

SAM

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Record: Second Time A Rounds (STAR-101B) Flip Knock Once Speed 42-43
Sequence: INTRO, A, B, A, B 1:10 ENDING PHASE VI 4/1/99

INTRO

1-4 WAIT: MAN ROCK LADY ROLL OUT: OPEN HOVER: BOX FINISH (LADY SYNCOPATED ROLL TO CLOSED):

- 1 Wait 1 meas in wrapped pos fc LOD both with the R ft free;
123 2 Rock sd R, recov L, sd R leading W to unwrap to OP (W roll out twd wall sd R trn RF, cont roll RF L, R to end in OP inside hand joined);
123 3 Same ft work XLIF of R twd wall, sd R hovering up (W raise R arm up and almost directly over head look twd wall and up), recov L (W lower arm);
123 4 Bk R, sd L, cl R trn LF to fc DC in CP (W bk R, roll into CP sd L rolling LF/
W(12&3) cont roll R, L to end CP);

PART A

1-4 TELEPSIN TO SCP:-: SLOW HOVER CORTE TO BJO:-:

- 123 1 Fwd L trn LF with R sd stretch, fwd & sd R cont trn, sd & bk L with partial wgt keep L sd fwd twd W (W bk R trn LF, bring L to R for heel trn, fwd R cont trn);
&123 2 Spin LF take full wgt on L no sway, sd R cont trn, sd & fwd L in SCP DW (W keep R sd in twd M step fwd L/ R, cont trn toe spin and close L, fwd & sd R to SCP);
12- 3 Fwd R comm LF trn, sd & fwd L with slow hovering action, cont trn body RF no wgt chg on ct 3 to cont shaping (W fwd L, sd & fwd R with hover action, cont shaping with head chg slowly);
-,-3 4 Cont slow chg of shape through the next 2 cts to BJO,-, recov R in BJO straighten away;

5-8 RIGHT CHASSE: CONTRA CHECK & SWITCH: DOUBLE RONDE TWIST TRN:-:

- 12&3 5 Chg to R sd stretch bk L (W opens head), sd R/ cl L, sd R to end DRW;
123 6 Flex knees with strong R sd lead check fwd L in CBMP, recov R comm RF trn leave L foot almost in place, cont RF trn bk L soft knees throughout fc DRC (W L sd lead bk R look well to L, recov L comm RF trn leave R almost in place, cont RF trn fwd R betw M's feet);
123 7 Fwd R with RF body trn lift L leg from knee down as body trns to LOD, lower L to step sd L, hook RIB of L for twist trn (W step fwd L arnd M to lift R leg from knee for ronde, XRIB of L/ sd & fwd L, fwd R to unwind M);
W(12&3) 1&23 8 Unwind RF,-, sd & fwd L to SCP DC (W cont unwind fwd L/ fwd R, fwd L brush R to L, sd & fwd R to SCP);

9-12 RIPPLE CHASSE: WEAVE 8 to SCP:-: CHAIR & SLIP:

- 12&3 9 Thru R in CBMP, sd & slightly fwd L with L sd stretch/ cont L sd stretch into R sway as you cl R to L looking to R, sd & fwd L loosing away blend to SCP;
123 10 Fwd R, fwd L trn LF to CP, sd & bk R to BJO fc RLOD (W fwd L, trn LF sd R pick-up to CP, cont trn on R sd & fwd L LOD);
123 11 Bk L in BJO, bk R trn body LF to CP, sd & fwd L DW to SCP (W fwd R in BJO, trn body slightly LF fwd L in CP, sd & fwd R to SCP);
123 12 Check thru R with lunge action, recov L, with slight LF upper body trn slip RIB of L cont trn to end DC (W check thru L, recov R, swivel LF on R to step fwd L outside M's R ft to CP);

13-16 REVERSE FALLAWAY & SLIP: DOUBLE REVERSE WING FACE REVERSE:
SWIVEL TO SAME FOOT LUNGE LINE: OVER TURNED HOVER CORTE EXIT:

- 12&3 13 Fwd L comm LF trn, sd & bk R with R sd lead in fallaway pos/ bk L in CBMP well under body, trn LF slip R past L toeing in with small step bk on R L stays fwd cont LF pivot end CP LOD (W bk R, trn LF sd L with L sd lead in fallaway pos/ XRIB well under body trn LF 5/8, cont LF trn fwd L cont LF pivot to CP);
- 123 14 Fwd L comm LF trn, sd R 3/8 trn, spin LF to fc RLOD stretch R sd to wing pos tch L to R (W bk R, cl L to R for heel trn, fwd R, fwd L to SCAR);
- W (12&3)
123 15 Fwd L swivel LF to BJO fc LOD, fwd R in BJO, trn lower body RF to cause W to trn to SCP & lower in R to same foot lunge line (W bk R swivel LF, bk L in BJO, trn RF to cl R to L & lower in same foot lunge line with L ft pointed through);
- 123 16 Bring body wgt sd & fwd twd LOD to cause W to step fwd, sd & fwd L trn LF with hover action, recov R in BJO fc DRC (W fwd L, fwd R trn LF to BJO, recov fwd L);

17-18 BACK TURNING WHISK: CHASSE TO BJO:

- 123 17 Bk L comm RF trn with R sd stretch, sd R cont trn, XLIB of R to SCP LOD (W fwd R comm RF trn, stay well in M's R arm sd L cont RF trn, XRIB of L SCP);
- 12&3 18 Fwd R, sd L/ cl R to L, sd L to BJO pos;

PART B

1-4 TWO NATURAL TURNS:-: OVER TURNED SPIN: RIGHT TURNING LOCK:

- 123& 1 Manuv fwd R comm RF trn, sd L trn RF to fc RLOD with L sd stretch, cl R to L/ bk L pivot 1/2 RF to fc LOD loose sway;
- 123 2 Manuv fwd R comm RF trn with R sd stretch, sd L trn RF to fc RLOD with L sd stretch, cl R to L;
- 123 3 Comm RF upper body trn bk L pivot 1/2 RF, fwd R betw W's feet heel to toe cont pivot to fc RLOD, recov sd & bk L to fc RLOD (W fwd R betw M's feet heel to toe pivot 1/2 RF, bk L cont trn brush R to L, sd & fwd R);
- 1&23 4 Bk R backing LOD with R sd lead comm to trn RF/ XLIF of R to fc COH, with slight L sd stretch cont to trn upper body R sd & fwd R betw W's feet cont to trn RF pivot to fc RLOD, sd & bk L to CP fc RLOD (W fwd L with L sd lead/XRIB of L, fwd & sd L staying well into M's R arm cont to trn RF pivot to fc LOD, sd & fwd R to CP);

5-8 RIGHT TURNING LOCK TO RIGHT LUNGE ROCK ROLL & SLIP:-: OPEN
TELEMARK: COMMENCE CONTINUOUS HOVER CROSS:

- 1&23 5 Bk R backing LOD with R sd lead comm to trn RF/ XLIF of R to fc COH, with slight L sd stretch cont to trn upper body slightly to R sd & fwd R betw W's feet to right lunge DW, rk sd L with gentle body sway to L & slight LF trn;
- 123 6 Recov R with gentle body sway to R & slight RF trn into a second right lunge, roll RF 3/8 recov L, slip R past L to fc DRC;
- 123 7 Fwd L comm LF trn, sd R cont trn, sd & fwd L to end SCP DW (W bk R comm LF trn bring L beside R no wgt, trn LF heel trn chg wgt to L, sd & fwd R to SCP);
- 123 8 Fwd R comm RF trn no sway, cont RF trn sd L DW fc DRW, strong RF trn on L small step R DW fc DC (W fwd L, fwd R btwn M's feet with RF trn, sd L to SCAR);

SAM (Continued)

9-12 FINISH CONTINUOUS HOVER CROSS:- DOUBLE REVERSE OVER SPIN:
BACK TO A HINGE:

- 123 9 Fwd L across R to SCAR wgt over L ft, cl R to L, bk L in BJO (W bk R in SCAR, sd L to CP, fwd R to BJO pos);
- 123 10 Bk R to CP, sd & fwd L with L sd lead and L sd stretch, fwd R in BJO;
- 12&3&11 Fwd L, fwd & sd R trn LF/ spin LF on R, tch L to R cont spin on R to fc LOD/ small fwd L pivot 1/2 LF to fc RLOD (W bk R, cl L to R heel trn LF/ sd & fwd R cont trn, XLIF of R cont trn/ small bk R pivot 1/2 LF);
- 123 12 Bk R comm LF trn, sd & slightly fwd L with 1/4 trn swivel L 1/8 lead W to XLIB of R keep L sd twd ptr, relax L knee to sway R look at W (W fwd L comm LF trn, sd R trn 1/4 swivel LF, XLIB of R keep L sd twd ptr head to L);

13-16 HOVER EXIT: CHASSE TO BJO: NATURAL TURN: HESITATION CHANGE:

- 123 13 Cause W to step fwd by moving body twd RLOD and trning body RF put partial wgt on R, put full wgt on R brush L to R, sd & fwd L to SCP DW (W fwd R, fwd L trning RF & brush R to L, sd & fwd R in SCP);
- 12&3 14 Fwd R, sd L/ cl R to BJO, fwd L in BJO;
- 123 15 Manuv fwd R, sd & fwd L to fc RLOD, cl R to L;
- 12- 16 Comm RF upper body trn bk L, sd R cont trn, draw L to R fc DC;

REPEAT A

REPEAT B MEAS 1-10

ENDING

1-2 DOUBLE REVERSE OVER SPIN: THROWAWAY OVERSWAY:

- 12&3& 1 Repeat meas 11 of part B but slow slightly with the music;
- 123 2 Replace the hinge with a very slow throwaway oversway bk R, sd L relax knee & trn body LF to fc DW keeping body wgt low and bk and pt R ft back (W fwd L, fwd R trning LF to bring L leg back under body & extend bk twd DW), extending the shaping slowly until music fades;