



# Ruski-Cha

<b>Choreographers:</b>	<b>Release date:</b> August 2012
<b>Annette &amp; Frank Woodruff</b>	<b>Rhythm &amp; Phase:</b> <b>Cha Cha III+1</b> (Triple Cha) - Average
	<b>Intended Use:</b> Summer Dance (or Training on New Yorker 4; Sd Walks)
	<b>Artist:</b> SL-Project ; <b>Album:</b> Demons.Opus1; <b>Track:</b> Deputies; MP3 download from YouTube.
Rue du Camp, 87 7034 Mons, Belgium Tel: 32-65-73 19 40	<b>Time &amp; Speed:</b> Shortened to 2:38 @ original speed. Edited MP3 here, bottom of page: <a href="http://www.asperule.be/Latest%20Rounds.htm">http://www.asperule.be/Latest%20Rounds.htm</a>
<b>E-mail:</b> anfrank@skynet.be	<b>Footwork:</b> Opposite except where indicated (W's footwork in parentheses)
	<b>Sequence:</b> <b>Intro – ABC – ABC – C - Ending</b>

## INTRODUCTION

<b>1</b>	<b>Wait ;</b>	LOW BFLY WALL wt 1 meas ;
<b>2</b>	<b>2 Side Closes ;</b>	Sd L, cl R, sd L, cl R ; [use merengue style]

## PART A

<b>1 – 2</b>	<b>Basic ; ;</b>	In BFLY fwd L, rec R, sd L/cl R, sd L; bk R, rec L, sd R/cl L, sd R;
<b>3</b>	<b>New Yorker ;</b>	XLif ( <i>W XRif</i> ) w/ straight leg trng to LOP RLOD, rec R to BFLY, sd L/cl R, sd L;
<b>4</b>	<b>New Yorker 4 ;</b>	XRif ( <i>W XLif</i> ) w/ straight leg to OP LOD, rec L to BFLY, sd R, rec L;
<b>5 - 6</b>	<b>New Yorker ;</b>	XRif ( <i>W XLif</i> ) w/ straight leg trng to OP LOD, rec L to BFLY, sd R/cl L, sd R/lift lightly on R ft;
	<b>Hop New Yorker 4 ;</b>	XLif ( <i>W XRif</i> ) w/ straight leg to LOP RLOD, rec R to BFLY, sd L, rec R;
<b>7 - 8</b>	<b>Spot Turn 2x ; ;</b>	Relg hnds XLif ( <i>W XRif</i> ) stg RF trn, rec R contg to trn RF, compg full RF trn sd L/cl R, sd L to mom BFLY; relg hnds XRif ( <i>W XLif</i> ) trng LF, rec L contg LF trn to BFLY, sd R/cl L, sd R;

## PART B

<b>1 - 2</b>	<b>Traveling Door Both Ways ; ;</b>	In wide BFLY sd L, rec R, XLif ( <i>W XRif</i> )/sd R, XLif ( <i>W XRif</i> ); sd R, rec L, XRif ( <i>W XLif</i> )/sd L, XRif ( <i>W XLif</i> ) ;
<b>3 - 4</b>	<b>Side Walks ; ;</b>	In narrow BFLY hands down & lookg at ptr sd L, cl R, sd L/cl R, sd L; cl R, sd L, cl R/sd L, cl R;
<b>5 - 6</b>	<b>Cucaracha L &amp; R ; ;</b>	Circling ld hnds up sd & down to sd press L, rec R, cl L/ip R, ip L ; circling trl hnds up sd & all the way down press R, rec L, cl R/ip L, ip R ;
<b>7 - 8</b>	<b>Side Walks ; ;</b>	Rpt meas 3-4 Part B ; ;
<b>9</b>	<b>Vine 2 Face to Face ;</b>	In BFLY sd L, XRib ( <i>W XLib</i> ), sd L/cl R, trng 3/8 LF sd & fwd L to almost BK-TO-BK;
<b>10</b>	<b>Vine 2 Back to Back ;</b>	Sd R, XLib ( <i>XRib</i> ), sd R/cl L, trng 3/8 RF sd & fwd R to LOW BFLY ;
<b>11 - 12</b>	<b>Side Walks ; ;</b>	Rpt meas 3-4 Part B ; ;
<b>13</b>	<b>½ Basic ;</b>	In LOP-FCG fwd L, rec R, sd L/cl R, sd L;
<b>14</b>	<b>Underarm Turn ;</b>	Raisg jnd ld hnds XRib, rec L to fc ptr, sd R/cl L, sd R ( <i>W XLif trng RF undr jnd hnds, rec R contg RF trn, compg RF trn to fc ptr sd L/cl R, sd L</i> ) ;
<b>15</b>	<b>Hand to Hand ;</b>	XLib ( <i>W XRib</i> ) to OP LOD, rec R to fc, sd L/cl R, sd L to mom BFLY WALL;
<b>16</b>	<b>Spot Turn ;</b>	Relg hnds XRif ( <i>W XLif</i> ) trng LF, rec L contg LF trn to BFLY, sd R/cl L, sd R;

## PART C

<b>1</b>	<b>Open Break ;</b>	Raisg trl hnd straight up apt L, rec R, sd L/cl R, sd L;
<b>2</b>	<b>Whip ;</b>	Bk R trng ¼ LF, rec L trng ¼ LF, sd R/cl L, sd R ( <i>W fwd L reachg in front of M, fwd &amp; sd R trng LF ½, sd L/cl R, sd L</i> ) to LOP-FCG COH;

3	Open Break ;	Repeat meas 1-2 Part C to LOP-FCG WALL ; ;
4	Whip ;	
5 - 6	Break to Triple Cha ; ;	XLib ( <i>W XRib</i> ) trng to OP LOD, rec R trng 1/8 LF, fwd & sd L/lk Rib, fwd L trng ¼ RF to slight BK-TO-BK; fwd & sd R/lk Lib, fwd R trng ¼ LF & briefly tchg ld hnds, fwd & sd L/lk Rib, fwd L;
7	Spot Turn ;	Relg hnds XRif ( <i>W XLif</i> ) trng LF, rec L contg LF trn to BFLY, sd R/cl L, sd R;
8	Hand to Hand in 4 ;	Rk bk L to OP LOD, rec R to BFLY, sd L, rec R;

**Repeat Parts A, B**  
**Repeat Part C 2x**

**ENDING**

1	2 Side Closes to Side Corte	Sd L, cl R, sd L, cl R/lunge sd L ;
---	-----------------------------	-------------------------------------

**RUSKI-CHA – WOODRUFF – CH III+1 (TRIPLE CHA) – AUG 2012 – 2:38**

**INTRO (2 meas)**

BFLY WALL Wait 1 ; 2 Side Closes ;

**PART A (8 meas)**

Basic ; ; New Yorker ; New Yorker 4 ;  
 New Yorker ; Hop New Yorker 4 ; Spot Turn 2x ; ;

**PART B (16 meas)**

Traveling Door Both Ways ; ; Low BFLY Side Walks ; ;  
 With arms Cucaracha L & R ; ; Low BFLY Side Walks ; ;  
 Vine 2 Fc to Fc ; Vine 2 Bk to Bk ; Low BFLY Side Walks ; ;  
 ½ Basic ; Underarm Turn ; Hand to Hand ; Spot Turn ;

**PART C (8 meas)**

Open Break ; Whip ; Open Break ; Whip ;  
 Bk Break to Triple Cha ; ; Spot Turn ; Hand to Hand in 4 ;

**PART A (8 meas)**

Basic ; ; New Yorker ; New Yorker 4 ;  
 New Yorker ; Hop New Yorker 4 ; Spot Turn 2x ; ;

**PART B (16 meas)**

Traveling Door Both Ways ; ; Low BFLY Side Walks ; ;  
 With arms Cucaracha L & R ; ; Low BFLY Side Walks ; ;  
 Vine 2 Fc to Fc ; Vine 2 Bk to Bk ; Low BFLY Side Walks ; ;  
 ½ Basic ; Underarm Turn ; Hand to Hand ; Spot Turn ;

**PART C (8 meas)**

Open Break ; Whip ; Open Break ; Whip ;  
 Bk Break to Triple Cha ; ; Spot Turn ; Hand to Hand in 4 ;

**PART C (8 meas)**

Open Break ; Whip ; Open Break ; Whip ;  
 Bk Break to Triple Cha ; ; Spot Turn ; Hand to Hand in 4 ;

**ENDING (1 meas)**

2 Side Closes to a Side Corte