

## SENTIMENTAL DREAMS

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Music: Sentimental Dreams by Gunter Noris & His Swing Orchestra  
From the CD album Big Band Highlights  
Available from iTunes Music Downloads

Rhythm/Phase: Foxtrot Phase V + 2 (Double Telemark & Outside  
Spin & Twist)

Music Speed: As downloaded

Footwork: Opposite throughout directions for M (and for W where noted).

Sequence: Introduction A B C D B Ending

### ..... INTRODUCTION (4 Measures) .....

OPN FCNG POS DLW LEAD FEET FREE WAIT 2 MEAS;; STEP TOG & TCH CP;  
FEATHER FINISH;

[1 & 2] In opn fcng pos DLW with lead feet free wait 2 meas;; [3] Blndng to clsd pos fwd L, -, tch R to left, -; [4] Bk R turning lf, -, sd & fwd L, fwd R outside W crossing right leg in front of left at thighs to CBMP;

### ..... PART A (16 Measures) .....

CURVING THREE-STEP; BK CURVING THREE-STEP; THREE-STEP; NATURAL HOVER  
CROSS;; TELEMARK SEMI; NATURAL WEAVE;; WHISK; WING; TELEMARK SEMI;  
IN & OUT RUNS;; THRU FC CL; BOX W/ FINISH TO LOD;;

[1] Starting a blnd to clsd pos fwd L commence lf turn, -, fwd R passing well under the body with right side stretch continue lf turn, with right side stretch banking into the curve fwd L well under the body; [2] Bk R commence lf turn, -, bk L passing well under body with left side stretch continue lf turn, with left side stretch banking into the curve bk R well under the body; [3] Three forward passing steps with heel lead on steps 1 & 2 rising to toe on step 3 fwd L, -, fwd R, fwd L; [4 & 5] Fwd R DLW commence rf turn, -, sd L with left side stretch, continue rf turn sd R sdcar pos DLW; With right side stretch fwd L outside partner on toe, rec R with slight left side lead, sd & fwd L, with left side stretch fwd R outside partner in CBMP on toe; (W bk L commence rf turn, -, cl R to left heel turn with right side stretch, continue rf turn sd L; With left side stretch bk R on toe, rec L with slight right side lead, sd & bk R, with right side stretch bk L; [6] Fwd L commence lf turn, -, sd R continue lf turn, sd & slightly fwd L end tight semi-clsd pos; [7 & 8] Fwd R commence rf turn, -, sd L with left side stretch, with right side lead bk R DLC prepare to lead W outside partner; With right side stretch bk L in CBMP, bk R commence lf turn passing thru clsd pos, with left side stretch sd & fwd L prepare to step outside partner, with left side stretch fwd R in CBMP outside partner DLW; (W fwd L, -, fwd R, fwd L; With left side stretch fwd R in CBMP outside partner, fwd L commence lf turn passing thru clsd pos, with right side stretch sd R turning lf, with right side stretch bk L; [9] Fwd L to clsd pos, -, fwd & sd R commence rise to ball of foot, XLIB of right continue to full rise on ball of foot ending in tight semi-clsd pos; [10] Fwd R, -, draw L toward R, tch L to right turning upper body lf with left side stretch; [11] Fwd L commence lf turn, -, sd R continue lf turn, sd & slightly fwd L to end tight semi-clsd pos DLW; [12 & 13] Fwd R start rf turn, -, sd & bk L DLW to clsd pos, bk R to bjo pos; Using CBM bk L turning rf, -, sd & fwd R between W's feet continue rf turn, fwd L to semi-clsd pos; [14] Thru R with slight rf turn to fc partner, -, sd L, cl R; [15 & 16] In clsd pos fcng wall fwd L, -, sd R, cl L; Bk R start lf turn to fc LOD, -, sd L, cl R;

### ..... PART B (16 Measures) .....

REVERSE TURN 1/2 - CHK & WEAVE;; HOVER TELEMARK; CURVED FEATHER  
CHKNG; BK LILT 4; WEAVE ENDING; WHISK; PKUP SD CL; DOUBLE TELEMARK;;  
OPN NATURAL; OUTSIDE SPIN; BK TURNING LOCK; MANUV; HESITATION CHNG;

[1 - 3] Fwd L start lf body turn, -, sd R continue turn, bk L LOD to clsd pos; Slip R back under body with slight contra chk action, -, fwd L commence lf turn, sd R with right side lead and slight right side stretch preparing to lead W outside partner; With right side stretch bk L in CBMP continue lf turn, bk R to momentary clsd pos continue lf turn, sd & fwd L with left side stretch, with left side stretch fwd R in CBMP

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outside partner; (W bk R start lf turn, -, cl L to right heel turn continue turn, fwd R to clsd pos; Slip L fwd under body with slight contra chk action, -, bk R commence lf turn, sd L with left side lead and slight left side stretch preparing to step outside partner; With left side stretch fwd R in CBMP outside partner, fwd L to momentary clsd pos continue lf turn, sd & bk R with right side stretch, with right side stretch bk L in CBMP;) [4] Fwd L, -, diag sd & fwd R rising or hovering slightly with body turn up to 1/4 rf, fwd L small step on toes to semi-clsd pos; [5] Fwd R commence rf turn, -, with left side stretch continue rf turn sd & fwd L (W stay well into M's right arm), continue upper body turn to right with left side stretch fwd R outside partner in CBMP DRW; [6] Bk L, cl R to left rising onto toes & keeping knees bent, bk L, cl R to left rising onto toes & keeping knees bent; [7] Bk L, bk R commence lf turn, sd & fwd L DLW blind bjo pos prepare to step outside partner, fwd R; [8] Fwd L to clsd pos, -, fwd & sd R commence rise to ball of foot, XLIB of right continue to full rise on ball of foot ending in tight semi-clsd pos; [9] Toward LOD fwd R picking up W to clsd pos, -, sd L, cl R; [10 & 11] Fwd L turning body lf, -, sd R continue lf turn with right side stretch, sd & fwd L complete approx 7/8 lf turn; Fwd R with heel lead start lf turn/fwd L continue lf turn, sd & fwd R with right side stretch, continue lf turn sd & fwd L to tight semi-clsd pos DLW; (W bk R start lf body turn, -, bk L to right for heel turn & transfer weight to left, strong step fwd R; Fwd L turn lf to clsd pos/bk R start lf turn, bk L to right for toe spin & transfer weight to left, fwd R tight semi-clsd pos;) [12] Commence rf upper body turn fwd R heel to toe, -, sd L across LOD, continue slight rf upper body turn bk R lead partner to step outside M to bjo pos; [13] Commence rf body turn toeing in with right side lead bk L, -, fwd R heel to toe continue rf turn, sd & bk L end clsd pos fcng RLOD; (W commence rf body turn with left side lead staying well into M's right arm fwd R outside partner heel toe, -, cl L to right pivot on toes of both feet, continue rf turn fwd R between M's feet to end clsd pos fcng LOD;) [14] Bk R with right side lead and right side stretch/XLIF of right, bk & slightly sd R commence lf turn, sd & slightly fwd L to CBMP, -; [15] Commence rf turn fwd R, -, continue rf turn to fc partner sd L, complete turn cl R; [16] Commence rf upper body turn bk L, -, sd R continue rf turn to fc DLC, draw L to right;

## ..... PART C (16 Measures) .....

CLSD TELEMAR; MANUV; SPIN TURN; 1/2 BOX BK; HOVER TELEMAR;  
PROMENADE WEAVE;; CHNG OF DIRECTION; REVERSE WAVE;; BK FEATHER;  
BK FEATHER FINISH; THREE-STEP; CROSS PIVOT SDCAR; HITCH 4; HOVER  
CROSS ENDING;

[1] Fwd L commence lf turn, -, fwd & sd R around W close to W's feet turning lf, fwd & sd L end tight bjo pos fcng DLW; [2] Fwd R commence rf turn, -, continue rf turn to fc partner sd L, complete turn cl R; [3] Commence rf upper body turn bk L toe pivoting 1/2 rf to fc line of progression, -, fwd R between W's feet heel to toe continue rf turn keeping left leg extended back & side, complete turn sd & bk L fc LOD; [4] Bk R, -, sd L, cl R; [5] Fwd L, -, diag sd & fwd R rising or hovering slightly with body turn up to 1/4 rf, fwd L small step on toes to semi-clsd pos; [6 & 7] Fwd R, -, fwd L commence lf turn, sd & slightly bk R to bjo pos DLC; Bk L in CBMP, bk R commence lf turn and lead W to clsd pos, sd & slightly fwd L DLW, fwd R outside partner to CBMP DLW; [8] Fwd L DLW, -, fwd R with right shldr lead & lf turn, draw L to right; [9 & 10] Fwd L start lf turn, -, sd R line of progression, bk L diag; Bk R line of progression, -, bk L, bk R curving lf to end fcng reverse line of progression; (W bk R start lf body turn, -, cl L to right heel turn, fwd R diag; Fwd L, -, fwd R, fwd L curving to end fcng line of progression;) [11] Bk L, -, bk R with right shldr lead, bk L to CBMP; [12] Bk R turning lf, -, sd & fwd L, fwd R outside W crossing right leg in front of left at thighs to CBMP; [13] Starting a blind to clsd pos LOD fwd L, -, fwd R, fwd L; [14] Fwd R between W's feet start rf turn, -, sd L continue rf turn, complete turn fwd R sdcar pos DLW; [15] Fwd L, cl R, bk L, cl R; [16] With right side stretch fwd L in sdcar on toe, rec R, with left side lead sd & fwd L, with left side stretch fwd R in bjo pos DLC;

## ..... PART D (16 Measures) .....

OPN TELEMAR; NATURAL WEAVE;; CHNG OF DIRECTION; OPN REV TURN BJO;  
OUTSIDE CHECK; OUTSIDE SPIN & TWIST;; FEATHER FINISH; TURN LEFT &  
CHASSE BJO; IMPETUS SEMI; PKUP SD CL; DIAMOND TURN;;;

[1] Fwd L commence lf turn, -, sd R continue lf turn, sd & slightly fwd L to end loose semi-clsd pos DLW; [2 & 3] Same as measures 7 & 8 of Part A;; [4] Fwd L DLW, -, fwd R with right shldr lead & lf turn,

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draw L to right; [5] Fwd L turning lf up to 1/4 turn, -, continue lf turn sd R, bk L to CBMP; [6] Bk R turning lf, -, sd & fwd L, chk fwd R outside partner to CBMP; [7 & 8] Starting from bjo pos bk L pivoting rf with left side stretch, -, fwd R heel to ball continue rf turn & left side stretch, sd L toward DLW; XRIB of left with only partial weight/unwind rf change weight to R, continue rf turn on R, step sd L DLW, -; (W fwd R pivoting rf, -, bk L turning rf, cl R to left fc DLC; Fwd L/R around M, fwd L turning rf, fwd R between M's feet, -;) [9] Bk R turning lf, -, sd & fwd L, fwd R outside W crossing right leg in front of left at thighs to CBMP; [10] Fwd L turning lf toward COH, -, sd R/cl L, sd R blind bjo pos; [11] Commence rf upper body turn bk L, -, cl R to left heel turn continue rf turn about 3/8, complete turn fwd L tight semi-clsd pos LOD; [12] Toward LOD thru R picking up W clsd pos, -, sd L, cl R; [13 - 16] Fwd L turning lf on diag, -, continue lf turn sd R, bk L with partner outside M in CBMP; Staying in CBMP and turning lf bk R, -, sd L, fwd R outside partner in CBMP; Fwd L turning lf on diag, -, sd R, bk L with partner outside M in CBMP; Bk R continue lf turn, -, sd L, fwd R in CBMP DLC;

### . . . . . ENDING (2 Measures) . . . . .

#### FWD, RT LUNGE & EXTEND;;

[1 & 2] Fwd L blind clsd pos, -, fwd & sd R with slight lunge action, -; As music fades extend body & trailing arms & hold, -, -, -;