

ROCK N ROLL HEART

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MUSIC: "Rock N Roll Heart" By Eric Clapton available on Amazon.com
FOOTWORK: Opposite unless noted (Woman's footwork in parentheses) Time@RPM: 3:13@46.6
RHYTHM: CHA CHA RAL PHASE: III
SEQUENCE: INTRO A B A B BRIDGE B END

MEAS:

INTRODUCTION

1-4

OP-FCG WALL WAIT 2 MEAS;; CIRC AWAY 2 & CHA; TOG 2 & CHA TO BFLY;

1-2 Wait;;
3-4 Circle away 1/2 LF fwd L, fwd R, fwd L/cl R, fwd L to fc RLOD; Cont circle tog 1/2 LF fwd R, fwd L, fwd R/cl L, fwd R to BFLY WALL;

PART A

1-4

CHASE;;;;

1-4 rk fwd L trng R fc COH (W bk R no trn), rec R, fwd L/lk RIB of L, fwd L; rk fwd R trng Lfc WALL (W trn R fc), rec L, fwd R/lk LIB of R, fwd R; rk fwd L (W fwd R trn L fc fcg ptrnr), rec R, bk L/lk RIB of L, bk L; rk bk R, rec L, fwd R/lk LIB of L, fwd R;

5-8

VN 2, FC TO FC, VN 2, BK TO BK; [OPEN] SLIDING DOOR TWICE;;

5-6 Sd L, Xrib of L, sd L/cl R, sd L trn LF to bk to bk pos; sd R, XLib of R, sd R/cl L, sd R trn RF to OP/LOD;
7-8 Rk sd L, rec R, XLif of R/sd R, Xlif (W Xif on M); Rk sd R, rec L, XRif of L/sd L, XRif (W Xif of M);

9-12

CIRC AWAY 2 & CHA; TOG 2 & CHA TO BFLY; 2 SD CLOSES; START BASIC;

9-10 Circle away 1/2 LF fwd L, fwd R, fwd L/cl R, fwd L to fc RLOD; Cont circle tog 1/2 LF fwd R, fwd L, fwd R/cl L, fwd R to BFLY WALL;
11-12 Sd L, cl R, Sd L, cl R; Rk fwd L, rec R, sd L/cl R, sd L;

13

FINISH BASIC;

13 Rk bk R, rec L, sd R/cl L, sd R;

PART B

1-4

NEW YORKER; CRAB WALKS;; SPOT TURN;

1-2 Rk thru L twd RLOD, rec R to BFLY/WALL, sd L/cl R, sd L; twd LOD XRif, sd L, XRif/sd L, XRif;
3-4 Sd L, XRif, sd L/cl R, sd L; XRif start LF turn, fwd L completing Lf turn to fc ptr in BFLY, sd R/cl L, sd R;

5-8

HALF BASIC; WHIP; NEW YORKER; START CRAB WALKS;

1-2 Rk fwd L, rec R, sd L/cl R, sd L; Bk R trng ¼ LF, rec fwd L cont LF trn ¼, sd R/cl L, sd R [BFLY/COH] (W fwd L outside of M on his L side, fwd R trng LF ½, sd L/cl R, sd L);
3-4 Rk thru L twd RLOD, rec R to BFLY/WALL, sd L/cl R, sd L; twd LOD XRif, sd L, XRif/sd L, XRif;

9-12

FINISH CRAB WALKS; SPOT TURN; HALF BASIC; WHIP

9-10 Sd L, XRif, sd L/cl R, sd L; XRif start LF turn, fwd L completing Lf turn to fc ptr in BFLY, sd R/cl L, sd R;
11-12 Rk fwd L, rec R, sd L/cl R, sd L; Bk R trng ¼ LF, rec fwd L cont LF trn ¼, sd R/cl L, sd R [BFLY/COH] (W fwd L outside of M on his L side, fwd R trng LF ½, sd L/cl R, sd L);

BRIDGE

1-4

SHLDR TO SHLDR TWICE;; SPOT TURN TWICE;;

- 1-2 Fwd L to BFLY SCAR, rec R fcg ptr, sd L/cl R, sd L; Fwd R to BFLY BJO, rec L fcg ptr, sd R/cl L, sd R;
3-4 XLif of R start RF trn fwd R completing RF trn to fc ptr in BFLY, sd L/cl R, sd L;XRif of L start LF trn fwd L completing LF trn to fc ptr in BFLY, sd R/cl L, sd R;

5-8

PEEKABOO CHASE;;;;

- 5-6 fwd L trn RF 1/2, rec fwd R, fwd L/cl R, fwd L; sd R look over L shldr (W sd L), rec L, sip R/L, R;
7-8 sd L look over R shldr (W sd R), rec R,sip L/R, L; fwd R trng LF 1/2 (W fwd L), rec L, fwd R/cl L, fwd R;

END

1-4

BASIC;; SPOT TURN TWICE;;

- 1-2 Rk fwd L, rec R, sd L/cl R, sd L; Rk bk R, rec L, sd R/cl L, sd R;
3-4 XLif of R start RF trn fwd R completing RF trn to fc ptr in BFLY, sd L/cl R, sd L;XRif of L start LF trn fwd L completing LF trn to fc ptr in BFLY, sd R/cl L, sd R;

5

ROCK APT & HOLD:

- 5 Bk L, -, -,-;