Rock Your Baby

Choreographer: Peter & Chama Gomez Longmont, CO 80503 **Date:** 06/30/2009 v.1
Web Site: http://www.InSyncBallroom.org **E-mail:** Peter@InSyncBallroom.org
Record: George McCrae "Rock Your Baby" Download from Amazon **Time:** 3:19 **Speed:** 45
Footwork: Opposite unless noted (Woman's footwork in parenthesis)
Rhythm: Cha Cha/Merengue Roundalab Phase 3+1 (Alemana) + 1 (Rock Your Baby)
Sequence: Intro – A – BC - BC – B – Interlude – BD – Ending

Meas   Intro

1-4 WAIT;; MER BAS; 2X;

1-4   Wait 2 meas in BFLY fcg wall;; **[Mer Bas 2x]** Sd L, cl R, sd L, cl R; Sd L, cl R, sd L, cl R;

Part A

1-8 ALEMANA;; HAND to HAND 2X;; BRK to OP; WALK; FWD & BK BASIC;;

1-2   **[Alemana]** Fwd L, rec R, sd L/cl R, sd L leading lady to trn RF (Bk R, rec L, sd R/cl L, sd R omm RF swivel); Bk R, rec L, sd R/cl L, sd R (Fwd L cont RF trn under lead hands, fwd R cont RF trn to fc ptr, sd L/cl R, sd L);

3-4   **[Hnd-Hnd 2x]** Behind L comm lf trn, rec R comm rf trn to fc, sd L/cl R, sd L; Behind R comm rf trn, rec L comm lf trn to fc, sd R/cl L, sd R;

5   **[Brk to Op]** Comm LF trn stp beh L to fc LOD, rec R, fwd L/cl R, fwd L;

6   **[Walk]** Fwd R, fwd L, fwd R/cl L, fwd R;

7-8   **[Fwd & Bk Basic]** Fwd L, rec R, bk L/cl R, bk L; Bk R, rec L, fwd R/cl L, fwd R;

9-12 CIRC AWY & TOG;; NYKR; SPOT TRN;

9-10   **[Circle]** Fwd L twds COH, fwd R, fwd L/cl R, fwd L trng ½ LF to fc RLOD; Fwd R cont lf trn, fwd L, fwd R/cl L, fwd R to BFLY/wall;

11   **[Nykr]** Comm Rf trn thru L, rec R, sd L/cl R, sd L;

12   **[Spot Trn]** Comm ¼ LF trn fwd R, comm ½ LF trn rec L, cont LF trn to fc ptr, sd R/cl L, sd R;

Part B

1-8 ARM SLIDE;; ROCK YOUR BABY;; ARM SLIDE;; ROCK YOUR BABY;;

1-2   **[Arm Slide]** Bk L, bk R, bk L, bk R; Fwd L, fwd R, fwd L, cl R to CP;

3-4   **[Rock (Your Baby)]** Hip rock dwn L, R, rk up L, R; Hip rock dwn R, L, rk up L, R;

5-8   **[Arm Slide - Rock (Your Baby)]** Repeat meas. 1-4;;;;

Part C

1-8 BASIC;; ALEMANA;; HAND to HAND; CRAB WLKS;; SPOT TRN;

1-2   **[Basic]** Fwd L, rec R, sd L/cl R, sd L; Bk R, rec L, sd R/cl L, sd R;

3-4   **[Alemana]** Repeat meas. 1-2 of Part A;;

5   **[Hnd-Hnd]** Behind L comm lf trn, rec R comm rf trn to fc, sd L/cl R, sd L;

6-7   **[Crab Walks]** XIF R, sd L, XIF R/sd L, XIF R; Sd L, XIF R, sd L/XIF R, sd L;

8   **[Spot Trn]** Repeat meas. 12 of Part A;

Interlude

1-8 CHASE;;;; ALEMANA;; HAND to HAND; SPOT TRN;

1-4   **[Chase]** Fwd L comm RF trn ½, rec R, fwd L/cl R, fwd L twds COH (Bk R, rec L, fwd R/cl L, fwd R); Fwd R comm LF trn ½, rec L, fwd R/cl L, fwd R (Fwd L comm RF trn ½, rec R, fwd L/cl R, fwd L twds wall); Fwd L, rec R, bk L/cl R, bk L (Fwd R comm LF trn ½, rec L, fwd R/cl L, fwd R); Bk R, rec L, fwd R/cl L, fwd R;

5-6   **[Alemana]** Repeat meas. 1-2 of Part A;;

7   **[Hnd-Hnd]** Behind L comm lf trn, rec R comm rf trn to fc, sd L/cl R, sd L;

8   **[Spot Trn]** Repeat meas. 12 of Part A;

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Part D

1-8 **CHASE PEEK-A-BOO DBL;;;;;;;;**

1-4 **[Chase Peek-a-Boo Dbl]**
Fwd L comm RF trn ½, rec R, fwd L/cl R, fwd L twds COH (Bk R, rec L, fwd R/cl L, fwd R W wraps arms arnd M and places hnds on M's biceps); Sd R, rec L, SIP L/R, L (Sd L with R hnd slide upward to M's R shldr, rec R slide R hnd down to M's R bicep, SIP L/R, L); Sd L, rec R, SIP L/R, L (Sd R with L hnd slide upward to M's L shldr, rec L slide L hnd down to M's L bicep, SIP R/L, R);

5-8 Fwd R comm LF trn ½, rec L, fwd R/cl L, fwd R M wraps arms arnd W and places hnds on her biceps (Fwd L comm RF trn ½, rec R, fwd L/cl R, fwd L twds wall); sd L with R hnd slide upward to W's R shldr, rec R slide R hnd down to W's R bicep, SIP L/R, L; Sd R with L hnd slide upward to W's L shldr, rec L slide L hnd down to W's L bicep, SIP R/L, R; Fwd L, rec R, bk L/cl R, bk L (Fwd R comm LF trn ½, rec L, fwd R/cl L, fwd R); Bk R, rec L, fwd R/cl L, fwd R to lead hnds joined;

Ending

1-5 **ALEMANA;; MER BAS; 2X; SD & PT;**

1-2 **[Alemana]** Repeat meas. 1-2 of Part A to CP;;

3-4 **[Mer Bas 2X]** Repeat meas. 3-4 of Intro;;

5 **[Sd & Pt]** Sd L, pt R twds RLOD & hold;