

# S E R E N A D E 5

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RECORD: STAR 172A "Serenade to Spring" flip of "Switchin' in the Kitchen"

FOOTWORK: Opposite unless noted (*Woman's footwork in parentheses*)

SEQUENCE: INTRO AB BRIDGE ABB ENDING

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## INTRO

MEAS

- 1 - 4 **LOP-FCG DLW LD HNDS JND 1 STP APT WAIT;; STP TOG, SHAPE; BOX FIN DLC;**  
1-2 LOP fcg pos DLW 1 stp apt with M's L & W's R ft free wait 2 meas;;  
3 **(Stp Tog & Shape)** Tog fwd L slight trn RF, tch R,- to CP WALL;  
4 **(Box Fin)** Bk R comm trng LF 1/4, cont trng LF sd L, cl R CP DLC;

## PART A

- 1 - 8 **MINI-TELESPIN;; SLO CONTRA CK; REC, HI-LINE, SLP; WSK DLC; QK OP REV;**  
**BK, SD, LK; DBL REV;**  
1-2 **(Mini-Telespin 123&12-)** CP DLC Fwd L trn LF, sd & fwd R trn LF, pt L bk & sd fc DRW mod CP (*bk R,cl L heel trn, sd & fwd R*); ld W fwd trans wgt to L/spn LF on L, sd R, hold (*fwd L heel ld arnd M spn LF/sd R spn LF, sml stp sd L, hold*) CP DRC;  
3 **(Slo Contra Ck 1-)** Soften knee bdy trn LF fwd L X bdy line, slowly trn bdy slight LF strong stretch up of bdy look over W,- (*soften knee bk R X bdy line but keep R heel off floor hd to right, xtnd bdy & trn hd well left stretch up right sd of bdy,-*);  
4 **(Rec Hi-line Slp)** Rec R, sd L slight bdy trn RF rise bth look RLOD, trn LF slp pvt action bk R sft knee CP RLOD;  
5 **(Wsk)** Fwd L RLOD trn LF, sd & fwd R bdy trn LF, xLib blnd to SCP DLC;  
6 **(Qk Op Rev 12&3)** Fwd R in SCP, slight trn LF fwd L to CP/trn LF sd & bk R to BJO backing DLC, bk L in BJO backing DLC;  
7 **(Bk Sd Lk)** Bk R slight trn LF, sd & fwd L toe points DLC, trn LF lk Rib (*Lif*) CP DLC;  
8 **(Dbl Rev 12&3)** Fwd L trng LF, fwd & sd R trng LF, spn LF on R (*Bk R, trn LF on heel transfer to L/fwd & sd R trn LF, trn LF xLif*) CP DLW;  
9-16 **HVR TELE; OP NAT; OUTSD SPN; RIGHT TRNG LK; SYNC VINE; CHR, REC, SLP;**  
9-17 **DBL REV; CHG OF DIR;**  
9 **(Hvr Tele)** CP DLW Fwd L, fwd R trn RF, fwd & sd L to SCP DLW;  
10 **(OP Nat)** Thru R in SCP, trn RF sd L, trn RF bk R end BJO DRC;  
11 **(Outsd Spn)** Strong trn RF bk & sd L toe in (*fwd R in BJO trn RF*), fwd R DLW heel to toe spn RF, sd & bk L CP RLOD;  
12 **(Right Trn Lk 1&23)** Trn RF bk R to BJO/lk Lif (*lk Rib*), sd & fwd R toe pnt DLC trn RF, bdy trn RF sd & fwd L in SCP DLC;  
13 **(Sync Vin)** Thru R/slight trn RF sd L, xRib, trn LF sd & fwd L end DLW;  
14 **(Chr Rec & Slp)** Fwd R in SCP soften knee M no sway look DLW,-, rec L comm slight rise, strong rise trn LF bk R slp pvt to CP DLC;  
15 **(Dbl Rev 12&3)** Same as Part A meas 8;

16 **(Chg of Dir SS)** Fwd L DLW slight trn LF, fwd R on insd edge trn LF to whole ft, draw L twd R to CP DLC slight rise;

## PART B

MEAS

- 1 - 8 **OP REV TRN; HVR CORTE; BK RIGHT CHS; CONTRA CK REC SCP; WEV;; MANUV; HES CHG;**
- 1 **(Op Rev Trn)** CP DLC Fwd L trn LF, sd & bk R to BJO backing LOD, bk L in BJO LOD;
- 2 **(Hvr Corte)** Bk R trn LF, sd & fwd L trn LF hvr action to BJO, rec bk R small stp in BJO backing DRW;
- 3 **(Bk Right Chs 12&3)** Bk L outsd ptr, slight RF trn sd & fwd R/cl L, sd R (*W fwd R outsd ptr, slightly trng RF sd & bk L/cl R, sd L*) end CP DRW;
- 4 **(Contra Ck Rec SCP)** Soften knee bdy trn LF fwd L X bdy line, slowly trn bdy slight LF strong stretch up of bdy look at W, rec R, sd & fwd L slightly trng bdy RF (*W soften knee bk R X bdy line but keep R heel off floor hd to right, xtnd bdy & trn hd well left stretch up right sd of bdy, rec L, trng RF sd & fwd R*) end SCP DLC;
- 5-6 **(Wev)** Thru R, fwd L trn LF, bk R to BJO backing LOD; bk L in BJO, bk R to CP trn LF, sd & fwd L to BJO DLW;
- 7 **(Manuv)** Fwd R in BJO, trn RF sd & fwd L, trn RF cl R CP RLOD;
- 8 **(Hes Chg)** Bk L trng RF, sd R sml stp to fc DLC, draw L to R no wgt end CP DLC;
- 9 - 16 **1 L TRN; BK CHS BJO; CRV FTNR CK; BK PASSING CHG; BK CHS BJO; MANUV; SPN TRN; BOX FIN DLC;**
- 9 **(1 L trn)** CP DLC Fwd L trn LF, fwd & sd R cont LF trn, cl L; (*bk R, cl L to R heel trn/cont LF trn, fwd R*) DRW;
- 10 **(Bk Chs BJO 12&3)** Bk R trn LF, sd & fwd L DLW/cl R, sd & fwd L to BJO;
- 11 **(Crv Fthr Ck)** Fwd R trn RF, fwd & sd L ft trn RF, strong bdy trn RF sml stp fwd R to BJO DLC checking (*bk L, bk R ft trn RF sml stp bk L in BJO*);
- 12 **(Bk Passing Chg)** Bk L in BJO no trn, bk R backing DLC, bk L backing DLC;
- 13 **(Bk Chs BJO 12&3)** Same as Part B meas 10;
- 14 **(Manuv)** Repeat meas 7 Part A;
- 15 **(Spn Trn)** Bk L pvt RF 1/2 to fc LOD, fwd R between W's ft cont trng RF 1/8 to fc DLW rising on toe, sd & bk L (*fwd R between M's ft pvt RF 1/2, bk L cont trng RF brush R to L, sd & fwd R*) end CP DLW;
- 16 **(Box Fin)** Repeat meas 4 Intro end CP DLC;

## BRIDGE

MEAS

- 1 - 2 **SLO CONTRA CK; SLO REC TCH;**
- 1 **(Slo Contra Ck)** CP DLC repeat meas 3 Part A;
- 2 **(Slo Rec Tch)** Slo rec transfer wgt to R tch L to R end CP DLC;

## ENDING

MEAS

- 1 - 3 **MINI-TELESPIN;; SLO CONTRA CK & XTND LEFT ARMS;**
- 1-2 **(Mini-Telespin)** CP DLC repeat meas 1 & 2 Part A;;
- 3 **(Slo Contra Ck & Xtnd)** Soften knee bdy trn LF fwd L X bdy line with R shldr ld look at W both xtnd left arms out to sd (*hd well to the left*);