

"PUREST OF PAIN"

CHOREOGRAPHER: Kay & Joy Read, 1800 Lawyer Place, College Station, TX 77840, Ph: (979)-696-4073
1151 Leisure World, Mesa, AZ 85206, Ph: (480)-361-8647
E-Mail: kread@cvm.tamu.edu [Contact Choreographer for Availability]

MUSIC: "The Purest Of Pain" Latin Music 3, Dance Vision CD 417, Track #17.

PHASE & RHYTHM: Phase V+2+1 Bolero [telespin, double ronde to hairpin + arabesque oversway]

SEQUENCE: INTRO, A, B, INT 1, A MOD, B, INT 2, C, B (5-8), END

INTRO

1-4 ARMS FOR; CONTRA BRK; HIP TWIST, __, TO TELESPIN; M SLO RK APT & REC;

1 [WAIT WITH ARM PREP] OP FC POS M fc DRW (W fc DLC) trail ft free arms down to side, __, bring arms to xif of waist rt over lt, __;

2 SQQ [CONTRA BRK] Sd & fwd R (W sd & bk L) sweep arms out & up over head cross lt in frt of rt, __, bring arms out extend lt bk & rt fwd pl rt on ptr's lt sh & contra ck fwd L, rec bk R (W contra ck bk R, rec fwd L);

3 S&QQ [HIP TWIST TO TELESPIN] Fwd L slide lt hd down W's rt arm join lead hds lead W hip twist, __/trng lf sd R, fwd L, fwd R loose CP RLOD (W fwd R join lead hds swvl rf fc LOD, __/trng lf slip fwd L, bk R, cl L to R loose CP fc LOD);

4 SS [RK APT & REC] Bk L separate from ptr lead hds joined, __, rec fwd R close to ptr, __ (W in pl R, __, in pl L, __);

PART A

1-4 W'S SYNC RUNAWAY TO LOD; FC, M CL/PT, __, & RK 2; W HOLD / M CIR WRAP W; M CK FWD & SLIP / W ROLL RF FOR;

1 SQQ [SYNC RUNAWY] LOP FCING bk L LOD, __, fwd R RLOD, fwd L qk swvl lf fc WALL (W in pl R, __, fwd L LOD trng lf, bk R cont lf trn/);

2 &:SQQ [M CL/PT & RK 2] /cl R to L; Pt L LOD, __, rk fwd L LOD, rec bk R (W /fwd L LOD: Fwd R LOD qk swvl rf fc ptr & RLOD, __, in pl L, in pl R);

3 SQQ(__) [M CIR WRAP] Fwd L join both hds, __, cir beh W fwd R loop lead hds over W's head, fwd L to WRAP POS RLOD (W tch L to R & hold loop lead hds over head to WRAP POS RLOD, __, __, __);

4 SQQ [M SLIP / LADY ROLL RF] Ck fwd R outsd W, __, slip rf bk L, fwd R fc WALL (W small bk L rf trn, __, fwd R LOD spin rf, cl L fc COH);

5-8 TRNG BASIC; SD TO X-SWVLS; CK THRU NY LINE, __, REC TO SYNC RUN RLOD; TO SLO ARABESQUE {OPT: SLO PROM} OVERSWY; {Opt Ms 7: Ck NY & Rec to W's Sync Underarm Exit RLOD;}

5 SQQ [TRNG BASIC] Blend Cp WALL sd & fwd L, __, slip lf bk R, fwd L LOP COH (W blend CP sd & fwd R, __, slip lf fwd L, bk R fc WALL);

6 SQQ [X-SWVLS] Sd R, __, fwd L LOD swvl lf, fwd R RLOD swvl rf (W sd L, __, fwd R LOD swvl rf, fwd L RLOD swvl lf);

7 SQQ&Q [CK NY & SYNC RUN] Ck thru L LOD, __, rec bk R lf trn/fwd L RLOD, fwd R RLOD blend SCP (W ck thru R LOD, __, rec bk L rf trn/ fwd R RLOD, fwd L RLOD blend SCP);

8 S__ [ARABESQUE {OPT: PROM} OVERSWY] SCP fwd L rt sd stretch, __, slo chg to lt sd stretch with lf body rotation, __ (W SCP fwd R with L ft off floor & extended bk in arabesque line, __, swvl lf bring L ft to rt knee, __);

MS 7 OPTION: [CK NY & W SYNC UNDERARM EXIT RLOD;] (W ck thru R LOD, __, rec bk L rf trn/ fwd R RLOD rf underarm trn, fwd L RLOD SCP);

9-12 W DEVELOP, __, & REV UNDERARM EXIT DC; LUNGE BRK; X-BODY DRW; (RT HDS) FWD BRK;

9 __QQ [DEVELOP & REV UNDERARM EXIT] Cont lf body rotation, __, rec bk R, bk L rf trn LOP DL (W develop L, __, rec fwd L lf underarm trn, bk R fc DRW);

10 S__(SQQ) [LUNGE BRK] LOP DLC sd & fwd R, __, lower on R, rise on R (W sd & bk L, __, bk R, rec fwd L);

11 SQQ [X-BODY] Bk & sd L, __, trng lf bk R, fwd L DRW join rt hds (W fwd R, __, trng lf fwd L, bk R join rt hds fc DLC);

12 SQQ [FWD BRK] Rt hds joined sd & fwd R, __, fwd L, rec bk R (W rt hds joined sd & bk L, __, bk R, rec fwd L/);

PART B

1-4 W SYNC TO RONDE, __, & AROUND / M RK 2 & FC LOD; FOR CHEST PUSH BK WK 3; W REV UNDERARM TRN; FWD, __, M MANU & PVT TO;

1 SS(&:SQQ) [SYNC RONDE & AROUND] LOP DRW sd L, __, rec sd R trn fc ptr & LOD, __ (W /fwd R; sd L ronde R cw, __, xRib, fwd L fc RLOD);

2 SQQ [CHEST PUSH BK WKS] Fwd L LOD closing to ptr, __, bk R, bk L RLOD (W fwd R RLOD rt hd on M's chest, __, fwd L, fwd R RLOD);

3 SQQ [REV UNDERARM TRN] Bk R join lead hds, __, bk L, rec fwd R SCP LOD (W fwd L RLOD, __, fwd R lf underarm trn, fwd L SCP LOD);

4 SQQ [FWD, MANU & PVT] Fwd L, __, fwd R rf trn CP fc RLOD, bk L pvt rf 1/2 LOD (W fwd R, __, fwd L CP fc LOD, fwd R pvt rf 1/2 fc RLOD);

5-8 DBL RONDE INTO HAIRPIN; RT SD PASS (DW); FWD BRK; TO W'S SLO X-SWVLS;

5 SQQ [DBL RONDE INTO HAIRPIN] CP LOD fwd R rf body rotation ronde L fwd cw, __, curving rf fwd L, fwd R BJO outsd ptr RLOD (W CP bk L ronde R cw, __, bk R, bk L BJO ptr outsd fc LOD);

6 SQQ [RT SD PASS] Bk & sd L rf trn, __, small slip bk R, fwd L LOP DLW (W fwd R, __, trng lf fwd L, bk R LOP fc DRC);

7 SQQ [FWD BRK] Sd R, __, fwd L, rec bk R (W sd & bk L, __, bk R, rec fwd L);

8 SS [LADY'S X-SWVLS] Blend BFY sd L DLW, __, sd R DRC, __ (W BFY fwd R DRC rf swvl, __, fwd L DLW lf swvl, __);

“PUREST OF PAIN” Cont.

INTERLUDE 1

1-4 W UNDERARM TO LUNGE / SIT LINE, __, BOTH RISE WITH ARMS FOR; CONTRA BRK; HIP TWIST, __, TO TELESPIN; M SLO RK APT & REC;
1 S__ [UNDERARM LUNGE / SIT LINE & RISE] Lunge sd L DLW trn rf look at ptr, __, rise on L bring arms to xif of waist rt over lt, __;
2-4 (W fwd R swvl lf under lead hds to sit line on R, __, rise on R bring arms to xif of waist rt over lt, __);
REPEAT INTRO MS 2-4;;;

PART A MOD

1-4 W'S SYNC RUNAWY TO LOD; FC, M CL/PT, __, & RK 2; W HOLD / M CIR WRAP W; M CK FWD & SLIP / W ROLL RF FOR;
1-4 REPEAT PART A MS 1-4;;;
9-12 TRNG BASIC; LUNGE BRK; X-BODY DRW; (RT HDS) FWD BRK;
9-12 REPEAT PART A MS 5; REPEAT PART A MS 10-12;;;

PART B

1-4 W SYNC TO RONDE, __, & AROUND / M RK 2 & FC LOD; FOR CHEST PUSH BK WK 3; W REV UNDERARM TRN; FWD, __, M MANU & PVT TO;
5-8 DBL RONDE INTO HAIRPIN; RT SD PASS (DW); FWD BRK; TO W'S SLO X-SWVLS;
1-8 REPEAT PART B MS 1-8;:::;

INTERLUDE 2

1-4 W UNDERARM TO LUNGE / SIT LINE, __, BOTH RISE & CL FOR; TRNG BASIC; SD TO X-SWVLS; CK THRU TO NY LINE, __, REC TO SYNC RUN RLOD TO;
1 SS {Opt Ms 4: Ck NY & Rec to W's Sync Underarm Exit RLOD;}
[UNDERARM LUNGE / SIT LINE & CL] Lunge sd L DLW trn rf look at ptr, __, rise on L bring arms to xif of waist rt over lt, cl R to L;
(W fwd R swvl lf under lead hds to sit line on R, __, rise on R bring arms to xif of waist rt over lt, cl L to R);
2-4 REPEAT PART A MS 5-7;;;
MS 4 OPTION: {CK NY & W SYNC UNDERARM EXIT RLOD;}

PART C

1-4 QK ARABESQUE {OPT: QK PROM} OVERSWY; W DEVELOP, __, & REV UNDERARM; LUNGE BRK; RT SD PASS (RT HDS);
1 &__ [QK ARABESQUE {OPT: QK PROM} OVERSWY] /SCP fwd L rt sd stretch; Qk chg to lt sd stretch with lf body rotation, __, __, __
(W /SCP fwd R with L extended bk & ft off floor; Qk swvl lf bring L to R raise L ft to rt knee, __, __, __);
2-3 REPEAT PART A MS 9-10;;
4 SQQ [RT SD PASS] Sd & fwd L, __, rf trn bk R, fwd L WALL join rt hds (W fwd R, __, fwd L lf underarm trn, bk R fc COH join rt hds);
5-8 SHAD BRK 3T;; FWD / W SPIRAL, __, M MANU & PVT;
5 SQQ [SHAD BRK] Rt hds joined sd R, __, lf trn bk L, rec fwd R LOD (W rt hds joined sd L, __, rf trn bk R, rec fwd L LOD);
6 SQQ [SHAD BRK] Fwd L rf trn ½, __, bk R, rec fwd L RLOD (W fwd R lf trn ½, __, bk L, rec fwd R RLOD);
7 SQQ [SHAD BRK] Fwd R lf trn ½, __, bk L, rec fwd R LOD (W fwd L rf trn ½, __, bk R, rec fwd L LOD);
8 SQQ [FWD / LADY SPIRAL, MANU & PVT] Fwd L, __, fwd R rf trn CP fc RLOD, bk L pvt rf ½ LOD
(W fwd R spiral lf, __, fwd L CP fc LOD, fwd R pvt rf ½ fc RLOD);

PART B (5-8)

5-8 DBL RONDE INTO HAIRPIN; RT SD PASS (DW); FWD BRK; TO W'S SLO X-SWVLS;
5-8 REPEAT PART B MS 5-8;:::;

END

1-4 W UNDERARM TO LUNGE /SIT LINE, __, BOTH RISE WITH ARMS FOR; CONTRA BRK; HIP TWIST, __, TO TELESPIN; BK TO SLO ARABESQUE {OPT: SLO PROM} OVERSWY;
1-3 REPEAT INTERLUDE 1 MS 1-3;;;
4 S__ [BK TO ARABESQUE {OPT: PROM} OVERSWY] CP RLOD bk & sd L rt sd stretch, __, slo chg to lt sd stretch with lf body rotation, __
(W CP fc LOD fwd R with L ft off floor & extended bk, __, swvl lf bring L ft to rt knee, __);

ABI BJC

	WAIT HIP TWIST TO TELESPIN	CONTRA BREAK ROCK APART & REC
A	LADY SYNC RUNAWAY MAN CIRCLE & WRAP LADY TURNING BASIC FC COH CHECK & SYNC RUN DEVELOPE & REV UNDERARM CROSS BODY DRW	FACE & ROCK 2 SLIP LADY ROLL RIGHT SIDE TO CROSS SWIVELS ARABESQUE OVERSWAY LUNGE BREAK FWD BREAK
B	SYNC RONDE & AROUND REVERSE UNDERARM TURN DOUBLE RONDE TO HAIRPIN FWD BREAK	CHEST PUSH & BACK WALKS WALK & MANEUVER & PIVOT RIGHT SIDE PASS DLW LADY SLOW SWIVELS
I	UNDERARM TO LUNGE SIT LINE HIP TWIST TO TELESPIN LADY SYNC RUNAWAY MAN CIRCLE & WRAP LADY TURNING BASIC FC COH CROSS BODY DRW	CONTRA BREAK ROCK APART & REC FACE & ROCK 2 SLIP LADY ROLL RIGHT LUNGE BREAK FWD BREAK
J	UNDERARM TO LUNGE SIT LINE SIDE TO CROSS SWIVELS	TURNING BASIC FC COH CHECK & SYNC RUNS
C	ARABESQUE OVERSWAY LUNGE BREAK 3 SHADOW BREAKS ---- DOUBLE RONDE TO HAIRPIN FWD BREAK	DEVELOPE & REV UNDERARM RIGHT SIDE PASS HANDSHAKE ---- LADY SPIRAL MANEUVER & PIVOT RIGHT SIDE PASS DLW LADY SLOW SWIVELS
END	UNDERARM TO LUNGE SIT LINE HIP TWIST TO TELESPIN	CONTRA BREAK BACK TO ARBESQUE OVERSWAY

PUREST OF PAIN (READ) 6193
(OP-FCG DRW ARMS DOWN TRAIL FOOT FREE)