RIVER FLOWS IN YOU

Slow Two-Step: Phase 4 + 1 (Triple Traveler) Sequence: Intro-AA-BC-B(Mod)-A-A(1-7)-Ending Choreo.: Sharie and Jack Kenny, 2620 Crestmoor Ct. Arlington, TX 76016 jkenny3@sbcglobal.net Music: "River Flows In You" Album: Yurima - Wedding Essentials - The Ceremony - Track 4

Download avail. from Amazon.com Choreo. Release Date: 01-30-2010 Footwork: Opposite throughout (Lady as noted). Timing (actual wt. changes): SQQ except as noted.

Speed: Original Speed, or slower for comfort.

Starts in Tandem Position, Both Facing Wall With Right Foot Free.

INTRODUCTION

- 1-6 WAIT; LUNGE BASIC; HOLD-SLOWLY RAISE THE ARMS;; LUNGE BASIC 2X;;
- 1 **[Wait]** In tandem pos fc wall both with right ft free wait 1 measure;
- 2 [Lunge Basic] Both fc wall on samefoot Sd R, -, Rec L, XRIF;
- 3-4 **[Hold-Raise Arms]** Slowly raise arms above the head no wt changes pointing L ft twd LOD;; Note: This can also be referred to as "ballet arms". Option: M may place 1 or both hands on W's hips.
- 5-6 [Lunge Basics] Still on samefoot Sd L, -, Rec R, XLIF; Repeat Intro meas 2;
- 7-8 HOLD-SLOWLY RAISE THE ARMS; LADY SWIVEL TO FACE TRANSITION (B'fly);
- 7 [Hold-Raise Arms] Repeat Intro meas 3;
- 8 **[Lady Swivel-Trans (-, -, -, Q)]** M cont raising arms over the full measure (Cont raising arms, -, cont raising arms, Swivel on R transf wt to L & turning LF 1/2 to fc prtnr & COH in B'fly);

PART A.

- 1-8 BASICS;; UNDERARM TURN; BASIC ENDING; OPEN BASIC 2X;; LUNGE BASIC 2X;;
- 1-2 [Basics] Sd L, -, XRIB, Rec L; Sd R, -, XLIB, Rec R;
- 3 **[UA Turn]** Sd L, -, XRIB leading W to turn RF under lead hands, Rec L (Sd R comm trng RF, -, Cross L over R twd LOD trng 1/2 RF under lead hands, Rec Fwd R trng finish RF turn to fc prtnr & COH in loose CP);
- 4 [Basic Ending] Repeat Part A meas 2;
- 5-6 **[Open Basics]** Sd L comm RF turn, -, Bk R to 1/2 L Open, Rec L to fc prtnr; Sd R comm LF turn, -, Bk L to 1/2 Open, Rec R to fc prtnr;
- 7-8 **[Lunge Basics]** Blending to B'fly Sd L, -, Rec R, XLIF; Sd R, -, Rec L, XRIF in B'fly;

REPEAT PART A.

End meas 8 blending to loose CP.

PART B.

- 1-8 TRIPLE TRAVELER;;; BASIC ENDING; TRIPLE TRAVELER;;; OPEN BASIC (1/2 OP);
- [Triple Traveler] Sd L comm LF turn leading W to CP LOD, -, Sd & Fwd R lead W to LF turn, Fwd L fc DLC (Bk R trng LF 1/4 to CP, -, cont LF turn Sd and Fwd L trn 1/2 under lead hands, Sd & Fwd R fc LOD);

Fwd R spiraling LF under lead hands, -, Fwd L twd LOD, Fwd R (Fwd L, -, Fwd R, Fwd L); Fwd L lowering outstretched lead hands to shldr level & bk beginning to lead W to turn RF, -, Sd & Fwd R to fc prtnr raising lead hands & cont leading W to turn RF, XLIF to fc COH (Fwd R comm RF turn, -, Sd L cont RF turn, Fwd R to fc prtnr);

PART B. (CONTINUED)

- 4 [Basic Ending] Repeat Part A meas. 2 to end M fc COH in loose CP:
- 5-7 [Triple Traveler] Repeat Part B meas 1-3 twd RLOD to end M fc wall;;;
- 8 [Open Bas to 1/2 Op] Repeat Part A meas. 6 ending in 1/2 Op LOD;

9-15 SWITCHES 3X;;; OPEN BASIC (TO 1/2 OPEN FC RLOD); SWITCHES 3X;;;

- 9-11 **[Switches]** Fwd L turning RF in front of W to fc LOD in 1/2 L Op pos, -, Fwd R, Fwd L; Fwd R lead W to cross in front of M to 1/2 Op pos, -, Fwd L, Fwd R; Repeat Part B meas 9; (Fwd R, -, Fwd L, Fwd R; Fwd L turning RF in front of M fc LOD in 1/2 Op pos, -, Fwd R, Fwd L; Repeat Part B meas 9;)
- 12 [Op Bas to 1/2 Op] Sd R comm LF trn, -, Bk L to 1/2 Op fc RLOD, Rec R still in 1/2 Op RLOD;
- 13-15 [Switches] Repeat Part B meas 9-11 twd RLOD;;;

16-17 SIDE & CROSS CHECK (WITH ARMSWEEP); REC & POINT LOD;

- 16 [Sd-X-Check SS] Blending to B'Fly wall Sd R, -, XLIF sweeping lead arms twd RLOD, -;
- 17 [Rec-Point S -] Rec R, -, Point L twd LOD no wt change, -;

PART C.

1-4 (TO BOLERO BJO) WHEEL 9 (OVERTURN TO DLC);;;

INSIDE UNDERARM TO FC LOD (low B'fly);

- [Wheel] Blending to "Bolero Banjo" position Fwd L comm RF wheel, , Fwd R cont wheel, Fwd L cont wheel to fc COH (Blending to "Bolero Banjo" position Fwd R comm. RF wheel, , Fwd L cont wheel, Fwd R cont wheel to fc Wall);
- 2 **[Wheel]** Fwd R cont RF wheel, -, Fwd L cont wheel, Fwd R cont wheel to fc Wall (Fwd L cont RF wheel, -, Fwd R cont wheel, Fwd L cont wheel to fc COH);
- 3 **[Wheel]** Fwd L cont RF wheel, -, Fwd R cont wheel, Fwd L cont wheel overturn to fc DLC (Fwd R cont RF wheel, -, Fwd L cont wheel, Fwd R cont wheel overturn to fc DRW);
- [Inside UA] Keeping lead hands joined throughout Sd & Bk R cont trng RF 1/8 to fc LOD leading W to turn 1/2 LF and lower lead hands to waist level in front of W, -, Keeping lead hands low sm Fwd L as W continues trng, Fwd R twd LOD blend to low B'fly (Fwd L turning LF to wrapped pos with tr hand extended & W fc LOD, -, Fwd R cont trng LF, Bk L finish trng LF to fc RLOD and prtnr and blend to low B'fly);

5-8 TRAVELING CROSS CHASSE 3X;;; INSIDE UNDERARM TO FC COH (TO BOLERO BJO);

- 5-7 [Trav X-Chasses] In low B'fly blend to rt shidr lead Sd & Fwd L twd LOD, , Sd & Fwd R, XLIF (XRIF);
 - Blend to L shidr lead Sd & Fwd R, -, Sd & Fwd L, XRIF (XLIF); Repeat Part C meas 5;
- [Inside UA] Fwd R comm 1/4 LF turn and comm lead W to turn LF, -, Sd L finish turn fc COH, XRIF comm blend to "Bolero Bjo" (Sd & Fwd L comm LF turn under lead hands, -, Fwd R trng LF 1/2, Sd & Fwd L cont turn LF to fc prtnr and Wall comm blend to "Bolero Bjo");

9-12 WHEEL 9 (OVERTURN TO DRW);;; INSIDE UNDERARM TO FC RLOD (low B'fly);

- 9 [Wheel] In "Bolero Banjo" position M fc COH repeat Part C meas 1 to end M fc Wall;
- 10 [Wheel] Repeat Part C meas 2 to end M fc COH;
- 11 **[Wheel]** Repeat Part C meas 3 to end M fc DRW:

PART C. (CONTINUED)

12 [Inside UA] Keeping lead hands joined throughout Sd & Bk R cont trng RF 1/8 to fc RLOD leading W to turn 1/2 LF and lower lead hands to waist level in front of W. - . Keeping lead hands low sm Fwd L as W continues trng, Fwd R twd RLOD blend to low B'fly (Fwd L turning LF to wrapped pos with tr hand extended & W fc RLOD, -, Fwd R cont trng LF, Bk L finish trng LF to fc LOD & prtnr and blend to low B'fly);

TRAVELING CROSS CHASSE 3X;;; (FC WALL) LUNGE BASIC;

- 13-15 [Trav X-Chasses] Repeat Part C meas 5-7 twd RLOD:::
- [Lunge Basic] Blend to b'fly M fc Wall Sd R, -, Rec L, XRIF; 16

PART B. (MOD.)

1-8 Repeat Part B. Measures 1-8;;;;;;

9-16 SWITCHES 4X;;; THE SQUARE (3 MEAS.);;; STEP TO B'FLY-WALL & DRAW-TOUCH;

- [Switches] Repeat Part B., meas. 9-11;;; Repeat Part B meas 10;
- 13-15 [The Square] Fwd L trng RF moving in front of W, -, sd R twd COH, XLIF (fwd R, -, sd L twd COH, XRIF) to end in L 1/2 Op fc COH;
 - Fwd R, -, sd L twd RLOD, XRIF (fwd L trng RF moving in front of M, -, sd R twd RLOD, XLIF) to end in 1/2 Op fc RLOD;
 - Fwd L trng RF moving in front of W, -, sd R twd WALL, XLIF (fwd R, -, sd L twd Wall, XRIF) to end in L 1/2 Op fc Wall;
- 16 [B'Fly-Dr-Tch Finish S - -] Small step Sd & Fwd R fc Wall to B'fly, - , Draw L to R, Touch L to R (Fwd L trng RF to fc prtnr & COH in B'fly, -, Draw R to L, Touch R to L);

REPEAT PART A.

THEN REPEAT PART A. (1-7)

1-7 Repeat Part A. Measures 1-7;;;;; (Measure 7 is One Lunge Basic.)

ENDING

MAN BASIC ENDING-LADY TRANSITION TO TANDEM-WALL (PAUSE);

[Bas Ending W Trans to Tandem SQQ (SS)] Releasing hands Sd R, -, XLIB, Rec R point left ft twd LOD and hold through the long pause in the music (Sd and Fwd L comm trng LF 1/2, -, Sd R finish RF turn ending in tandem pos fc Wall point L ft twd LOD, -);

CHECK THRU TO RLOD (W/ ARMS) & HOLD;

<u>2</u> [Check Thru-Hold S - -] Both on samefoot fc Wall XLIF and slowly raise arms over the head throughout this entire measure, -, -, -;

Note: This can also be referred to as "ballet arms". Option: M may place 1 or both hands on W's hips.

RIVER FLOWS IN YOU

Head Cues

<u>Slow 2-Step</u>, Phase 4+1 (Triple Traveler) <u>Seq</u>.: Intro-AA-B-C-B(Mod)-A-A(1-7)-Ending <u>Music</u>: Yiruma, "River Flows In You" <u>Speed</u>: as on downloaded .mp3 (or slower for comfort) <u>Choreo</u>: Sharie & Jack Kenny 1/30/10

Starts in Tandem-Wall, Both With Right Foot Free.

- <u>INTRO:</u> WAIT; LUNGE BASIC; HOLD & SLOWLY RAISE THE ARMS;; LUNGE BASICS 2X;; HOLD & SLOWLY RAISE THE ARMS; LADY SWIVEL TO FACE (TRANSITION);
- <u>PART A:</u> BASICS;; UNDERARM TURN; BASIC ENDING; OPEN BASICS 2X;; LUNGE BASICS 2X (B'Fly);;
- PART A: BASICS;; UNDERARM TURN; BASIC ENDING; OPEN BASICS 2X;;
 LUNGE BASICS 2X (to Loose Closed);;
- PART B: TRIPLE TRAVELER;;; BASIC ENDING; TRIPLE TRAVELER;;; OPEN BASIC; SWITCHES 3X;;; OPEN BASIC TO 1/2 OPEN RLOD; (To Rev) SWITCHES 3X;;; SIDE-CROSS CHECK (w/ ARMSWEEP) (2 slows); RECOVER & POINT LOD (2 slows);
- PART C: TO "BOLERO BANJO" & WHEEL 9 (Overturn to DLC);;;
 INSIDE UNDERARM TO FACE LOD (Blend to Low B'Fly); TRAV X-CHASSES 3X;;;
 INSIDE UNDERARM TO FACE COH TO "BOLERO BANJO";
 WHEEL 9 (Overturn to DRW);;; INSIDE UNDERARM TO FACE REV (Blend to Low B'Fly);
 (To Rev) TRAV X-CHASSES 3X;;; (Face Wall) LUNGE BASIC;
- <u>PART B (MOD):</u> TRIPLE TRAVELER;;; BASIC ENDING; TRIPLE TRAVELER;;;

 OPEN BASIC; SWITCHES 4X;;; THE SQUARE (3 Measures);;;

 STEP TO B'FLY-WALL & DRAW-TOUCH;
- <u>PART A:</u> BASICS;; UNDERARM TURN; BASIC ENDING; OPEN BASICS 2X;; LUNGE BASICS 2X (B'Fly);;
- PART A (1-7): BASICS;; UNDERARM TURN; BASIC ENDING; OPEN BASICS 2X;; (One) LUNGE BASIC;
- <u>ENDING:</u> BASIC ENDING-LADY TRANSITION TO TANDEM-WALL (Long Pause); CHECK THRU TOWARD REVERSE W/ARMS & HOLD;