

SERENADE '09

Dance by: YASUYO WATANABE, 24 NAKASEKO-CHO, TOYOHASHI 440-0815, JAPAN

E-mail: miowtnb@ybb.ne.jp

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Record: STAR-172 "SPRING TO SERENADE" flip of "SWITHCHIN' IN THE KITCHEN"

Rhythm: WZ

Phase: III+2(DIAMOND TRN, OP TELE) (DIFF)

Speed: 45 rpm

Footwork : Opposite, directions for M. **Seq.:** INTRO-A-B-INTER-A-B-B-END

INTRO

1 -4 WAIT 2 MEAS;; DIP BK; REC, TCH to BFY WALL;

1 -4 In CP WALL wait 2 meas;; Dip L,-,-; Rec R,tch L,- to BFY WALL;

PART A

1 -4 WZ AWY; X WRAP; 2 BK UP WZ;;

1 -4 In BFY WALL fwd L slightly awy from ptr,fwd R,cl L; M amd W fwd R,fwd L,cl R(W wrap trng LF fwd L,fwd R,cl L) to WRAPPED RLOD; Bk L,bk R,cl L; Bk R,bk L,cl R;

5 -8 WHEEL 3 fc LOD; THRU FC CL; HVR; WING to SCAR;;

5 -8 Wheel RF fwd L,fwd R(W bk R,bk L),cl L fc LOD; Thru R,sd L,cl R; Fwd L,fwd&sd R rising on the ball of R foot,rec L to SCP LOD; Fwd R,draw L twd R,tch L to R turnig upper part of body LF with L side stretch (W amd M fwd L,fwd trn R,fwd trn L) to SCAR DLC;

9 -12 DIAMOND TRN;;;

9-12 Fwd L trng LF on diag contg LF sd R ,bk L with the ptr outside the man in CBMP; Staying CBMP and trng LF R,sd L trng 1/4 LF,fwd Routside ptr in CBMP; Fwd L trng LF on diag,sd R,bk L with the woman outside the man in CBMP; Bk R cong LF trng,sd L,fwd R end in CP LOD;

13-16 OP TELE; HVR FALWY; W. SLIP PVT to BJO; FWD SD THRU;

13-16 Fwd L commg to tm LF,sd R contg LF tm,Sd and slightly fwd L (W Bk R commg to tm LF bring L beside R with no weight,tm LF on R heel and change weight to L,side and slightly fwd R) to end in tight SCP LOD; Fwd R twd LOD, fwd&sd L rising to ball of foot,rec bk R; Bk L,bk R trng LF,fwd L(W bk R pvt LF,fwd L contg tm lf,bk R) to BJO LOD; Fwd R(W bk L),sd L,thru R to BFY WALL;

PART B

1 -4 WZ AWY; TRN IN to LOP RLOD; BK UP WZ; BK DRAW TCH;

1 -4 In BFY WALL repeat meas 1 of PART A; Fwd R trng 1/2 RF(W LF) to LOD RLOD,bk L,cl R; Bk L,bk R,cl L; Bk R,draw L to R,tch L;

5 -8 OP BOX;; THRU TWNKL to SCP LOD; THRU CHASSE to BJO DLC;

5 -8 Fwd L twd RLOD,sd R,cl L; Bk R,sd L,cl R; Thru L twd RLOD,sd R,cl L to SCP LOD; Thru R,sd L/cl R,sd L to BJO DLC;

9 -12 FWD FWD/LK FWD; MANUV; SPN TRN OVER TRN; BK 1/2 BOX to BFY WALL;

9-12 Fwd R,fwd L/fwd R,fwd L; Fwd R trng 1/4 RF(W stp in plc L),sd L,cl R to CP RLOD; Bk L pvt 3/4 RF fc WALL,fwd R rise,sd&bk L; Bk R,sd L,cl R to BFY WALL;

13-16 BAL L; SD DRAW TCH; SOLO TRN 6;;

13-16 Sd L,XRIB,stp L in plc; Sd R,draw L,tch L to R; Fwd L trng 1/4 RF,sd R contg trng 1/2 RF fcg RLOD,cl L; Bk R trnf 1/4 RF,sd L,cl R to CP WALL(2nd to BFY WALL);

INTER

1 -4 DIP BK; REC TCH;

1 -4 In CP WALL dip bk L,-,-; Rec R,tch L,- to BFY WALL;

END

1 -4 HVR; WING to SCAR;; OP TELE; CHAIR & HOLD;

1 -4 In CP WALL Fwd L,fwd&sd R rising on ball of foot,rec L to SCPLD; Fwd R,draw L,tch L to R trng upper part of body LF with L side stretch (W fwd L around man fwd R,fwd L) end in tight SCAR; Repeat meas 13 of PART A end in SCP LOD; Fwd R lunge bend knee,hold,-;