

Sam

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RECORD: Song Name: Sam Artist: Olivia Newton-John
CD: Back to Basics: The Essential Collection 1971-1992 Track: 14
Download from iTunes Time: 3:45 (Play at 100%)

PURCHASE MUSIC LINK: <https://itunes.apple.com/us/album/sam/id36017?i=36015>
FULL MUSIC LINK: <https://www.youtube.com/watch?v=Z0SPQZnsBpw>

FOOTWORK: Woman Opposite unless noted (Women's footwork in Parentheses)
RHYTHM: Waltz Roundalab PHASE: 2 + 1 (Thru Chasse) DIFFICULTY: Average
SEQUENCE: Intro, A, B, B, Int, A, B, B, C, End Released: April 17, 2016

Intro

1-4 **Wait 2 Measures ; ; Apart Point; Together Touch to BFLY WALL ;**

(1-2) OPN FCG WALL wait 2 meas ; ;

(3-4) bk L (W fwd R) with knee flexed leaving R fwd (W L bk) ; rec fwd R (W bk L) , sd L, cl R to BFLY WALL ;

5-8 **Balance Left ; Reverse Twirl to LOP RLOD ; Through Twinkle ; Through Side Close to BFLY WALL ;**

(5-6) sd L, xRib rising on toe, rec L ; Fwd R, fwd L, cl R (W sd and fwd L trng 1/2 LF undr jnd hds, sd and bk R trn 3/4 LF, sd L) to LOP RLOD ;

(7-8) thru L, sd R trn LF to OP LOD, cl L ; fwd R twd LOD, fwd and sd L trng twd ptr to BFLY WALL, cl R ;

Part A

1-4 **Waltz Away ; Wrap the Lady ; Forward Waltz ; Pickup ;**

(1-2) releasing lead hands and retaining trail hands and turning away from partner fwd L, sd and fwd R, cl L ; fwd R leading W to trn LF, fwd L (W cont LF trn), cl R to wrapped pos LOD ;

(3-4) fwd L, fwd and slightly sd R, cl L ; thru R commence L trn leading W to CP, sd and fwd L completing trn, cl R (thru L commence LF trn to CP, sd and bk R comp trn cl L) to CP LOD ;

5-8 **2 Left Turns to BFLY WALL ; ; Balance Left and Right ; ;**

(5-6) fwd L commence up to 1/4 LF trn, cont trng up to 1/8 sd R diag across LOD, cl L ; bk R commence up to 1/4 LF trn, cont trng up to 1/8 sd L twd LOD to BFLY WALL, cl R ;

(7-8) sd L, xRib rising on toe, rec L ; sd R, xLib rising on toe, rec R to BFLY WALL ;

9-12 **Twirl Vine ; Through Face Close ; Step Point ; Spin Maneuver ;**

(9-10) sd L, xRib, sd L (sd and fwd R turning 1/2 RF under jnd hnds, sd and bk L turning 1/2 RF, sd R) to BFLY WALL ; thru R twd LOD, fwd and sd L trng twd ptr to BFLY WALL, cl R ;

(11-12) sd & fwd L to OP LOD, swing R thru toe ptd at flr, - (W sd & fwd R to OP LOD, swing L thru toe ptd at flr, ') ; fwd R trng RF in frnt of W, sd L, cl R to CP RLOD (W LF spin on L, R, L end fcg LOD) ;

13-16 2 Right Turns to BFLY WALL ; ; Vine 3 ; Through Side Close to BFLY WALL;

(13-14) bk L commence trng up to 1/4 RF, sd R continue RF trn up to 1/4 , cl L ; fwd R commence trng up to 1/4 RF, sd L continue RF trn up to 1/4 to BFLY WALL, cl R ;

(15-16) sd L, xRib, sd L ; thru R twd LOD, fwd and sd L trng twd ptr to BFLY WALL, cl R;

17-18 Box to BFLY WALL ; ;

(17-18) fwd L, sd R, cl L ; bk R, sd L, cl R to BFLY WALL ;

Part B

1-4 Waltz Away and Together ; ; Solo Turn in 6 ; ;

(1-2) releasing lead hands and retaining trail hands and turning away from partner fwd L, sd and fwd R, cl L ; sd and fwd R turning to face partner, sd & fwd L, cl R to BFLY WALL ;

(3-4) fwd L commence LF trn away from ptr, cont trn sd R, cl L to complete 3/4 trn (fwd R commence RF trn away frm ptr, cont trn sd L cl R to complete 3/4 trn) ; bk R commence LF trn, cont trn sd L, cl R (bk L commence RF trn, cont trn sd R, cl L) to BFLY WALL ;

5-7 Vine 3 to SCP LOD ; Thru Chasse to SCP LOD ; Maneuver ;

(5-6) sd L, xRib, sd L to SCP LOD ; thru R commence trn to fc, sd L/cl R, sd L to SCP LOD ;

(7) fwd and thru R beg RF upr bdy trn, cont RF trn sd L, cl R (W fwd and thru L beg RF upr bdy trn, sd R, cl L) to CP RLOD ;

8-11 2 Right Turns to BFLY WALL ; ; Twirl Vine ; Through Face Close to BFLY WALL ;

(8-9) bk L commence trng up to 1/4 RF, sd R continue RF trn up to 1/4 , cl L ; fwd R commence trng up to 1/4 RF, sd L continue RF trn up to 1/4 to BFLY WALL, cl R ;

(10-11) sd L , xRib, sd L (sd and fwd R turning 1/2 RF under jnd hnds, sd and bk L turning 1/2 RF, sd R) to BFLY WALL ; thru R twd LOD, fwd and sd L trng twd ptr to BFLY WALL, cl R ;

Interlude

1-3 Sway Left and Right ; ; Canter to CP WALL ;

(1-2) in BFLY WALL sd L taking partial wt stretching left side of body [head swaying right], cont xfer wt to L & straightening body, comp xfer of wgt to L foot drawing R foot slightly ; sd R taking partial wt stretching right side of body [head swaying left], cont xfer wt to R & straightening body, comp xfer of wt to R foot drawing L foot slightly to BFLY WALL ;

(3) Sd L, draw R to L, cl R ;

4-7 Box ; ; Reverse Box to BFLY WALL ; ;

(4-5) fwd L, sd R, cl L ; bk R, sd L, cl R to CP WALL ;

(6-7) bk L, sd R, cl L ; fwd R, sd L, cl R to BFLY WALL ;

Part C

1-3 Sway Left and Right ; ; Canter to CP WALL ;

- (1-2) in BFLY WALL sd L taking partial wt stretching left side of body [head swaying right], cont xfer wt to L & straightening body, comp xfer of wgt to L foot drawing R foot slightly ; sd R taking partial wt stretching right side of body [head swaying left], cont xfer wt to R & straightening body, comp xfer of wt to R foot drawing L foot slightly to BFLY WALL ;
(3) Sd L, draw R to L, cl R to CP WALL ; ;

4-7 Box ; ; Dip Back ; Maneuver ;

- (4-5) fwd L, sd R, cl L; bk R, sd L, cl R to CP WALL ;
(6-7) bk L (W fwd R) with knee flexed leaving R fwd (W L bk) ; fwd R beg RF upr bdy trn, cont RF trn sd L, cl R (W bk L beg RF upr bdy trn, sd R, cl L) to CP RLOD ;

8-11 2 Right Turns to CP LOD ; ; Progressive Box ; ;

- (8-9) bk L commence trng up to 1/4 RF, sd R continue RF trn up to 1/4 , cl L ; fwd R commence trng up to 1/4 RF, sd L continue RF trn up to 1/4 to BFLY WALL, cl R to CP LOD ;
(10-11) fwd L, sd R, cl L; fwd R, sd L, cl R to CP LOD;

12-15 2 Left Turns to BFLY WALL ; ; Balance Left and Right ; ;

- (12-13) fwd L commence up to 1/4 LF trn, cont trng up to 1/4 sd R diag across LOD, cl L; bk R commence up to 1/4 LF trn, cont trng up to 1/4 sd L twd LOD to BFLY WALL, cl R ;
(14-15) sd L, xRib rising on toe, rec L ; sd R, xLib rising on toe, rec R to BFLY WALL ;

16-17 Twirl Vine ; Through Face Close to CP WALL ;

- (16-17) sd L, xRib, sd L (sd and fwd R turning 1/2 RF under jnd hnds, sd and bk L turning 1/2 RF, sd R) to BFLY WALL ; thru R twd LOD, fwd and sd L trng twd ptr to CP WALL, cl R ;

18-21 Left Turning Box ; ; ; ;

- (18-21) commencing 1/4 LF trn, complete trn sd R to fc COH, cl L ; bk R commencing 1/4 LF trn, complete trn sd L to RLOD, cl R ; fwd L commencing 1/4 LF trn, complete trn sd R to fc CP WALL, cl L ; bk R commencing 1/4 LF trn, complete trn sd L to CP WALL, cl R

Ending

1 Dip Back and Kiss ;

- (1) bk L (W fwd R) with knee flexed leaving R fwd (W L bk) ;