

ROCKIN' PNEUMONIA-BOOGIE WOOGIE FLU

Composers: Bennie & Dixie Humphries, 1410 E. Manhattan Dr., Tempe, AZ 85282 (602-839-7720)
Record: Silver Spotlight Series XW 522X Johnny Rivers.
Sequence: INTRO A B C B(1-16) D AMERICAN SWING

MEASURES

INTRODUCTION

- 1 - 2 WAIT; BACK SWIVEL 2; (M FC RLOD/LOP-WT M'S R & W'S L WAIT ~~82&364&~~)
- 1 Dance pks up on the and beat-ct carefully ~~82&364&~~ (no 1 beat)
- 2 Bk L,-,R,- (W swivel fwd R,-,L,-);

PART A

- 1 - 8 U/A TRN,, FWD CHASSE,, FWD CHASSE,, ROLL 2,,; FWD CHASSE,, FWD CHASSE,, ROLL 2,, FWD CHASSE(SCP/RLOD),,
RK BK,REC,U/A TRN,,; LINDY CATCH;;
- 1 L/R,L trn 1/2 RF (W trn LF under M's L & W's hnds R/L,R fc RLOD),fwd R/L,R;
- 2-3 Fwd L/R,L,roll LF R,L fc LOD (W roll LF L,R,L fc M); Fwd R/L,R,L/R,L (W bk);
- 4-5 Roll LF R,L fc LOD (W LF),fwd R/L,R adjust Scp/Rlod; Rk bk L,rec R,fwd L/R,L (W trn RF R/L,R);
- 6-7 Sd R/L,R, rk apt L,rec R; Fwd L/R,L trn RF arnd W catch W @ waist R hnd (W fwd R/L,R LOD)both
fc LOD,fwd R,L cont arnd W fc RLOD (W bk L,R fcg LOD);
- 8 Fwd R/L,R jn M's L & W's R hnds (Lop fcg Rlod)rk bk L,rec R (W opp)
- 9 - 16 REPEAT 1 THRU 8 ;;;;;;

PART B

- 1 - 8 WINDMILL TRN; RK,REC,PT STEP 5 & W SPIN;;;; SLING SHOT;;;
- 1 Fwd (both)L/R,L tight Bjo (Bfly/Rlod); Trn LF fc wall R/L,R chg hnds to R/R (W LF fc M L/R,L);
- 2-3 Rk apt L,rec R,pt L sd LOD,fwd L LOD; Pt R LOD (W bring L arm thru over jnd hnds),fwd R; (W L)
- 4-5 Pt L LOD (W take R hnd bk RLOD),stp L (W R spin RF fc M/COH);Sd R/L,R,rk apt L,rec R to hndshake;
- 6 (Slingshot)Sd L/R,L (W trn LF under R/R hnds fc wall beh M),sd R/L,R (W L/R,L to M's L sd);
- 7 Jn L/L hnds still holdg R/R rk fwd L,rec R,release R hnds in pl L/R,L(W fwd M's L sd trn 1/2 RF fc M);
- 8 Sd R/L,R fc wall, rk apt L,rec R (W opp);
- 9 - 16 (CHEER LEADER)CROSS STP/STP,TCH L HEEL/STP,CROSS STP/STP,TCH R HEEL/STP;CROSS STP/STP,TCH L HEEL,
CAMEL WK 6;;WK ARND 1,2,3,TCH; CROSS STP/STP,TCH R HEEL/STP,CROSS STP/STP,TCH L HEEL/STP;CROSS
STP/STP,TCH R HEEL, CAMEL WK 6;; WK 6;; WK ARND 1,2,3,TCH;
- 9 1&2&3&4& (Cheer Leader)(Bfly/Wall)XLIF/sd R,tch L heel/sd R,tch R heel/sd R; (W opp)
- 10 5&6&7&8 XLIF/sd R,tch L heel,still Bfly fwd L LOD,cl R; (W opp)
- 11-12 1234 Fwd L,cl R,fwd L,cl R; Circle away LF (W RF)L,R,L,tch R Bfly/Wall;
- 13-16 REPEAT 9-12 EXCEPT START WITH R FOOT;;;;
- 17 - 24 LINDY TRN (W TWRL);;(Bfly/Coh)TOE,HEEL,CROSS,STP; CROSS,STP,KNEE,POINT;;;;;
- 17 (Scp/Lod)Sd L/R,L trn 1/4 RF wall,XRIBL,sd L fc Rlod/Scp(W R/L, trn RF,fwd L,R LOD trn LF under M's L
& W's R hnds fc M Bfly/Wall);
- 18-19 (Bfly/COH) Sd R/L,R,rk/pt L,rec R; Tch L toe to instp,tch heel out,LXIF (WRXIF),sd R;
- 20-21 LXIF,sd R,lift L knee IF of R,tch L toe sd;(twistg motion)Sd L,lift R knee IF of L,tch R toe sd,sd R,
- 22 Lift L knee IF of R,tch L toe sd,lift L knee IF of R,tch L toe out; (twistg motion)
- 23 Sd L,lift R knee IF of L,tch R toe out sd,lift R knee IF of L (twistg motion);
- 24 Tch R toe out sd,stp sd R,rk apt L,rec R (W opp);

PART C

- 1 - 8 (BFLY/COH)HITCH KICK,,(STOP & GO VAR)FWD/2,3; CK FWD,REC,APT/2,3;HITCH KICK,,(STOP & GO VAR)FWD/
2,3;CK FWD,REC,APT/2,3;RK APT,REC,(BUNNY HUG)FWD CHASSE SKTRS/COH(W TWRL LF),;WK,2,(UNWRAP)CHASSE
(WALL);RK APT,REC,CHANGE OF PLACE,;;
- 1 (Hitch Kick)Kick L fwd/stp bk L,pi R,(Stop/Go Var)Fwd L/R,L; (W opp)
- 2 Ck fwd R L arm extended fwd R hnd catch W @ waist look at W (W ck fwd L look at M over L shoulder
L arm extended bk-R hnd on bk of hd),rec L,bk R/L,R;
- 3-4 REPEAT MEASURES 1 & 2 OF PART C;;
- 5 Rk apt L,rec R,(Bunny Hug)Fwd L/R,L arnd W fc wall(W twirl LF under jnd R hnds full trn fc wall/sktrs
with R/R hnds on W's R hip);
- 6 Wheel fwd R,L (W bk L,R Sktrs/Coh)in pl R/L,R (W unwrap & twrl RF undr jnd R hnds 1 1/2 fc M/Coh);
- 7 Rk apt L,rec R (Chg of PI)fwd L/R,L trn RF fc wall (W LF under jnd R hnds fc M/Coh);
- 8 Sd R/L,R,rk apt L,rec R to Bfly/Wall;
- 9 - 16 REPEAT PART C MEASURES 1-8 EXCEPT START FCG WALL;;;;;;,(UNDERTRN CHG OF PL),,;
- 9-10 Repeat Measure 1 except fc wall; Repeat Measure 2 except fcg wall;
- 11-12 Repeat Measure 1 except fc wall; Repeat Measure 2 except fcg wall;
- 13 Rk apt L,rec R,(Bunny Hug)Fwd L/R,L arnd W fc COH(W twrl LF under jnd R hnds full trn fc COH/Sktrs);
- 14 Wheel fwd R,L Sktrs/Wall,in pl R/L,R (W unwrap & twrl RF under jnd R hnds 1 1/2 fc M);
- 15 Rk apt L,rec R,(Chg of PI)fwd L/R,L trn RF fc RLOD (W trn LF under jnd R hnds fc M/Lod);
- 16 Sd R/L,R COH chg hnds,rk apt L,rec R (Bfly/Rlod);

PART D

- 1 - 8 (BFLY)DBL U/A TRN;; U/A TRN,,,TRNG SPANISH ARMS,;;;;, U/A TRN,;;
- 1 Fwd L/R,L LOD trn LF under jnd M's L & W's R,both fc LOD,fwd L trn LF to RLOD,rec R (Bfly/Wall);
- 2-3 Sd R/L,R,rk apt L,rec R; (U/A Trn)Sd L/R,L trn LF fc LOD (W RF under jnd hnds fc M),sd R/L,R;
- 4-5 Rk apt L,rec R Bfly/Lod,(Spanish Arms)Fwd L/R,L trn RF fc wall raise L hnd(W wrap LF 1/4 fc wall
L/R hnds high); Unwrap R/L,R (Bfly/Rlod)(W trn RF),rk apt L,rec R;
- 6 Fwd L/R,L trn RF fc COH raise L hnd(W trn LF 1/4 fc COH),unwrap R/L,R(W trn RF 1 3/4 under jnd hnd
fc M/Rlod);
- 7-8 Rk apt L,rec R,sd L/R,L trn fc wall (W U/A LF under L/R hnds fc M/COH); Sd R/L,R rk apt L,rec R;
- 9 - 16 REPEAT PART D 1 TO 7;;;;;;JUMP APT,SIT (PRESS) LINE;
- 9-15 REPEAT PART D 1 to 7
- 16 Apt L,R (W opp)ft wide apt stay on toes, trn LF to LOD wt M's R bent R knee & L toe pressed in floor
with R hnd on R hip L arm straight out palm fwd-look at W (W opp);