

# RAINBOW CONNECTIONS

**Music:** Vera Lynn  
[www.amazon.com/Thank You for the Music](http://www.amazon.com/Thank You for the Music)  
Track # 19 Time 3:44 Slow Down w/ -3%  
Available from choreographer

**Rhythm:** Waltz **Phase:** IV+1 (Curved Feather) **OPTION INSIDE TURNS**

**Footwork:** Opposite except where (Noted)

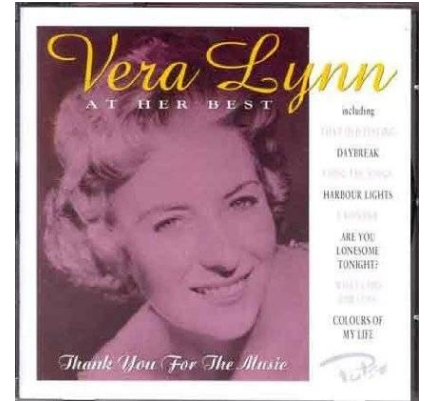
**Release Date:** April 20

**Choreo:** Jos Dierickx Beverlosestwg 14b2 3583 Paal Belgium

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**Sequence:** INTRO AB INTRO(3-4) AB INTRO(3-8) AB(1-12) END

**Shortened Version:** Intro AB Intro(3-4) AB(1-12) End Time 2:32



## INTRO

### 01-04 CP DLC LEAD FOOT FREE WAIT 2 MEASURES ; ; TURN LEFT & R-CHASSE to BJO ; HESITATION CHANGE ;

{Wait} CP DLC ld ft free wt 2 meas ; ; {Turn Left & R-Chasse to BJO} [1,2&3] Fwd L stg to trn LF, contg LF trn sd R/cl L, sd & bk R to BJO RLOD ; {Hesitation Chng} [1,2-] Trng upper bdy RF bk L, sd R contg RF trn, draw L to CP DLC ;

### 05-08 DIAMOND TURN / [OPTION] W INSIDE TURNS ; ; ; ;

{Diamond Turn} Fwd L trng LF, compg ¼ LF trn sd R, bk L to BJO DRC ; Staying in BJO & trng LF bk R raisg ld-hnds, compg ¼ LF trn sd L, fwd R (OPTION W fwd L comm LF trn under jnd ld-hands fc RDC, small sd R cont LF trn, small sd L compg LF trn) to BJO DRW ; Repeat meas 5,6 INTRO to BJO DLW & DLC ; ;

## PART A

### 01-04 OP REVERSE TURN ; HOVER CORTE ; BACK & CHASSE/ TWIRL to SCAR ; X-SWIVEL BJO DLW ;

{OP Reverse Turn} Fwd L com LF trn, trng LF sd R, bk L compg 3/8 LF trn (W bk R comm LF trn, cl L [heel trn], fwd R outsd ptr) to BJO RLOD ; {Hover Corte} Bk R, trng LF sd & fwd L LOD leavg R leg ipl, compg ½ LF trn rec R (W fwd L, trng LF sd & fwd R & brush L to R, fwd L) to BJO DLW ; {Bk & Chasse/Twirl to SCAR} Bk L, comm RF trn sd R/cl L, sd & fwd R (W fwd R toeing to ptr, twirling RF sd L to fc LOD/bk R to fc RLOD, sd & bk L) to SCAR DRW ; {Cross Swivel to Bjo} [1--] Fwd L outsd ptr/swvlg on lft-foot LF DLW, leaving R-foot sd & bk RLOD (W bk R/swvlg LF on R-foot to fc DRC, point L-foot to R), - ;

### 05-08 CURVED FEATHER Checkg ; OUTSIDE CHANGE to SCP ; THRU CHASSE to SCP ; SLOW SIDE LOCK ;

{Curved Feather Checkg} Staying in BJO thru out fwd R stg to trn RF, contg RF trn sd & fwd L, contg upper bdy trn fwd R (W bk L stg to trn RF, bk R bhd L contg to trn RF w/ strong R sd ld, bk L) ckg to BJO DRW Checkg ; {Outsd Chg to SCP} Comm LF trn bk L, bk & sd R cont LF trn, sd & fwd L (W fwd R, L, R) to SCP DLW ; {Thru Chasse to SCP} [1,2&3] Thru R, sd to fc prtn L/cl R, fwd L to SCP LOD ; {Slow Sd Lock} Thru R, fwd & sd L rising trng LF, cl R (W thru L trng LF, sd R trng LF, lk Lif) to CP DLC ;

### 09-12 TELEMAR to SCP ; THRU SYNCOPATED VINE ; IN & OUT RUNS ; ;

{Telemark to SCP} Fwd L comm LF trn, sd R w/ a strong LF trn, sd & slightly fwd L (W bk R comm LF trn, cl L [heel trn], sd & slightly fwd R) to SCP DLW ; {Thru Syncopated Vine} [1,2&3] Thru R to CP, sd L/XRib (W XLib), sd L to SCP LOD ; {In & Out Runs} Trng RF fwd R, sd & bk L to CP RLOD, bk R (W fwd L, fwd R btwn M's ft, fwd L) to BJO RLOD ; Trng RF bk L, cont trn fwd R btwn W's ft, sd & fwd L (W trng RF fwd R, cont trn sd L ifo M, cont trn fwd & sd R) to SCP LOD ;

### 13-16 WEAVE 3 to BJO ; BACK BACK/LOCK BACK ; SPIN TURN ; HALF BACK BOX to LOD ;

{Weave 3 to BJO} Fwd R DLC, fwd L stg LF trn, contg trn sd & bk R (W fwd L trng LF, sd & bk R to CP, contg LF trn sd & fwd L LOD) to BJO DRC ; {Bk Bk/Lk Bk} [1,2&3] Bk L, bk R/lk Lif, bk R to BJO ; {Spin Turn} Stg RF upper bdy trn bk L pvtg ½ RF to fc LOD, fwd R btwn W's ft heel to toe cont trn leavg L leg xtnd bk & sd, rec L (W stg RF upper bdy trn fwd R btwn M's ft heel to toe pvtg ½ RF, bk L cont trn brush R to L, fwd R btwn M's ft) to CP DLW ; {1/2 Bk Box to LOD} Bk R, sd L trng 1/8 LF to LOD, cl R CP LOD ;

## PART B

### 01-04 BOX WITH TWO WAY UNDERARM TURN to LOP RLOD ; ; ; ;

{Box w/ 2 Ways Underarm Turn to LOP RLOD} [CP LOD Ld Ft Free] Fwd L, sd R, cl L ; Bk R raisg ld-arm, sd L, cl R (W Start a wide RF circle under ld-hnds L, R, L) both fcg LOD in a Mod LOP POS ld-hnds high ; Fwd L to LOD, fwd & sd R trng ¼ LF, cl L (W fwd R to LOD, fwd & sd L trng ¼ RF to fc ptr, cl L) to LOP COH ; Fwd R passing ifo W ld-hnds still jnd high, fwd & sd L comm trng RF, small sd R cont RF trn point L to R (W fwd L passing each other M ifo W ld-hnds joint, fwd & sd R comm LF trn under ld-hnds, small sd L cont LF trn point R to L) to LOP RLOD ;

**05-08 THRU to WHISK ; THRU to LEFT WHISK ; SYNCOPATED UNWIND to BJO ; SLOW OUTSIDE SWIVEL to SCP ;**

**{Fwd to Whisk}** Fwd L comm LF trn, fwd & sd R stg rise to ball of ft cont LF trn to CP, XLib (*W XRib*) cont to full rise to SCP LOD ; **{Thru to Left Whisk}** Thru R to momentary SCP, sd & fwd L trn RF to CP, XRib (*W XLib*) to rev SCP trng upper body to R ; **{Syncop Unwind Bjo}** [1,2/1,2&3] Trn RF on ball of R & heel of L, cont trn, cont trn & transfer wgt to R ft (*W fwd R around M trng RF, fwd L/fwd R cont around M, fwd L*) to BJO DLW ; **{Slow Outsd Swivel}** [1,-] Bk L trng body RF, allow R to draw bk slightly ifo L (*W fwd R, swivel ½ RF*) to SCP DLC, -;

**09-12 WEAVE 6 to BJO ; ; FWD FWD/LOCK FWD ; CURVED FEATHER Checkg ;**

**{Weave 6 to BJO}** Fwd R DLC, fwd L comm LF trn, contg trn sd & bk R to fc DRC (*W fwd L trng LF, sd & bk R to CP, contg LF trn sd & fwd L LOD to BJO*) ; Bk L LOD, bk R trng LF trn, sd & fwd L (*W fwd R outsd ptr, fwd L to CP contg LF trn, sd & bk R*) to BJO DLW ; **{Fwd Fwd/Lock Fwd}** [1,2&3] Fwd R, fwd L/lk Rib, fwd L ; **{Curved Feather Checkg}** Repeat meas 5 Part A ;

**13-16 BACK CROSS HOVER to SCAR ; HOVER CORTE ; BACK WHISK ; SLOW SIDE LOCK ;**

**{Bk Cross Hover to SCAR}** XLib (*W XRif*), sd & bk R rise, bk L to SCAR DLW ; **{Hover Corte}** Repeat meas 2 Part A ; **{Bk Whisk}** Bk L, bk & sd R, XLib (*W fwd R, fwd & sd L trng RF, XRib*) to SCP LOD ; **{Slow Sd Lock}** Repeat meas 8 Part A ;

## ENDING

**01-05 OUTSIDE CHANGE to BJO ; FWD CHECK/W DEVELOPE ~ Wait ; BACK HOVER to SCP ; THRU to PROMENADE SWAY ; CHANGE to OVERSWAY ;**

**{Outsd Chg to BJO}** Comm LF trn bk L, bk & sd R cont LF trn, sd & fwd L (*W fwd R, comm LF trn fwd L, cont LF trn bk R*) to BJO DLW ; **{Fwd Check/W Developpe~ Wait }** Fwd R outsd r-sd W checkg, -, - (*W bk L, bring R ft up L leg to insd of L knee, extend R ft fwd*) to BJO DLW Checkg ~ Wait ; **[On ME] {Bk Hover to SCP}** Bk L, bk & sd R w/ rise & slight LF trn, rec fwd L (*W fwd R, fwd & sd L trng ½ RF to SCP, fwd R*) to SCP LOD ; **{Thru to Promenade Sway}** Thru R (*W thru L*), sd & fwd L twds DLC, stretch R sd gradually to look over the jnd ld-hnds usg full meas ; **{Chng to Oversway}** With no chg wgt relax L knee keepg R leg xtnd w/ slight LF upper bdy trn & stretch L sd both w/ hd well to L (*W relax R knee & w/ LF upper bdy trn slowly change hd from R to L usg full meas*) ;