## SWEET HOME ALABAMA

|  | Music: | "Sweet Home Alabama by Lynyrd Skynyrd. <br> Length is 3:40. Album: 20th Century Masters~The <br> Millennium Collection~The Best of the Seventies. Buy <br> for 99¢ at http://www.amazon.com/Sweet-Home- <br> Choreographers: <br> Alabama/dp/B001O3WOHE/ref=sr 1 2?ie=UTF8\&s $=$ |
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## INTRODUCTION

| 1-2 | Wait ;; | Wait two measures in Open Facing Position -Wall ;; |
| :---: | :---: | :---: |
| 3 | Apart, Point ; | Apart L, - , Point R, - ; |
| 4 | Tog to BFLY, Touch ; | Together L to BFLY, - , Touch R, - ; |
| 5 | Side Two Step ; | Side L, Close R, Side L trn 1/4 LF to OP-LOD, - ; |
| 6 | Rock Thru, Rec to BFLY; | Rock forward R, -, Recover L trn 1/4 RF to BFLY, - ; |
| 7 | Side Two Step to RLOD ; | Side R, Close L, Side R trn $1 / 4$ RF to LOP-RLOD, - ; |
| 8 | Rock Thru, Rec to CP ; | Rock forward L, - Recover R trn ¼ LF to CP-wall, - ; |
| 9-12 | Broken Box ;;; | Side L, Close R, Forward L, - ; Rock forward R, - , Recover L, - ; <br> Side R, Close L, Back R, - ; Rock back L, - , Recover R to SCP, |
| 13-14 | Circle Way Away 2 TwoSteps;; | Forward L turn 1/8 LF(W RF), Close R, Fwd L turn 1/8 LF(W RF), Forward R turn $1 / 8 \mathrm{LF}(W R F)$, Close L , Fwd R turn $1 / 8 \mathrm{LF}(W R F)$, |
| 15-16 | Strut Together 4 to a Right Hand Star ;; | In the pattern of a half circle over the next 4 steps ~ Forward $L$, Forward R, - ; Forward L, - Forward R to right-hand star, - ; |

PART A

| 1-4 | Big Wheel ;;; | In the pattern of a full wide circle over the next 4 measures staying in right-hand star till last step ~ Fwd L, Fwd R, Fwd L, - ; Fwd R, - , Fwd L, - ; Fwd R, Fwd L, Fwd R, - ; Fwd L, - Fwd R to BFLY-wall, - |
| :---: | :---: | :---: |
| 5 | Face to Face ; | Side L, CI R, Sd L turning 1 12 LF 2 (W RF), to back to back position, - ; |
| 6 | Back to Back to OP ; | Side R, CI L, Sd R turning $1 / 2 \mathrm{RF}$ (W LF), to OP-LOD, - ; |
| 7 | Rock Fwd, Rec ; | Rock forward L, - , recover R, - ; |
| 8 | Rock Bk, Rec ; | Rock back L, - , recover R, - ; |
| 9-10 | Fwd, Lk, Fwd ~ Twice ; | Fwd L, Lock R, Fwd L, - ; Fwd R, Lock L, Fwd R, - ; |
| 11-12 | Basketball Turn 4 ;; | Fwd L trn 1⁄2 RF (W LF), - , Recover to LOPF-RLOD, - ; <br> Fwd L trn $1 / 2 \mathrm{RF}$ (W LF), - , Recover to BFLY-wall, - |
| 13-14 | Scissors Thru Twice ; | Sd L, CI R, XLIF, - ; Sd R, CI L, XRIF, - ; |
| 15 | Roll 2 ; | Fwd Ltrn 1 ² LF ( $W$ RF), - , Sd R trn 1122 LF (W RF) to OP-LOD, - ; |
| 16 | Walk 2 to BFLY ; | Forward L, - , Forward R to BFLY-wall, - ; |

PART B

| 1 | Vine 3 \& Touch; | In BFLY Sd L, XRIB, Sd L, tch R raising lead hands lowering trail hnds ; |
| :---: | :---: | :---: |
| 2 | Wrap Her Up ; | Retain both handholds Sd R, XLIB, Sd R, - ; (W rolls LF in 3 steps to wrapped position facing LOD) |
| 3-4 | Wheel 4 to face LoD ; | Staying in wrapped position wheel RF in 4 slow steps Fwd L trn RF $1 / 4$, Fwd R trn RF $1 / 4,-;$ Fwd Ltrn RF $1 / 4$, - Fwd R trn RF $1 / 4$; (W wheels RF backwards in 4 slow steps) |
| 5 | Twirl 2 ; | Release trail hands~raise lead hands Forward L , - fwd R, - ; (W fwd $R$ turning RF 1/2, - , bk L twd LOD turning RF $1 / 2$ end facing LOD, - ;) |
| 6 | Walk 2 to BFLY ; | Forward L, - , forward R to BFLY, - ; |
| 7-8; | 2 Slow Sd Draw Closes to Right Hand Star ;; | Sd L bending lead knee, slowly draw R rising, - , close L ; Sd L bending lead knee, slowly draw $R$ rising, - , close $L$ to right-hand star ; |

## PART C

| 1-2 | Hitch 6 ;; | Fwd L, CI R, Bk L, - ; Bk R, CI L, Fwd R, - ; |
| :---: | :---: | :---: |
| 3 | Forward and Point ; | Forward L, - , Point R forward, - ; |
| 4 | Back and Point ; | Back R, - Point L back, - ; |
| 5 | Vine Apart 3 ; | Sd L to COH (W to wall), XRIB, Sd L, - ; |
| 6 | Vine Together 3 ; | Sd R to wall (W to $\mathbf{C O H}$ ), XLIB, Sd R, - ; |
| 7-8 | Strut 4 ;; | To LOD with attitude Forward L, - , Fwd R, - ; Fwd L, - , Fwd R, - ; |
| 9-12 | Lace Up ;;;; | Under joined lead hands change sides diagonally in 3 forward steps $L$, R, L (W passes in front of man) to LOP-LOD ; Fwd R, CI L, Fwd R releasing lead hands and joining trail hands, -; Change sides diagonally in 3 forward steps R, L, R (W passes in front of man) to OP-LOD ; Fwd R, CI L, Fwd R to CP-wall, - ; |
| 12-16 | Traveling Box ; | Sd L, cl R, fwd L to RSCP, - ; Sd R, - , XLIF(W twirl optional) to CP, Sd R, cl L, bk R to SCP, - ; Sd L, - , XRIF (M twirl optional) to BFLY, |

ENDING

| 1 | Vine 3 \& Touch ; | In BFLY Sd L, XRIB, Sd L, tch R raising lead hands lowering trail hnd |
| :---: | :---: | :---: |
| 2 | Wrap Her Up ; | Retain both handholds Sd R, XLIB, Sd R, - ; (W rolls LF in 3 steps to wrapped position facing LOD) |
| 3-4 | Wheel 4 to face LOD ;; | Staying in wrapped position wheel RF in 4 slow steps Fwd L turn RF $1 / 4$ , - , Fwd R turn RF $1 / 4,-$; Fwd L turn RF $1 / 4$, - Fwd R turn RF $1 / 4$; (W wheels RF backwards in 4 slow steps) |
| 5 | Roll Lady Out ; | Release lead hands Sd L, -, Pt R, - ; (W roll RF in 3 steps to OP-LOD) |
| 6 | Roll Lady in to Dip Twist \& Leg Crawl ; | Man recover R, - , - , Dip L; (W roll LF twd man in 4 steps lunging into the man on the last step into a dip, twist, \& leg crawl) |

Dance with passion, be playful and smile
NOTE: First taught June 2011 at the US National Square Dance Convention in Detroit. Fim Eum og Cindy Oladley
Tim has taught round dancing since 1976. Tim has taught internationally and all over the United States. He is known for his energetic cueing and teaching style. Cindy and Tim have been teaching together since 2008.


