

THE SCARLET SARAFAN

[Russian Folk Song]



Choreo : Daisuke & Tamae Doi, 53-2 Daimon-cho, Okuda, Inazawa City, Aichi 492-8226 JAPAN
Music : PEPE PD-0007 CD Track 12
available from choreographer on MP3 file [free] or MD [at cost]
Rhythm : Foxtrot Phase V + 2 [Telefeather, Traveling Hover Cross]
Sequence : Intro - A - B - A(1-8) - B(9-20) - Ending
Timing : SQQ unless noted by side of measure
e-mail : d-doi@tcp-ip.or.jp
Speed : 28 MPM
Footwork : Opposite except where noted
Released : Nov, 2006
Ver. 1.0

INTRO

1 - 4 WAIT;; TOG TCH; QK FEATHER FIN;

1-2 LOP Fcg pos fc DLW trail ft free wait 2 meas;;
3 {Together Touch} Fwd R to CP,-, tch L to R,-;
QQQ 4 {Quick Feather Finish} Bk L, bk R comm trn LF, sd & fwd L cont trn, fwd R in CBMP
end Bjo DLC;

PART A

1 - 8 TELEFEATHER;; THREE STEP; NAT HVR X;; OPN TELE; CURVED FEATHER; HESIT CHG;

SQQ 1-2 {Telefeather} Fwd L comm trn LF with right sd stretch,-, fwd & sd R cont trn, sd & bk L with partial wgt keep left sd in twd W cont right sd stretch (W bk R comm trn LF,-, cl L heel trn, fwd R cont trn); spin LF taking full wgt on L/cont spin, sd R cont trn, sd & fwd L to Bjo with left sd stretch, fwd R outsd ptr in CBMP (W keeping right sd in twd M fwd L/R, cont trn toe spin and cl L, cont trn sd & bk R to Bjo, bk L in CBMP) end Bjo DLW;
SQQ 3 {Three Step} Fwd L with heel lead,-, fwd R on flat, rising on R fwd L on toe end CP DLW;
Q&QQQ 4-5 {Natural Hover Cross} Fwd R comm trn RF,-, cont trn sd L twd DLW with left sd stretch, cont trn sd R (W bk L comm trn RF,-, cl R heel trn, cont trn sd L) end Scar DLC;
with right sd stretch fwd L outsd ptr twd DLW on toe, rec R with slight left sd lesd, sd & fwd L, with left sd stretch fwd R outsd ptr in CBMP on toe end Bjo DLC;
6 {Open Telemark} Fwd L comm trn LF,-, sd R twd DLC cont trn, sd & fwd L (W bk R comm trn LF,-, cl L heel trn, sd & fwd R) end SCP DLW;
7 {Curved Feather} Thru R comm trn RF,-, with left sd stretch cont trn fwd L, fwd R outsd ptr in CBMP (W thru L comm trn RF,-, staying well in M's R arm with right sd stretch cont trn sd & bk R, cont upper body trn bk L in CBMP) end Bjo DRW;
8 {Hesitation Change} Comm upper body trn RF bk L,-, sd R cont trn, draw L to R end CP DLC;

9 - 16 REV WAVE;; BK FEATHER; BK CURVING THREE; CURVING THREE; CHK & WEAVE;; CHG OF DIR;

9-10 {Reverse Wave} Fwd L trn 1/4 LF,-, sd R (W cl L heel trn), bk L twd DLW; bk R curving LF to fc RLOD,-, bk L, bk R end CP RLOD;
11 {Back Feather} Bk L,-, bk R with right shoulder lead, bk L to CBMP end Bjo RLOD;
12 {Back Curving Three Step} Bk R comm trn LF,-, bk L well under body with left sd stretch cont trn, with left sd stretch bk R well under body cont trn end CP LOD;

“The Scarlet Sarafan”**(Continued)**

- SQQ QQQQ 13 {Curving Three Step} Fwd L comm trn LF,-, fwd R well under body with right sd stretch cont trn, with right sd stretch fwd L well under body cont trn end CP DRC;
- 14-15 {Check & Weave} Slip bk R with slight contra check action,-, rec L trn LF, sd R lead W outside ptr; with right side stretch bk L in CBMP, bk R to momentary CP cont trn LF, sd & fwd L cont trn with left side stretch, fwd R in CBMP end Bjo DLW;
- 16 {Change Of Direction} Fwd L,-, fwd R with right shoulder lead trn LF, draw L to R and brush end CP DLC;

PART B**1 - 8 REVTRN; TOP SPIN; BK CHASSE BJO; TRAVELING HVR X;; OPN TELE; OPN NAT; HEEL PULL:**

- 1 {Reverse Turn One Half} Fwd L comm trn LF,-, sd R cont trn, bk L to CP RLOD;
- 2 {Top Spin} Bk R comm trn 1/2 LF, with left sd stretch sd & fwd L cont trn, fwd R outsd ptr spin LF keep L leg extended bk, bk L in CBMP end Bjo RLOD;
- SQ&Q 3 {Back Chasse To Bjo} Bk R trn LF to fc Wall,-, sd L/cl R, cont trn sd & fwd L end Bjo DLW;
- SQQ QQQQ 4-5 {Traveling Hover Cross} Fwd R outsd ptr comm trn RF with left sd stretch,-, sd L cont trn cont left sd stretch, sd R twd DLW (W bk L comm trn RF,-, cl R heel trn, cont trn sd L) with right sd stretch fwd L across R in CBMP, fwd & sd R blend to CP, fwd L blend to CBMP, fwd R in CBMP with left sd stretch end Bjo DLC;
- 6 {Open Telemark} Repeat meas 6 Part A;
- 7 {Open Natural} Comm upper body trn RF thru R,-, sd L cont trn, lead W to step outsd ptr bk R to CBMP (W thru L,-, fwd R between M's feet, fwd L outsd ptr) end Bjo RLOD;
- SS (SQQ) 8 {Heel Pull} Bk L comm trn RF,-, cont trn on L heel pull R bk and transfer wgt at sm sd of L,- (W fwd R comm trn RF,-, cont trn sd L, draw R to L) end CP DLC;

9 - 12 DIAMOND TRN 1/2;; OK DIAMOND 4; CORTE REC TRN:

- 9-10 {Diamond Turn One Half} Fwd L trn 1/8 LF,-, sd R twd LOD, XLIB twd DLW trn 1/8 LF; bk R trn 1/8 LF,-, sd L twd Wall, XRIF twd DRW trn 1/8 LF end Bjo DRW;
- QQQQ 11 {Quick Diamond 4} Fwd L trn 1/8 LF, sd R twd RLOD, XLIB twd DRC trn 1/8 LF, blend to CP bk R end CP DLW;
- SS 12 {Corte Recover Turn} Bk & sd L relax knee with lowering action,-, rec R trn 1/4 LF,- end CP DLC;

13 - 20 MINI TELESPIN;; CONTRA CHK & SWITCH; NAT WEAVE; ZIGZAG 4; X HVR SCP; CHAIR & SLIP:

- SQQ& QQS 13-14 {Mini Telespin} Fwd L comm trn LF,-, sd R cont trn, bk & sd L no wgt pressure insd edge of toe/trn body LF to lead W to CP comm spin LF; fwd L cont spin draw R to L under body, cl R flex knees, hold,- (W bk R comm trn LF,-, cl L heel trn, fwd R/fwd L trn LF twd ptr; fwd R to CP head to left spin LF draw L to R under body, cl L flex knees, hold,-) end CP DRC;
- 15 {Contra Check & Switch} Comm upper body trn LF flex knees with strong right sd lead chk fwd L twd DLC in CBMP,-, rec R comm strong trn RF leave L ft almost in pl, cont strong trn rec L with soft knees (W comm upper body trn LF flex knees with strong left sd lead bk R in CBMP look well left,-, rec L comm strong trn RF leave R ft almost in pl, cont strong trn rec R between M's feet with soft knees) end CP DLW;
- 16-17 {Natural Weave} Fwd R comm trn RF,-, sd L with left sd stretch, with right sd lead bk R prepare to lead W to outsd ptr; with right sd stretch bk L in CBMP, bk R trn LF, with left sd stretch sd & fwd L, fwd R in CBMP (W bk L,-, cl R heel trn with right sd stretch, with left sd lead fwd L in CBMP; with left sd stretch fwd R outsd ptr in CBMP, fwd L comm trn LF, with right sd stretch sd R cont trn, bk L in CBMP) end Bjo DLW;

“The Scarlet Sarafan”

(Continued)

- QQQQ 18 {Zig Zag 4} Fwd L comm trn LF, cont trn sd R blend to CP, cont trn bk L in CBMP, trn RF sd & fwd R end Scar DLC;
19 {Cross Hover} XLIF,-, fwd R between W's feet with hovering action, sd & fwd L (W XLIB,-, sd & bk L with hovering action trn RF, sd & fwd R) end SCP DLC;
20 {Chair & Slip} Chk thru R with lunge action,-, rec L, slip bk R (W slip fwd L) end CP DLC;

REPEAT PART A MEAS 1 THRU 8

REPEAT PART B MEAS 9 THRU 20

END

**1 - 8 MINI TELESPIN:: CONTRA CHK & SWITCH; NAT WEAVE:: ZIGZAG 4;
X HVR SCP; OK THRU TO HINGE:**

- 1-7 Repeat meas 13 thru 19 Part B;;;;;
QQS 8 {Quick Through To Hinge} Thru R, sd & slightly fwd L comm left sd stretch swivel 1/8 LF lead W to cross her L behind R keep left sd twd ptr, relax L knee sway right to look at ptr,- (W thru L, sd R comm right sd stretch and swivel 1/4 LF on R/XLIB keep left sd twd ptr, relax L knee head to left with shoulders almost parallel to ptr with no wgt on R,-);
(QQ&S)