

SHE'S THE BEST

"ES MEJOR"

Choreography: Ron & Mary Noble, 14767 East 53rd Drive Yuma, AZ 85367 (928) 345-0760
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Record: Juan Gabriel, "Es Mejor," Walmart download Rdancer@aol.com
Phase: Cha Cha III + 1 (Alemana) +1 (Kick to a Four)
Footwork: Opposite, directions for man (woman as noted)
Timing: QQQ&Q, except where noted. Timing reflects actual weight changes.
Sequence: Intro, A, B, C, A, B, Ending February 2011

- INTRO -

1 - 4 (TANDEM LOD) WAIT TWO MEASURES;; CUCARACHAS (twice)::

- 1-2 [WAIT 2] In Tandem position LOD M one step behind W no hands joined lead ft free
3-4 [CUCARACHAS (twice)] Rk sd L with partial wt, rec R, in place L/R, L; rk sd R with partial wt, rec L, in place R/L, R; (W rk sd R with partial wt, rec L, in place R/L, R; rk sd L with partial wt, rec R, in place L/R, L;)

5 - 8 SLIDE THE DOOR (twice):: ROCK APT, REC to FC & CHA; BACK HALF BASIC;

- 5-6 [SLIDE THE DOOR (twice)] Facing LOD Rk apt sd L trng to look at partner, rec R, XLIF/sd R, XLIF (FC LOD); (W crosses in front of M) Rk apt sd R trng to look at partner, rec L, XRIF/sd L, XRIF (FC LOD); (W crosses in front of M)
7 [ROCK APT, REC to FC & CHA] Rk apt sd L, rec R trng to FACE partner, sd L/cl R, sd L; (W rk apt sd R, rec L trng to FACE partner, sd R/cl L, sd R;)
8 [BACK HALF BASIC] Bk R, rec L, sd R/cl L, sd R; (W fwd L, rec R, sd L/cl R, sd L;)

- A -

1 - 4 BASIC CHA;; FENCELINES (twice)::

- 1-2 [BASIC CHA] (BFLY) rk fwd L, rec R, sd L/cl R, sd L; Rk bk R, rec L, sd R/cl L, sd R;
3-4 [FENCELINES (twice)] Lunge thru L in BFLY, rec R, sd L/cl R, sd L; Lunge thru R in BFLY, rec L, sd R/cl L, sd R;

5 - 8 NEW YORKER; CRAB WALK IN THREE; SIDE WALK IN THREE; SPOT TURN;

- 5 [NEW YORKER] Turning to FC RLOD step thru L, rec R (BFLY), sd L/cl R, sd L;
6 [CRAB WALK in THREE] In BFLY XRIF, sd L, XRIF/sd L, XRIF;
7 [SIDE WALK in THREE] Sd L, cl R, sd L/cl R, sd L;
8 [SPOT TURN] XRIF strng lf trn 3/4, fwd L cont. trn to fc partner (BFLY), sd R/cl L, sd R;

9 - 12 KICK TO A '4' & CHA; SWVL 2 & CHA; LUNGE, TURN IN & CHA; (twice);

- 9 [KICK to a '4' & CHA] In BFLY kick L thru twd RLOD, swvl lf on R to FC LOD raising L almost to knee in a figure '4', fwd L/lk R, fwd L to SCP LOD;
10 [SWVL 2 & CHA] With swiveling action fwd R, fwd L, fwd R/lk L, fwd R;
11 [LUNGE, TURN IN to FACE RLOD & CHA] Trng rf lunge sd L LOD, rec R to FC RLOD, fwd L/lk R, fwd L;
12 [LUNGE, TURN IN to FACE LOD & CHA] Trng lf lunge sd R RLOD, rec L to FC LOD, fwd R/lk L, fwd R;

13 – 17 CIRCLE AWAY 2 & CHA; TOG 2 & CHA; SPOT/TIME; TIME/SPOT; FENCELINE in 4;

- 13 **[CIRCLE AWAY 2 & CHA]** Circling away from partner trng lf fc fwd L, R, L/R, L; (W circle away trng rt fc fwd R, L, R/L, R;)
- 14 **[CIRCLE TOG 2 & CHA]** Circling toward partner trng lf fc fwd R, L, R/L, R (BFLY); (W circle toward partner trng rt fc fwd L, R, L/R, L;)
- 15 **[SPOT/TIME]** M spot turn XLIF starting rt trn 3/4, fwd R cont. trn to fc partner, sd L/cl R, sd L; (W time step XRIB, rec L, sd R/cl L, sd R;)
- 16 **[TIME/SPOT]** M time step XRIB, rec L, sd R/cl L, sd R; (W spot trn XLIF starting rt trn 3/4, fwd R cont. trn to fc partner, sd L/cl R, sd L;)
- 17 **[FENCELINE in 4]** XLIF, rec R, sd L, rec R;

- B -

1 – 4 SAND STEP CHA (four times)

- 1-2 **[SAND STEP CHA]** Tch L toe, tch L heel, XLIF/sd R, XLIF; Tch R toe, tch R heel, XRIF/sd L, XRIF; (W tch R toe, tch R heel, XRIF/sd L, XRIF; tch L toe, tch L heel, XLIF/sd R, XLIF;)
- 3-4 **[SAND STEP CHA]** Repeat meas 1-2 of Part B

5 – 8 1/2 BASIC; WHIP; NEW YORKER; WHIP to LOP FACING WALL;

- 5 **[HALF BASIC]** Fwd L, rec R, sd L/cl R, sd L; (W bk R, rec L, sd R/cl L, sd R;)
- 6 **[WHIP]** Bk R trng 1/4 lf, fwd L trng 1/4 lf, sd R/cl L, sd R (BFLY COH); (W fwd L, fwd R trng 1/2 lf, sd L/cl R, sd L;)
- 7 **[NEW YORKER]** Turning to FC LOD step thru L, rec R (BFLY), sd L/cl R, sd L;
- 8 **[WHIP]** Repeat meas 6 of Part B to FC WALL

9 – 12 ALEMANA to a;; LARIAT;;

- 9-10 **[ALEMANA to a]** Rk fwd L, rec R, sd cha L/R, L; raising joined lead hands lead the Lady to an Alemana turn XRIBL, rec L, in place R/L, R leading Lady to Man's rt side; (W rk bk R, rec L, sd cha R/L, R; fwd L outside of M's lf sd & trn rf, fwd R trng rf to FC partner, sd cha L/R, L moving to M's rt sd;)
- 11-12 **[LARIAT]** Cucaracha action sd L, rec R, in place cha L/R, L; sd R, rec L, in place cha R/L, R to BFLY WALL; (W fwd around M R, L, R/L, R; fwd L, R, L/R, L to FC partner;)

- C -

1 – 8 CHASE PEEK-A-BOO DOUBLE with TRAVELING DOORS;;; ;;;

- 1 Fwd L trng rf 1/2, fwd R, fwd L/cl R, fwd L; (Tandem COH); (W bk R, fwd L, fwd R/cl L, fwd R;)
- 2-3 (Tandem COH) Rk sd R looking at partner, rec L, XRIF/sd L, XRIF; Rk sd L looking at partner, rec R, XLIF/sd R, XLIF; (W rk sd L looking at partner, rec R, XLIF/sd R, XLIF; W rk sd R looking at partner, rec L, XRIF/sd L, XRIF;)
- 4 Fwd R trng 1/2 lf, fwd L, fwd R/cl L, fwd R; (tandem Wall) (W fwd L trng 1/2 rf, fwd R, fwd L/cl R, fwd L;)
- 5-6 Rk sd L looking at partner, rec R, XLIF/sd R, XLIF; Rk sd R looking at partner, rec L, XRIF/sd L, XRIF; (W rk sd R looking at partner, rec L, XRIF/sd L, XRIF; W rk sd L looking at partner, rec R, XLIF/sd R, XLIF;)
- 7 Rk fwd L, rec R, bk L/cl R, bk L; (W rk fwd R trng 1/2 lf, fwd L, fwd R/cl L, fwd R;)
- 8 Rk bk R, rec L, fwd R/cl L, fwd R (BFLY); (W rk fwd L, rec R, bk L/cl R, bk L;)

- ENDING -

1 – 2 FENCELINE in FOUR; LUNGE SIDE;

- 1 **[FENCELINE in FOUR]** Repeat meas 17 of Part A
- 2 **[LUNGE SIDE]** Lunge sd L, -, -, -; (W lunge sd R, -, -, -;)

QUICK CUES

- INTRO (TANDEM LOD) WAIT TWO MEASURES;; CUCARACHAS (twice);;
SLIDE THE DOOR (twice);; ROCK APT, REC to FC & CHA; BACK HALF BASIC;
- PART A BASIC CHA;; FENCELINES (twice);;
NEW YORKER; CRAB WALK IN THREE; SIDE WALK IN THREE; SPOT TURN;
KICK TO A '4' & CHA; SWVL 2 & CHA; LUNGE, TURN IN & CHA; (twice);
CIRCLE AWAY 2 & CHA; TOG 2 & CHA; SPOT/TIME; TIME/SPOT; FENCELINE in 4;
- PART B SAND STEP CHA (four times)
1/2 BASIC; WHIP; NEW YORKER; WHIP to LOP FACING WALL;
ALEMANA to a;; LARIAT;;
- PART C CHASE PEEK-A-BOO DOUBLE with TRAVELING DOORS;;; ;;;
- PART A BASIC CHA;; FENCELINES (twice);;
NEW YORKER; CRAB WALK IN THREE; SIDE WALK IN THREE; SPOT TURN;
KICK TO A '4' & CHA; SWVL 2 & CHA; LUNGE, TURN IN & CHA; (twice);
CIRCLE AWAY 2 & CHA; TOG 2 & CHA; SPOT/TIME; TIME/SPOT; FENCELINE in 4;
- PART B SAND STEP CHA (four times)
1/2 BASIC; WHIP; NEW YORKER; WHIP to LOP FACING WALL;
ALEMANA to a;; LARIAT;;
- ENDING FENCELINE in FOUR; LUNGE SIDE;