

SAIL ALONG

Choreographers:	Music: "Sail Along Silv'ry Moon" by Chet Atkins with Danny Davis and the Nashville Brass – Track 2 from CD "Best of Chet Atkins & Friends" or MP3 file
Annette & Frank Woodruff	Footwork: Opposite except where indicated (<i>W's footwork in parentheses</i>)
Rue du Camp, 87	Rhythm: Slow-Two-Step & Jive
7034 Mons, Belgium	Phase: IV+1 (Triple Traveler) Teaching Tool: Triple Traveler
Tel: 00 32 65 73 19 40	Release date: May 2006
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INTRODUCTION

1	Wait;	Wait 5 notes;
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PART A

1 - 3	Triple Traveler ;;;	Fwd L com LF upper bdy trn raisg jnd ld hnds to ld W into LF trn, -, fwd R, fwd L (<i>W bk R trng ¼ LF, -, sd L trng ½ undr jnd ld hnds, sd & fwd R contg trn to LOP LOD</i>); fwd R spiral LF undr jnd hnds, - fwd L, fwd R (<i>W fwd L, -, fwd R, fwd L</i>); fwd L bring jnd hnds dwn & bk up in cont circ motion to ld W into RF trn, -, fwd & sd R to fc ptr, XLif (<i>W fwd R com RF trn, -, sd L cont RF trn undr ld hnds, fwd R to fc ptr</i>);
4	Basic Ending to Pick Up;	Side R blendg to CP COH, -, XLib (<i>W Xib</i>), rec R ldg W in frt;
5 - 7	Triple Traveler;;;;	Fwd L com LF upper bdy trn raisg jnd ld hnds to ld W into LF trn, -, fwd R, fwd L (<i>W bk R trng ¼ LF, -, sd L trng ½ undr jnd ld hnds, sd & fwd R contg trn to LOP RLOD</i>); fwd R spiral LF undr jnd hnds, - fwd L, fwd R (<i>W fwd L, -, fwd R, fwd L</i>); fwd L bring jnd hnds dwn & bk up in cont circ motion to ld W into RF trn, -, fwd & sd R to fc ptr, XLif (<i>W fwd R com RF trn, -, sd L cont RF trn undr ld hnds, fwd R to fc ptr</i>);
8	Basic Ending;	Side R blendg to CP WALL, -, XLib (<i>W Xib</i>), rec R;

PART B

1	Side Basic;	Sd L, -, XRib (<i>W Xib</i>), rec L;
2	Open Basic to Maneuver;	Sd R trng to ½ OP LOD, -, XLib, thru R reachg in frt of W in manuv action (<i>W thru L</i>);
3 - 4	Switch;;;	Sd L Xg in frt of W to L ½ OP, -, fwd R, fwd L (<i>W fwd R, -, fwd L, fwd R manuvg in frt of M</i>); fwd R, -, fwd L, fwd R manuvg in frt of W (<i>W sd L Xg in frt of M to ½ OP, fwd R, fwd L</i>);
5	Roll 3;	Roll dwn LOD fwd L, -, sd & bk R, sd L to mom BFLY;
6	Thru Side Behind;	Thru R to OP, -, sd L to mom BFLY, bk R to mom LOP RLOD;
7	Roll 3;	Sd & fwd L twd LOD, -, cont roll sd & bk R, sd L to fc ptr;
8	Thru Face Close to CP	Thru R, -, sd L to fc ptr, cl R to CP WALL;

PART C

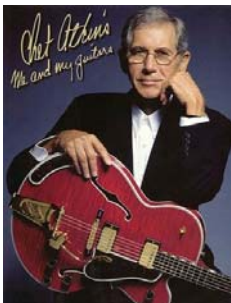
1	Chasse L & R;	Sd L/cl R, sd L, sd R/cl L/ sd R;
2	Rock Recover Swivel 2;	Rk bk L to SCP, rec R, w/ swvl action in & out fwd L, R;
3	2 Forward Triples;	Fwd L/cl R, fwd L, fwd R/cl L, fwd R;
4	Swivel Walk 4;	W/ swvl action in & out fwd L, R, L, R;
5 - 6	4 Point Steps;;	Pt fwd L on outsd edge of ft, fwd L, lookg bk ovr R shldr pt fwd R on outsd edge of ft, lookg ahead fwd R; rpt meas 5 Part C;
7	2 Forward Triples to face;	Fwd L/cl R, fwd L, fwd R/cl L, fwd R;
8	2 side closes;	Sd L, cl R, sd L, cl R;

PART D

1	Throwaway;	Sm fwd L/cl R, fwd L (<i>W fwd R/cl L, fwd R trng LF to end if of M</i>), sip R/L, R (<i>W bk L/cl R, bk L</i>) to LOP-FCG LOD;
2 - 4	Change L to R to CP ~	Rk apt L, rec R, sd L/cl R, sd L trng ¼ RF (<i>W trn ¾ LF undr jnd ld hnds R/L, R</i>); twd RLOD sd R/cl L, sd R to CP WALL, ~
	Double Rock Back ~	Blendg to SCP rk bk L, rec R, rk bk L, rec R;
	Walk 2 lady in front;;;	Fwd L, -, fwd R ldg W to step in front to LOP-FCG LOD, -;

ENDING

1	Step Side ~ Apart Point	Sd R, -, apt L, pt R twd ptr;
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Chester Burton "Chet" Atkins (June 20, 1924 – June 30, 2001) was an influential guitarist and record producer. His virtuoso picking style - inspired by Merle Travis, Django Reinhardt, George Barnes and Les Paul - brought him admirers both within and outside the country scene. Atkins produced records for Eddy Arnold, Don Gibson, Jim Reeves, Connie Smith, and Waylon Jennings. He created, along with Owen Bradley, the smoother country music style known as the Nashville sound, which expanded country music's appeal to include adult pop music fans as well.