

## STANDING ON THE PROMISES

DANCE BY NANCY & DEWAYNE BALDWIN

APR- OCT 604 MAPLE ST P. O. BOX 516 SWEETSER, IN 46987 765-384-7270

NOV- MAR 1341 WEST BUSINESS 83 LOT 571 ALAMO, TX 78516 956-781-5459

E-MAIL [weg4u@aol.com](mailto:weg4u@aol.com) AVAILABLE @ PALOMINO RECORDS 502-543-1521

RECORD MCA S7-54514 ARTIST LIONEL CARTWRIGHT

FOOT WORK DIRECTIONS FOR MAN EXCEPT WHERE NOTED SPEED: 45

RHYTHM CHA CHA PH IV + 1 [OP HIP TWST] DATE 9-2012

SEQUENCE A B A B C END

### INTRO

1-4 **BFLY;; BAS;;**

Wait;; Fwd L, rec R, sd L/cl R, sd L; Bk R, rec L, sd R/cl L, sd R;

### PART A

1-4 **½ BAS; SPT TRN L HD STAR; START UMBR TRNS;;**

Fwd L, rec R, sd L/cl R, sd L; XRif trn, rec L trn, sd R/cl L, sd R; Fwd L, rec R, bk L/cl R, bk L;  
Bk R, rec L, fwd R/cl L, fwd R;

5-8 **FIN UMBR TRNS;; OP BRK; WHIP;**

Fwd L, rec R, bk L/cl R, bk L; Bk R, rec L, fwd R/cl L, fwd R; Bk L, rec R, stp L/stp R, stp L;  
Bk R trn, rec L, sd R/cl L, sd R;

9-12 **SHLDR-SHLDR 2X;; OP BRK; WHIP;**

Rk fwd L, rec R, sd L/cl R, sd L; Rk fwd R, rec L, sd R/cl L, sd R; REPEAT 7-8 PART A;;

13-16 **NY; CRB WLKS;; NY;**

Thru L, rec R to fc, sd L/cl R, sd L; XRif, sd L, XRif/sd L, XRif, Sd L, XRif, sd L/cl R, sd L;  
Thru R, rec L to fc, sd R/cl L, sd R;

### PART B

1-4 **ALEMANA;; LARIAT;;**

Fwd L, rec R, sd L/cl R, sd L; Bk R, rec L, sd R/cl L, sd R; In plc stp L, stp R, stp L/stp R, stp L;  
Stp R, stp L, stp R/stp L, stp R;

5-8 **R HD STAR BK TRPL CH;; LHD STAR BK TRPL CH;;**

Fwd L, rec R, bk L/lk R, bk L; Bk R/lk L bk R, bk L/lk R, bk L; Bk R, rec L trn, bk R/lk L, bk R;  
Bk L/lk R, bk L, bk R/lk L, bk R;

9-12 **RK BK REC WL; CUCA; FNC LINE; AIDA;**

Bk L, rec R trn, sd L/cl R, sd L; Sd R, rec L, cl R/stp L, stp R; X lun L, rec R, sd L/cl R, sd L;  
Fwd R trn, sd L trn, bk R/lk L, bk R;

13-16 **SWCH RK; CRB WLKS;; SPT TRN;**

Trn sd L, rec R, sd L/cl R, sd L; XRif, sd L, XRif/sd L, XRif, Sd L, XRif, sd L/cl R, sd L;  
XRif trn, rec L trn, sd R/cl L, sd R;

**PART C**

**1-4 HD SHK OP HIP TWST; FAN; HKY STK;;**

Ck fwd L, rec R, bk L/cl R, bk L; Bk R, rec L, sd R/cl L, sd R; Fwd L, rec R, stp L/stp R, stp L; Bk R, rec L, fwd R/cl L, fwd R;

**5-8 NYR; SPT TRN W TRANS; PARALLEL CHS;;**

Thru L, rec R to fc, sd L/cl R, sd L; XRif trn, rec L trn, sd R/cl L, sd R (W XLif trn, rec R trn, sd L, cl R); Sd L, rec R trn, fwd L/cl R, fwd L; Sd R, rec L trn, fwd R/cl L, fwd R;

**9-10 L LARIAT W TRANS;;**

In place stp L, stp R, stp L/stp R, stp L; Stp R, stp L, stp R/stp L, stp R(W Fwd L, fwd R, fwd L/cl R, fwd L; Fwd R, fwd L, fwd R, fwd L);

**END**

**1-4 BFLY TRAV DR;; TWL 2; WRAP & HOLD;**

Rk sd L, rec R, XLif/sd R, XLif; Rk sd R, rec L, XRif/sd L, XRif; Sd L, XRif, sd L/cl R, sd L; Sd R,-, cl L,-;