

MAY 07

SHE'S A LADY

Choreo : Nariaki & Hideko Aoyama 240 Yoshiwadai, Oyabe Shi, Toyama, JAPAN
 Record : STAR-156 (Flip: The End Of The World) Speed: 45rpm
 Rhythm : CHA CHA Phase III+1 (Alemana) Released: May 2007
 Footwork: Directions for Men. Except where noted
 Sequence: INTRO A A B A(1-8) C

INTRO

1--4 WAIT 2 MEAS;; SHLDR TO SHLDR TWICE;;

1-2 In Bfly/Wall wait 2 meas;;

3-4 Rk fwd L trng to Bfly/Scar, rec R to Fc, sd L/cl R, sd L; rk fwd R trng to Bfly/Bjo, rec L to Fc, sd R/cl L, sd R;

PART A

1--4 NEW YORKER IN 4; NEW YORKER; CRAB WALKS;;

1-2 Trng to LOP thru L, rec R to Fc, sd L, cl R; trng to LOP thru L, rec R Fc, sd L/cl R, sd L;

3-4 XRif, sd L, xRif/sd L, xRif: sd L, xRif, sd L/cl R, sd L;

5--8 NEW YORKER IN 4; NEW YORKER TWICE;; SPOT TRN;

5-6 Trng to OP thru R, rec L to Fc, sd R, cl L; trng to OP thru R, rec L to Fc, sd R/cl L, sd R;

7-8 Trng to LOP thru L, rec R to Fc, sd L/cl R, sd L; xRif trng LF, cont trn rec L to Fc, sd R/cl L, sd R;

9--12 CHASE PEEK-A-BOO;;;;

9-12 Fwd L trng 1/2 RF, rec & fwd R, fwd L/cl R, fwd L; rk sd R peek over L shldr, rec L, cl R/sd L, cl R; Rk sd L peek over R shldr, rec R, cl L/sd R, cl L; fwd R trng 1/2 LF, rec & fwd L, fwd R/cl L, fwd R;

13-16 1/2 BASIC; WHIP; FENCE LINE TWICE;;

13-14 Rk fwd L, rec R, sd L/cl R, sd L; bk R trng LF, rec & fwd L cont trn to Fc COH (2nd Fc Wall), sd R/cl L, sd R (W fwd L outside M's L side, fwd R trng LF, sd L/cl R, sd L);

15-16 X lunge L, rec R to Fc; sd L/cl R, sd L; x lunge R, rec L, to Fc, sd R/cl L, sd R;

PART B

1--4 ALEMANA; SHLDR TO SHLDR TWICE;;

1-2 Rk fwd L, rec R, sd L/cl R, sd L; bk R, rec L, sd R/cl L, sd R (W xLif undr jnd ld hnds trng RF, cont trn RF fwd R, sd L/cl R, sd L);

3-4 Repeat 3-4 of INTRO W fwd to M's R side;;

5--8 LARIAT;; TIME STEP TWICE;;

5-6 Rk sd L, rec R, in plc L/R, L (W circ RF arnd M fwd R,L,R/L,R); rk sd R, rec L, in plc R/L, R (W cont circ arnd M fwd L,R,L/R,L);

7-8 XLib, rec R, sd L/cl R, sd L; xRib, rec L, sd R/cl L, sd R;

PART C

1--4 BASIC;; BREAK BK TO OP; WALK 2 & CHA;

1-2 Rk fwd L, rec R, sd L/cl R, sd L, rk bk R, rec L, sd R/cl L, sd R;

3-4 Bhd L trng to OP, rec & fwd R, fwd L/cl R, fwd L; fwd R, fwd L, fwd R/cl L, fwd R;

5--8 CIRCLE CHA;; CUCARACHA L & R;;

5-6 Circ awy L, R, L/R, L; circ tog R, L, R/L, R to Bfly;

7-8 Rk sd L, rec R, in plc L/R, L; rk sd R, rec L, in plc R/L, R;

9--12 CHASE PEEK-A-BOO;;;;

9-12 Repeat 9-12 of PART A;;;;

13--16 SHLDR TO SHLDR TWICE;; NEW YORKER IN 4; CHUG APT, CHA/CHA,CHA;

13-14 Repeat 3-4 of INTRO;;

14-16 Trng to LOP thru L, rec R to Fc, sd L, cl R to low Bfly; bend knee & straighten quickly causing feet to slide bkwd, in plc L/R,L;

PALOMINO RECORDS, INC
 2818 HWY 44 EAST
 SHEPHERDSVILLE KY 40165
 (502) 543-1529