

# ROSE OF TRALEE

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**Music:** CD "A Touch of Tranquility" Track 4 "The Rose of Tralee" Artist: Phil Coulter  
Download available from eMusic.com  
**Phase Rating / Rhythm:** IV+1 Waltz (Change of Sway) **Record Speed:** As recorded  
**Footwork:** Opposite footwork (Woman's special directions shown in parentheses)  
**Sequence:** Intro A B A(1-6) Intld 1 C B A(9-13) Intld 2 D Ending **Corrected version released:** 7/07/06

**Starting Position:** Wait in op fcg no hands joined, trailing feet free

## Intro

**1-4** **WAIT;; SWAY RT; ROLL THREE to scp;**  
Wait in op fcg no hands joined, trail feet free;; Sd R, incline body to right, -; Roll lf (W rf)L, R, L to scp;

**5-8** **CHASSE scp; MNVR SD CL; SPIN TRN; BOX FINISH dlc;**  
Thru R to fc, sd L/cl R, sd L to scp; Thru R trn rf, sd L, cl R to cp RLOD; Bk L pivoting ½ rf, fwd R continue trn, bk and sd L to fc dlw; Bk R trn 1/4 lf, sd L, cl R to fc dlc;

## A

**1-4** **TRN L, RT CHASSE bjo; OUTSIDE CHG scp; IN & OUT RUNS;;**  
Fwd L trn lf, sd R/cl L, sd R trng to bjo drc; Bk L, bk R trng lf, sd & fwd L (W fwd R, fwd L trng lf, sd & fwd R) to scp dlw; Thru R trn rf, sd L to cp, bk R to cbjo; Bk L trn rf, sd & fwd R cont trn, fwd L (W fwd L, fwd R btwn M's feet, fwd L to cbjo; Fwd R trng rf, fwd & sd L cont trn, sd & fwd R) to scp dlc;

**5-8** **WEAVE 6 bjo;; MNVR SD CL; HESITATION CHG;**  
Thru R, fwd L trn lf to cp drc, sd & bk R(W thru L, trng lf sd R to cp, sd & fwd L) to cbjo; Bk L, bk R trn lf to cp drw, sd & fwd L(W fwd R, trng lf fwd L to cp, sd & bk R) to cbjo dlw; Fwd R trn rf, sd L, cl R to cp RLOD; Bk L trn rf, sd R cont trn to dlc, draw L to R;

**9-12** **DIAMOND TRN TO sdcr;;;;**  
Fwd L trn lf to drc, sd R to cbjo, bk L; Bk R trn lf to drw, sd L, fwd R; Fwd L trn lf to dlw, sd R, bk L; Bk R, sd L, cl R sdcr dlw;

**13-16** **XHVR bjo; MNVR SD CL; SPIN TRN; BOX FINISH;**  
Xlif of R, sd R with rise trng lf, rcvr L to bjo; Fwd R trng rf, sd L, cl R to cp RLOD; Bk L pivoting ½ rf, fwd R continue trn, bk and sd L to fc dlw; Bk R trn 1/4 lf, sd L, cl R to fc dlc;

## B

**1-4** **DRAG HESITATION;; BK,BK/LK, BK; IMPETUS scp; REV FALLAWAY;**  
Fwd L trng lf, sd R cont trng, draw L twd R to bjo drc; Bk L, bk R/lk LlfR, bk R; Bk L trng rf (heel trn), cont trng cl R, fwd L (W fwd R outside M pivoting ½ rf on toe, sd & fwd L cont trn, brush R to L fwd R) to scp dlc; Thru R trng lf, fwd L cont trn, bk R in scp RLOD;

**5-9** **BK,BK/LK, BK; SLIP PIVOT; MNVR SD CL; HESITATION CHG; HOLD;**  
Bk L, bk R/lk LlfR, bk R; Bk L, bk R trng lf, fwd L(W bk R pivot lf, cont trn fwd L placing foot near M's R, bk R) to bjo; Fwd R trng rf, sd L, cl R to cp RLOD; Bk L trn rf, sd R cont trn to dlc, draw L to R; Hold for one beat of music;

## INTERLUDE 1

**1-5** **FC, SD, CL; SWAY L; SWAY RT; ROLL THREE to scp; THRU, FC, CL;**  
Fwd R trng rf to cp, sd L, cl R; Sd L, incline body to left, -; Sd R, incline body to right, -; Roll lf (W rf)L, R, L to scp; Thru R to fc, sd L, cl R;

## ROSE OF TRALEE (cont'd)

### C

- 1-4** HVR TELEMAR; OPEN NATURAL; BK,BK/LK, BK; OUTSIDE CHG *scp*;  
Fwd L, sd & fwd R with rise & rf body trn, fwd L to *scp*; Thru R trng rf, sd L, cont trn bk R(W fwd L, sd R, fwd L) to *cbjo*; Bk L, bk R/lk LifR, bk R; Bk L, bk R trng lf, sd & fwd L (W fwd R, fwd L trng lf, sd & fwd R) to *scp dlw*;
- 5-8** OP IN & OUT RUNS;; WEAVE 6 *scp*;;  
Thru R trn rf, sd L to *cp*, sd & bk R to *lhop*; Fwd L, fwd R btwn W's feet, fwd L (W thru L, fwd R btwn M's feet, fwd L to *lhop*; Fwd R trng rf, fwd & sd L cont trn, sd & fwd R) to *scp dlc*; Thru R, fwd L trn lf to *cp drc*, sd & bk R(W thru L, trng lf sd R to *cp*, sd & fwd L) to *cbjo*; Bk L, bk R trn lf to *cp drw*, sd & fwd L(W fwd R, trng lf fwd L to *cp*, sd & fwd R) to *scp dlw*;
- 9-12** NAT'L HVR FALLAWAY; BK,BK/LK, BK; SLIP PIVOT; MNVR SD CL;  
Fwd R with rf body trn, fwd L trng rf with rise, rcvr bk R; Bk L, bk R/lk LifR, bk R; Bk L, bk R trng lf, fwd L(W bk R pivot lf, cont trn fwd L placing foot near M's R, bk R) to *bjo*; Fwd R trng rf, sd L, cl R to *cp RLOD*;
- 13-16** SPIN TRN; BK ½ BOX; WHISK; SLO SD LK;  
Bk L pivoting ½ rf, fwd R continue trn, bk and sd L to fc *dlw*; Bk R, sd L, cl R; Fwd L, sd R, hook LibR rising to toes (W hook RibL); Thru R, sd & fwd L to *cp*, lk RibL (W thru L trng lf, sd & bk R to *cp*, lk LifR);

### INTERLUDE 2

- 1-3** FWD SD LK; OPEN REVERSE TRN; OUTSIDE CHECK;  
Fwd R, sd & fwd L to *cp*, lk RibL (W bk L, sd & bk R to *cp*, lk LifR); Fwd L trn lf to *drc*, sd R to *cbjo*, bk L; Bk R trn lf to *drw*, sd L, fwd R outside W checking;

### D

- 1-4** IMPETUS SCP; CHASSESCP; PU SD CL; I LEFT TRN;  
Bk L trng rf, cont trng cl R(heel trn), fwd L(W fwd R outside M pivoting ½ rf on toe, sd & fwd L cont trn, brush R to L fwd R) to *scp dlc*; Thru R to fc, sd L/cl R, sd L to *scp*; Thru R, sd L, cl R (W thru L trng lf to *cp*, sd R, cl L; Fwd L trng lf, sd R cont trn to fc *drc*, cl L);
- 5-8** HVR CORTE; BK,BK/LK, BK; BK WHISK; P/U SD CL ;  
Bk R trng lf, sd & fwd L with rise, rcvr bk R to *cbjo*; Bk L, bk R/lk LifR, bk R; Bk L, bk & sd R, xLibR to *scp dlc*; Thru R, sd L, cl R (W thru L trng lf to *cp*, sd R, cl L);
- 9-12** TELEMAR *bjo*; FWD, FWD/LK,FWD; OPEN NATURAL; BK,BK/LK, BK;  
Trng lf fwd L, fwd & sd R arnd W, fwd & sd to *bjo* (W trng lf bk R starting heel trn bring L beside R, cont lf heel trn change wt to L, bk & sd R to *bjo*); Fwd R, fwd L/lk RibL, fwd L; Fwd R trng rf, sd L, sd & bk R to *cbjo*; Bk L, bk R/lk LifR, bk R;
- 13-16** IMPETUS *scp*; THRU, FC, CL; SWAY L; SWAY RT;  
Bk L trng rf(heel trn), cont trng cl R, fwd L (W fwd R outside M pivoting ½ rf on toe, sd & fwd L cont trn, brush R to L fwd R) to *scp*; Sd L, incline body to left, -; Sd R, incline body to right, -;

### ENDING

- 1-4** ROLL THREE TO *scp*; CHASSE *scp*; THRU TO PROMENADE SWAY; CHG SWAY;  
Roll lf (W rf)L, R, L to *scp*; Thru R to fc, sd L/cl R, sd L to *scp*; Thru R, sd & fwd L stretching left side & look over lead hands, relax knee, -; Change to right sway, M look at W, W look to RLOD;

# ROSE OF TRALEE (Head Cues)

## Intro

1-4 WAIT;; SWAY RT; ROLL THREE to *scp*;  
5-8 CHASSE *scp*; MNVR SD CL; SPIN TRN; BOX FINISH *dlc*;

## A

1-4 TRN L, RT CHASSE *bjc*; OUTSIDE CHG *scp*; IN & OUT RUNS;;  
5-8 WEAVE 6 *bjc*;; MNVR SD CL; HESITATION CHG;  
9-12 DIAMOND TRN TO *sdc*;;;  
13-16 XHVR *bjc*; MNVR SD CL; SPIN TRN; BOX FINISH;

## B

1-4 DRAG HESITATION;; BK,BK/LK, BK; IMPETUS *scp*; REV FALLAWAY;  
5-9 BK,BK/LK, BK; SLIP PIVOT; MNVR SD CL; HESITATION CHG; HOLD;

## A

1-6 TRN L, RT CHASSE *bjc*; OUTSIDE CHG *scp*; IN & OUT RUNS;; WEAVE 6 *bjc*;;

## INTERLUDE 1

1-5 FC, SD, CL; SWAY L; SWAY RT; ROLL THREE to *scp*; THRU, FC, CL;

## C

1-4 HVR TELEMAR; OPEN NATURAL; BK,BK/LK, BK; OUTSIDE CHG *scp*;  
5-8 OP IN & OUT RUNS;; WEAVE 6 *scp*;;  
9-12 NAT'L HVR FALLAWAY; BK,BK/LK, BK; SLIP PIVOT; MNVR SD CL;  
13-16 SPIN TRN; BK ½ BOX; WHISK; SLO SD LK;

## B

1-4 DRAG HESITATION;; BK,BK/LK, BK; IMPETUS *scp*; REV FALLAWAY;  
5-9 BK,BK/LK, BK; SLIP PIVOT; MNVR SD CL; HESITATION CHG; HOLD;

## A

9-13 DIAMOND TRN TO *sdc*;;; XHVR *bjc*;

## INTERLUDE 2

1-3 FWD SD LK; OPEN REVERSE TRN; OUTSIDE CHECK;

## D

1-4 IMPETUS SCP; CHASSE SCP; PU SD CL; I LEFT TRN;  
5-8 HVR CORTE; BK,BK/LK, BK; BK WHISK; P/U SD CL ;  
9-12 TELEMAR *bjc*; FWD, FWD/LK,FWD; OPEN NATURAL; BK,BK/LK, BK;  
13-16 IMPETUS *scp*; THRU, FC, CL; SWAY L; SWAY RT;

## ENDING

1-4 ROLL THREE TO *scp*; CHASSE *scp*; THRU TO PROMENADE SWAY; CHG SWAY;