

SEVEN SPANISH ANGELS

Music: Ben Steneker with Aurora
www.muziekweb.nl/Link/JHX2004/The-best-of-Ben-Steneker-vol-3
Track # 14 Time 3:41 Shortened from 2:30 to 3:05
Slowed down w/ -10% to Time 3:20 Available from choreographer

Rhythm: Slow Two Step Phase: IV+ Several U

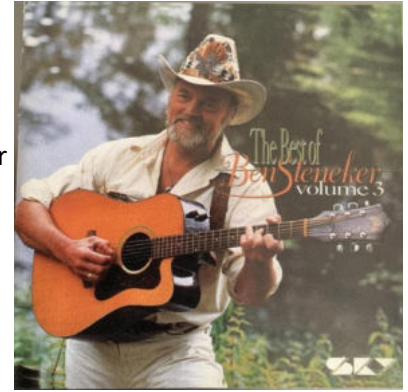
Footwork: Opposite except where (Noted)

Release Date: Jan 22

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Sequence: INTRO AB BRIDGE AB B(1-10) END



INTRO

01-04 LOOSE CP WALL LEAD FOOT FREE WAIT 4 MEASURES ; ; ; ;

{Wait} Loose CP Wall ld ft free wt 4 meas ; ; ; ;

05-08 STROLLING VINE/W INSIDE ROLL ; ; STROLLING VINE/W OUTSIDE ROLL ; ;

{Strolling Vine / W Insd Roll} [SS;SQQ] Sd L, -, XRib, - (W sd R, -, XLif, -) ; Sd & fwd L trng LF raisg ld hnds, -, fwd R, XLif to fc COH (W fwd R across LOD trng LF, -, roll LF under ld hnds L, R to fc ptr) ; {StrollingVine / W Outsd Roll} [SS;SQQ] Sd R, -, XLib, - (W sd L, -, XRif, -) ; Sd & fwd R trng RF raisg ld hnds, -, fwd L, XRif to fc WALL (W fwd L across LOD trng RF, -, roll RF under ld hnds R, L to fc ptr) ;

PART A

01-04 SIDE to BACK to BACK ; SIDE to FACE to FACE & Manvrg ; RIGHT TURN/W OUTSD ROLL ; BASIC ENDING ;

{Sd to Bk to Bk} Sd L swiv ½ LF (W RF) to V-BK-TO-BK, -, sd R, XLif (W XRif) ; {Sd to Fc to Fc} Sd R swiv ½ RF (W LF) to fc ptr, -, sd L, XRif (W XLif) manevrg ; {Right Trn /W Outsd Roll} Sd & bk L Xg ifo W, -, raisg jnd ld hnds to ld W's RF trn sd & bk R trng ¼ RF, XLif (W fwd R com RF twrl undr ld hnds, -, fwd L contg to trn, fwd & sd R contg to trn to fcptr) to BFLY COH ; {Basic Ending} Sd R, -, XLib (W XRib), rec R to BFLY COH ;

05-09 DBL HAND HOLD UNDERARM TURN to STACKED HANDS ; OP BREAK to FACE ;

CHANGE SIDES/W UNDERARM ; LUNGE BASIC ; TWISTY VINE 4 ;

{Dbl Hd Undrm Trn} [Blendg to Fc w/ both hnds jnd above lady's head] Sd L, -, XRib lead ptr under dbl hd hold, rec fwd L stacked lft over rt hnds (W fwd R, -, fwd L RF trn under dbl hd hold, fwd R stacked hnds lft over rt) fcg ptr to COH ; {Stacked Hnds OP Break to Fc} [With stacked hnds] Sd R, -, rk apt L, rec R to rt sd of W ; {Change Sides /W Underarm} Fwd L to COH chg rt sds swiv ½ RF lead W trn under stacked hds, -, sd R, XLif (W fwd R to WALL LF trn under stacked hnds chg sds, -, sd L, XRif) Bfly WALL ; {Lunge Basic} Sd R, -, rec L, XRif (W XLif) ; {Twisty Vine 4} [QQQQ] Sd L, XRib to Scar, sd L to fc ptr, XRif to Bjo DLW Manvrg ;

10-13 RIGHT SPOT TURN w/ RONDES ; ; ; ;

{Right Spot Turn w/ Rondes} [Similar to a natural top w/ M and W alternating action in CP] Comm a ½ RF trn M sd L & ronde R CW ifo W, -, XRib cont RF trn, sd L cont RF trn (W comm ½ RF trn XRif btwn M's ft, -, sd L cont RF trn, XRif cont RF trn) ; Contg ½ RF trn XRif btwn W's ft, -, sd L cont RF trn, XRif cont RF trn (W sd L ronde R CW cont RF trn, -, XRib cont RF trn, sd L cont RF trn) ; Repeat meas 10,11 Part A to end fcg Loose CP WALL ; ;

14-18 OP BASICS ; ; 2 SWITCHES ; ; SPIRAL & SYNCOPATED WALK PICKG LADY UP;

{OP Basics} Sd L trng to ½ LOP RLOD, -, XRib (W XLib), rec L trng to fc ptr ; Sd R trng to ½ OP LOD, -, XLib (W XRib), rec R startg to fold ifo W ; {2 Switches} Sd L Xg ifo W to ½ LOP, -, fwd R, fwd L (W fwd R, -, fwd L, fwd R) ; Fwd R, -, fwd L to ½ OP LOD, fwd R (W sd L Xg ifo M, fwd R to ½ OP, fwd L) to ½ OP LOD ; {Spiral & Sync Walk Pickg W Up} [SQ&Q] Fwd L spiralg RF to LOD, -, fwd R/L, R (W fwd R spiral LF to LOD, -, fwd L/R, fwd L trng LF to fold ifo M) to Loose CP LOD ;

PART B

01-05 TRIPLE TRAVELER ; ; ; HORSESHOE TURN ; ;

{Triple Traveler} Fwd L comm LF trn raisg jnd ld hnds to ld W's LF trn, -, sd R compg $\frac{1}{4}$ LF trn, XLif (W bk R comm LF trn, -, sd L trng LF undr ld hnds, contg LF trn sd R) to LOP LOD ; Fwd R spiral LF undr jnd hnds, -, fwd L, R (W fwd L, -, fwd R, L) ; Fwd L bring jnd hnds dwn & bk in cont circ motion to ld W into RF trn, -, fwd & sd R to fc ptr, XLif (W fwd R comm roll RF under jnd ld hnds, -, bk L cont roll, fwd R comp roll to fc ptr) to BFLY COH ; {Horseshoe Trn} Relg trl hnds Sd & fwd R to L-OP LOD, -, cont trn thru L to V pos LOD, XRib (W XLib) to V pos & raise ld hnds ; Circ LF $\frac{1}{2}$ to fc ptr & WALL fwd L, -, R, L (W circ tightly RF $\frac{1}{2}$ undr jnd hnds fwd R, -, L, R to fc ptr & COH) to BFLY WALL ;

06-10 BASIC ENDING & Pickg Up ; TRAVELING X-CHASSE ; PASSING X-CHASSE ; W PASSING X-CHASSE ;

TRAVELING X-CHASSE to Loose CP WALL [2^{de} TIME: To Pickg Up] ;

{Basic Ending to Pickg Up} Sd R, -, XLib, rec R (W sd L, -, XRib, fwd L trng LF to fold ifo M) to low BFLY LOD ; {Trav X-Chasse} Trng LF fwd L twd DLC, -, w/ rt shldr ld sd & fwd R twd DLW, XLIF (W XRif) ; {Passing X-Chasse} Fwd R trng RF fc Wall, -, fwd & sd L cont RF trn, XRif ifo W fc DRW (W bk L trng RF, -, small sd R fc COH, XLif) ; {W Passing X-Chasse} Bk L trng RF, -, small sd R fc COH, XLif (W fwd R trng RF, -, fwd & sd L cont RF trng, XRif of M fwd DRW) ; {Trav X-Chasse to WALL} Trng RF fwd R twd DLW, -, contg to trn RF sd & fwd L twd WALL, cl R to Loose CP WALL [2^{de} TIME: To Pickg Up] ;

11-15 LEFT TURNING BOX w/ X-CHASSE/ W INSIDE ROLL ; ; ; VINE 4 to LOD ;

{Lft Trng Box w/ X-Chasse} Fwd L comm trng LF fc DLW, -, sd R cont trn LF, XLif fc LOD (W bk R comm trng LF fc DRC, -, sd L cont trn LF, XRif fc RLOD) ; {~ w/ Insd Roll} Bk R comm trng LF lead W LF twirl under ld hnds fc DLC, -, sd L cont trn LF, XRif fc COH (W fwd L comm LF twirl under ld hnds, -, cont twirl R, L fc WALL) ; {Lft Trng Box w/ X-Chasse} Fwd L comm trng LF fc DRC, -, sd R cont trn LF, XLif fc RLOD (W bk R comm trng LF fc DLW, -, sd L cont trn LF, XRif fc LOD) ; {~ w/ Insd Roll} Bk R comm trng LF lead W LF twirl under ld hnds fc DRW, -, sd L cont trn LF, XRif fc WALL (W fwd L comm LF twirl under ld hnds, -, cont twirl R, L fc COH) to CP WALL ; {Vine 4 to LOD}[QQQQ] To LOD Sd L, -, XRib (W XLib), sd L, XRif (W XLif) manvrg ;

16-20 CONTINUOUS TRAVELING RIGHT TURNS ; ; ; FORWARD FACE CLOSE ; RIFF TURN ;

{Continuos Traveling Right Trns} Folding RF ifo W sd & bk L to CP RLOD, -, XRib pressure wgt, twist trn $\frac{5}{8}$ RF on both ft to fc DLW & shift full wgt bk to L (W fwd R LOD btwn M's ft, -, cont RF trn around M fwd L twd WALL, fwd R twd RLOD checkg) to end in BJO M fcg DLW ; Fwd R outsd ptr foldg RF square to ptr & CP RLOD, -, bk L pivot $\frac{1}{2}$ RF, fwd R cont RF pivot (W bk L trng RF to square w/ ptr, -, fwd R pivot $\frac{1}{2}$ RF, bk L cont RF pivot) to end approximately CP DRW ; Cont RF trn sd & bk L to CP RLOD, -, XRib pressure wgt, twist trn $\frac{5}{8}$ RF on both ft to fc DLW & shift full wgt bk to L (W fwd R LOD btwn M's ft, -, cont RF trn around M fwd L twd WALL, fwd R twd RLOD checkg) to end in BJO M fcg DLW ; {Fwd Fc cl} Fwd R LOD outsd ptr, -, trng RF to fc ptr sd L, cl R (W bk L LOD, -, trng RF sd R, cl L) to Low Bfly WALL ; {Riff Trns} [QQQQ] Sd L lead W RF spin under ld hnds, cl R, sd L lead W RF spin under ld hnds, cl R (W sd & fwd R RF spin on R under ld hnds, cl L, sd & fwd R RF spin under ld hnds on R, cl L) ;

BRIDGE

01-02 FENCE LINE WITH ARMSWEEP TWICE ; ;

{Fence Line w/ Armsweep x 2} Sd L, -, XRif (W XLif) on soft knee look LOD trl arm sweep CCW (W CW), rec L ; Sd R, -, XLif (W XRif) on soft knee look RLOD ld arm sweep CW (W CCW), rec R trn bk to fc ptr ;

ENDING

01 SIDE to TROWAWAY OVERSWAY ;

{Sd to Throwaway Oversway} Sd L rotatg LF fc keepg rt sd to W w/ R ft pntd bk (W sd R rotatg LF fc relaxg R knee and slidg L bk past R pntg bk lookg well to the lft), -, -, - ;