Show Me the Way

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Music: "Show Me the Way" by Vio Friedmann, Download from Amazon, 2:46
                CD: *The Most Beautiful Songs for Dancing – Heavenly Steps*, track #5
Rhythm: Rumba   Phase III   Speed: 45 RPM as recorded
Footwork: Opposite unless indicated (W's footwork in parentheses)   Difficulty: Average
Timing: QQS unless otherwise indicated, reflects actual weight changes   Released: Sept 25, 2015
Sequence: Intro A Brg BA(mod) BA(9-14) B(mod) End

INTRO (4 meas)

1-4   Wait;; Cucar Twice to Bfly WALL;;
      1-2   Bfly WALL w/ lead feet free wait 2 meas;;
      3-4   {Cucar} Sd L, rec R, cl L, - ; sd R, rec L, cl R, - ;

PART A (16 meas)

1-8   [Bfly WALL] Basic;; Fnc Line; Thru Serpiente;; Fnc Line; Rev U/Arm Trn; U/Arm Trn;
      1-3   {Basic} Fwd L, rec R, sd L, - ; bk R, rec L, sd R, - ; {Fnc line} X Lun L twds RLOD, rec R, sd L, - ;
      4-5   {Thru serpiente} Thru R, sd L, bhnd R, fan L CCW; bhnd L, sd R, thru L, fan R CW;
      6   {Fnc line} X Lun R twds LOD, rec L, sd R, - ;
      7   {Rev undrm trn} In bfly fcg WALL XLif, rec R, sd L *(W swvlg ¼ LF fwd R twds RLOD trng ½ , rec L trng to bfly fcg ptr, sd R, -)*, - ;
      8   {Undrm trn} Trng body sltly RF and raising jnd lead hnds bk R, rec L to fc, sd R *(W swvlg ¼ RF fwd L undr jnd lead hnds trng ½ , rec R trng to fc ptr, sd L, -)*, - ;

9-16   Brk Bk To Opn LOD; Prog Wk 3; Fwd & Bk Basics;; Circ Away & Tog;; Shldr to Shldr Twice;;
      9-10   {Brk Bk to opn} Swiveling sharply on the R step bk L to lop LOD, rec R, fwd L, - ; fwd R, fwd L, fwd R, - ;
      11-12 {Fwd & Bk Basic} Fwd L, rec R, bk L, - ; bk R, rec L, fwd R, - ;
      13-14 {Circ Away & Tog} Trng LF *(W RF)* & away from ptr fwd L, fwd R, fwd L to fc ptr, - ; cont trng LF & moving twd ptr fwd R, fwd L, fwd R to bfly WALL, - ;
      15-16 {Shldr to shldr} Fwd L to bfly SCAR, rec R to fc, sd L, - ; fwd R to bfly BJO, rec L to fc, sd R, - ;

Bridge (2 meas)

1-2   Cucar twice;;
      1-2   Repeat Intro, meas 3-4;;

PART B (10 meas)

1-10   [Bfly WALL] Opn Brk; Whip ¼ LOD; Chase w/ Uarm Pass RLOD;; NYer Twice;; Opn Brk; Whip ¼ WALL; Chase w/ Uarm Pass COH;;
      1-2   {Opn brk} Bk L, rec R, sd L, - ; {whip} Bk R, rec L trng ¼ to bfly LOD, sd R *(W fwd L comm LF trn, fwd R comp trn to fc ptr & RLOD, sd L, -)*, - ;
      3-4   {Chase w/uarm pass} Holding lead hnds fwd L trng sharply RF ½ fcg RLOD, rec R, fwd L *(W bk R, rec L, fwd R ending at M's right side, -)*, - ; bk R, rec L, sd R *(fwd L, fwd R trng LF sharply to fc ptr, sd L, -)*, - ;
      5-6   {NYer twice} Releasing trailing hnds trng RF thru L twd COH, rec R to fc ptr in bfly, sd L, - ; releasing lead hnds trng LF thru R twd WALL, rec L to bfly fcg ptr & RLOD, sd R, - ;
      7-10   Repeat meas 1-4 to end fcg COH;;;;

PART A mod (12 meas)

1-12   [Bfly COH] Basic;; Fnc Line; Thru Serpiente;; Fnc Line; Rev U/Arm Trn; U/Arm Trn; Brk Bk To Opn Rev; Prog Wk 3; Circ Away & Tog bfly COH;;
      1-10   Repeat meas 1-10;;;;;;;;;;
      11-12 Repeat Part A, meas 13-14 ending bfly COH;;

PART B (10 meas)

1-10   [Bfly COH] Opn Brk; Whip ¼ fc RLOD; Chase w/ Uarm Pass LOD;; NYer Twice;; Opn Brk; Whip ¼ COH; Chase w/ Uarm Pass WALL;;
      1-10   repeat meas 1-10 to end fcg WALL;;;;;;;;;;

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PART B mod (9 meas)
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1-9   **[Bfly WALL] Opn Brk; Whip ¼ fc LOD; Chase w/ Uarm Pass RLOD;; NYer Twice;; Opn Brk; Whip ¼ bfly WALL; Fnc Line Once;**

1-8   Repeat meas 1-8 to bfly WALL;;;;;;;;

9   {Fnc line} X Lun L twds RLOD, rec R, sd L, - ;

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END (1 meas)
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1   **Lunge Thru & Hold;**

1   X Lun R twds LOD & hold,

Quick Cues: Bfly/Wall, 2 meas wait

Intro   **Wait;;   Cucar Twice;**

A   **Basic;; Fnc Line; Thru Serpiente;; Fnc Line; Rev U/Arm Trn; U/Arm Trn; Brk Bk To Opn (LOD); Prog Wk 3; Fwd & Bk Basics;; Circ Away & Tog;; Shldr to Shldr Twice;;**

Brg   **Cucar Twice;;**

B   **Opn Brk; Whip ¼ (LOD); Chase w/ Uarm Pass (RLOD);; NYer Twice;; Opn Brk; Whip ¼ (Wall); Chase w/ Uarm Pass (COH);;**

A(mod)   **Basic;; Fnc Line; Thru Serpiente;; Fnc Line; Rev U/Arm Trn; U/Arm Trn; Brk Bk To Opn Rev; (to Rev) Prog Wk 3; Circ Away & Tog (COH);;**

B   **Opn Brk; Whip ¼ (RLOD); Chase w/ Uarm Pass (LOD);; NYer Twice;; Opn Brk; Whip ¼ (COH); Chase w/ Uarm Pass (Wall);;**

A(9-14)   **Brk Bk To Opn (LOD); Prog Wk 3; Fwd & Bk Basics;; Circ Away & Tog;;**

B(mod)   **Opn Brk; Whip ¼ (LOD); Chase w/ Uarm Pass (RLOD);; NYer Twice;; Opn Brk; Whip ¼ (Wall); Fnc Line Once;**

End   **Lunge Thru & Hold;**