

Sea Cruise

CHOREO: Matthew Temples, P.O. Box 1225, Hartwell, GA, USA 30643

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CD: Glenn Frey's Greatest Hits - Track 6

FOOTWORK: Opposite (Woman's footwork in parenthesis)

TIME: 2:36

90 BPM

RHYTHM: Two Step RAL PHASE II + I (Rock The Boat)

Choreograph Date: January 17, 2004

SEQUENCE: INTRO-A-B(end semi)-A-B(end bfly)-INT1-INT2-A-ENDING

RELEASE DATE: September, 2007

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INTRODUCTION

1-10 **BFLY WALL, WAIT; WAIT; ROLL 3 TCH(LOD); REV ROLL 3 TCH(RLOD); BK AWY 3; BK AWY 3; STRUT TOG 4;; APT PT; TOG TCH (SEMI);**

- 1-2 Wait; Wait;
- 3-4 Twd LOD Sd L begin L Fc roll, cont L Fc roll Sd R, comp L Fc roll Sd L, Tch R;
 Twd RLOD S d R begin R Fc roll, cont R Fc roll Sd L, comp R Fc roll Sd R, Tch L;
- 5-6 Bk L, Bk R, Bk L; Bk R, Bk L, Bk R;
- 7-8 Fwd L, Fwd R; Fwd L, Fwd R;
- 9-10 Apt L,-,pt R twd ptr,-; tog R,-,tch L,-; (semi)

PART A

1-16 **2FWD 2 STEPS;; 2 TRNG 2 STEPS;; CIRC AWY 2 TWO STEPS;; STRUT TOG 4;; FC-FC, BK-BK;; BBALL TRN SEMI;; HITCH DBL;; RK BOAT 2X;;**

- 1-2 Fwd L, Cl R, Fwd L,-; Fwd R, Cl L, Fwd R;
- 3-4 Sd L, Cl R DIAG across line of prog and pvtng one half RF,-;
 Sd R, Cl L, Fwd & Sd R pvtng one half RF to CP WALL
- 5-8 Circle away M COH (W Wall) Fwd L, Cl R, Fwd L,-; Fwd R, Cl L, Fwd R,-; trng to Fc ptr Fwd L,-, Fwd R,-;
 Fwd L,-, Fwd R,-;
- 9-10 Sd L, Cl R, Sd L trng 1/2 LF keeping trail hands joined ending with back to ptr,-; Sd R, Cl L, Sd R;
- 11-12 From BK-BK POS Fwd L trng RF 1/2 (W LF) twd ptr,-, rec R trng RF 1/4 (W LF),-; Fwd L, trng RF 1/4 (W LF) awy from ptr,-, rec R ending in SCP LOD,-;
- 13-14 In SCP LOD Fwd L, Cl R, Bk L,-; Bk R, Cl L, Fwd R,-;
- 15-16 Push R leg bk straight to step Fwd L with knee bend, Cl R to L bend both knees;
 Push R leg bk straight to step Fwd L with knee bend, Cl R to L bend both knees;

PART B

1-8 **VIN APT 3 TCH; VIN TOG 3 TCH BFLY; HITCH APRT & SCRS THRU;; LACE ACRS; FWD 2 STEP; LACE BK ACRS; FWD 2 STEP (to semi 1st time thru, then to bfly 2nd time thru);**

- 1-2 Sd L, XRibL, Sd L, Tch R to L; Sd R, XLibR, Sd R trng to bfly WALL, tch L to R;
- 3-4 Bk L, Cl R, Fwd L (W Bk R, Cl L, Fwd R),-; Sd R, Cl L, XRifL LOD (W Sd L, Cl R, XLifR),-;
- 5-8 Leading W under jnd ld hnds Fwd L Chg Sds, Cl R, Fwd L,-; Fwd R, Cl L, Fwd R,-; Leading W under jnd
 trl hnds Fwd L Chg Sds, Cl R, Fwd L,-; Fwd R, Cl L, Fwd R,-;

INTERLUDE 1

1-8 **QUICK VIN 8;; BBALL TRN;; SLO TWRL VN 4;; LOCK 4; WALK 2;**

- 1-2 Sd L, XRibL, Sd L, XRifL; Sd L, XRibL, Sd L, XRifL;
- 3-4 Sd L,-, rec R trng RF 1/4 (W LF),-; Fwd L, trng RF 1/4 (W LF) awy from ptr,-,
 rec R, trng 1/2 ending in BFLY WALL,-;
- 5-6 Leading W under jnd ld hnds Sd L, XRibL; Sd L, XRifL;
 (W Twrls RF under jnd ld hnds Sd R, XLifR; cont twrl Sd R, XLifR;)
- 7-8 Fwd L, locking RibL, Fwd L, locking RibL; Fwd L, Fwd R trng RF BFLY WALL;

INTERLUDE 2

1-8 **VIN 3 TCH; WRAP LDY; UNWRAP; CHG SDS; VIN 3 REV; WRAP LDY; UNWRAP; CHG SDS SEMI;**

- 1-2 Sd L, XRibL, Sd L,-; Ld W LF into WRAP R, L, R,-(W trng LF wrap into M stp L, R, L,-);
- 3 Ld W RF out of WRAP in plc L,R,L,-(W trng RF out of wrap stp R, L, R,-);
- 4 Fwd L passing L shldr ld hnd jnd, Cl R(W under ld hnds), Fwd L, trng LF,-M Fc BFLY COH
- 5-6 Sd L, XRibL, Sd L,-; Ld W LF into WRAP R, L, R,-(W trng LF wrap into M stp L, R, L,-);
- 7 Ld W RF out of WRAP in plc L,R,L,-(W trng RF out of wrap stp R, L, R,-);
- 8 Fwd L passing L shldr ld hnd jnd, Cl R(W under ld hnds), Fwd L, trng LF,-SEMI;

ENDING

1-7 **VIN APT 3 TCH; VIN TOG 3 BFLY; SLO OP VIN 4;; QK VIN 4; TWRL VIN 2; STEP APT**

- 1-2 Sd L, XRibL, Sd L, Tch R to L; Sd R, XLibR, Sd R trng to bfly WALL, tch L to R;
- 3-4 Sd L, -, XRibL to L OP (W XLibR),-; trng to Fc Sd L, -, XRifL to BFLY (W XLifR),-;
- 5 Sd L, XRibL, Sd L, XRifL;
- 6 Leading W under jnd ld hnds Sd L, XRibL(W Twrls RF under jnd ld hnds Sd R, XLifR);
- 7 Bk L apt from ptr (W Bk R apt from ptr)



Ramona & Matt