

# Rolling In The Deep

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 MUSIC: "Rolling In The Deep" by Adele available on Itunes.  
 Release June 2013  
 FOOTWORK: Opposite unless noted (Woman's footwork opposite unless in parentheses)  
 RYTHMN: Rumba/Cha RAL Phase IV+2(Open Hip Twist, Stop and Go Hockey Stick)  
 DIFFICULTY: MODERATE  
 Sequence: Intro-A-B-A-B-C-D-E-Ending Revised June 18, 2013

## INTRODUCTION

### Rumba

#### Skirt Skaters Fcg LOD Wait Two Meas;; Open Fence Line 2X

- 1-2 Skirt Skaters facing line of dance, both with Left /Foot Free Wait;;  
 3-4 Cross lunge thru left with bent knee looking in the direction of lunge,  
 recover right, step side left, -; cross lunge thru right with bent knee looking  
 in the direction of lunge, recover left, step side right, - ;

#### Kiki Walks;; Cucaracha Cross 2x;; Forward and Back Basic to Tandem both fcg wall;;

- 5-6 Forward left, forward right, forward left-; forward right, forward left, forward  
 right-; placing each foot directly in front of supporting foot;;  
 7-8 Side left with partial weight, recover right, cross left in front of right, -; Side  
 right with partial weight, recover left, cross right in front of left, -;  
 9-10 Forward left, recover right, back left, -; Back right, recover left, forward  
 right, -;{both face wall in tandem}

## PART A

### Cha Cha

#### Chase (both turn all 4 times to varsouvienne);;; Parallel Chase;;

- 1-4 Forward left commence right face turn 1/2, recover forward right, forward  
 left/close right, forward left; forward right commence left face turn 1/2,  
 recover forward left, forward right/close left, forward right; forward left  
 commence right face turn 1/2, recover forward right, forward left/close  
 right, forward left; forward right commence left face turn 1/2, recover  
 forward left, forward right/close left, forward right {to varsouvienne};  
 5-6 Side left turning right face toward RLOD, recover forward right turning  
 right face, forward left/close right, forward left; side right turning left face  
 toward LOD, recover forward left turning left face, forward right/close left,  
 forward right;

#### Cucaracha; Spot Turn(Lady in four to face partner); Half Basic; to a Fan;

- 7 Side left with partial weight, recover right, close left/step right in place,  
 step left in place;  
 8 Commence left face turn cross right in front of left turning on crossing foot  
 1/2, recover left complete turn to face partner, side right/close left, side  
 right; (Commence left face turn cross right in front of left turning on

crossing foot 1/2, recover left complete turn to face partner, side right, close left;)

- 9 Forward left, recover right, side left/close right, side left; (Back right, recover left, side right/close left, side right; forward left, recover right, side left/close right, side left;)
- 10 Back right, recover left, side right/close left, side right; (Forward left, turning left face step side and back right making 1/4 turn to left, back left/lock right in front, back left leaving right extended forward with no weight;)

**Hockey Stick with Triple Cha's;;; Alemana;; Fence line in 4:**

- 11-13 Forward left, recover right, in place left/right, left; back right, recover left, forward right/lock left in back of right, forward right; forward left/lock right in back of left, forward left, forward right/lock left in back of right, forward right; (Close right, forward left, forward right/left, right; forward left, forward right turning left to face partner, back left/lock right in front of left, back left; back right/lock left in front of right, back right, back left/lock right in front of left, back left ending Diagonal Reverse Line of Dance and Wall;)
- 14-15 Forward left, recover right, back left/close right, small back left leading woman to turn right face; back right, recover left, side right/close left, side right (Back right, recover left, forward right/close left, forward right commence right face turn; continue right face turn under joined lead hands forward left, continue right face turn forward right, side left/close right, side left)
- 16 In Butterfly cross lunge thru right with bent knee looking in the direction of lunge, recover left turning to face partner, step side right, close left;

**PART B**

**Chase With Underarm Pass to Triple Cha's;;; Chase With Underarm Pass to Triple Cha's;;; Half Basic; to a Underarm Turn(Lady in Four);**

- 1-3 Forward left commence 1/2 right face turn keeping lead hands joined, recover forward right, forward left/close right, forward left; back right raising joined lead hands leading W to turn left face, recover left, forward right/lock left in back of right, forward right; forward left/lock right in back of left, forward left, forward right/lock left in back of right, forward right; (Back right keeping lead hands joined, recover left, forward right/close left, forward right toward Man's left side, -; forward left, forward right turning 1/2 left face under joined lead hands, back left/lock right in front of left, back left; back right/lock left in front of right, back right, back left/lock right in front of left, back left;)
- 4-6 Repeat Part B 1-3
- 7-8 Forward left, recover right, back left/close right, small back left leading woman to turn right face; back right, recover left, side right/close left, side right;(Back right, recover left, forward right/close left, forward right Cross left in front under joined lead hands commence 1/2 right face turn, recover right complete right face turn to face partner, side left/close right, to tandem fcg wall, -;)

**PART A**

**Chase (both turn all 4 times to varsouviene);;; Parallel Chase::**

**Cucaracha; Spot Turn(Lady in four to face partner); Half Basic to a Fan;; Hockey Stick with Triple Cha's;;; Alemana;; Fence line in 4;**

1-16 Repeat Part A

**PART B**

**Chase With Underarm Pass to Triple Cha's;;; Chase With Underarm Pass to Triple Cha's;;; Alemana;;**

1-6 Repeat Part B 1-6

7-8 Forward left, recover right, back left/close right, small back left leading woman to turn right face; back right, recover left, side right/close left, side right; (Back right, recover left, forward right/close left, forward right commence right face turn; continue right face turn under joined lead hands forward left, continue right face turn forward right, side left/close right, side left;)

**PART C**

**Half Basic; Aida: Switch: Traveling Door; Flirt; to a Fan; Alemana;;**

1 Forward left, recover right, side left/close right, side left;

2 Forward right turning right face, side left continuing right face turn, back right/lock left in front of right, back right;

3 Turning left face to face partner side left checking bringing joined hands thru, recover right, cross left in front turning left face to face partner/side right, cross left in front;

4 Rock side right, recover left, cross right in front/side left, cross right in front;

5 Forward left, recover right, side left/close right, side left; (Rock back right, recover left turning left face, continue turn to Varsouvienne Position side right/close left, side right;)

6 Back right, recover left, side right/close left, side right;( Forward left, turning right face step side and back right making 1/4 turn to right, back left/lock right in front, back left leaving right extended forward with no weight;)

7-8 Forward left, recover right, back left/close right, small back left leading woman to turn right face; back right, recover left, side right/close left, side right; (Close right to left, forward left, forward right/close left, forward right commence right face turn; continue right face turn under joined lead hands forward left, continue right face turn forward right, side left/close right, side left;)

**PART D**

**Cross Body;; Open Hip Twist; to a Fan; Stop and Go Hockey Stick;; Hockey Stick;;**

1-2 Forward left, recover right turning left face, [foot turned about 1/4 turn body turned 1/8 turn] side left/close right, side left; back right behind left continue left face turn, recover left, side right/close left, side right; (Back right, recover left, forward right/close left, forward right toward man staying on right side ending in an L-shaped Position; forward left commencing to turn left, forward right turning 1/2 left face, side left/close right, side and back left;)

- 3 Check forward left, recover right, small back left/close right, back left pushing arm forward gently to turn woman; (Rock back right, recover left, forward right/forward left, forward right swivel ¼ right face on right;)
- 4 Back right, recover left, side right/close left, side right; (Forward left, turning left face step side and back right making 1/4 turn to left, back left/lock right in front, back left leaving right extended forward with no weight;)
- 5-6 Check forward left, recover right raising left arm to lead woman to a left face underarm turn, in place left/right, left; check forward right left side stretch shaping to partner placing right hand on woman's left shoulder blade to check her movement, recover left raising left arm to lead woman to right face underarm turn, in place right/left, right; (Close right, forward left, forward right/left, right turning 1/2 left face under joined hands to end at man's right side; [man catches woman with right hand on woman's left shoulder blade to check her movement] rock back left, recover right, forward left/right, left turning 1/2 right face under joined hands to end facing man in Fan Position;)
- 7-8 Forward left, recover right, in place left/right, left; back right, recover left, forward right/close left, forward right ending Diagonal Reverse Line of Dance and Wall; (Close right, forward left, forward right/left, forward right; forward left, forward right turning left to face partner, back left/close right, back left on a diagonal;)

## PART E

### **Forward Woman Develope; Back Basic; Crab Walks;; Alemana;; to a Lariat;; to a left hand star for Umbrella Turns;;; Spot Turn 2x;; Cross Body;;**

- 1 Forward left outside partner checking, -, -, -; (Back right, -, bring left foot up right leg to inside of right knee, extend left foot forward;
- 2 Back right, recover side left, side right/close left, side right;
- 3-4 Cross left in front of right, side right, cross right in front of left/side right, cross left in front of right; side right, cross left in front of right, side right/close left, side right;
- 5-6 Forward left, recover right, back left/close right, small back left leading woman to turn right face; back right, recover left, side right/close left, side right; (Back right, recover left, forward right/close left, forward right commence right face turn; continue right face turn under joined lead hands forward left, continue right face turn forward right, side left/close right, side left to man's right side;)
- 7-8 Step in place left, right, left/right, left; right, left, right/left, right turning; right face to face lod (Circle man clockwise with joined lead hands forward right, forward left, forward right/close left, forward right; forward left, forward right, forward left/close right turning to right face to face rlod in a left hand star, close left;)
- 9-12 Forward left, recover right, back left/close right, back left; back right, recover left, forward right/close left, forward right; forward left, recover right, back left/close right, back left; back right, recover left turn left 1/4 to face partner, side right/close left, side right; (Back right, recover left, forward right turning ½ left face under joined hands/close left, back right; back left, recover right, forward left turning ½ right face under joined

hands/close right, back left; back right, recover left, forward right turning  $\frac{1}{2}$  left face under joined hands/close left, back right; back left, recover right, forward left turning  $\frac{1}{4}$  right face under joined hands to face partner/close right, side left;)

- 13-14 Commence turn cross left in front turning right face on crossing foot  $\frac{1}{2}$ , recover right complete turn to face partner, side left/close right, side left; turn cross right in front turning left face on crossing foot  $\frac{1}{2}$ , recover left complete turn to face partner, side right/close left, side right;
- 15-16 Repeat D measures 1 & 2

### ENDING

#### **Chase Peek-A-Boo Double;::::; Rock Side, Recover, Point(Lady Fwd, Fwd Turn left, Point**

- 1-8 Forward left turning sharply  $\frac{1}{2}$  right face to Tandem [man in front], recover right, forward left/close right, forward left; side right looking over left shoulder, recover left, close right/in place left, in place right; side left looking over right shoulder, recover right, close left/in place right, in place left; forward right turning sharply  $\frac{1}{2}$  left face to Tandem [lady in front], recover left, forward right/close left, forward right; side left, recover right, close left/in place right, in place left; side right, recover left, close right/in place left, in place right; forward left, recover right, back left/close right, back left; back right, recover left, forward right/close left, forward right;
- 9 Rock side left, recover right, point left foot lod with left hand up and right hand on ladies waist; (Small forward right turning left face, recover left, point right rlod with both hands up and out;)