

SECUNDO RUMBA

CHOREO.: Susan Healea
ADDRESS: 2803 Louisiana St., Longview, WA 98632
MUSIC: "Secundo Rumba" by Andy Fortuna
CD: "Pure Ballroom – Latin Rhythms (Paso Doble/Salsa/Bolero)"
DOWNLOAD: Available at various Internet download sites
FOOTWORK: Opposite, dir to man, unless noted in parentheses and italics
REL. DATE: July, 2010
SEQUENCE: INTRO-A-B-B-ENDING

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RHYTHM: Rumba
RAL PHASE: IV + 1
[Open Hip Twist]
DIFFICULTY: Average
TIME@100%: 2:32
SUG. SPEED: 100% [45 RPM]

MEAS.

INTRODUCTION

1-8 2 MEAS WAIT BFLY WALL ; ; FENCE LINE ; THRU SERPIENTE ; ; THRU SERPIENTE ; ; SPOT TURN ;

- 1-2 [1-2] In BFLY WALL wait 2 meas with lead foot free ; ;
3-5 [3] In BFLY WALL cross lunge thru with bent knee L looking RLOD, rec R fc partner, sd L, - ;
[4] Thru R, sd L, behind R, fan L CCW (*W fan CW*) ; [5] Behind L, sd R, thru L, fan R CCW (*W fan CW*) ;
6-8 [6] Thru R, sd L, behind R, fan L CCW (*W fan CW*) ; [7] Behind L, sd R, thru L, fan R CCW (*W fan CW*) ; [8] Releasing contact with partner XRif comm ½ LF trn (*W RF*), rec L comp trn to fc partner, sd R to BFLY WALL, - ;

PART A

1-4 BREAK TO OPEN LOD ; PROGRESSIVE WALKS FORWARD 3 ; SLIDING DOOR TWICE TO OPEN LOD ; ;

- 1-2 [1] From BFLY WALL swiveling sharply on weighted foot bk L to OPEN LOD, rec R, fwd L, - ;
[2] In OPEN LOD fwd R, fwd L, fwd R, - ;
3-4 [3] From OPEN LOD releasing contact with partner rk apt L, rec R, XLif with M moving behind W and changing sds to LOP LOD, - ; [4] Rk apt R, rec L, XRif with M moving behind W and changing sds to OPEN LOD, - ;

5-8 CIRCLE AWAY AND TOGETHER TO A RIGHT HAND STAR WALL ; ; WHEEL 3 [HALF WAY] TO MAN FACING COH ; BOTH TURN TO A LEFT HAND STAR WALL ;

- 5-6 [5] From OPEN LOD releasing contact and separating from partner and moving away in a LF (*W RF*) circular pattern fwd L, fwd R, fwd L to both fc RLOD approx 4 feet from partner, - ; [6] Cont LF (*W RF*) circular pattern toward partner fwd R, fwd L, fwd R to RIGHT HAND STAR [M fcg WALL and W fcg COH], - ;
7-8 [7] In a RIGHT HAND STAR fwd L, fwd R, fwd L (*W fwd R, fwd L, fwd R*) trng the star half way to finish with M fcg COH and W fcg WALL, - ; [8] Releasing contact with partner and both trng RF ½ individually in place R, L, R (*W L, R, L*) to finish in LEFT HAND STAR with M fcg WALL and W fcg COH, - ;

9-12 UMBRELLA TURN TO BFLY LOD ; ; ; ;

- 9-10 [9] From LEFT HAND STAR WALL fwd L [toward WALL], rec R, bk L (*W bk R, rec L, fwd R trng ½ LF under joined hands*), - ; [10] Bk R [toward COH], rec L, fwd R (*W bk L, rec R, fwd L trng ½ RF under joined hands*), - ;
11-12 [11] Fwd L [toward WALL], rec R, bk L (*W bk R rec L, fwd R trng ½ LF under joined hands*), - ;
[12] Bk R [toward COH], rec L, fwd R trng ¼ LF (*W bk L, rec R, fwd L trng ¼ RF*) to BFLY LOD, - ;

13-16 HALF BASIC ; WHIP [UNDERTURNED] TO BFLY COH ; HALF BASIC ; WHIP TO BFLY WALL ;

- 13-14 [13] In BFLY LOD fwd L, rec R, sd L, - ; [14] Bk R comm LF trn, rec fwd L comp ¼ trn, side R (*W fwd L outside M on his left sd, fwd R trng ¼ LF, sd L*) to BFLY COH, - ;
15-16 [15] In BFLY COH fwd L, rec R, sd L, - ; [16] Bk R comm ¼ LF trn, fwd L trng ¼ to comp ½ trn, sd R (*W fwd L outside M on his left sd, fwd R trng ½ LF, sd L*) to BFLY WALL, - ;

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Phase IV + 1 Rumba [Average] by Susan Healea

PART B

1-4 AIDA ; SWITCH CROSS TO BFLY WALL ; SIDE WALK HALF ; AIDA ;

- 1-2 [1] From BFLY WALL thru L toward RLOD, fwd and sd R trng LF releasing leads hands, bk L to AIDA LINE [V BK TO BK], - ; [2] From AIDA LINE [V BK TO BK] trng RF to fc partner sd R checking bringing joined hands thru, rec L, XRif to BFLY WALL, - ;
- 3-4 [3] In BFLY WALL sd L, cl R, sd L, - ; [4] Thru R toward LOD, fwd and sd L trng RF releasing trail hands, bk R to AIDA LINE [V BK TO BK], - ;

5-8 SWITCH ROCK TO BFLY WALL ; SPOT TURN TO HAND SHAKE WALL ; OPEN HIP TWIST ; FAN ;

- 5-6 [5] From AIDA LINE [V BK TO BK] trng LF to fc partner sd L checking bringing joined hands thru, rec R, sd L, - ; [6] Releasing contact with partner XRif comm ½ LF trn (*W RF*), rec L comp trn to fc partner, sd R to HAND SHAKE WALL, - ;
- 7-8 [7] From HAND SHAKE WALL fwd L, rec R, cl L (*W bk R, rec L, fwd R and swivel ¼ RF*), - ; [8] Bk R, rec L, sd R (*W fwd L comm LF trn, sd and bk R comp ½ LF trn, bk L*) joining lead hands in FAN POSITION WALL [M fcg WALL and W fcg RLOD], - ;

9-12 HOCKEY STICK TO BFLY DRW ; ; SHOULDER TO SHOULDER TWICE TO BFLY WALL ; ;

- 9-10 [9] From FAN POSITION WALL fwd L, rec R, cl L (*W cl R, fwd L, fwd R ending to the M's left and cont to fc RLOD*), - ; [10] Bk R, rec L, fwd and sd R (*W fwd L, fwd R trng LF under joined hands to fc partner, bk and sd L*) to BFLY DRW, - ;
- 11-12 [11] From BFLY DRW fwd L (*W bk R*) to BFLY SCAR, rec R to fc partner in BFLY WALL, sd L, - ; [12] Fwd R (*W bk L*) to BFLY BJO, rec L to fc partner in BFLY WALL, sd R, - ;

13-16 ALEMANA TO A LARIAT TO BFLY WALL ; ; ; ;

- 13-14 [13] In BFLY WALL fwd L, rec R, sd L leading W to comm RF trn (*W bk R, rec L, sd R comm RF trn*), - ; [14] Bk R [optional: XRib], rec L, sd R (*W cont RF trn under joined lead hands fwd L, comp RF trn fwd R to fc partner, sd L*) to finish with W on M's right sd with only lead hands joined, - ;
- 15-16 [15] In place L, R, L (*W circle M CW fwd R, fwd L, fwd R*), - ; [16] In place R, L, R (*W cont circling M CW fwd L, fwd R, fwd L*) to BFLY WALL, - ;

ENDING

1-5 FENCE LINE ; THRU SERPIENTE ; ; THRU SERPIENTE WITH POINT ENDING ~ LOOK RLOD ; ;

- 1-3 [1] In BFLY WALL cross lunge thru with bent knee L looking RLOD, rec R fc partner, sd L, - ; [2] Thru R, sd L, behind R, fan L CCW (*W fan CW*) ; [3] Behind L, sd R, thru L, fan R CCW (*W fan CW*) ;
- 4-5 [4] Thru R, sd L, behind R, fan L CCW (*W fan CW*) ; [5] Behind L, sd R, thru L, remaining in BFLY WALL start to fan R CCW (*W fan CW*) stopping the foot when the toe is pointing to the sd and toward RLOD and look over trail hands ; **SMILE ☺**