

# SAND IN MY SHOES

Choreo: Charlie Brown & Linda Cooley Phone: 330-357-6261 Email: rdcuer@gmail.com  
9294 State Route 44, Mantua Ohio Website: www.charliebrowndancing.org  
Record: Atlantic 2253 "Sand in My Shoes"  
Artist: The Drifters Flip: He's Just a Playboy  
Album/CD: All Time Greatest Hits & More (1959-1965)  
Track 17: I've Got Sand in my Shoes Download from I-Tunes or Amazon Download Length: 2:50  
Footwork: Opposite Unless Noted 2:50 @ 45 RPM  
Rhythm: Rumba RAL Phase: IV  
Sequence: Intro – A – B – C – A – B – End Released: August 2013

## INTRODUCTION

### 1-4 BFLY WALL wt 2 meas ; ;

1-2 OP-FCG WALL wt ; ;

### SD WLK 6 ; ;

3-4 [BFLY WALL – SD WLK 6] Sd L , Cl R , Sd L , - ; Cl R , Sd L , Cl R , - ;

## PART A

### 1-16 BAS ; ; NY ; SPT TRN ;

1-2 [BFLY WALL – BAS] Fwd L , Rec R , Sd L , - ; Bk R , Rec L , Sd R , - ;

3-4 [BFLY WALL – NY & SPT TRN] Thru L to Sd-Sd pos , Rec R to fc ptr , Sd L , - ; XRIF trng ½ LF (W RF) ,  
Rec L continue LF (W RF) trng to fc ptr , Sd R , - ;

### HND-HND ; CRB WLK 6 [LOD] ; ; NY ;

5-7 [BFLY WALL – HND-HND & CRB WLK 6] XLIB to OP , Rec R trng to fc ptr , Sd L , - ; XRIF , Sd L , XRIF , - ;  
Sd L , XRIF , Sd L , - ;

8 [BFLY WALL – NY] Thru R to Sd-Sd pos , Rec L to fc ptr , Sd R , - ;

### BAS ; ; NY ; SPT TRN ;

9-10 [BFLY WALL – BAS] Fwd L , Rec R , Sd L , - ; Bk R , Rec L , Sd R , - ;

11-12 [BFLY WALL – NY & SPT TRN] Thru L to Sd-Sd pos , Rec R to fc ptr , Sd L , - ; XRIF trng ½ LF (W RF) ,  
Rec L continue LF (W RF) trng to fc ptr , Sd R , - ;

### HND-HND ; CRB WLK 6 [LOD] ; ; NY ;

13-15 [BFLY WALL – HND-HND & CRB WLK 6] XLIB to OP , Rec R trng to fc ptr , Sd L , - ; XRIF , Sd L , XRIF , - ;  
Sd L , XRIF , Sd L , - ;

16 [BFLY WALL – NY] Thru R to Sd-Sd pos , Rec L to fc ptr , Sd R , - ;

## PART B

### 1-16 DBL CHS PEEK-A-BOO ; ; ; ;

; ; ; ;

1-8 [BFLY WALL – DBL CHS PEEK-A-BOO] Fwd L start ½ RF trn , Rec R fin trn , Fwd L , - (W Bk R , Fwd L ,  
Fwd R , - ) ; Sd R , Rec L , Cl R , - (W Sd L , Rec R , Cl L , - ) ; Sd L , Rec R , Cl L , - (W Sd R , Rec L , Cl R , - ) ;  
Fwd R start ½ LF trn , Rec L fin trn , Fwd R , - (W Fwd L start ½ RF trn , Rec R fin trn , Fwd L , - ) ; Sd L , Rec R ,  
Cl L , - (W Sd R , Rec L , Cl R , - ) ; Sd R , Rec L , Cl R , - (W Sd L , Rec R , Cl L , - ) ; Fwd L , Rec R ,  
Bk L , - (W Fwd R start ½ LF trn , Rec L fin trn , Fwd R , - ) ; Bk R , Rec L , Fwd R , - (W Fwd L , Rec R , Bk L , - ) ;

### ½ BAS ; FAN ; HKY STK ; ;

9-10 [BFLY WALL – ½ BAS & FAN] Fwd L , Rec R , Sd L , - ; Bk R , Rec L , Sd R end in FAN position , - (Fwd L ,  
trng ¼ LF Sd & Bk R , Bk L leaving R ft extended , - ) ;

11-12 [FAN POS – HKY STK] Fwd L , Rec R , Cl L , - ; Rk Bk R , Rec L , Fwd R , - (W Cl R , Fwd L , Fwd R , - ) ; Fwd L ,  
Fwd & trn R trng approx 5/8 LF to end fc DLC , Sd & Bk L , - ) ;

### ALEMANA ; ; LRT ; ;

13-14 [LOP DRW – ALEMANA] Fwd L , Rec R , Cl L , - ; XRIB , Rec L , Sd R , - (W Fwd L trng RF undr jnd ld hnds ,  
Fwd R fin full RF trn to fc ptr , Sd L , - ) ;

15-16 [BFLY WALL – LRT] Sd L , Rec R , Cl L , - (W Commencing RF circle around M Fwd R , Fwd L , Fwd R , - ) ; Sd  
R , Rec L , Cl R , - (W fin RF circle Fwd L , Fwd R , Fwd L , - ) ;

**1-8 BRK BK to OP LOD ; PROG WLK 3 ; SLDG DOOR TWICE ; ;**

1-2 [BFLY WALL – **BRK BK to OP LOD & PROG WLK 3**] XLIB to face OP LOD , Rec R , Fwd L , - ;  
Fwd R , Fwd L , Fwd R , - ;

3-4 [OP LOD – **SLDG DOOR TWICE**] Rk Apt L , Rec R , Behind W XLIF , - ; Rk Apt R , Rec L , Behind W XRIF , - ;

**RK SD REC FWD ; FWD FC CL to BFLY ; SD WLK 6 [LOD] ;**

5-6 [OP LOD – **RK SD REC FWD & FWD FC CL to BFLY**] Sd L , Rec R , Fwd L , - ; Fwd R , Sd L Trng ¼ RF (W LF)  
to fc Ptr , CI R Blend to BFLY ;

7-8 [BFLY WALL – **SD WLK 6**] Sd L , CI R , Sd L , - ; CI R , Sd L , CI R , - ;

**ENDING****1-5 ½ BAS ; AIDA [LOD] ; SWCH X w/CRB WLK ENDING ; ; AIDA & HLD ;**

1-2 [BFLY WALL – ½ **BAS & AIDA**] Fwd L , Rec R , Sd L , - ; Thru R trng RF (W LF) ,  
Sd & Bk L continue RF (W LF) trn to fc RLOD , XRIB to “V” position ld ft extended , - ;

3-5 [AIDA POS FCG RLOD – **SWCH X w/CRB WLK ENDING & AIDA & HLD**] Trng LF (W RF) thru L Blend to BFLY ,  
Rec R , XLIF , - ; Sd R , XLIF , Sd R ; Thru L trng RF (W LF) , Sd & Bk R continue RF (W LF) trn to fc LOD ,  
XLIB to “V” position ld ft extended , - ;

**SAND IN MY SHOES****QUICK CUES**

**Intro: BFLY WALL wt 2 meas ; ;**

**SD WLK 6 ; ;**

**Pt A: BAS ; ; NY ; SPT TRN ;**

**HND-HND ; CRB WLK 6 [LOD] ; ; NY ;**

**BAS ; ; NY ; SPT TRN ;**

**HND-HND ; CRB WLK 6 [LOD] ; ; NY ;**

**Pt B: DBL CHS PEEK-A-BOO ; ; ; ;**

**; ; ; ;**

**½ BAS ; FAN ; HKY STK ; ;**

**ALEMANA ; ; LRT ; ;**

**Pt C: BRK BK to OP LOD ; PROG WLK 3 ; SLDG DOOR TWICE ; ;**

**RK SD REC FWD ; FWD FC CL to BFLY ; SD WLK 6 [LOD] ;**

**Pt A: BAS ; ; NY ; SPT TRN ;**

**HND-HND ; CRB WLK 6 [LOD] ; ; NY ;**

**BAS ; ; NY ; SPT TRN ;**

**HND-HND ; CRB WLK 6 [LOD] ; ; NY ;**

**Pt B: DBL CHS PEEK-A-BOO ; ; ; ;**

**; ; ; ;**

**½ BAS ; FAN ; HKY STK ; ;**

**ALEMANA ; ; LRT ; ;**

**End: ½ BAS ; AIDA [LOD] ; SWCH X w/CRB WLK ENDING ; ; AIDA & HLD ;**