

SAME OLD SATURDAY NIGHT



Choreo : Daisuke & Tamae Doi, 53-2 Daimon-cho, Okuda, Inazawa City, Aichi 492-8226 JAPAN
Music : EMD International CD Capitol Collectors Series Track 10 by : Frank Sinatra
or available from choreographer on MP3 file or others e-mail : d-doi@tcp-ip.or.jp
Rhythm : Foxtrot Phase V
Sequence : Intro - A - B - A(9-16) - Bmod - Ending Speed : 30 MPM
Timing : SQQ unless noted by side of measure Difficulty : Average
Footwork : Opposite except where noted Released : Nov, 2009 Ver. 1.0

INTRO

1 - 8 WAIT;; REV TRN;; THREE STEP; NAT TRN; CL IMPETUS; FEATHER FIN;

- 1-2 {Wait} CP DLC lead ft free wait 2 meas;;
- 3-4 {Reverse Turn} Fwd L comm trn LF,-, sd R cont trn, bk L to CP RLOD; bk R cont trn,-, sd & fwd L, fwd R in CBMP (W bk R comm trn LF,-, cl L heel trn, fwd R; fwd L cont trn,-, sd R cont trn, bk L in CBMP) end Bjo DLW;
- 5 {Three Step} Fwd L with heel lead,-, fwd R on flat, rising on R fwd L on toe end CP DLW;
- 6 {Natural Turn One Half} Fwd R comm trn RF,-, sd L cont trn, bk R (W bk L comm trn RF,-, cl R heel trn, fwd L) end CP RLOD;
- 7 {Closed Impetus} Comm RF upper body trn bk L flex knee,-, cl R heel trn, cont trn bk & sd L (W comm RF upper body trn fwd R between M's feet flex knee,-, sd & fwd L cont trn around M brush R to L, fwd & sd R between M's feet) end CP DLW;
- 8 {Feather Finish} Bk R comm trn LF,-, sd & fwd L cont trn, fwd R in CBMP end Bjo DLC;

PART A

1 - 4 REV WAVE; CHK & WEAVE;; CURVING THREE STEP;

- | | |
|------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 1 | {Reverse Wave} Fwd L trn 1/4 LF,-, sd R (W cl L heel trn), bk L twd DLW end CP DRC; |
| SQQ | 2-3 {Check & Weave} Slip bk R with slight contra chk action,-, rec L trn LF, sd R lead W to outsd ptr, with right sd stretch bk L in CBMP, bk R to momentary CP cont trn LF, |
| QQQQ | sd & fwd L cont trn with left sd stretch, fwd R in CBMP end Bjo DLW; |
| 4 | {Curving Three Step} Fwd L comm trn LF,-, fwd R well under body with right sd stretch cont trn, with right sd stretch fwd L well under body cont trn end CP DRC; |

5 - 8 BK CURVINT THREE STEP; THREE STEP; NAT HVR X;;

- | | |
|------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 5 | {Back Curving Three Step} Bk R comm trn LF,-, bk L well under body with left sd stretch cont trn, with left sd stretch bk R well under body cont trn end CP DLW; |
| SQQ | 6 {Three Step} Repeat meas 5 Intro; |
| QQQQ | 7-8 {Natural Hover Cross} Fwd R comm trn RF,-, sd L with left sd stretch cont trn, sd R (W bk L comm trn RF,-, cl R heel trn with right sd stretch, cont trn sd L) end Scar DLC; with right sd stretch fwd L in CBMP outsd ptr on toe, rec R with slight left sd lead, sd & fwd L, with left sd stretch fwd R in CBMP outsd ptr on toe end Bjo DLC; |

“Same Old Saturday Night”

(Continued)

9 - 12 MINI TELESPIN;; CONTRA CHK & SWITCH; CURVED FEATHER CHK;

- SQQ& 9-10 {Mini Telespin} Fwd L comm trn LF,-, sd R cont trn, bk & sd L no wgt pressure insd edge of
QQS toe/trn body LF to lead W to CP comm spin LF; fwd L cont spin draw R to L under body, cl R
flex knees, hold,- (W bk R comm trn LF,-, cl L heel trn, fwd R/fwd L trn LF twd ptr; fwd R to
CP head to left spin LF draw L to R under body, cl L flex knees, hold,-) end CP DRC;
- 11 {Contra Check & Switch} Comm upper body trn LF flex knees with strong right sd lead chk
fwd L in CBMP,-, rec R comm strong trn RF leave L ft almost in place, cont strong trn rec L
soft knees end CP DLW;
- 12 {Curved Feather} Fwd R comm trn RF,-, with left sd stretch cont trn fwd L, fwd R outsd ptr
in CBMP (W bk L ,-, staying well in M’s R arm with right sd stretch cont trn sd & bk R,
cont upper body trn bk L in CBMP) end Bjo RLOD;

13 - 16 OUTSD SWVL LILT PVT; BK TO HINGE; TRNG HVR EXIT; CHAIR & SLIP;

- 13 {Outside Swivel Lilt Pivot} Bk L leave R ft fwd lead W to swivel RF to SCP RLOD,-, thru R
with lilting action body trn LF pick W up, fwd L then lower pivot LF (W fwd R swivel RF,-,
thru L with lilting action trn LF to fc ptr, bk R then lower pivot LF) end CP DRW;
- QQS 14 {Back To Hinge} Bk R trn LF to fc Wall, sd L comm left sd stretch swivel 1/8 LF lead W
(QQQQ) to cross her L behind R keep left sd twd ptr, relax L knee sway right to look at ptr,-
(W fwd L trn LF to fc ptr, sd R comm right sd stretch and swivel 1/4 LF on R, XLIB keep
left sd twd ptr, relax L knee head to left with shoulders almost parallel to ptr with no wgt on R);
- 15 {Turning Hover Exit} Cause W to step fwd twd RLOD by trng body RF put partial wgt on R,-,
put full wgt on R brush L to R cont trn RF, sd & fwd L (W fwd R,-, fwd L trn RF and brush R to L,
sd & fwd R) end SCP DLW;
- 16 {Chair & Slip} Chk thru R with lunge action,-, rec L, slip bk R (W slip fwd L) end CP DLC;

PART B

1 - 5-5 OPN TELE; OVRTRND IN & OUT RUNS;; ZIG ZAG;;

- 1 {Open Telemark} Fwd L comm trn LF,-, sd R cont trn, sd & fwd L (W bk R comm trn LF,-,
cl L heel trn, sd & fwd R) end SCP DLW;
- 2-3 {Overturned In & Out Runs} Thru R comm trn RF,-, sd & bk L cont trn, bk R in CBMP
to fc DRC; bk L cont trn,-, sd & fwd R between W’s feet cont trn to SCP, sd & fwd L
(W thru L,-, fwd R between M’s feet, fwd L in CBMP; fwd R comm trn RF,-, fwd & sd L
cont trn, sd & fwd R) end SCP DLW;
- SQQQQ 4-5.5 {Zig Zag} Thru R comm trn RF,-, sd L prepare to lead W to outsd ptr cont trn, bk R in CBMP
comm trn LF; with left sd stretch sd L cont trn, with left sd stretch fwd R outsd ptr in CBMP
(W thru L,-, fwd R, fwd L outsd ptr in CBMP comm trn LF, with right sd stretch sd R to CBMP,
with right sd stretch bk L in CBMP) end Bjo DLW,

5.5 - 8 THREE STEP;,, NAT TRN;,, HEEL PULL FEATHER END;;

- 5.5-6.5 {Three Step} Repeat meas 5 Intro;,,
- 6.5-7.5 {Natural Turn One Half} Repeat meas 6 Intro;,,
- SQQQQ 7.5-8 {Heel Pull Feather Ending} Bk L comm trn RF,-; cont trn on L heel pull R then past L
and slightly apart from L transfer wgt to R, flex knees, fwd L twd DLC, fwd R outsd ptr
in CBMP (W fwd R comm trn RF; sd L cont trn, draw R to L flex knees, bk R, bk L
in CBMP) end Bjo DLC;

“Same Old Saturday Night”

(Continued)

- 9 - 12 DBL REV; OPN REV TRN; OUTSD CHK; W ACROSS 4 TO SCAR CHK;**
- (SQQ&) 9 {Double Reverse Spin} Fwd L comm trn LF,-, sd R cont trn, spin LF on ball of R bring L ft under body beside R flex knees (W bk R comm trn LF,-, cl L heel trn, sd R cont trn/lk LIF) end CP DLC;
- 10 {Open Reverse Turn} Fwd L comm trn LF,-, sd R cont trn, bk L to CBMP (W bk R comm trn LF,-, sd L cont trn, fwd R to CBMP) end Bjo RLOD;
- QQQQ 11 {Outside Check} Bk R trn slightly LF,-, sd & fwd L, chk fwd R outsd ptr end Bjo DRW;
- 12 {W Across 4 To Scar Check} Bk L in CBMP, bk R lead W to CP, bk L in CBMP lead W to prepare to Scar, bk R lead W to step outsd ptr chkg end Scar DRW;

13 - 16 SLO X SWVL; NAT WEAVE;; CHG OF DIR;

- SS 13 {Slow Cross Swivel} XLIF outsd ptr,-, swivel LF on L pt R bk,-, end Bjo DLW;
- SQQ 14-15 {Natural Weave} Fwd R outsd ptr comm trn RF,-, sd L with left sd stretch, with right sd lead bk R prepare to lead W to outsd ptr; with right sd stretch bk L in CBMP, bk R trn LF, with left sd stretch sd & fwd L, fwd R in CBMP (W bk L,-, cl R heel trn with right sd stretch, with left sd lead fwd L in CBMP; with left sd stretch fwd R outsd ptr in CBMP, fwd L comm trn LF, with right sd stretch sd R cont trn, bk L in CBMP) end Bjo DLW;
- QQQQ 16 {Change Of Direction} Fwd L,-, fwd R with right shoulder lead (W left shoulder lead) trn LF, draw L to R end CP DLC;

REPEAT PART A MEAS 9 THRU 16

PART B mod

- 1 - 16 OPN TELE; OVRTRND IN & OUT RUNS;; ZIG ZAG;,, THREE STEP;,, NAT TRN;,, HEEL PULL FEATHER END;; DBL REV; OPN REV TRN; OUTSD CHK; W RUNNING ACRS SCAR; SLO X SWVL; NAT WEAVE;; THREE STEP;**
- 1-15 Repeat meas 1 thru 15 Part B;:::::::::::
- 16 {Three Step} Repeat meas 5 Intro;

END

1 - 4 NAT TELE; FWD W DEVELOPE; BK TWIST VINE 4; BK CHASSE BJO;

- 1 {Natural Telemark} Fwd R comm trn RF,-, sd L with left sd stretch cont trn to fc COH, sd R (W bk L comm trn RF,-, cl R heel trn with right sd stretch, cont trn sd & slightly bk L) end Scar DLC;
- 2 {Forward W Develope} Fwd L outsd ptr twd DLC chkg,-,-,- (W bk R,-, bring L ft up to insd of R knee, extend L ft fwd) end Scar DLC;
- QQQQ 3 {Back Twist Vine 4} XLIB to fc ptr, sd L, XRIF, sd L to Scar;
- SQ&Q 4 {Back Chasse To Bjo} XLIB to fc ptr,-, sd L/cl R, sd L to Bjo DRC;

5 - 8 FWD W DEVELOPE; BK TWIST VINE 4; BK & R CHASSE; OPN TELE;

- 5 {Forward W Develope} Repeat meas 2 Ending on opposite ft twd DRC;
- QQQQ 6 {Back Twist Vine 4} Repeat meas 3 Ending on opposite ft;
- SQ&Q 7 {Back & Right Chasse} XLIB to ft ptr,-, sd R/cl L, sd & fwd R between W's feet to CP DLC;
- 8 {Open Telemark} Repeat meas 1 Part B;

“Same Old Saturday Night”

(Continued)

9 - 11 OPN NAT; BK PREP TO R LUNGE;;

- 9 {Open Natural Turn} Comm upper body trn RF thru R,-, sd L cont trn, lead W to step outsd ptr
bk R to CBMP (W thru L,-, fwd R between M's feet, fwd L outsd ptr) end Bjo RLOD;
SS 10 {Back Preparation} Bk L trn RF to fc COH,-, tch R to L,- (W fwd R comm trn RF,-, cont trn
to fc ptr tch L to R,-) end CP COH;
11 [Right Lunge] Flex L knee move R ft sd & fwd,-, shift wgt to R, flex R knee slight body trn LF
look at ptr (W look well left);