R LUNGE; , ROCK TRN; , ;

- SQQ; S&S; (1 -2) (Checked Prom - Begin on the word "BOY") Sd & fwd L, -, Thru R, Sd & fwd L (W slightly LOD with head open) ; Tch R to L, -/M relax L knee (W trn sharply to CP) , (R Lunge) Lunge fwd R to DW with R body lead, -;

- QQS:QQS; (3 -4) (Rk Trn) Bk L trng 1/4 RF, cont. trn rk fwd R, Recover L, -; Bk R trng 3/8 LF, Cont trng LF sd & fwd L, CI R to L to CP fcg LOD, -;

5-8 VIENNESE TURN & LUNGE; , , DROP OVERSWAY; , RISE; , PENDULUM SWING; , , SIDE/CLOSE, TAP;

- SQ&Q; SS (5 -6) (Vien Trn) Fwd L trng LF, -, Fwd & sd R swivel LF on R (W Sd & fwd L) /XLIF of R (W CI R to L) , -Bk R trng LF to fc WALL; Sd L with L shoulder lower, -, Keeping feet in place flex L knee & trn body to L (W trn L & move L foot bk down LOD with toe on floor) , -;

- SQQ; (7 -8) (Rise) Straighten L knee & trn body to R to loose CP fcg WALL, Draw R to L, (Pend Swings) Trn head to LOD & swinging from the hip R leg thru twd LOD, Trn head to RLOD & swing R leg thru twd RLOD; Look at ptrn & swing R in bk twd LOD/Pt R to sd twd RLOD, Thru R taking wgt twd LOD, Sd L/ CI R, Tap L to sd & fwd of R;

9 -13 NATURAL TWIST TURN; , FIVE STEP; , , OPEN PROMENADE; , ;

- SQQ;SQQ; (9 -10) (Nat Twist Trn) Sd & fwd L, -, thru R trng RF, Sd & bk L to to CP fcg RLOD; XRIB of L (no wgt) , -, unwind RF with wgt on both feet, Cont to unwind RF to uncross feet & end wgt on R in SCP fcg DW; (W sd & fwd R, -, Thru L, Fwd R between M's feet to CP; Fwd L to in CONTRA BJO around M, -, Fwd R twd RDW around M, Swivel RF on R & CI L near R & slightly back in SCP;)

- QQQQ; (11 - 13) (Five Step) Snap to SCP -- Fwd L, Sd & bk R, bk L to CONTRA BANJO, sm sd & bk R to CP; Trn to V -SCP with no wgt chg, -, (OpenProm) Sd & fwd L, -; Thru R, Sd & fwd L (W ad & bk R to CP) , Fwd R outside ptrn in CONTRA BJO (W BK L) , -;

14-16 SWIVEL LINK; VIENNESE TURN & PROMENADE SWAY; , , RECOVER; ,

- SQQ; (14) (Outside Swivel Link) Bk L (W fwd R outside ptrn swivel RF on R bring L to R with no wgt) , (W flick L up in bk from knee) , Thru R trn slightly R (W thru L trng LF to CP) , Touch L to R;

- SQ&Q; (15 -16) (Vien Trn) Fwd L trng LF, -, Fwd & sd R swivel LF on R (W ad & fwd L) /XLIF of R (W CI R to L) , Bk R trng LF to fc Wall;
SS (Prom Sway) Sd L, -, Rec R to L OPEN FCG POSITION Fcg WALL, -;

PART B (Rumba - Vocal)

1-4 BASIC to SPOT TURN with SPIRAL; , THRU, SIDE, BACK to SCP; DEVELOPE, , RECOVER, FORWARD;

- QQS:QQS; (1 -2) (Basic - Begin on "POLA" of "AMAPOLA") Fwd L, Rec R, Sd L blend to LOP fcg ptrn & WALL, -; (Spot Trn) Thru R (W thru L) twd LOD, Trng LF rec L twd RLOD to fc RLOD, Fwd R spiraling LF 7/8 trn to fc DRC (W DRW) , -;

- QQS;SQQ; (3 -4) Cont LF trn fwd L, Sd R, Bk L to SCP fcg LOD, -; (Develope) Bring R to L (W bring L to R) raise 1/2 to knee, Extend R (W L) fwd & downward keeping toe down, Fwd R, L;

5 - 8 (Modified) HORSE & CART; , SPOT TURN; M CUCARACHA/W HAND to HAND to CP;

- QQQQ;QQQQ; (5 -6) (Mod Horse & cart) Fwd R, CI L to modified SHADOW M's L arm extended fwd & R hand on W's hip (W's L hand on M's L arm & R arm extended) , M maintain wgt on ball of L foot & R leg extended set & bk with inside edge of toe skimming floor for next six beats as W takes him around one full turn LF L, R; L, R, L, R to end fcg LOD;

- QQS:QQS; (7 -8) (Spot Trn) Thru R (W thru L) twd LOD, Trng LF rec L, Sd R fc ptrn & WALL, -; Sd L twd DC, Rec R, Sd L trng RF to CP fcg RDW (W trng RF bk R to RLOD, Rec L to fc M, Sd R) , -;

9 -12 THREE of NATURAL TOP; BACK, SIDE, THRU, POINT; THRU, L WHISK, , ; UNWIND to face COH;

- QQS:QQQQ; (9 -10) (Three of Nat Top) XRIB L (W trn RF fwd L) , Sd L trn RF to fc DC (W fwd L) , XRIB to fc DW (W fwd R between M's feet) , -; Bk L trng RF to fc WALL (W fwd R) , Sd R, Thru L to LOP fcg RLOD, Trng LF to fc ptrn point R to RLOD;

- QQS:QQS; (11 -12) (L Whisk) Thru R to LOD, Trng RF to fc ptrn sd L, XRIB L to CP fcg WALL, -; Maintain wgt on M's L heel & R toe as W unwinds him R, L, R, L to CP fcg COH to end with M's wgt on R;

13 -16 UNDERARM TURN to RLOD; UNDERARM TURN to WRAP POSITION; X-LINE; FAN;

- QQS:QQS; (13 -14) (Underarm Trn) Fwd L XIF (W XRIF look at M while trng LF under lead hands), Rec R (W cont LF trn fwd L) , Sd L to fc ptrn (W sd & fwd R) , -; (Underarm Trn) Fwd R XIF (W XLIF look at M while trng RF under lead hands) , Rec L (W fwd R) , Sd R to wrap position fcg WALL (W fwd R trng 1 1/2 trns) , -;

- SQQ; SQQ; (15 -16) (X-Line) Lower by bending R knee (W' s L) & point L (W R) to sd by extending from hip, -, (Rise) straighten wgt'd knee, Close L to R: (Fan) Release M's R (W's L) Bk R, Rec L, Close R, - (W fwd L trng LF, Sd R, Bk L to FAN pos, -) ;

PRETTY LITTLE POPPY

Note: Repeat PART B to RLOD modifying measures 1 & 14 -16 as shown follows:

- 1** **BEGIN an ALEMANA:**
(1) (Begin in FAN Position) Fwd L (W CI R to L) , Rec R (W fwd L) , Sd L (W fwd R begin trng RF to fc ptrn) , -: (Follow with SPOT TRN as shown in meas 2)
- 14-16** **UNDERARM TURN to CP fcg LOD; ROCK BACK on vocal "LOVE" /RECOVER on vocal "YOU", , RUNNING FORWARD LOCKS,;;**
QQS; (14 -16) (Underarm trn) Fwd R XIF (W fwd L trng RF under lead hands) , Rec L (W fwd R cant RF trn) , CI R trng LF to CP fcg LOD
Q&QQ;QQQ; (W cont RF trn fwd L to complete 3/4 trn under lead hands) , -: Rk bk L (W fwd R) /Rec R, -, (Tempo quickens for Running Fwd Lks) Fwd L, XRIB; FWD L, Fwd R, Fwd L, XRIB;
Note: The 1st step of PART C is the last step of the RUNNING FORWARD LOCK,

PART C (Quickstep/Jive - Instrumental)

- 1-8** **FWD" (Hop) NATURAL TURN, ;" BACK LOCK, ; ; RUNNING FINISH; HAIRPIN; RUNNING FINISH; HAIRPIN; RECOVER, , FACE, ;**
SS;QQS (1 -4) Fwd L, -, (Hop Nat) Fwd trn R/Hop, -; Sd L, CI R to CP fcg RLOD, (Bk Lk) Bk L, -; Bk R, XLIF (W XRIB) , BK R, -;
QQS;QQS (Run Fin) Bk L DW trng RF, Sd R, fwd R, Fwd L with strong L shoulder lead to CONTRA BODY FCG LOD, -;
SQQ;QQS; (5 -8) (Hairpin) Fwd R outside W trn R, -, Fwd L, Check fwd R to CONTRA BODY fcg RLOD; (Run Fin) Bk L DW, Sd & fwd R, Fwd L with strong L shoulder lead to CONTRA BODY fcg LOD, -; (Hairpin) Fwd R outside W trn R, -, Fwd L, Check fwd R to CONTRA BODY fcg RLOD; Bk L, -, Sd R to BTFLY fcg COH, -;
- 9-16** **SPANISH ARMS; , , (Modified) SPANISH ARMS, ; ; BACK, , V-6, ; ; , THRU/HOP, ; SCOOP; ;**
QQS;SQQ;SS; (9 -11) (Spanish Arms - Single Swing) Rk apt L, Rec R, Fwd L trng RF (W fwd R wrap LF to fc LOD) , -: Cont RF trn CI R to L to change places with W (W CI L to R unwrap RF) , -, (Spanish Arms) Rk apt L, Rec R; Fwd L trng RF (W fwd R wrap LF to fc LOD) , -, Cont RF trn CI R to L to change places with W (W fwd L cont LF trn) blend to CONTRA BJO fcg RLOD, -; - - - -
SQQ;SS;QQS (12 -16) Bk L, -, (V -6) Bk R, XLIF; Bk R, -, Bk L, -; Bk R trng LF (W fwd L) , Sd & fwd L (W fwd R) to SCP fcg OW, Thru R/Hop to CP fcg
SS;QQQQ WALL, -; (Scoop) Slide L long step to LOD with strong L sway, -, CI R to L rising to toes & fc DW with R sway, -; Bk L to CONTRA BODY, CI R to L, Fwd L, XRIB;

PART D (Quickstep/Foxtrot - Vocal)

- 1-8** **REVERSE TURN; ; CROSS CHASSE; , , CHASSE SCAR, ; , , (Rev) OUTSIDE SPIN & CHECK, ; ; BACK FISHTAIL; FEATHER FINISH;**
SQQ;SQQ (1-4) (Rev Trn) Fwd L trng LF, -, Sd R (W CI L to R) , Bk L; Bk R cont LF L, Fwd R outside W in CONTRA BODY fcg DW; (Cross Chasse) Fwd L DW
SQQ;SQQ;S Sd R, CI L to R; Thru R (W XIB) to CONTRA BODY fcg LOD, -, Trng to CI R to L; Sd & bk L to SCAR, -,
S;QQS; (5 -8) (Rev Outside Spin) Bk R trng LF (W fwd L outside M begin LF toe spin) , -: Cont RF trn fwd L outside W (W CI R to L & cont LF toe spin) , Sd & bk R (W L) to CP fcg RLOD, Bk L to CONTRA BJO, -; (Bk Fishtail) XRIF (W XLIB) , Sd L, Bk R, XLIF (W XRIB) to CONTRA BJO fcg RLOD; Bk R trng LF, -, Sd & fwd L, Fwd R to CONTRA BODY fcg DW;
- 9-16** **THREE STEP; NATURAL TURN; OPEN IMPETUS; THRU, , PICKUP, LOCK; (Slow) DOUBLE REVERSE SPIN; , , (Slow) CURVING THREE STEP to CENTER, ; ; FEATHER FINISH;**
SQQ;SQQ; (9 -12) (Three Step) Fwd L to CP fcg DW, -, Fwd R, L to fc LOD; (Nat Turn) Fwd trn R, -, Sd L (W cla R to L) Bk R in CP fcg RLOD; (Open Imp) Bk trn L, -, CI R to L (W sd L) , Sd & fwd L to SCP fcg LOD; Fwd R, -, Fwd L (W fwd & sd R begin trn L) , XRIB of L (W sd & bk L XIF of R trng to CONTRA BJO) ;
SS;S (13 -16) (Dbl Rev Spin) Fwd L trng LF, -, Fwd & sd R around W commencing LF spin on ball of foot (W cl L to R) , -; Bring L to R with no wgt & cont LF spin (W fwd & sd R around M trng LF/XLIF of R, -, (Curv 3 Stp) Fwd L trng LF, -, Cont LF curve fwd R, -, Cont LF curve fwd L XIF of R to fc DRW, -; Bk R trng LF, -, Sd & fwd L to CP fcg DW, Fwd R outside W to CONTRA BJO fcg LOD; (Repeat meas 1 - 8 only of PART D the second time thru)

END

- 1 - 8** **DOUBLE OPEN TELEMARK; ; ; MANEUVER, , SIDE, CLOSE; SPIN TURN; , , V -6, ; ; , THRU/HOP, ;**
SS;SQQ;SS; (1-4) (Dbl Open Telemark) Fwd trn L, -, Sd R (W CI L to R) , -: Cont LF trn sd & fwd L to SCP fcg LOD, -, Short fwd R (W strong fwd L trng LF to CP) , Fwd trn L; Sd R (W CI L to R) , -, Cont LF trn sd & fwd L to SCP fcg DW, -; (Maneuver) Fwd trn R (W fwd L) to CP fcg RLOD, -, Sd L, CI R;
SS;S (5-8) (Spin Turn) Bk L trng RF, -, Fwd R rise to toe (W bk L brushing R to L) , -; Rec bk L in Cp fcg RDW, -,
QQ;SS;QQS; (V -6) Bk R, XLIF; Bk R, -, Bk L, -; Bk R trng LF (W fwd L) , Sd & fwd L (W fwd R) to SCP fcg DW, Thru/Hop to CP fcg DW, -;
- 9 -12** **SIX QUICK TWINKLE with DOUBLE LOCK; ; REVERSE TURN; THROWAWAY OVERSWAY;**
QQQQ;QQQQ; (9 -12) (Six Twinkle with Dbl Lk) Sd L to CONTRA BODY, CI R to L, XLIB, Sd R; Fwd L, XRIB, FwdL !RIB; (Rev Turn) Fwd trn L to CP, -, Sd R, Bk L;
SQQ;SQQ; (Throwaway Oversway) Bk R trng LF to fc ptrn & WALL, -, Sd & .fwd L relaxing L knee & allowing R to point sd & bk (W sd & fwd R trng LF while relaxing R knee & slide L foot bk under body past R foot to point bk with head well to L;

Note: All "Hop" steps are optional and may be Oillitted at dancer's discretion.