

RUNAWAY SOUL

Choreographers:	Rhythm:	West Coast Swing
Tim Eum & Cindy Hadley	Phase:	IV +2 (Whip Turn, Triple Travel & Roll) + 3 (Push Break, Turkey Walks, Passing Tuck & Spin)
437 Nature's Way SW	Footwork:	Opposite except where <i>(italicized, bold and red)</i>
Huntsville, AL 35824-3116	Date:	April 2015
(256) 457-7875	Sequence:	Intro-A-B-C-D-C-D-A(1-9)-End
TimEum@gmail.com	Speed:	Unchanged from Original
gatorcindy@aol.com	Length:	3:59
Music:	"Runaway Soul" by Ruthie Foster On CD album "Runaway Soul", track #1	
Available at Amazon.com for \$0.99 at: http://www.amazon.com/dp/B005AC1PUC/ref=dm_ws_tlw_trk1		

INTRODUCTION:

1 - 2	Wait in LOPF-LOD ;;	Wait 2 measures in LOPF-LOD lead foot free ;;
3	Step tog trng Bk to Bk ;	Step tog L trng RF <i>(W LF)</i> putting backs together & raising trail arms ;
4	Recover trng to Face ;	Recover R turning LF <i>(W RF)</i> to face partner in LOPF-LOD ;
5	2 Sailor Shuffles ;	XLib/Sd R, Sd L, XRib/Sd L, Sd R ;
6 - 7	Chicken Walks (2 Slow, 4 Quick) ;;	Bk L, -, Bk R, - ; Bk L, Bk R, Bk L, Bk R ; <i>(W swivels toeing out on each step Fwd R, - Fwd L, - ; Fwd R, fwd L, fwd R, fwd L ;)</i>
8	Slow Side Breaks ;	Sd out L/Sd out R, - , step in L/cl R, - ;

PART A:

0 - 1.5	Push Break ;,,	Bk L, bk R to two hnds joined low <i>(W stronger steps to be close to M)</i> , bk L/ cl R, small fwd L <i>(W stronger step bk R)</i> end with lead hnds joined; anchor R/L, R,
1.5 - 3	Left Side Pass ,,,	Bk L, bk R trng ¼ LF to fc COH, <i>(W fwd R, fwd L)</i> ; Sd L/cl R, Fwd L to fc RLOD <i>(W fwd R/L, fwd R trng LF to fc LOD)</i> , anchor R/L, R ;
4	Slow Side Breaks ;	Sd out L/Sd out R, - , step in L/cl R, - ;
4 - 5.5	Sugar Push (join right hands) ,,,	Bk L, Bk R, Tch L, Fwd L ; anchor R/L, R man trng LF ¼ to face wall joining right hands with partner <i>(W remains facing LOD)</i> ,
5.5 - 7	Right Side Pass ,,,	Rk sd & fwd L twd LOD, rec R <i>(W fwd R, L)</i> ; sip L/R, fwd L twd ptrn <i>(W fwd R/L, fwd R trng LF to fc RLOD)</i> , anchor R/L, R ;
8	4 Quick Chicken Walks ;	Bk L, R, L, R ; <i>(W swivels toeing out on each step Fwd R, L, R, L ;)</i>
9	Throwout ;	Bk L trng LF ¼ /cl R, sd & fwd L trng LF ¼ <i>(W fwd R/fwd L, fwd R passing man & trn LF ½ ;)</i> ; anchor R/L, R ;
9- 10.5	Tuck & Spin ,,,	Bk L, bk R, tap L, fwd L <i>(W fwd R, fwd L, tap R, trng RF sd & fwd R to RLOD spinning RF to fc LOD)</i> ; anchor R/L, R ,
10.5-12	Passing Tuck & Spin ..;	Bk L, bk & sd R trng LF ¼ ; tap L, fwd L trng LF ¼, anchor R/L, R ; <i>(W fwd R, fwd L ; Trng to fc ptrn & relaxing knees tap R, sd & fwd R to LOD spinning RF to face RLOD, anchor L/R, L ;)</i>

PART B:

0 – 1.5	Push Break ;,,	Bk L, bk R to two hnds joined low (<i>W stronger steps to be close to M</i>), bk L/ cl R, small fwd L (<i>W stronger step bk R</i>) end with lead hnds joined; anchor R/L, R,
1.5 - 3	Underarm Turn ..;	Bk L, XRif trng RF ¼; raise lead hnds sd L/cl R, sd & fwd R trng RF ¼ , anchor R/L, R ending in LOPF-RLOD ; (<i>W fwd R, fwd L; Under joined lead hands fwd R/fwd L, fwd R trng LF ½, anchor L/R, L ;</i>)
4	Slow Side Breaks ;	Sd out L/Sd out R, - , step in L/cl R, - ;
4 – 5.5	Sugar Push ;..	Bk L, bk R, tap L, fwd R ; Anchor R/L, R,
5.5 - 7	Man's Underarm Trn ,,,;	Bk L, fwd & sd R, Turning RF under joined lead hands sd L/cl R, sd & bk L ending in LOPF-LOD , anchor R/L, R ; (<i>W fwd R, fwd L ; Fwd R/L, fwd R trng LF, anchor L/R, L ;</i>)
8	4 Quick Chicken Walks ;	Bk L, R, L, R ; (<i>W swivels toeing out on each step Fwd R, L, R, L ;</i>)
9	Throwout ;	Bk L trng LF ¼ /cl R, sd & fwd L trng LF ¼ to LOPF-RLOD (<i>W fwd R/fwd L, fwd R passing man & trn LF ½; ;</i>) ; anchor R/L, R ;
10 - 11	Wrapped Whip ;;	Bk L to BFLY, XRif raising lead hands over lady's head, circle RF around lady sd L/cl R, sd L into wrapped position (<i>W fwd R, fwd L, fwd R/cl L, bk R</i>) ; Release trail hands XRib, fwd & sd L to LOPF-RLOD, anchor R/L, R (<i>W bk L, bk R, anchor L/R, L ;</i>)
12	2 Kick Ball Changes ;	Kick L/quick cl L rising up on toe, lower onto R, kick L/quick cl L rising up on toe, lower onto R ;

PART C:

0 – 1.5	Push Break ;,,	Bk L, bk R to two hnds joined low (<i>W stronger steps to be close to M</i>), bk L/ cl R, small fwd L (<i>W stronger step bk R</i>) end with lead hnds joined; anchor R/L, R,
1.5 - 3	Left Side Pass ,,::	Bk L, bk R trng ¼ LF to fc wall, (<i>W fwd R, fwd L</i>) ; Sd L/cl R, Fwd L to fc LOD (<i>W fwd R/L, fwd R trng LF to fc RLOD</i>), anchor R/L, R ;
4	Slow Side Breaks ;	Sd out L/Sd out R, - , step in L/cl R, - ;
5 - 6	Whip Turn ;;	Bk L, XRif to loose-CP fcg wall, rk sd L/rec R trng RF, fwd L continue trng RF; XRib, fwd L to LOPF-LOD, anchor R/L, R ; (<i>W fwd R, fwd L trng RF, cont trn bk R/cl L, fwd R continuing RF turn ; sd & bk L, bk R, anchor L/R, L ;</i>)
7	4 Quick Chicken Walks ;	Bk L, R, L, R ; (<i>W swivels toeing out on each step Fwd R, L, R, L ;</i>)
8	Throwout ;	Bk L trng LF ¼ /cl R, sd & fwd L trng LF ¼ (<i>W fwd R/fwd L, fwd R passing man & trn LF ½; ;</i>) ; anchor R/L, R ;
9 - 10	Whip Turn ;;	Bk L, XRif to loose-CP fcg COH, rk sd L/rec R trng RF, fwd L continue trng RF; XRib, fwd L to LOPF-RLOD, anchor R/L, R ; (<i>W fwd R, fwd L trng RF, cont trn bk R/cl L, fwd R continuing RF turn ; sd & bk L, bk R, anchor L/R, L ;</i>)
11	4 Quick Chicken Walks ;	Bk L, R, L, R ; (<i>W swivels toeing out on each step Fwd R, L, R, L ;</i>)
12	Throwout ;	Bk L trng LF ¼ /cl R, sd & fwd L trng LF ¼ (<i>W fwd R/fwd L, fwd R passing man & trn LF ½; ;</i>) ; anchor R/L, R ;

PART D:

0 – 4.5	Underarm Turn to Triple Travel Travel with Roll ; ; ; ; ;	Bk L, XRif trng RF ¼; raise lead hnds sd L/cl R, sd L to RH-Star (<i>W fwd R, fwd L, under joined lead hands fwd R/fwd L, fwd R trng LF to RH-Star;</i>); Sd R/cl L, sd R trng RF ½, sd L trng RF ½, sd R trng RF ½ to LH-Star (<i>W sd L/cl R, sd & bk L trng RF ½, sd R trng RF ½, sd L trng R ½;</i>); Sd L/cl R, sd L trng LF ½ to RH-Star, sd R/cl L, sd R trng RF to LH-Star; Sd L/cl R, sd L trng LF ½, sd R trng LF ½, sd L trng LF ¼ to LOPF-RL0D; (<i>W sd R/cl L, sd R trng LF ½ to RH-Star, sd L/cl R, sd L trng RF ½ to LH-Star; sd R/cl L, sd R trng LF ½ to RH-Star, sd Ltrng LF ½, sd R trng LF ¼ to fc ptrn;</i>) Anchor R/L, R,
4.5 - 6	Sugar Push ; ;	Bk L, bk R; Tap L, fwd R, anchor R/L, R ;
6 – 8	Left Side Pass to Left OP facing wall ~ Kick Ball Change ; ;	Bk L, bk R trng ¼ LF to fc Wall, sd L/cl R, fwd L to fc LOD (<i>W fwd R, fwd L, fwd R/L, fwd R trng LF 1/2 to fc RL0D;</i>); Anchor R/L, R trng to LOP-Wall, Kick L/quick cl L rising onto toe, lower onto R ;
9 - 10	4 Turkey Walks to face ; ;	With Jazz Hands sd L, cl R, sd L, cl R ; sd L, cl R, sd L trng to face partner, cl R ;
11 - 12	Side Breaks (2 Slow, 4 Quick) ; ;	Sd out L/sd out R, - , step in L/cl R, - ; Sd out L/sd out R, step in L/cl R, Sd out L/sd out R, step in L/cl R;

ENDING:

1 - 2	Whip Turn ; ;	Bk L, XRif to loose-CP fcg wall, rk sd L/rec R trng RF, fwd L continue trng RF; XRib, fwd L to LOPF-LOD, anchor R/L, R ; (<i>W fwd R, fwd L trng RF, cont trn bk R/cl L, fwd R continuing RF turn ; sd & bk L, bk R, anchor L/R, L ;</i>)
3	Step tog trng Bk to Bk ;	Step tog L trng RF (W LF) putting backs together & raising trail arms ;
4	Recover trng to Face ;	Recover R turning LF (W RF) to face partner in LOPF-LOD ;
5	Start a Wrapped Whip ;	Bk L to BFLY, XRif raising lead hands over lady's head, circle RF around lady sd L/cl R, sd L into wrapped position facing RL0D ; (<i>W fwd R, fwd L, fwd R/cl L, bk R;</i>)
6	Then Wheel 3 ~ Lower & Caress ;	Wheel fwd R, L, R (<i>W wheel bk L, R, L</i>) to face LOD, lower and caress with trail hands ;

Dance with passion, be playful and smile

Tim Cum & Cindy Hadley

Tim has taught round dancing since 1976. Tim has taught internationally and all over the United States. He is known for his energetic cueing and teaching style. Cindy and Tim have been teaching together since 2008.



RUNAWAY SOUL – QUICK CUES

INTRO:

Wait 2 measures in LOPF-LOD ;;
Step Together Turning Back to Back ~
(Trail Arms Up); Recover turning to face ;
2 Sailor Shuffles ;
Chicken Walks (2 Slow, 4 Quick) ;;
Slow Side Breaks ;

PART A:

Push Break ;; Left Side Pass ;; Slow Side Breaks ;
Sugar Push – join right hands ;; Right Side Pass ;;
4 Quick Chicken Walks ; Throwout ;
Tuck & Spin ;; Passing Tuck & Spin ;;

PART B:

Push Break ;; Underarm Turn ;; Slow Side Breaks ;
Sugar Push ;; Man's Underarm Turn ;;
4 Quick Chicken Walks ; Throwout ;
Wrapped Whip ;; 2 Kick Ball Changes ;

PART C:

Push Break ;; Left Side Pass ;; Slow Side Breaks ;
Whip Turn ;; 4 Quick Chicken Walks ; Throwout ;
Whip Turn ;; 4 Quick Chicken Walks ; Throwout ;

PART D:

Underarm Turn to Triple Travel with Roll ;;;;:
Sugar Push ;; Left Side Pass to LOP both face wall
~ Kick Ball Change ;; 4 Turkey Walks to face ;;
Side Breaks (2 Slow ~ 4 Quick) ;;

PART C:

Push Break ;; Left Side Pass ;; Slow Side Breaks ;
Whip Turn ;; 4 Quick Chicken Walks ; Throwout ;
Whip Turn ;; 4 Quick Chicken Walks ; Throwout ;

PART D:

Underarm Turn to Triple Travel with Roll ;;;;:
Sugar Push ;; Left Side Pass to LOP both face wall ~
Kick Ball Change ;; 4 Turkey Walks to face ;;
Side Breaks (2 Slow ~ 4 Quick) ;;

PART A (1-9):

Push Break ;; Left Side Pass ;; Slow Side Breaks ;
Sugar Push – join right hands ;; Right Side Pass ;;
4 Quick Chicken Walks ; Throwout ;

END:

Whip Turn ;;
Step Together Turning Back to Back ~
(Trail Arms Up) ; Recover turning to face ;
Start a Wrapped Whip ;
Wheel 3 ~ Lower & Caress ;