

REFRIED DREAMS

CHOREOGRAPHERS: Russ and Judy Francis, 142 E. 1450 N. Layton, UT, 801-628-4752, Email: rounds-by-russ@comcast.net
MUSIC: MP3 Download Amazon.com "Refried Dreams" Artist: Tim McGraw
FOOTWORK: Opposite For Woman Except Where Noted
NOTE: May use [Option fwd/lck/fwd – or – bk/lck/bk] where applicable
RHYTHM: CHA, CHA
DANCE LEVEL: Phase IV+2 (Opn Hip Twst, Stop N' Go Hckystik)
SPEED: 42 RPM
RELEASED: MAY 2010

SEQUENCE: INTRO – A – B – A – B (1 -12*) – C – END

INTRO

1 – 4 **BTFY FCNG WALL WAIT;; CIR AWY & TOG – BTFY;;**
(Cir Awy & Tog - Btfy) In OPN/LOD Rlsng hnds trng 3/8 lft fc fwd L, fwd R, fwd L/clo R, fwd L; trng 3/8 lft fc fwd R, fwd L, fwd R/clo L, fwd R to BTFY/WALL;

PART A

1 – 8 **OPN BRK; UNDRARM TRN; FNCLINE; AIDA; BK ½ BASIC; CUCARACHA – BTFY; N-YRKR; SPT TRN;**
(Opn Brk) Rlsng trail hnds bk L shooting rt arm up, rcvr R to BTFY, sd L/clo R, sd L; **(Undrarm Trn)** Rlsng trail hnds cross R bhnd, rcvr R to BTFY, sd R/clo L, sd R; **(Woman pvtng ½ lft fc on R undr lead hnds cross L in frnt, pvtng ½ rt fc rcvr R to BTFY, sd L/clo R, sd L; Fncline)** Staying in BTFY/WALL thru-lunge L, rcvr R, sd L/clo R, sd L; **(Aida)** Cross trail hnds ovr lead hnds trng ¼ lft fc thru R, rlsng trail hnds & trng 5/8 rt fc bk L to "V" bk to bk position to fc RLOD, bk R/clo L, bk R; **(Bk ½ Basic)** In BTFY/WALL bk L, rcvr R, fwd L/clo R, fwd L; **(Cucaracha – Btfy)** Sd L, trng ¼ lft fc rcvr R, in plc L/R,L; **(N-Yrkr)** Rlsng trail hnds trng ¼ rt fc thru L, trng ¼ lft fc rcvr R to BTFY, sd L/clo R, sd L; **(Spt Trn)** Rlsng hnds trng ½ lft fc thru R, pvt ½ lft fc rcvr L to BTFY/WALL, sd R/clo L, sd R;

9 – 14 **HND TO HND – TWICE;; BRK BK – OPN & CHA; SWIV -2 & CHA; SLIDING DOOR – TWICE;;**
(Hnd To Hnd - Twice) Rlsng lead hnds trng ¼ lft fc bk L, trng ¼ rt fc rcvr R to BTFY, sd L/clo R, sd L; rlsng trail hnds trng ¼ rt fc bk R, trng ¼ lft fc rcvr L to BTFY, sd R/clo L, sd R; **(Brk Bk – Open & Cha)** Rlsng lead hnds & trng ¼ lft fc bk L, rcvr R to OPN/LOD, fwd L/clo R, fwd L; **(Swiv -2 & Cha)** In OPN/LOD with swiv action fwd R, fwd L, fwd R/clo L, fwd R; **(Sliding Door – Twice)** Sd L, rcvr R, bhnd Woman cross L in frnt/sd R, cross L in frnt to LOPN/LOD; sd R, rcvr L, bhnd Woman cross R in frnt/sd L, cross R in frnt to OPN/LOD;

15 – 16 **CUCARACHA – BTFY; BK ½ BASIC – HND SHK;**
(Cucaracha – Btfy) Staying in BTFY/WALL sd L, trng ¼ rt fc rcvr R, in plc L/R,L; **(Bk ½ Basic – Hnd Shk)** Bk R, rcvr L, fwd R/clo L, fwd R – HND SHK;

PART B

1 – 8 **OPN HIP TWST; FAN; STOP N' GO HCKYSTIK;; ALEMANA FRM FAN;; SHLDR TO SHLDR; SPT TRN;**
(Opn Hip Twst) Fwd L, rcvr R, bk L/clo R, bk L; **(Woman bk R, rcvr L, fwd R/clo L, fwd-swiv R ¼ rt fc to fc LOD; Fan)** Bk R, rcvr L, in plc R/L,R to FAN POSITION; **(Woman fwd L, chng to lead hnds & trng ½ lft fc sd & bk R, bk L/lck R, bk L; Stop N' Go Hckystik)** Fwd L, rcvr R, in plc L/R, L; catch Woman on her back with rt hnd cross R in frnt, rcvr L, in plc R/L, R to Fan Position; **(Woman clo R, fwd L, fwd R/fwd L, trng ½ lft fc undr lead hnds bk R; bk L, rcvr R, fwd L/fwd R, trng ½ rt fc undr lead hnds bk L; Alemana Frm Fan)** Fwd L, rcvr R, in plc L/R,L; cross R bhnd, rcvr L, sd R/clo L, sd R to BTFY/WALL; **(Woman clo R to L, fwd L, fwd R/clo L, fwd R trng ¼ rt fc to fc Man; trng ½ rt fc undr lead hnds cross L in frnt, trng ½ rt fc rcvr R, sd L/clo R, sd L; Shldr To Shldr)** Staying in BTFY/WALL Cross L in frnt (**Woman cross R bhnd**), rcvr R, sd L/clo R, sd L; **(Spt Trn)** Rlsng hnds trng ½ lft fc thru R, pvt ½ lft fc rcvr L to BTFY/WALL, sd R/clo L, sd R;

9 – 14 **TO RVS AIDA; SWITCH; CUCARACHA – TWICE;; (*) HND TO HND – TWICE;;**
(To Rvs Aida) In BTFY/WALL Cross lead hnds ovr trail hnds trng ¼ rt fc thru L, rlsng trail hnds & trng 5/8 lft fc bk b to "V" bk to bk position to fc LOD, bk L/clo R, bk L; **(Switch)** Arcing trail hnds up & twds RLOD trng 5/8 lft fc sd R to BTFY/WALL, rcvr L, twds LOD thru R/sd L, thru R; **(Cucaracha – Twice)** Sd L, rcvr R, in plc L/R,L; sd R, rcvr L, in plc R/L,R; **(*) (Hnd To Hnd - Twice)** Rlsng lead hnds trng ¼ lft fc bk L, trng ¼ rt fc rcvr R to BTFY, sd L/clo R, sd L; rlsng trail hnds trng ¼ rt fc bk R, trng ¼ lft fc rcvr L to BTFY, sd R/clo L, sd R;

REPEAT PARTS “A” & “B (1 – 12*)”

PART C

1 - 6

N-YRKR; WHIP & TWL – CTR; N-YRKR; SPT TRN; OPN BRK; UNDRARM TRN;
(N-Yrkr) Rlsng trail hnds trng ¼ rt fc thru L, trng ½ lft fc rcvr R to BTFY, sd L/clo R, sd L; **(Whip & Twl – Ctr)** Cross lead hnds ovr trail hnds trng ¼ lft fc bk R, trng ½ lft fc fwd L to BTFY/COH, sd R/clo L, sd R; **(Woman crossing in frnt of Man fwd L, trng ½ lft fc bk R to fc Man, undr lead hnds twl full lft fc trn in plc L/R,L:)** **(N-Yrkr)** Rlsng trail hnds trng ¼ rt fc thru L, trng ½ lft fc rcvr R to BTFY, sd L/clo R, sd L; **(Spt Trn)** Rlsng hnds trng ½ lft fc thru R, pvt ½ lft fc rcvr L to BTFY/WALL, sd R/clo L, sd R; **(Opn Brk)** Rlsng trail hnds bk L shooting rt arm up, rcvr R to BTFY, sd L/clo R, sd L; **(Undrarm Trn)** Rlsng trail hnds cross R bhnd, rcvr R to BTFY, sd R/clo L, sd R; **(Woman pvtng ½ lft fc on R undr lead hnds cross L in frnt, pvtng ½ rt fc rcvr R to BTFY, sd L/clo R, sd L:)**

7 - 14

SHLDR TO SHLDR – TWICE;; N-YRKR; WHIP & TWL – WALL; N-YRKR; SPT TRN; FNCLINE – TWICE;;
(Shldr To Shldr – Twice) Staying in BTFY/WALL cross L in frnt **(Woman cross R bhnd)**, rcvr R, sd L/clo R, sd L; cross R in frnt **(Woman cross L bhnd)**, rcvr L, sd R/clo L, sd R; **(N-Yrkr)** Rlsng trail hnds trng ¼ rt fc thru L, trng ½ lft fc rcvr R to BTFY, sd L/clo R, sd L; **(Whip & Twl – Wall)** Cross lead hnds ovr trail hnds trng ¼ lft fc bk R, trng ½ lft fc fwd L to BTFY/WALL, sd R/clo L, sd R; **(Woman crossing in frnt of Man fwd L, trng ½ lft fc bk R to fc Man, undr lead hnds twl full lft fc trn in plc L/R,L:)** **(N-Yrkr)** Rlsng trail hnds trng ¼ rt fc thru L, trng ½ lft fc rcvr R to BTFY, sd L/clo R, sd L; **(Spt Trn)** Rlsng hnds trng ½ lft fc thru R, pvt ½ lft fc rcvr L to BTFY/WALL, sd R/clo L, sd R; **(Fncline – Twice)** Staying in BTFY/WALL thru-lunge L, rcvr R, sd L/clo R, sd L; thru-lunge R, rcvr L, sd R/clo L, sd R to BTFY/WALL;

END

1 - 5

CHASE PEEK-A-BOO;;;; APT PNT;

(Chase – Peek-A-Boo) Rlsng hnds & trng ½ rt fc sd L, rcvr R to COH, fwd L/clo R, fwd L; sd R look ovr lft shldr at Woman, rcvr L, in plc R/L,R; sd L look ovr rt shldr at Woman, rcvr R, in plc L/R,L; trng ½ lft fc sd R, rcvr L to BTFY/WALL, fwd R/clo L, fwd R; **(Woman risng hnds bk R, rcvr L Man in frnt, fwd R/clo L, fwd R; sd L, rcvr R, in plc L/R,L; sd R, rcvr L, in plc R/L,R; fwd L, rcvr R, bk L/clo R, bk L:)** **(Apt Pnt)** Rlsng lead hnds bk L-, pnt R-;