

CHOREOGRAPHERS: Russ and Judy Francis, 142 E. 1450 N. Layton, UT, 801-628-4752, Email: rounds-by-russ@comcast.net
MUSIC: MP3 Download Amazon.com "Sad Songs and Waltzes" Artist: Dugg Collins
FOOTWORK: Opposite For Woman Except Where Noted
NOTE: May use [Option fwd/lck/fwd – or – bk/lck/bk] where applicable
RHYTHM: WALTZ
DANCE LEVEL: Phase II+2 (Hvr & Cross Hvrs)
SPEED: 45 RPM
RELEASED: OCT 2010

SEQUENCE: INTRO – A – A – B – C – B – END

INTRO

1 – 4 **IN CP FCNG WALL WAIT LEAD NOTES & 2 MEAS;; HVR; P/UP WLTZ; SD CANTER;**
(Hvr) Fwd L, fwd R with slight rise, trng ¼ lft fc sd & fwd L to SEMI LOD; **(P/up Wltz)** Thru R, sd L, clo R to CP/LOD; **(Woman thru L, trng ½ lft fc sd R, clo L;)** **(Sd Canter)** Sd L-, drw-clo R to CP/LOD-;

PART A

1 – 8 **FWD WLTZ; DRIFT APT; THRU TWINK – OUT; THRU TWINK– IN – CP/LOD; 2 LFT TRNS;; BOX – SD/CAR;;**
(Fwd Wltz) Fwd L, fwd R, clo L; **(Drift Apt)** In plc L, R, L to LOPN/LOD; **(Woman bk L, bk R, clo L;)**
(Thru Twink – Out) Trng ¼ rt fc thru L, trng ½ lft fc sd R, clo L to OPN/COH; **(Thru Twink – in – CP/LOD)** Thru R,
trng ¼ rt fc sd R, clo L to CP/LOD; **(2 Lft Trns)** Trng 3/8 lft fc fwd-trn L, sd R, clo L; trng 3/8 lft fc bk-trn R, sd L, clo R
to CP/WALL; **(Box – Sd/Car)** Fwd L, sd R, clo L; bk R, trng slightly rt fc sd L, clo R to SD/CAR diag RLOD/WALL;

9 – 16 **TWINK – BJO; MANUV; BKUP WLTZ; BK-FC-CLO – WALL; BOX;; SD CANTER; TWL/VINE;**
(Twink – Bjo) Fwd R, trng ½ lft fc sd L, clo R to BJO diag LOD/COH; **(Manuv)** Fwd R, trng 5/8 rt fc sd L, clo R to
CP/RLOD; **(Bkup Wltz)** Bk L, bk R, clo L; **(Bk-Fc-Clo – Wall)** Bk R, trng ¼ lft fc sd L, clo R to CP/WALL; **(Box)**
Fwd L, sd R, clo L; bk R, sd L, clo R to CP/WALL; **(Sd Canter)** Sd L-, drw-clo R to CP/LOD-; **(Twi/Vine)** Rls trail
hnds sd L, cross R bhnd, sd L to CP/WALL; **(Woman undr jnd lead hnds trng full lft fc trn sd & fwd R, sd & fwd L,
sd R;)**

17 **(1ST TIME - P/UP WLTZ;)**
(P/up Wltz) Trng ¼ lft fc thru R, sd L, clo R to CP/LOD; **(Woman trng ¼ rt fc thru L, trng ½ lft fc sd R, clo L;)**

REPEAT PART "A"

17 **(2ND TIME - P/UP – SD/CAR)**
(P/up – Sd/Car) Trng ¼ lft fc thru R, trng 1/8 rt fc sd L, clo R to SD/CAR diag LOD/WALL; **(Woman trng ¼ rt fc
thru L, trng 3/8 lft fc sd R, clo L;)**

PART B

1 – 6 **CROSS HVR 3 – TIMES – SEMI;; THRU-FC-CLO - BTFY; WLTZ TO OPN; ROLL THE LDY ACROSS;**
(Cross Hvr -3 Times – Semi) Fwd L, fwd R with slight rise, trng ¼ lft fc sd & fwd L to BJO diag LOD/COH; fwd R,
fwd L with slight rise, trng ¼ rt fc sd & fwd R to SD/CAR diag LOD/WALL; fwd L, fwd R with slight rise, trng slightly lft fc
sd & fwd L to SEMI/LOD; **(Thru-Fc-Clo - Btfy)** Thru R, trng ¼ rt fc sd L, clo R to BTFY/WALL; **(Wltz To Opn)**
Sd L, trng ¼ lft fc fwd R, clo L to OPN/LOD; **(Roll The Ldy Across)** With trail hnds jnd in plc R, L, R to LOPN/LOD;
(Woman cross in frnt of Man trng ½ lft fc fwd & sd L, trng ½ lft fc bk & sd R, L;)

7 – 12 **THRU TWINK; THRU-FC-CLO – CTR; BOX - BTFY;; TO RVS WLTZ TO OPN; ROLL THE LDY ACROSS;**
(Thru Twink) Thru L, trng ½ lft fc sd R, clo L to OPN/RLOD; **(Thru-Fc-Clo - Ctr)** Thru R, trng ¼ rt fc sd L, clo R to
CP/COH; **(Box - Btfy)** Fwd L, sd R, clo L; bk R, sd L, clo R to BTFY/COH; **(To Rvs Wltz To Opn)** Sd L, trng ¼
lft fc fwd R, clo L to OPN/RLOD; **(Roll The Ldy Across)** With trail hnds jnd in plc R, L, R to LOPN/RLOD; **(Woman
cross in frnt of Man trng ½ lft fc fwd & sd L, trng ½ lft fc bk & sd R, L;)**

13 - 17 **THRU TWINK; THRU-FC-CLO – WALL; HVR; P/UP WLTZ; SD CANTER;**
(Thru Twink) Thru L, trng ½ lft fc sd R, clo L to OPN/LOD; **(Thru-Fc-Clo - Wall)** Thru R, trng ¼ rt fc sd L, clo R to
CP/WALL; **(Hvr)** Fwd L, fwd R with slight rise, trng ¼ lft fc sd & fwd L to SEMI LOD; **(P/up Wltz)** Thru R, sd L,
clo R to CP/LOD; **(Woman thru L, trng ½ lft fc sd R, clo L;)** **(Sd Canter)** Sd L-, drw-clo R-;

PART C

- 1 – 6 **LFT TRNG BOX – $\frac{3}{4}$ - WALL;;** $\frac{1}{2}$ **BOX – BTFY; BAL LFT; RVS TWL;THRU TWINK; THRU-FC-CLO - WALL;**
(Lft Trng Box – $\frac{3}{4}$ - Wall) Fwd L, trng $\frac{1}{4}$ lft fc sd R, clo L; bk R, trng $\frac{1}{4}$ lft fc sd L, clo R; fwd L, trng $\frac{1}{4}$ lft fc sd R, clo L
to CP/WALL; **(1/2 Box Bk - Btfy)** Bk R, sd L, clo R to BTFY/WALL; **(Bal Lft)** Sd R, cross L bhnd, rcvr R to
BTFY/WALL; **(Rvs Twl)** Rlsng trail hnds sd R, cross L bhnd, trng $\frac{1}{2}$ rt fc sd L to LOPN/RLOD; **(Woman undr jnd**
lead hnds trng 1- $\frac{1}{4}$ lft fc trn sd & fwd L, sd & fwd R fwd L;) **(Thru Twink)** Thru R, trng $\frac{1}{2}$ lft fc sd L, clo R to
OPN/LOD; **(Thru-Fc-Clo - Wall)** Thru R, trng $\frac{1}{4}$ rt fc sd L, clo R to CP/WALL;
- 7 – 12 **BOX – SD/CAR;; TWINK – BJO; MANUV; BKUP WLTZ; BK-FC-CLO – WALL; TWL/VINE; P/UP – SD/CAR;**
(Box – Sd/Car) Fwd L, sd R, clo L; bk R, trng $\frac{1}{8}$ rt fc sd L, clo R to SD/CAR diag RLOD/WALL; **(Twink – Bjo)**
Fwd R, trng $\frac{1}{2}$ lft fc sd L, clo R to BJO diag LOD/COH; **(Manuv)** Fwd R, trng $\frac{5}{8}$ rt fc sd L, clo R to CP/RLOD;
(Bkup Wltz) Bk L, bk R, clo L; **(Bk-Fc-Clo – Wall)** Bk R, trng $\frac{1}{4}$ lft fc sd L, clo R to CP/WALL; **(Twi/Vine)** Rls trail
hnds sd L, cross R bhnd, sd L to CP/WALL; **(Woman undr jnd lead hnds trng full lft fc trn sd & fwd R, sd & fwd L,**
sd R;) **(P/up – Sd/Car)** Trng $\frac{1}{4}$ lft fc thru R, trng trng $\frac{1}{8}$ rt fc sd L, clo R to SD/CAR diag LOD/WALL;

REPEAT PART “B”**END**

- 1 – 6 **2 LFT TRNS;; BOX;; TWL/VINE; CHAIR THRU & HOLD;**
(2 Lft Trns) Trng $\frac{3}{8}$ lft fc fwd-trn L, sd R, clo L; trng $\frac{3}{8}$ lft fc bk-trn R, sd L, clo R to CP/WALL; **(Box)** Fwd L, sd R,
clo L; bk R, sd L, clo R to CP/WALL; **(Twi/Vine)** Rls trail hnds sd L, cross R bhnd, sd L to CP/WALL; **(Woman undr**
jnd lead hnds trng full lft fc trn sd & fwd R, sd & fwd L, sd R;) **(Chair Thru & Hold)** Rlsng lead hnds trng $\frac{1}{4}$ lft fc
chair thru R & hold-;