

SWINGING ON A STAR

Music: Spooky and Sue – Single Polydor Belgian 1974 – Time 2:34 - Available by Choreographer

Rhythm : Cha Cha

Phase : V

Choreographer : Jos.Dierickx – Beverlosestwg. 14 B 2 – 3583 – Paal – Belgium

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Footwork : Opposite , except where noted.

Release Date : Jan.2012

SEQUENCE : INTRO AB ABC A END

INTRO

01-04 : WAIT 2 MEAS BFLY WALL ; ; NEW YORKER 2X ; ;

01-04 : **Wait** 2 Meas in Butterfly Position to the Wall, Lead Feet Free ; ; **[N.Yker 2x]** Trn RF & stp thru L w/ straight leg to sd by sd pos fcg RLOD, rec R trng to fc ptr & WALL, sd L/cl R, sd L BFLY WALL (W Trn LF & stp thru R w/ straight leg to sd by sd pos fcg RLOD, rec L trng to fc ptr & COH, sd R/cl L, sd R BFLY COH) ; **Trn LF** & stp thru R w/ straight leg to sd by sd pos fcg LOD, rec L trng to fc ptr & WALL, sd R/cl L, sd R BFLY WALL (W Trn RF & stp thru L w/ straight leg to sd by sd pos fcg LOD, rec R trng to fc ptr & COH, sd L/cl R, sd L BFLY COH) ;

PART A

01-04 : OP HIP TWIST ; LEAD W to a FAN ; ; STOP & GO HCKSTCK ; ;

01-04 : **[OP Hip Twist]**] Fwd L, rec R, bk L/pull R back slightly, cl L to R lead W to trng RF with I-hand at W waist (W bk R, rec L, fwd R/XLIBR, fwd R swvl RF fc LOD) ; **[Lead W to a Fan]** Bk R, rec L/ronde R CCW, XRIFL, cl L, sd R fc Wall (W fwd L, fwd R turn ½ LF fc RLOD, bk L/XRIFL, bk L) ; **[Stop & Go]** Fwd L, rec R, sd L/cl R, sd L lead W trn LF under lead hands (W cl R, fwd L, fwd R/XLIBR, fwd R quick LF trng ½ under lead hands fc LOD) ; **Soften** L knee X lunge RIF to LOD R hand on W back, rec L trng W RF under lead hands, sd R/cl L, sd R (W sit lunge bk L, rec R trn ½ RF under lead hands, bk L/XRIFL, bk L to fan pos);

05-08 : HOCKEY STICK ; - R-HNDSHK ; TRADE PLACES 2X ; ;

05-08 **[Hokey Stick & Hndshk]** Fwd L, rec R, in plc L/R, L (W cl R, fwd L, fwd R/XLIBR, fwd R); **Bk R**, rec L, fwd R/cl L, fwd R to follow woman (W fwd L, fwd R trng LF to fc ptr, bk L/cl R, bk L) to BFLY;
[Trade Places x 2] Rk apt L, rec R trng ½ RF to fc COH beh W then rel jnd R hnds, bk L, in place R,L (W rk apt R, rec L trng ½ LF to fc WALL in front of M then rel jnd R hnds , bk R, in place L,R) Joining L hnds ; **With** left hnds jnd rk apt R, rec L trng ½ LF to fc WALL beh W then rel jnd L hnds, bk R, in place L,R (W rk apt L, rec R trng ½ RF to fc COH in front of M then rel jnd L hnds, bk L, in place R,L) ;

PART B

01-04 : START X-BODY to TUMMY CHECK ; ; & BK w/HNDSHK ; FINISH X-BODY to COH :

01-04 : **[Start X-Body to Tummy Chck & Bk]** Fwd L, rec R trng ¼ LF to LOD, sd L/cl R, sd L (W bk R, rec L, fwd R/cl L, fwd R to COH) ; **Check** Lunge sd R stop the lady w/lead arm in the waist, rock L, in place R/L, R (W check fwd L to COH raise both arms fwd horizontally, rec R, bk L/cl R, bk L Cross both arms across chest) ; **Check** Lunge sd L arms sd horizontally, rock R, in place L/R, L (W check bk R raise both arms fwd horizontally, rec L, fwd R/cl L, fwd R) & hndshk ; **[Finish X-Body]** Check bk R, rec L trng ¼ LF to COH, sd R/cl L, sd R (W fwd L, fwd R trng ½ LF to Wall, sd L/cl R, sd L) to COH ;

05-08 : REVERSE UNDER ARM TURN ; UNDER ARM TURN INTO a LARIAT 6 ; ; :

05-08 : **[Rev Undrm Trn]** XLIFR, rec R, sd L/cl R, sd L (W XRIFL trng 1/2 LF undr ld hnds, rec L cont LF trn to fc ptr, sd R/cl L, sd R) ; **[Undrm trn]** XRIBL, rec L, sd R/cl L, sd R (W XLIFR comm RF trn under ld hnds, rec R cont RF trn to fc ptr, sd L/cl R, sd L to fc COH slightly offset twd M's R sd) ; **[Into a Lariat 6]** Sd L, Rec R, CL L/in plc R, in plc L (W circ CW arnd M R, L, R/L, R) ; **Sd R**, Rec L, in place R/L, R (W cont circ CW arnd M L, R, L/R, L) to Bfly Wall ;

09-13 : START X-BODY to TUMMY CHECK ; ; & BK w/HNDSHK ; ; FINISH X-BODY to WALL ; SINGLE CUBAN L & R ;

09-13 : **[Start X-Body to Tummy Chck & Bk]** Repeat Meas 1-3 Part B ; ; ; **[Finish X-Body]** Repeat meas 4 part B to the WALL ; **[Single Cuban L & R]** No hands XLIFR (W XRIFL), rec R, sd L, XLIFR (W XRIFL), rec R, sd L ;

PART C

01-09 : CHASE/M TRN ; TRAV DOORS ; ; BOTH TRN ; TRAV DOORS ; ; W TRN ; BASIC END ; SINGLE CUBAN L & R ;

01-09 : **[Chase/M Trn]** Fwd L trn ½ RF to COH, rec R, fwd L/cl R, fwd L (W Bk R, rec L, fwd R/cl L, fwd R) ; **[Trav.Doors]** Lunge sd R stretch trail arm sideways (W Lunge sd L), rec L, XRIFL/Sd L, XRIFL ; **Lunge** Sd L stretch lead arm sideways (W Lunge sd R), rec R, XLIFR/Sd R, XLIFR ; **[Both Trn]** Fwd R trn ½ LF (W trn ½ RF) to WALL, rec L, fwd R/cl L, fwd R ; **[Trav.Doors]** Repeat meas 3-2 Part A ; ; **[W trn]** Fwd L, rec R, bk L/XRIFL, bk L (W Fwd R trng ½ LF to COH, rec L, fwd R/XLIBR, fwd R) ; **[Bas.End]** Bk R, rec L, sd R/cl L, Sd R ; **[Single Cuban L & R]** No hands Repeat meas 13 Part B ;

ENDING

01-06 : NEW YORKER 2X ; - END IN LEFT HAND STAR ; UMBRELLA TURN ; ; ; :

01-06 : **[N.Yker 2x]** repeat Meas 3-4 Part INTRO ; - end in Left Hand Star ; **[Umbrella trn]** Fwd L, rec R, bk L/XRIFL, bk L (W rk bk R, rec L, fwd R trng 1/2 LF to fc LOD/cl L, bk R and Briefly join R hnds in front of M's chest) ; **Rk bk R**, rec L, fwd R/XLIBR, fwd R (W rk bk L, rec R, release R hnd fwd L trng 1/2 RF to fc RLOD/cl R, bk L) ; **Repeat** meas 1 part D ; **Rk bk R**, rec L to fc ptr, sd R/cl L, sd R (W rk bk L, rec R trng RF to fc ptr & bfly, sd L/cl R, sd) ;

07-09 : OP HIP TWIST to FACING FAN ; ; STEP BACK & EXTEND ARM ;

07-09 : **[OP Hip Twist]** Repeat Meas 1 Part A ; **[Fcng Fan]** Bk R, rec L trng LF to prtn, Fwd R/XLIBR, fwd R (W fwd L, fwd R turn ½ LF fc RLOD, bk L/XRIFL, bk L) ; **[Stp Bk & Extend]** Bk L (W Bk R), extend Lead Arm, -, - ;