

SANDMAN

By : J. Brahms



Choreo : Daisuke & Tamae Doi, 53-2 Daimon-cho, Okuda, Inazawa City, Aichi 492-8226 JAPAN
Music : PEPE PD-0007 CD Track 10 e-mail : d-doi@tcp-ip.or.jp
available from choreographer on MP3 file [free] or MD [at cost]
Rhythm : Bolero Phase IV + 2 [Half Moon, Hip Twist] + 1 [Checked Right Pass]
Sequence : Intro - A - B - B(9-16) - A - B(9-14) - Ending **Speed** : 24 MPM
Timing : SQQ unless noted by side of measure **Footwork** : Opposite except where noted
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INTRO

1 - 4 WAIT;; HIP RKS; CUCA W TRN TRANS TO FC;

- 1-2 {Wait} Close Tandem Pos fc Wall M's hnds on W's hips W's hnds on M's hnds both L ft free wait 2 meas;;
3 {Hip Rocks} [same footwork] Rk sd L with rolling hip CCW,-, rec R hip roll CW, rec L hip roll CCW;
4 {Cucaracha W Turn Transition To Face} Side R,-, rec L, cl R blend to CP (W sd R,-, rec L trn 1/2 LF to fc ptr, tch R to L) end CP Wall;

PART A

1 - 8 1/2 BASIC; BRK BK TO 1/2 OP; MACROSS; SYNC BOLERO WK; SWITCH & BK BRK; W ACROSS; SYNC BOLERO WK; SWITCH & BK BRK;

- 1 {Half Basic} Sd L with body rise,-, bk R with slipping action and with flexing knee, fwd L;
2 {Break Back To Half Open} Sd R rise,-, trn LF to Half OP LOD slip bk L flex knee, fwd R;
3 {M Across} Fwd L rise,-, fwd R twd DLW across W comm trn LF, bk L cont trn to fc LOD (W fwd R rise,-, L, R) end Left Half OP LOD;
SQ&Q 4 {Syncopated Bolero Walk} Fwd R rise,-, fwd L/R, L;
5 {Switch & Back Break} Fwd R sharply trn 1/2 LF to Half OP RLOD,-, bk L, rec R;
6 {W Across} Fwd L rise,-, R, L (W fwd R rise,-, fwd L twd DRW across M comm trn LF, bk R cont trn to fc RLOD) end Left Half OP RLOD;
SQ&Q 7 {Syncopated Bolero Walk} Repeat meas 4 Part A to opposite direction;
8 {Switch & Back Break} Repeat meas 5 Part A to opposite direction;

9 - 16 FWD MANUV PVT; PVT 3; TRNG BASIC 1/2; HALF MOON;; REV UNDERARM TRN; OPNG OUT 2X;;

- 9 {Forward Maneuver Pivot} Fwd L rise,-, fwd R trn 1/2 RF blend to CP lead hnd extended sd trail arm keep holding around W's waist, , bk L pivot 1/2 RF (W fwd R rise,-, fwd L lead arm placing M's waist trail hnd extended sd, fwd R pivot 1/2 RF) end CP LOD;
10 {Pivot 3} Cont helicopter pivot fwd R pivot 1/2 RF,-, bk L pivot 1/2 RF, fwd R pivot 1/4 RF blend to CP end CP Wall;
11 {Turning Basic Half} Sd & slightly fwd L rise with upper body trn RF to fc DRW,-, bk R flex knee trn 1/4 LF with slip pivot action, sd & fwd L cont trn to fc COH jn R-R hnds (W sd R rise,-, fwd L flex knee trn 1/4 LF with slip pivot action, sd & bk R cont trn 1/4) end Hndshk COH;

- 12-13 {Half Moon} Sd R comm trn RF with right side stretch to “V” shape twd ptr,-, cont trn slip fwd L shaping to ptr, rec bk R trn to fc ptr; trn 1/4 LF sd & fwd L with left side stretch,-, slip bk R, cont trn fwd L to fc ptr (W sd L comm trn LF with left side stretch,-, cont trn slip fwd R, rec bk L trn to fc ptr; trn 1/4 RF sd & fwd R raising left arm trn slightly away but looking at ptr,-, slip fwd L IF of M trn 1/2 LF, bk R cont trn to fc ptr) end Hndshk Wall;
- 14 {Reverse Underarm Turn} Sd R rise,-, XLIF flex knee, bk R jn lead hnds (W sd L rise,-, XRIF flex knee trn 3/4 LF under jnd R-R hnds, fwd L cont trn to fc ptr) end LOP Fcg Wall;
- 15-16 {Opening Out Twice} Blend to Bfly sm sd & fwd L rise comm upper body rotation LF,-, lower on L complete body trn and extend R ft to sd, rise and rotate bk to fc Wall (W sd & bk R rise comm body rotation LF,-, XLIB lower, fwd R trn to fc ptr);
cl R rise comm upper body rotation RF,-, lower on R complete body trn and extend L ft to sd, rise and rotate bk to fc Wall (W same footwork on opposite foot with meas 19);

PART B

1 - 8 UNDERARM TRN; HIP TWIST TO FAN PREP;; FAN TO HCKY STICK OVRTRN;; FWD BRK; CHKD R PASS; M TRN TO LUNGE BRK;

- 1 {Underarm Turn} Sd L rise,-, XRIB flex knee raise lead hnds, fwd L (W sd R rise,-, XLIF flex knee trn 3/4 RF under jnd lead hnds, fwd R cont trn to fc ptr) end LOP Fcg Wall;
- 2-3 {Hip Twist To Fan Preparation} Sd & fwd R rise,-, fwd L flex knee, bk R lead W to M’s right sd (W sd & bk L rise,-, bk R flex knee, fwd L to M’s right sd); cl L rise lead W to swivel LF,-, bk R flex knee, rec L (W fwd R rise and swivel 1/4 LF to fc LOD,-, fwd L flex knee, fwd R trn 1/2 LF);
- 4-5 {Fan To Hockey Stick Overturn} Sd & fwd R rise to Fan Pos,-, fwd L flex knee, rec bk R (W sd & bk L rise remain R leg extended sd & fwd,-, cl R flex knee, fwd L); cl L rise,-, bk R flex knee, fwd L twd DRW trn LF to fc Wall (W fwd R rise,-, fwd L flex knee, fwd R trn LF to fc ptr & COH) end LOP Fcg Wall;
- 6 {Forward Break} Sd & fwd R rise,-, fwd L with contra chk like action, rec bk R;
- 7 {Checked Right Pass} Fwd & sd L rise comm trn RF raise lead hnds to create window trail hnd on W’s R hip chkg her fwd motion, XRIB cont trn around W, fwd & sd L to W’s left sd (W Fwd R rise raise lead hnd as if comm underarm trn then lower,-, XLIF, sd & bk R) end Modified Wrapped Pos fc COH;
- 8 {M Turn To Lunge Break} Fwd R ronde L trn RF to fc ptr & Wall,-, lower on R with slight body trn RF lead W to bk lunge, rise on R with slight body trn LF to rec (W sd & bk L rise,-, bk R with contra check like action, rec fwd R) end LOP Fcg Wall;

9 - 16 AIDA PREP; AIDA LINE & SWITCH RK; 1 CRAB WK; FENCE LINE; TRN OUT & HIP RKS; TRN IN & HIP RKS; SPOT TRN; HIP LIFT;

- 9 {Aida Preparation} Sd L rise to slight OP “V” shape,-, thru R flex knee comm trn RF, sd L cont trn to LOP “V” Bk-To-Bk;
- 10 {Aida Line & Switch Rock} Bk R to Aida Line Pos,-, trn LF to fc ptr sd L chkg bring jnd hnds thru blend to Bfly, rec R;
- 11 {One Crab Walk} In Bfly XLIF,-, sd R, XLIF;
- 12 {Fence Line} Sd R rise,-, cross lunge thru L with bent knee look RLOD, bk R trn to fc ptr;
- 13 {Turn Out With Hip Rocks} Sd L release lead hnds trn 1/2 LF to Bk-To-Bk Pos keep trail hnds jnd,-, rk sd R with hip roll CW (W CCW), rec L with hip roll CCW (W CW);
- 14 {Turn In With Hip Rocks} Sd R trn 1/2 RF to fc ptr & Wall,-, rk sd L with hip roll CCW (W CW), rec R with hip roll CW (W CCW);
- 15 {Spot Turn} Sd L rise comm body trn LF,-, XRIF flex knee trn 3/4 LF, fwd L cont trn to fc ptr;
- 16 {Hip Lift} Blend to CP sd R bring L ft to R,-, with slight preasure on L lift L hip, lower hip;

“Sandman”

(Continued)

REPEAT PART B MEAS 9 THRU 16

REPEAT PART A

REPEAT PART B MEAS 9 THRU 14

END

1 - 2 SYNC FRONT VINE; SD PROM OVRSWAY;;

- SQ&Q 1 {Syncopated Front Vine} Blend to Bfly sd L rise,-, thru R/sd L, behind R;
SS 2 {Side Promenade Oversway} Blend to SCP sd & fwd L (W sd & fwd R) stretch body upward to look over jnd lead hnds,-, gradually relax L knee with stretching left sd to look at ptr (W look well left),-;