

SLOW HAND

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MUSIC: MP3 Download Amazon.com "Slow Hand" Artist: The Pointer Sisters
FOOTWORK: Opposite For Woman Except Where Noted
RHYTHM: RUMBA
DANCE LEVEL: Phase IV+1 (Opn Hip Twist)
SPEED: 45 RPM
RELEASED: OCT 2010

SEQUENCE: INTRO – A – B – C – A – B – D – B - END

INTRO

1 – 8 **BTFY FCNG WALL WAIT;; PEEK-A-BOO CHASE - BTFY;;;; N-YRKR; SPT TRN;**
(Peek-A-Boo Chase) Rlsng hnds & trng ½ rt fc sd L, rcvr R to COH, fwd L-; sd R look ovr lft shldr at Woman, rcvr L, clo R-; sd L look ovr rt shldr at Woman, rcvr R, clo L-; trng ½ lft fc sd R, rcvr L to BTFY/WALL, fwd R-; **(Woman bk R, rcvr L, fwd R-; sd L, rcvr R, clo L-; sd R, rcvr L, clo R-; fwd L, rcvr R, bk L-;)** **(N-Yrkr)** Rlsng trail hnds trng ¼ rt fc thru L, trng ¼ lft fc rcvr R to BTFY, sd L-; **(Spt Trn)** Rlsng hnds trng ½ lft fc thru R, pvtng ½ lft fc rcvr L to BTFY/WALL, sd R-;

PART A

1 – 8 **OPN BRK; UNDRARM TRN; N-YRKR; AIDA; SWITCH; RVS VINE -3; FNCLINE; SPT TRN;**
(Opn Brk) Rlsng trail hnds bk L shooting rt arm straight up, rcvr R to BTFY, sd L-; **(Undrarm Trn)** Rlsng trail hnds cross R bhnd, rcvr L to BTFY, sd R-; **(Woman pvtng ½ lft fc on R undr lead hnds cross L in frnt, pvtng ½ rt fc rcvr R to BTFY, sd L-;)** **(N-Yrkr)** Rlsng trail hnds trng ¼ rt fc thru L, trng ¼ lft fc rcvr R to BTFY, sd L-; **(Aida)** Cross trail hnds ovr lead hnds trng ¼ lft fc thru R, rlsng trail hnds & trng 5/8 rt fc bk L to "V" bk to bk position, bk R to fc RLOD-; **(Switch)** Arcing lead hnds up & twds LOD trng 5/8 lft fc to fc Ptnr sd L to BTFY/WALL, rcvr R, twds RLOD thru L-; **(Rvs Vine -3)** Sd R, cross L bhnd, sd R-; **(Fncline)** Staying in BTFY/WALL thru-lunge L, rcvr R, sd L-; **(Spt Trn)** Rlsng hnds trng ½ lft fc thru R, pvtng ½ lft fc rcvr L to BTFY/WALL, sd R-;

9 – 14 **HND TO HND – TWICE;; BRK BK – OPN; KIKI WLK -3; SLIDING DOOR – TWICE; CIR AWY -3;**
(Hnd To Hnd – Twice) Rlsng lead hnds trng ¼ lft fc bk L, trng ¼ rt fc rcvr R to BTFY, sd L-; rlsng trail hnds trng ¼ rt fc bk R, trng ¼ lft fc rcvr L to BTFY/WALL, sd R-; **(Brk BK – Opn)** Rlsng lead hnds & trng ¼ lft fc bk L, rcvr R to OPN/LOD, fwd L-; **(Kiki Wlk -3)** With swiv action fwd L, fwd R, fwd L-; **(Sliding Door – Twice)** Sd L, rcvr R, bhnd Woman cross L in frnt to LOPN/LOD-; sd R, rcvr L, bhnd Woman cross R in frnt to OPN/LOD-; **(Cir Awy -3)** Rlsng hnds trng 3/8 lft fc fwd L, clo R, fwd L-;

15 – 16 **BK TOG -3 – BTFY; SD-DRW-CLO – HND SHK;**
(Bk Tog -3 – Btfy) Trng 3/8 lft fc fwd R, clo L, fwd R to BTFY/WALL-; **(Sd-Drw-Clo – Hnd Shk)** Sd L-, drw-clo R to HND SHK/WALL-;

PART B

1 – 9 **OPN HIP TWST; FAN; HCKYSTIK;; OPN BRK; WHIP – CTR; FNCLINE; SPT TRN; OPN BRK;**
(Opn Hip Twst) Fwd L, rcvr R, bk L-; **(Woman bk R, rcvr L, fwd-swiv R ¼ rt fc to fc LOD;)** **(Fan)** Bk R, rcvr L, clo R to FAN POSITION-; **(Woman fwd L, chng to lead hnds & trng ½ lft fc sd & bk R, bk L-;)** **(Hckystik)** Fwd L, rcvr R, clo L-; bk R, rcvr L, diag out fwd R to BTFY RLOD/WALL-; **(Woman clo R to L, fwd L, fwd R; fwd L, trng 5/8 lft fc undr lead hnds bk R, bk L-;)** **(Opn Brk)** Rlsng trail hnds bk L shooting rt arm straight up, rcvr R to BTFY, sd L-; **(Whip – Ctr)** Cross trail hnds ovr lead hnds trng ¼ lft fc bk R, trng ¼ lft fc fwd L to BTFY/COH, sd R-; **(Woman crossing in frnt of Man fwd L, trng ½ lft fc bk R to BTFY, sd L-;)** **(Fncline)** Staying in BTFY/WALL thru-lunge L, rcvr R, sd L-; **(Spt Trn)** Rlsng hnds trng ½ lft fc thru R, pvtng ½ lft fc rcvr L to BTFY/COH, sd R-; **(Opn Brk)** Rlsng trail hnds bk L shooting rt arm straight up, rcvr R to BTFY, sd L-;

10 – 12 **WHIP WALL; SHLDR TO SHLDR; SPT TRN;**
(Whip – Wall) Cross trail hnds ovr lead hnds trng ¼ lft fc bk R, trng ¼ lft fc fwd L to BTFY/WALL, sd R-; **(Shldr To Shldr)** Staying in BTFY/WALL cross L in frnt **(Woman cross R bhnd)**, rcvr R, sd L-; **(Spt Trn)** Rlsng hnds trng ½ lft fc thru R, pvtng ½ lft fc rcvr L to BTFY/WALL, sd R-;

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PART C

1 – 8

N-YRKR; AIDA; SWITCH RK; FNCLINE; OPN BRK; UNDRARM TRN; HND TO HND – TWICE;;

(N-Yrkr) Rlsng trail hnds trng $\frac{1}{4}$ rt fc thru L, trng $\frac{1}{4}$ lft fc rcvr R to BTFY, sd L-; **(Aida)** Cross trail hnds ovr lead hnds trng $\frac{1}{4}$ lft fc thru R, rlsng trail hnds & trng 5/8 rt fc bk L to "V" bk to bk position, bk R to fc RLOD-; **(Switch Rk)** Arcing lead hnds up & twds LOD trng 5/8 lft fc to fc Ptnr sd L to BTFY/WALL, rcvr R, twds LOD sd L-; **(Fncline)** Staying in BTFY/WALL thru-lunge R, rcvr L, sd R-; **(Opn Brk)** Rlsng trail hnds bk L shooting rt arm straight up, rcvr R to BTFY, sd L-; **(Undrarm Trn)** Rlsng trail hnds cross R bhnd, rcvr L to BTFY, sd R-; **(Woman pvtng $\frac{1}{2}$ lft fc on R undr lead hnds cross L in frnt, pvtng $\frac{1}{2}$ rt fc rcvr R to BTFY, sd L-;)** **(Hnd To Hnd – Twice)** Rlsng lead hnds trng $\frac{1}{4}$ lft fc bk L, trng $\frac{1}{4}$ rt fc rcvr R to BTFY, sd L-; rlsng trail hnds trng $\frac{1}{4}$ rt fc bk R, trng $\frac{1}{4}$ lft fc rcvr L to BTFY/WALL, sd R-;

REPEAT PARTS "A" & "B"

PART D

1 – 8

SHLDR TO SHLDR; SPT TRN; HND TO HND – TWICE;; OPN BRK; CRABWLK – TWICE;; SPT TRN;

(Shldr To Shldr) Staying in BTFY/WALL cross L in frnt **(Woman cross R bhnd)**, rcvr R, sd L-; **(Spt Trn)** Rlsng hnds trng $\frac{1}{2}$ lft fc thru R, pvtng $\frac{1}{2}$ lft fc rcvr L to BTFY/WALL, sd R-; **(Hnd To Hnd – Twice)** Rlsng lead hnds trng $\frac{1}{4}$ lft fc bk L, trng $\frac{1}{4}$ rt fc rcvr R to BTFY, sd L-; rlsng trail hnds trng $\frac{1}{4}$ rt fc bk R, trng $\frac{1}{4}$ lft fc rcvr L to BTFY/WALL, sd R-; **(Opn Brk)** Rlsng trail hnds bk L shooting rt arm straight up, rcvr R to BTFY, sd L-; **(Crabwlk – Twice)** Staying in BTFY/WALL thru R, sd L, thru R-; sd L, clo R, sd L-; **(Spt Trn)** Rlsng hnds trng $\frac{1}{2}$ lft fc thru R, pvtng $\frac{1}{2}$ lft fc rcvr L to BTFY/WALL, sd R-;

9 – 11

ALEMANA;; N-YRKR IN -4 – HND SHK;

(Alemana) Fwd L, rcvr R, sd L-; cross R bhnd, rcvr L, sd R-; **(Woman bk R, rcvr L, sd R-; trng $\frac{1}{2}$ rt fc undr lead hnds cross L in frnt, trng $\frac{1}{2}$ rt fc rcvr R to BTFY, sd L-;)** **(N-Yrkr in -4 Hnd Shk)** Rlsng trail hnds & trng $\frac{1}{4}$ rt fc cross L in frnt, rcvr R to BTFY/WALL, sd L, clo R to HND SHK/WALL;

REPEAT PART "B"

END

1 – 7

OPN BRK; UNDRARM TRN; SHLDR TO SHLDR; SPT TRN; HND TO HND – TWICE;; OPN BRK & HOLD;

(Opn Brk) Rlsng trail hnds bk L shooting rt arm straight up, rcvr R to BTFY, sd L-; **(Undrarm Trn)** Rlsng trail hnds cross R bhnd, rcvr L to BTFY, sd R-; **(Woman pvtng $\frac{1}{2}$ lft fc on R undr lead hnds cross L in frnt, pvtng $\frac{1}{2}$ rt fc rcvr R to BTFY, sd L-;)** **(Shldr To Shldr)** Staying in BTFY/WALL cross L in frnt **(Woman cross R bhnd)**, rcvr R, sd L-; **(Spt Trn)** Rlsng hnds trng $\frac{1}{2}$ lft fc thru R, pvtng $\frac{1}{2}$ lft fc rcvr L to BTFY/WALL, sd R-; **(Hnd To Hnd – Twice)** Rlsng lead hnds trng $\frac{1}{4}$ lft fc bk L, trng $\frac{1}{4}$ rt fc rcvr R to BTFY, sd L-; rlsng trail hnds trng $\frac{1}{4}$ rt fc bk R, trng $\frac{1}{4}$ lft fc rcvr L to BTFY/WALL, sd R-; **(Opn Brk & Hold)** Rlsng trail hnds bk L shooting rt arm straight up & hold-;