



SEVEN LONELY DAYS

Choreographers:	Music: Track 7 of CD album The Best of Georgia Gibbs-The Mercury Years or MP3 file
Annette & Frank Woodruff	Footwork: Opposite except where indicated (<i>W's footwork in parentheses</i>)
Rue du Camp, 87	Rhythm: 2-step
7034 Mons, Belgium	Phase: II Teaching Tool: Right Turning Box & Door
Tel: 00 32 65 73 19 40	Release date: May 2006
Fax: 00 32 65 73 19 41	Time & Speed: 2:06 at unchanged CD speed
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INTRODUCTION

1 - 2	Wait;;	OP-FCG WALL wt 2 meas;;
3	Apart Point;	Apt L, -, pt R, -;
4	Together Touch to SCP;	Tog R to SCP LOD, -, tch L, -;

PART A

1 - 2	Two Forward Two Steps;;	Fwd L, cl R, fwd L, -; fwd R, cl L, fwd R trng to CP WALL, -;
3 - 4	Box;;	Sd L, cl R, fwd L, -; sd R, cl L, bk R, -;
5 - 8	Left Turning Box;;;	Sd L, cl R, fwd L trng LF ¼, -; sd R, cl L, bk R trng LF ¼ to CP COH, -; rpt meas 5-6 Part A to CP WALL;;
9	2 Side Closes;	Sd L, cl R, sd L, cl R;
10	Side Draw Close;	Sd L, draw R, cl R, -;
11-12	Reverse Box;;	Sd L, cl R, bk L, -; sd R, cl L, fwd R, -;
13-16	Right Turning Box;;;	Sd L, cl R, trng ¼ RF bk L, -; sd R, cl L, trng ¼ RF fwd R, -; rpt meas 13-14 Part A;;

PART B

1	Face to Face;	Blendg to BFLY sd L, cl R, trng 3/8 LF sd & fwd L to V-BK-TO-BK, -;
2	Back to Back;	Sd R, cl L, trng to OP LOD sd & fwd R, -;
3 - 4	Basketball Turn;;	Fwd L stg to trn RF twd ptr, -, rec R contg trn to fc RLOD, -; fwd L to RLOD stg to trn RF twd COH, -, rec R to OP LOD, -;
5 - 6	Circle Away in 2 Two-steps;;	Circg awy LF fwd L, cl R, fwd L, -; contg circ fwd R, cl L, fwd R trng to fc ptr, -;
7 - 8	Strut Together in 4;;	Tog L, -, R, -; L, -, R,-;
9 - 10	Door both ways to OPEN;;	Rk sd L, rec R, XLif (<i>W Xif</i>), -; rk sd R, rec L, XRif (<i>W Xif</i>) to OP LOD, -;
11	Run 4;	Fwd L, R, L, R;
12	Walk 2 to BFLY;	Fwd L, -, fwd R trng to BFLY WALL, -;
13-14	Door both ways;;	Rpt meas 9-10 Part B;;
15	Side-2-step;	Sd L, cl R, sd L, -;
16	Behind Side Thru to SCP;	W/ slt lift to ball of L ft & CW flare of R leg XRib (<i>W Xib</i>), sd L, thru R to SCP LOD, -;

BRIDGE

1	Side-2-Step;	Rpt meas 15-16 Part B;;
2	Behind Side Thru to SCP;	

PART C

1 - 2	Two Forward Two Steps;;	Rpt meas 1-2 Part A;;
3	Cut Back 2x;	XLif, bk R, XLif, bk R;
4	Dip Back & Recover to CP;	Bk L w/ soft knee, -, rec R trng to CP WALL, -;
5 - 8	Right Turning Box;;;;	Rpt Meas 13-16 Part A;;;;
9	Limp;	Sd L, XRib bendg both knees, sd L w/ straight legs, XRib bendg both knees;
10	Walk 2;	Trng to LOD fwd L, -, fwd R, -;
11-12	Two Forward Two Steps;;	Rpt meas 1-2 Part A;;
13	Scoot;	Fwd L, cl R, fwd L, cl R;
14	Walk & Face;	Fwd L, -, fwd R trng to CP WALL, -;
15	Side-2-Step;	Rpt meas 15-16 Part B;;
16	Behind Side Thru to SCP;	

ENDING

1	Twirl 2;	Raisg jnd ld hnds fwd L, - fwd R (<i>W twrl RF undr jnd hnds R, -, L</i>) to SCP LOD, -;
2	Walk 2 to CP;	Fwd L, -, fwd R trng to CP WALL, -;
3	Side Draw Close;	Sd L, draw R, cl R, -;
4	Apart Point	Apt L, -, pt R twd ptr, -;



Fredda Gibson was the youngest of four children. Her father passed away when she was six months old and she spent her first seven years in an orphanage in Worcester where she was separated from her other siblings. Turning to music for solace, it was discovered that she possessed a natural talent for singing and she began singing in Boston ballrooms as a teenager then made her recording debut in 1938. She enjoyed her commercial prime, though, on Mercury, for whom she recorded hit after hit from 1951 to 1956. The tango-tinged "Kiss of Fire," which went all the way to number one in 1952, was the biggest and best of these. Her very White, pop-oriented takes on "Tweedle Dee" (late 1954) and "Dance with Me Henry" (early 1955) are what she remains most notorious for.