

**SENTIMENTAL OL' YOU**

<b>Choreographers:</b>  Christine & Theron Hixson 4914 Vera Cruz Drive Garland, TX 75043	<b>Music:</b> "Sentimental Ol' You" by Charly McClain; CD: Pure Country, Track 4 (CD available from Amazon, or contract choreographer) Hear music at: <a href="http://www.youtube.com/watch?v=oKeD1PbPGO">http://www.youtube.com/watch?v=oKeD1PbPGO</a>
	<b>Footwork:</b> Opposite except where indicated ( <i>W's footwork in parentheses</i> )
	<b>Rhythm:</b> Jive (slow)
	<b>Phase:</b> 4+1+1UP (triple pretzel)
	<b>Difficulty:</b> Average
	<b>Release date:</b> February 22, 2014
<b>Tel:</b> 972.270.7292	<b>Speed:</b> 46 rpm or for comfort <b>Time:</b> 3:32 as on CD
<b>Email:</b> hixsoncuer@earthlink.net	<b>Sequence:</b> Intro ~ A B ~ Intld ~ A B ~ Intld ~ End

**INTRODUCTION**

1-8	[RK &] CHASSE ROLL ~ DBL RK ~ CHASSE ROLL BACK 3 TRIPLES TO SCP ~ CHG RIGHT TO LEFT LOD,,,,; CHNG LEFT TO RIGHT TO WALL WITH CONT CHASSE;;	
	Wait 5 pickup notes ~	SCP LOD wt 5 pickup notes ~
1-4.5	Chasse roll 3 L ½ OP;; dble rk; chasse roll back 3,,	SCP LOD rk bk L, rec R, trng to fc ptr no hands sd L/cl R, sd L comm. RF trn; in bk to bk pos sd R/cl L, sd R trng RF, fc ptr sd L/cl R, sd L; trng RF to L ½ OP rk bk R, rec L, rk bk R, rec L; trng LF sd R/cl L, sd R cong LF trn to bk to bk pos, sd L/cl R, sd L trng LF to fc ptr & wall; sd R/cl L, sd R,
4.5-6	Chg R to L,,;	Trng to SCP rk bk L, rec R; raise lead hands L/cl R, L lead W RF under lead hands to fc ptr RLOD, in place R/L, R ( <i>W rk bk R, rec L, fwd R trng LF tuck in front of M/cl L, fwd R LOD trng RF under lead hands, Bk L/cl R, bk L</i> );
7-8	Chg L to R w/cont chasse;;	Rk bk L, rec R, lead W under lead hands small fwd L/cl R, fwd L trn ¼ fc wall ( <i>rk bk R, rec L, trng LF under joined hands fwd R/cl L, sd R to fc ptr</i> ); in loose CP sd R/cl L, sd R/cl L, sd R/cl L, sd R blnd to SCP LOD;

**PART A**

1-8	[RK to] JIVE WALKS ~ SWIVEL 4 ~ THROWAWAY TO HND SHK LOD ~ TRIPLE WHEEL 3 FC COH,,,,; STOP AND GO;;	
1-1.5	Jive walks,,	SCP rk bk L, rec R, Fwd L/R, L; R/L, R,,
1.5-3.5	Swivel 4 ~ throwaway to HND SHK LOD,,,,	SCP with swiveling action placing one foot immediately in front of the other fwd L, R; L, R, [throwaway] fwd L/cl R, fwd L ( <i>fwd R/cl L, fwd R trng ½ in front of man</i> ); sd R/cl L, sd & fwd R ( <i>sd L/cl R, sd &amp; bk L</i> ) join R/R hands LOD,,
3.5-6	Triple wheel 3 fc COH,,;	Rk apt L, rec R, whlg RF L/R, L trn twd W to tch her bk w/ L hnd ( <i>W whl RF trng awy from ptr</i> ); cont RF whl R/L, R trng awy from W ( <i>W cont RF whl L/R, L trng twd ptr to tch his bk w/ L hnd</i> ), cont RF whl L/R, L trng twd ptr to tch her bk ( <i>W whl RF trng awy from ptr R/L, R free-spig RF on R ft to fc</i> ), sd chasse R/L, R to LOP-FCG COH;
7-8	Stop and go;;	Rk apt L, rec R, fwd L/cl R, fwd L & catch W w/ R hnd on W's L shldr blade ( <i>rk apt R, rec L, trng LF ½ R/L, R undr jnd ld hnds to end at M's R sd</i> ); keeping R hnd on W's shldr blade and ld hnds jnd low lunge fwd R lookg bk at W, rec L, bk R/L, R ( <i>rk bk L xtnd L arm straight up palm out, rec R, trng RF ½ L/R, L under jnd ld hnds</i> ) to LOP-FCG COH;
9-16	CHG HNDS BEH BK ~ FOUR SAILOR SHUFFLES ~ AMERICAN SPIN,,,,; BFLY WINDMILL ~ TWICE,,;	
9-10.5	Chg hnds beh bk wall,,	Rk apt L, rec R, fwd L taking W's R hnd with M's R hnd/cl R, fwd L trng LF ¼; sd and bk R plcg W's R hnd in M's L hnd beh bk/cl L, sd R trng LF 1/4 to fc ptr and wall ( <i>rk apt R, rec L, fwd R/cl L, fwd R trng RF ¼; sd L/cl R, sd and bk L trng RF ¼ to fc ptr</i> ) end LOP-FCG wall,,
10.5-12.5	4 Sailor Shuffles,,,,	Keeping ld hnds jnd XLIB, sd R/sd L ronde R CW; XRIB, sd L/ sd R ronde L CCW, XLIB, sd R/sd L ronde R CW; XRIB, sd L/ sd R LOP-FCG wall,

12.5-13	American Spin LOP-FCG wall,,;	Rk apt L, rec R; small fwd L/cl R, fwd L bracing ld hands to lead W to spin RF, sd R/cl L, sd R ( <i>small fwd R/cl L, fwd R spin RF 1 turn, sd L/cl R, sd L</i> ) end LOP-FCG wall;
14-16	Windmill ~ twice;;;;	Rk apt L, rec R join both hnds BFLY, trng LF w/lead arms lower & trail hnds higher fwd L/cl R, fwd L; bring arms down sd trn R/cl L, sd R, rk bk L, rec R extending arms out to BFLY; trng LF w/trail higher & ld hnds lower fwd L/cl R, fwd L; bring arms down sd trn R/cl L, sd R;

**PART B**

1-8	<b>TRIPLE PRETZEL TURN;;;;; LINDY CATCH;; RK APT REC SD CL TO SCP;</b>	
1-5	Triple pretzel turn ;;;;;	Trng LF to SCP rk bk L, rec R trng to fc ptr, sd L/cl R, sd L trng RF to bk to bk; keep lead hands joined sd R/cl L, sd R, XLIF extend trailing hands to LOD, rec R; sd L/cl R, sd L change to join trailing hands, XRIF extend ld hnds to RLOD, rec L; sd R/cl L, sd R chg to join ld hnds, XLIF extend trailing hands to LOD, rec R; sd L/cl R, sd L trng LF to fc ptr, sd R/cl L, sd R to LOP fc ptr;
6-7	Lindy catch;;	Rk apt L, rec R twd W R sd, chasse fwd L/R, L trng RF arnd W catching her waist w/R hnd; fwd R, fwd L cont arnd W, chasse fwd R/L R to fc ptr ( <i>rk apt R, rec L, chasse fwd R/L, R extending both arms fwd; bk L, bk R, bk L/R, L;</i> ) end LOP-FCG wall ld hnds joined;
8	Rk apt rec sd cl SCP;	Ld hnds joined rk apt L, rec R, sd L, cl R to SCP LOD;
9-17	<b>SEMI 4 POINT STEPS;; THROWAWAY; CHICKEN WLKS (2S, 4Q);; CHG L TO R FC WALL ~ AMERICAN SPIN;;; RK APT REC KICK BALL CHG [SEMI];</b>	
9-10	4 point steps;;	SCP point L, fwd L, point R, fwd R; point L, fwd L, point R, fwd R;
11	Throwaway LOD;	SCP fwd L/cl R, fwd L ( <i>fwd R/cl L, fwd R trng ½ in front of man</i> ); sd R/cl L, sd & fwd R ( <i>sd L/cl R, sd &amp; bk L</i> ) LOP-FCG LOD;
12-13	Chicken wks – 2 slow; 4 quick;	Ld hnds joined and turning hands in direction of W's foot action bk L,-,R,-; L, R, L, R ( <i>fwd w/swiveling action toe out R, -, L, -; R, L, R, L;</i> )
14-15.5	Chg L to R wall,,;	Rk apt L, rec R, sd L/R, L to fc ptr wall ( <i>fwd chasse R/L, R trng ¾ LF und ld hnds</i> ); sd chasse R/L,R,,
15.5-16	American spin,,;	Rk apt L, rec R; small fwd L/cl R, fwd L brng ld hands palm to palm lead W to spin RF, sd R/ cl L, sd R ( <i>small fwd R/cl L, fwd R spin RF 1 turn, sd L/cl R, sd L</i> ) end LOP-FCG wall;
17	Rk apt rec kick ball chg SCP;	Rk apt L, rec R, kick L fwd/take wgt on ball of L, replace wgt on R;

**INTERLUDE**

1-8	<b>RK &amp; CHASSE ROLL 3 TRPL ~ DBL RK ~ CHASSE ROLL BACK 3 TRPL TO SCP ~ CHG RIGHT TO LEFT LOD;;;;; CHG LEFT TO RIGHT TO WALL W/CONT CHASSE;;</b>	
	Repeat meas. 1-8 of Intro;;;;;	

**REPEAT PART A****REPEAT PART B****REPEAT INTERLUDE****ENDING**

1-4	<b>RIGHT TRNG FALLAWAY ~ RIGHT TRNG FALLAWAY SCP LOD;;; RK BK REC PT LOD;</b>	
1-3	Right turning fallaway RLOD ~ Right turning fallaway SCP LOD	Rk bk L to SCP, rec R, chasse L/R, L trng 1/4 RF; cont trng RF chasse R/L, R to end in SCP RLOD, rk bk L to SCP, rec R; chasse L/R, L trng 1/4 RF, cont trng RF chasse R/L, R to end in SCP LOD;
4	Rk bk rec pt & hold;	Rk bk L, rec R, pt L to LOD & hold;

QUICK CUES

Sequence: Intro ~ A B ~ Intld ~ A B ~ Intld ~ Ending

Speed: 46 (or for comfort)

## INTRO:

Wait pickup notes ~ [rock to] Chasse roll (3 triples);;; double rock;  
 Chasse roll back 3 triples to semi ~ chg right to left;;;  
 Left to right with continuous chasse;;

A: Rock to jive walks ~ swivel wk 4 ~ throwaway hndshk LOD ~

Triple wheel 3 fc COH ;;;;;; stop and go;;

Change hands beh back ~ 4 sailor shuffles ~ American spin BFLY;;;;;

Windmill twice;;;

B: Triple pretzel turn;;;;;

Lindy catch;; rock apt rec side close - semi; to

4 point steps;; throwaway; chicken walks – 2 slow 4 quicks;;

Left to right to wall ~ American spin;;; rock rec. kick ball change ; semi

## INTLD:

Chasse roll [3 triples];;; double rock;

Chasse roll back 3 triples to semi (1.5) ~ chg right to left;;;

Left to right with continuous chasse;;

REPEAT A, B, and INTLD

ENDING: Right trng fallaway fc RLOD ~ Right trng fallaway semi LOD;;; rk bk rec. pnt LOD;~