

SOFT & BREEZY

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Music: Mexicoma (Instrumental Version) by Off The Record
From the Single recording of Mexicoma
Available from iTunes Music Downloads

Rhythm/Phase: Cha Cha Phase IV

Music Speed: As downloaded

Footwork: Opposite throughout directions for M (and for W where noted).

Sequence: Introduction A B A C D Ending

..... INTRODUCTION (4 Measures)

BFLY POS FCNG PARTNER & WALL W/ LEAD FEET FREE WAIT 2 MEAS;; ALEMANA BFLY;;

[1 & 2] In bfly pos fcng partner & wall with lead feet free wait 2 measures;;

[3 & 4] Fwd L, rec R, sd L/cl R, sd L lead W to turn rf; Bk R, rec L, sd R/cl L, sd R bfly pos; (W bk R, rec L, sd R/cl L, sd R commence rf swivel; Continue rf turn under joined lead hands fwd L, continue rf turn fwd R, sd L/cl R, sd L bfly pos;)

..... PART A (16 Measures)

SAND STEP TWICE;; TRVLNG DOOR TWICE;; TWIRL VINE 2 & SD CHA; 1 CRAB WALK; CIRCLE AWAY 2 & A CHA; TOG 2 & A CHA BFLY; 1/2 BASIC; TO A FAN; HOCKEY STICK;; NEW YKR RLOD; SPOT TURN LOD BFLY; CUCARACHAS L & R;;

[1 & 2] Tch toe of L to instep of right with no weight chng, tch heel of L to instep of right with no weight chng, XLIF of right/sd R, XLIF of right; Tch toe of R to instep of left with no weight chng, tch heel of R to instep of left with no weight chng, XRIF of left/sd L, XRIF of left; [3 & 4] Still in bfly pos rk sd L, rec R, XLIF/sd R, XLIF; Rk sd R, rec L, XRIF/sd L, XRIF; [5] With M's left and W's right hands joined sd L, XRIB, sd L/cl R, sd L; (W sd & fwd R turning 1/2 rf under joined hands, sd & bk L turning 1/2 rf, sd R/cl L, sd R;)

[6] Toward LOD XRIF, sd L, XRIF/sd L, XRIF; [7] Circling lf away from partner toward COH (W rf toward wall) fwd L, fwd R, fwd L/cl R, fwd L; [8] Circling back to fc partner & wall bfly pos fwd R, fwd L, fwd R/cl L, fwd R; [9] Fwd L, rec R, sd L/cl R, sd L; [10] Bk R, rec L, sd R/cl L, sd R; (W fwd L, turning lf step sd & bk R making 1/4 lf turn, bk L/lock R in front, bk L leaving right extended forward with no weight;)

[11 & 12] Fwd L, rec R, step in place L/R, L; Bk R, rec L, fwd R/cl L, fwd R follow W end DRW; (W cl R, fwd L, fwd R/L, R; Fwd L, fwd R turning lf to fc partner, bk L/cl R, bk L on diag;)

[13] Toward RLOD step thru L with straight leg turning to a side by side pos, rec R turning to fc partner, sd L/cl R, sd L bfly pos; [14] Toward LOD commence turn cross R in front turning 1/2 on crossing foot, rec L complete turn to fc partner & wall bfly pos, sd R/cl L, sd R; [15 & 16] Sd L, rec R, cl L/step R in place, step L in place; Sd R, rec L, cl R/step L in place, step R in place;

..... PART B (16 Measures)

FULL CHASE BFLY;;; BRK BK OP FC LOD & CHA; WALK 2 & CHA; RK FWD, REC, & BK TRIPLE CHA;; RK BK, REC, & FWD TRIPLE CHA;; CIRCLE AWAY 2 & A CHA; TOG 2 & A CHA BFLY; FENCE LINE TWICE;; ALEMANA BFLY;;

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[1 – 4] Fwd L commence rf turn 1/2, rec fwd R, fwd L/cl R, fwd L; Fwd R commence lf turn 1/2, rec fwd L, fwd R/cl L, fwd R; Fwd L, rec R, bk L/cl R, bk L; Bk R, rec L, fwd R/cl L, fwd R; (W bk R no turn, rec L, fwd R/cl L, fwd R; Fwd L commence rf turn 1/2, rec fwd R, fwd L/cl R, fwd L; Fwd R commence lf turn 1/2, rec fwd L, fwd R/cl L, fwd R; Fwd L no turn, rec R, bk L/cl R, bk L;)
[5] Commence lf turn XLIB to opn pos fcng LOD, rec fwd R, fwd L/cl R, fwd L; [6] Fwd R, fwd L, fwd R/cl L, fwd R; [7 & 8] Rk fwd L, rec bk R, bk L/cl R, bk L; Bk R/cl L, bk R, bk L/cl R, bk L; [9 & 10] Rk bk R, rec fwd L, fwd R/cl L, fwd R; Fwd L/cl R, fwd L, fwd R/cl L, fwd R; [11] Same as measure 7 of Part A; [12] Same as measure 8 of Part A; [13 & 14] Toward RLOD cross lunge thru L with bent knee looking in direction of lunge, rec R turning to fc partner, sd L/cl R, sd L; Toward LOD cross lunge thru R with bent knee looking in direction of lunge, rec L turning to fc partner, sd R/cl L, sd R; [15 & 16] Same as measures 3 & 4 of Introduction;;

..... PART C (16 Measures)

1/2 BASIC; UNDERARM TURN; REVERSE UNDERARM TURN; 1 CRAB WALK; 1 SD WALK; SPOT TURN LOD BFLY; 1/2 BASIC; TO A FAN; HOCKEY STICK TO LEFT HAND STAR;; UMBRELLA TURNS – LADY FINISH TO RLOD;;;; NEW YKR RLOD; SPOT TURN LOD BFLY;

[1] Fwd L, rec R, sd L/cl R, sd L; [2] Bk R, rec L, sd R/cl L, sd R; (W commence rf turn 1/2 XLIF of right under joined lead hands, rec R complete rf turn to fc partner, sd L/cl R, sd L;)
[3] XLIF, rec R, sd L/cl R, sd L; (W commence lf turn XRIF of left under joined lead hands turning 1/2, continue turn rec L to fc partner, sd R/cl L, sd R;)
[4] Toward LOD XRIF of left, sd L, XRIF of left/sd L, XRIF of left; [5] Sd L, cl R, sd L/cl R, sd L; [6] Toward LOD cross R in front turning 1/2 on crossing foot, rec L complete turn to fc partner bfly pos, sd R/cl L, sd R; [7] Same as measure 9 of Part A; [8] Same as measure 10 of Part A; [9 & 10] Fwd L, rec R, step in place L/R, L; Bk R, rec L, fwd R/cl L, fwd R ending DRW; (W cl R, fwd L, fwd R/L, R; Fwd L, fwd R turning left to fc partner, bk L/cl R, bk L on diag ending in left hand star;)
[11 – 14] Fwd L, rec R, bk L/cl R, bk L; Bk R, rec L, fwd R/cl L, fwd R; Fwd L, rec R, bk L/cl R, bk L; Bk R, rec L turn lf 1/4 to fc partner bfly pos, sd R/cl L, sd R; (W bk R, rec L, fwd R turning 1/2 lf under joined hands/cl L, bk R; Bk L, rec R, fwd L turning 1/2 rf under joined hands/cl R, bk L; Bk R, rec L, fwd R turning 1/2 lf under joined hands/cl L, bk R; Bk L, rec R, fwd L turning 1/4 rf under joined hands to fc partner/cl R, sd & bk L starting slight lf turn toward RLOD;)
[15] Toward RLOD step thru L with straight leg turning to a side by side pos, rec R to fc partner, sd L/cl R, sd L; [16] Toward LOD cross R in front turning 1/2 on crossing foot, rec L complete turn to fc partner, sd R/cl L, sd R;

..... PART D (16 Measures)

CHASE W/ DBL PEEK-A-BOO BFLY;;;; ;;;; 1 SHLDR TO SHLDR; AIDA LOD; SWITCH ROCK FALL LOD; SPOT TURN BFLY; TO RLOD CRAB WALKS;; SPOT TURN BFLY; 1 CUCARACHA;

[1 – 8] Fwd L turning 1/2 rf, rec R, fwd L/cl R, fwd L; Sd R look over left shldr, rec L, cl R/step in place L, step in place R; Sd L look over right shldr, rec R, cl L/step in place R, step in place L; Fwd R turning 1/2 lf, rec L, fwd R/cl L, fwd R; Sd L, rec R, cl L/step in place R, step in place L; Sd R, rec L, cl R/step in place L, step in

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place R; Fwd L, rec R, bk L/cl R, bk L; Bk R, rec L, fwd R/cl L, fwd R blind bfly pos fcng wall; (W bk R, rec L, fwd R/cl L, fwd R; Sd L, rec R, in place L/R, L; Sd R, rec L, in place R/L, R; Fwd L turning 1/2 rf, rec R, fwd L/cl R, fwd L; Sd R look over left shldr, rec L, in place R/L, R; Sd L look over right shldr, rec R, in place L/R, L; Fwd R turning 1/2 lf, rec L, fwd R/cl L, fwd R; Fwd L, rec R, bk L/cl R, bk L blind bfly pos;) [9] Fwd L to bfly sdcap pos, rec R to fc, sd L/cl R, sd L; [10] Toward LOD fwd R turning rf, sd L continue rf turn, bk R/lock L in front of right, bk R end in "V" back to back pos fcng RLOD; [11] Turning lf to fc partner sd L chkn bringing joined hands thru, rec R, sd L/cl R, sd L; [12] Toward LOD cross R in front turning 1/2 on crossing foot, rec L complete turn to fc partner, sd R/cl L, sd R; [13 & 14] Toward RLOD XLIF of right, sd R, XLIF of right/sd R, XLIF of right; Sd R, XLIF of right, sd R/cl L, sd R; [15] Toward RLOD cross L in front turning 1/2 on crossing foot, rec R complete turn to fc partner, sd L/cl R, sd L; [16] Sd R, rec L, cl R/step in place L, step in place R;

..... ENDING (14 Measures)

CHASE W/ PEEK-A-BOO BFLY;;; HAND TO HAND TWICE;; BRK BK OP FC LOD & CHA; WALK 2 & CHA; CIRCLE AWAY 2 & A CHA; TOG 2 & A CHA BFLY; FENCE LINE TWICE;; 1/2 BASIC; AIDA IN 3 & EXTEND THE ARMS;

[1 - 4] Fwd L commence 1/2 rf turn, rec fwd R, fwd L/cl R, fwd L; Sd R look over left shldr, rec L, cl R/step in place L, step in place R; Sd L look over right shldr, rec R, cl L/step in place R, step in place L; Fwd R commence 1/2 lf turn, rec fwd L, fwd R/cl L, fwd R bfly pos; (W bk R, rec L, fwd R/cl L, fwd R; Sd L, rec R, cl L/step in place R, step in place L; Sd R, rec L, cl R/step in place L, step in place R; Fwd L, rec R, bk L/cl R, bk L;) [5 & 6] XLIB commence lf turn to side by side pos, rec R to fc, sd L/cl R, sd L; XRIB commence rf turn to side by side pos, rec L to fc, sd R/cl L, sd R; [7] Same as measure 5 of Part B; [8] Same as measure 6 of Part B; [9] Same as measure 7 of Part A; [10] Same as measure 8 of Part A; [11 & 12] Same as measures 13 & 14 of Part B;; [13] Fwd L, rec R, sd L/cl R, sd L; [14] Toward LOD thru R turning rf, sd L continue rf turn, bk R end in "V" back to back pos fcng RLOD raising outside or trailing hands out and upward as music fades, -;