

her L shoulder, recov L, sd R/ cl L, sd R to BFLY wall (W fwd L DW, fwd R spiral LF fc ptr, sd L/ cl R, sd L);
 123&4 7-8 {**New Yorker**} Step thru to RLOD fwd L on straight leg LOP fc
 567&8 RLOD, recov R, sd & bk L to fc ptr /cl R, sd L in BFLY; {**New Yorker**} Step thru to LOD fwd R on straight leg OP, recov L, sd & bk R to fc ptr/ cl L, sd R;

9-10 CONTINUOUS NEW YORKERS TWICE;;

1&2&3&4 9-10 {**Cont New Yorkers Twice**} Step thru L twd RLOD/ recov R, sd
 5&6&7&8 & bk L to fc ptr & tch trail hnds/ recov R, step thru L/ recov R, sd & bk L to fc ptr join trail hnds; Step thru R twd LOD/ recov L, sd & bk R to fc ptr & tch lead hnds/ recov L, step thru R/ recov L, sd & bk R to fc ptr join lead hnds;

REPEAT A

PART B

1-4 STOP & GO;; START STOP & GO TO LUNGE; LADY HIP RK 2 & CHA CHA SD HE RECOV;

123&4 1-2 {**Stop & Go**} Rk apt L, recov R, fwd L start RF trn/ cl R to L,
 567&8 fwd L to fc RLOD having led W under lead hnds in LF underarm trn (W rk apt R, recov L, fwd R/ lk LIB of R, fwd R trning sharply LF under lead hnds); Rk fwd twd DRC with straight leg trail hnd up by ear, recov L, lead W to trn under lead hnds RF sd R/ cl L, sd & bk R curving to fc ptr & wall (W rk bk L with trail hnd up by ear, recov R, fwd L/ lk RIB of L, fwd L trn sharply RF under lead hnds to fc ptr);

123&4 3-4 {**Stop & Go with Lunge**} Rk apt L, recov R, fwd L start RF trn/
 ---8 cl R to L fc RLOD, lunge sd L with knee bend to fc RLOD after
 (W567&8) trning W LF underarm over trn so she fc LOD (W rk apt R, recov L start LF trn, softer trn under lead hnds sd R with LF underarm trn/ cl L cont trn, sd & bk R overturn to fc wall); {**Lady Hip Rk 2 & Cha Cha Sd He Recov**} He hold 3 cts and recov sd R still with lead hnd joined (W hip rk L, rk R, cl L to R/ in pl R, sd L twd COH fcng DW);

5-8 RK & CHA; LADY TO TANDEM TRANS M IN 4; IN PL SWVL CHAS WITH DISCO ARM ROLLS 4 TIMES TO LADYS ARMS OUT;;

123&4 5-6 {**Rk & Cha**} Rk sd L, recov R, sd L/ cl R to L, sd L (W rk fwd R,
 5678 recov L to fc LOD, fwd R/ lk LIB of R, fwd R in "L" pos fc
 (W567&8) wall); {**Lady to Tandem Trans M in 4**} Bk R start LF trn, recov L cont trn, drop hnds and cl R to L to fc the wall , sd L to tandem (W fwd L, fwd R, sd L / cl R, sd L end fc wall IF of M);

1&23&4 7-8 {**In Pl Swvl Chas with Disco Arm Rolls**} Swvl RF to do a small
 5&67&8 fwd cha R/L, R twd DRW without much movement to the wall while both roll the hnds over each other in a disco movement at about chest level, swvl LF to do a small fwd cha L/R, L twd DW without much movement to the wall while both roll the hnds over each other in a disco movement at about the chest level; Swvl RF

to repeat fwd cha with arm rolls DRW,, swvl LF to repeat fwd cha twd DW with lady putting both arms out to sd at shoulder level with M putting his hnds on her upper arms to support her palms down,;

9-10 HOLD SHE SWVL 4; HE HOLD SHE ROLL OUT BOTH SD CHA;

Hold 9-10 {**He Hold She Swvls 4**} Swvl to fc wall wgt on both feet hold while supporting W (W swvl RF to step fwd R DRW, swvl LF to step fwd L DW, swvl RF to step fwd R DRW, swvl LF to step fwd L DW); {**He Hold She Roll Out Both Sd Cha**} He hold 2 as (W swvl RF to roll to RLOD fwd R, sd & bk L to fc the wall), both sd cha cha R/L, R to OP fc wall;

PART C

1-4 QK CL LUNGE SIDE; LUNGE TRN & CHA; LUNGE SIDE; LUNGE TRN & CHA;

&1--- 1-2 {**Qk Cl Lunge Side**} On same ft work both cl L to R on the & ct/ 567&8 and then lunge sd R with a sliding action stretching R sd up R arms up and L arms out to the sd with sway to LOD; {**Lunge Trn & Cha**} Both fwd L twd wall trn RF as bring high R hnds down and by the L sd of the fc, recov R twd COH, fwd L/ lk RIB of L, fwd L end lady on his L sd no hnds R ft free for both;

1--- 3-4 {**Lunge Side**} With strong lunge sd R with sliding action 567&8 stretching R sd up R arms up and L arms out to the sd with sway twd RLOD; {**Lunge Trn & Cha**} Both fwd L twd COH trn RF as bring high R hnds down and by L sd of the fc, recov R twd wall, fwd L/ lk RIB of L, fwd L end lady on his R sd no hnds R ft free for both;

5-8 LUNGE SIDE; LUNGE TRN & CHA; HE HIP RK SHE CIRCLE ARND M TO HIS RIGHT SD TRANS; HE LUNGE TRN & CHA SHE WALK & TRN RF CHA TO FC;

1--- 5-6 {**Lunge Side**} On same ft work both lunge sd R with a sliding 567&8 action stretching R sd up R arms up and L arms out to the sd with sway to LOD; {**Lunge Trn & Cha**} Both fwd L twd wall trn RF as bring high R hnds down and by the L sd of the fc, recov R twd COH, fwd L/ lk RIB of L, fwd L end lady on his L sd no hnds R ft free for both;

1234 7-8 {**Hip Rk 4 Lady Circle M Trans**} Hip rk 4 sd R, sd L, sd R, sd L 567&8 (W circle arnd IF of M as caress his left sd of fc fwd R, fwd L, fwd R/ lk LIB of R, fwd R now on his L sd fcng wall); {**Lunge Trn & Cha Lady Walk & Trn RF Cha to Fc**} Fwd R twd COH trn LF, recov L twd wall, fwd R/lk LIB of R, fwd R end fc ptr & wall lead hnds joined (W fwd L, fwd R start RF trn, trn RF sd L fc RLOD/ XRIF of L cont RF trn, bk L to fc ptr);

PART A MOD

- 1-6 **OPEN HIP TWIST; REV TWIRL TO FAN; HIP RKS WITH CL PT (LADY KNEES & KICK); HOLD 2 TOG TCH APT TO FAN; HOCKEY STICK OVERTRN;;**
 1-6 Repeat meas 1-6 part A,,,,,;
- 7-10 **LASSO TRN LADY HND ON HIP TRN; ARM ROLL TRN LADY CIRCLE STRUT TO FC; & BK PRESS,, & BK PRESS,; & BK PRESS,, & BK PRESS LADY TRN CL TO TANDEM WALL,;**
- 1&2&3&4 7-8 {**Lasso Trn Lady Hnds on Hip Trn**} With a qk paddle trn trning RF one revolution lift the R arm and circle it CCW like holding a lasso as L stabs out to the sd/ recov R, cont RF trn L stabs to sd/ recov R, cont RF trn L stabs to sd/ recov R, sd L fcing ptr & wall (W does the same ft action on opposite ft but has both hnds on her hips with elbows cocked out to the sd on last ct step fwd twd LOD to start a circle action); {**Arm Roll Trn Lady Circle Strut to Fc**} Man uses same ft action making LF full revolution while doing the disco arm rolls from part B R stabs to the sd/ recov L, cont LF trn R stabs to the sd/ recov L, cont LF trn R stabs to the sd/ recov L, sd R to fc ptr & wall (W struts 4 in RF circle with arms down & shoulders rolled bk palms down twd floor L, R, L, R);
- &--&-- 9-10 {**& Bk Press**} As if W is pushing you bk bk L/ press R ft fwd (W small fwd L / press R ft fwd pt L finger to his chest), {**& Bk Press Twice**} bk R/ press L ft fwd (W pull R bk slightly to step & press L ft fwd L hnd chest push),; bk L/ press R ft fwd (W pull L bk slightly to step & press R ft fwd R hnd chest push), {**& Bk Press Lady Trn Cl Trans to Tandem**} Bk R press L ft fwd/, (W puts wgt on R trn RF ½ to fc the wall in tandem IF of M, cl L to R);
- 5&6&7&8 (W5678)
(W &--&-- &--78)

PART D

- 1-4 **LUNGE APT; ROLL ACROSS LUNGE APT; FC PT ARMS UP; HE RK & CHA CHA SD LADY WALK TRN CL TO TANDEM LOD;**
- 1- 1-2 {**Lunge Apt**} Lunge twd LOD sd L shape twd ptr lead hnds up trail hds out; {**Roll Across & Lunge Apt**} Roll RF behind W fwd R trn RF, bk L cont RF trn, lunge sd R twd RLOD shape twd ptr trail hnds up lead hnds out,;
- 1- 3-4 {**Fc Pt Arms**} Think of swinging your L arm up to make you trn out of the lunge LF straight leg sd L twd COH with L arm straight up R arm down fc ptr & LOD; {**He Rk & Cha Lady Walk Trn Trans to Tandem**} Rk sd R, recov L, cl R/ cl L, sd R to tandem W IF of M fc LOD (W walk fwd L, R, L trn RF, cl R to L);
- 5-8 **QK PROGRESSIVE KICKS FC WALL,; PROGRESSIVE DOWN UPS,;**
- &-&-&-& 5-6 {**Qk Prog Kicks**} M behind W both moving twd LOD small qk kick fwd L/ step L, kick fwd R/ step R, kick fwd L/ step L, kick fwd R/ step R; kick fwd L/ step L, kick fwd R/ step R, step fwd L,
- &-&-7-

Respect

Bill & Carol Goss (Aretha Franklin) Ph6 Cha March 2012

Intro (Tandem fc Wall, in a little, trail ft free)

- 1-2 Wait ; Disco Lunge Hold Sd Cl ;
- 3-4 Disco Lunge Hold Sd Cl ; Back Basic Lady Trn R to Fc ;

Part A

- 1-2 Op Hip Twst ; Fan w/ Rev Twirl ;
- 3-4 Hip Rk Cl Pt (Lady Knees & Kick) ; Hold 2 Tog Tch Apt to Fan ;
- 5-10 Hockey Stick Overtrn ; ; New Yorkers ; ; Cont New Yorkers 2x ; ;

Part A

- 1-2 Op Hip Twst ; Fan w/ Rev Twirl ;
- 3-4 Hip Rk Cl Pt (Lady Knees & Kick) ; Hold 2 Tog Tch Apt to Fan ;
- 5-10 Hockey Stick Overtrn ; ; New Yorkers ; ; Cont New Yorkers 2x ; ;

Part B

- 1-4 Stop & Go ; ; Start Stop & Go to Lunge ; Lady Rk 2 & Cha Cha Sd (He Recov) ;
- 5-6 Rks & Cha ; Lady to Tandem Trans M in 4 ;
- 7-8 Swvl Chas W/Disco Arms 4x Lady's Arms to Sd ; ;
- 9-10 He Hold She Swvls 4 ; He Hold She Roll Out 2 Both Sd Cha ;

Part C

- 1-4 Cl Lunge Side ; Lunge Trn & Cha ; Lunge Side ; Lunge Trn & Cha ;
- 5-8 Lunge Side ; Lunge Trn & Cha ; Lady Circle Arnd He Hip Rocks 4 Trans ; He Lunge Turn & Cha She Trn Right to Fc & Cha ;

Part A Mod

- 1-2 Op Hip Twst ; Fan W/Rev Twirl ;
- 3-4 Hip Rk Cl Pt (Lady Knees & Kick) ; Hold 2 Tog Tch Apt to Fan ;
- 5-7 Hockey Stick Overtrn ; ; Lasso Trn Her Hnds On Hips ;
- 8-10 Arm Roll Trn She Circle 4 to Fc ; & Bk Press 4x ~ Lady Trn Trans to Tandem ; ;

Part D

- 1-4 Lunge Apt Hold ; Roll Across to Lunge ; Fc Pt Arms Up Hold ; Lady Tog & Trn to Tandem Trans ;
- 5-8 Qk Progressive Kicks ; ; Prog Down Up's to the Wall ; ;
- 9-12 Kick & Roll Twice ; ; Spot Trn ; Lady Hockey Stick Ending Man Trans in 4 ;
- 13-15 Lasso Trn Her Hnds On Hips ; Arm Roll Trn She Circle 4 ; & Bk Press Hold ;