

PROMISE ME

Rumba: Phase 3+2 (*Fan, Alemana*) Sequence: Intro-AB-Int-AB-Ending 07-22-2010
Choreo.: Jack and Sharie Kenny, 2620 Crestmoor Ct. Arlington, TX 76016 jkenny3@sbcglobal.net
Music: "Promise Me" (Anne Skates) Footwork: Opposite throughout (*Lady as noted*) - QQS.
Album: CFD-7 (Dance & Listen, Ltd. - DLD 1067) Latin & Standard Dances, Track 5
Speed: Slightly slower for comfort, about 44 "rpm" or -2.2% in file playback programs.

INTRODUCTION

1-4 WAIT 2X;; CIRCLE AWAY 3; TOGETHER 3 TO TAMARA;

1-2 **[Wait]** In B'fly position with M fc wall lead ft. free wait 2 measures;;

3-4 **[Circle Away & Tog]** Sd & Fwd L comm LF circular walk away from prtnr,
cont LF circle walk fwd R, cont LF circle fwd L to fc RLOD, - ;
Cont LF circle walk fwd R, cont LF circle walk fwd L to fc Wall, fwd R to a tamara handhold, - ;

Note: In the Tamara handhold, the W's left arm crosses in back with left hand near right hip.

With right hand, M takes W's left hand while standing close to the W's rt side, while the lead hands are joined and raised with curved arms forming a window.

PART A.

1-4 WHEEL 3; UNWIND IN 3 TO B'FLY-WALL; REV UNDERARM TURN; CRABWALK 3;

1 **[Tamara Wheel]** Fwd L comm RF wheel, cont wheel fwd R, cont wheel fwd L to fc COH, - ;

2 **[Unwind]** With both hands joined throughout cont RF wheel fwd R,
cont wheel fwd L leading W to spin LF, cont wheel fwd R to fc Wall in b'fly pos, - ;
(*cont RF wheel fwd L, spin & unwind LF 1/2, cont LF spin to fc prtnr & COH sd L, - ;*)

3 **[Rev UA Turn]** XLIF leading W to turn LF under joined lead hands, rec R, sd L to b'fly, - ;
(*XRIF comm LF turn 1/2, rec L compl LF turn to fc prtnr, sd R, - ;*)

4 **[Crabwalk]** In b'fly <or facing prtnr throughout with lead hands raised and trailing hands extended to the side> XRIF twd LOD, sd L, XRIF, - ;

5-8 TWIRL VINE 3; CRABWALK 3; CUCARACHA 2X;;

5 **[Twirl Vine]** Sd L leading W to turn RF under joined lead hands, XRIB, Sd L, - ;
(*Sd & fwd R twd LOD comm turning RF, fwd R cont RF turn, sd R twd LOD, - ;*)

6 **[Crabwalk]** Repeat Part A meas 4;

7-8 **[Cucarachas]** In b'fly sd L, rec R drawing L to R, cl L to R, - ; sd R, rec L drawing R to L,
cl R to L, - ;

9-12 FULL BASIC;; OPEN BREAK; SPOT TURN;

9-10 **[Basic]** In b'fly M fc Wall fwd L, rec R, sd L, - ; Bk R, rec L, sd R, - ;

11 **[Op Break]** Rk bk L apart from prtnr with lead hands joined & ext tr hands, rec R, sd L, - ;

12 **[Spot Turn]** Turning LF to LOD fwd R turning 1/2 to fc RLOD, fwd L turning LF to fc Wall,
sd R twd RLOD blending to b'fly pos M fc Wall, - ;

13-14 FENCELINE 2X;;

13-14 **[Fencelines]** In b'fly pos cross-lunge thru L with checking action, rec R, sd L twd LOD, - ;
cross-lunge thru R with checking action, rec L, sd R twd RLOD, - ;

PART B.

1-4 1/2 BASIC TO A FAN;; ALEMANA;;

- 1-2 **[Basic to Fan]** Fwd L, rec R, sd L lowering hands to waist level and not extended, - ;
Bk R comm leading W to Fan pos, rec L, sd R to fc Wall or slightly DLW, - ;
(*Bk R, rec L, sd R, - ; Fwd L, turning LF 1/4 sd & bk R, bk L with Rt foot ext fwd with no wt, - ;*)
- 3-4 **[Alemana from Fan]** Fwd L, rec R leading W fwd RLOD,
cl L leading W to turn RF to fc M lead hands ext high to left and palm-to-palm, - ;
Bk R lead W to comm RF turn, rec L, sd R to b'fly, - ;
(*Cl R, fwd L, fwd R comm RF swivl to fc prtnr, - ;*) (*cont RF turn under joined ld hands fwd L, cont RF turn fwd R, sd L to b'fly, - ;*)

5-8 SHOULDER TO SHOULDER; SPOT TURN; NEW YORKER; WHIP (COH);

- 5 **[Shoulder to Shoulder]** In b'fly fwd L twd DRW blending to b'fly-scar, rec R to fc prtnr & wall,
sd L twd LOD, - ;
- 6 **[Spot Turn]** Repeat Part A meas 12;
- 7 **[New Yorker]** Turning RF fwd L with checking action to fc RLOD, rec R, sd L to fc prtnr, - ;
- 8 **[Whip Across]** Bk R comm 1/4 LF turn, rec fwd L turning 1/4 to fc COH, sd R, - ;
(*Fwd L outside M on his left sd, fwd Rt comm 1/2 LF turn, sd L to fc prtnr & Wall, - ;*)

9-12 1/2 BASIC TO A FAN;; ALEMANA;;

- 9-12 Repeat Part B measures 1-4 starting in b'fly M fc COH;;;

13-16 SHOULDER TO SHOULDER; SPOT TURN; NEW YORKER; WHIP (Wall);

- 13-16 Repeat Part B measures 5-8 starting in b'fly M fc COH and ending M fc Wall;;;

INTERLUDE

1-2 CIRCLE AWAY 3; TOGETHER 3 TO TAMARA;

- 1-2 **[Circle Away & Tog]** Repeat Introduction measures 3-4;;

Repeat Parts A and B.

ENDING

1-2 1/2 BASIC WITH WRAP; HOLD;

- 1-2 **[Basic & Wrap - Hold]** In b'fly sm Fwd L leading W to turn LF into wrapped pos, rec R,
cl L to R with W's left hand at waist, - ; Hold;
(*Fwd R twd M comm turning LF, finish the LF 1/2 turn cl L, step in place R, - ; Hold;*)

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Quick Cues

Rumba-Phase 3+2 (Fan, Alemana)

Choreo. Release Date: July 22, 2010

Choreo.: Jack & Sharie Kenny 2620 Crestmoor Ct. Arlington, TX 76016 jkenny3@sbcglobal.net

Seq.: INTRO, AB, Int, AB, ENDING Music: "Promise Me" - Anne Skates

Album: CFD-7 (Dance & Listen, Ltd. - DLD 1067) Latin & Standard Dances, Track 5

SPEED: About -2.2% or about 44 "rpm" in file playback programs

Starts In B'fly Position, Men Facing Wall.

INTRO: WAIT 2 MEAS;; CIRCLE AWAY 3; TOG 3 TO TAMARA;

PART A: WHEEL 3; UNWIND IN 3 (B'fly-Wall); REV UA TURN; CRABWALK 3;
TWIRL VINE 3; CRABWALK 3; CUCARACHAS 2X;; FULL BASIC;; OPEN BREAK;
SPOT TURN; FENCELINE 2X;;

PART B: 1/2 BASIC TO A FAN;; ALEMANA;; SHOULDER TO SHOULDER; SPOT TURN;
NEW YORKER; WHIP ACROSS; 1/2 BASIC TO A FAN;; ALEMANA;;
SHOULDER TO SHOULDER; SPOT TURN; NEW YORKER; WHIP ACROSS;

INTERLUDE: CIRCLE AWAY 3; TOG 3 TO TAMARA;

REPEAT PARTS A and B.

ENDING: 1/2 BASIC WITH WRAP; HOLD;

Note: Optional arm position for Part A measures 3-6: Leave lead hands raised.