

SI DIOS ME QUITA LA VIDA (If God Takes My Life)

Music: Tamara
Cd : Gracias Track # 2 Time 4:18
www.amazon.es/Gracias-Tamara/dp/B009ACLVXY
Shortened from 24,2 to 1:04,45 to Time 3:38-Accelerate w/ +5%
Available from choreographer

Rhythm: Rumba Phase V+1U (Cont Chase w/ Underarm Pass & Peek)

Footwork: Opposite except where (Noted)

Release date: Aug 20

Choreo: Jos Dierickx Beverlosestwg 14b2 3583 Paal Belgium

E-mail: jos.dierickx@telenet.be

Sequence: INTRO AB A C B A INTRO(5-6) END



INTRO

01-04 LOP/M FCG WALL & r-hndshk LEAD FOOT FREE WAIT 2 MEASURES ; ; HALF MOON ; ;

{Wait} LOP/ Fcg Wall & r-hndshk ld ft free wt 2 meas ; ; {Half Moon} [r-hndshk WALL] Swvl on R cross L thru to LOD (W cross R thru), rec R to fc, sd L, -; Bk R leading W across body, rec L trng LF to fc COH, sd R (W fwd R comm LF trn, fwd L cont LF trn to fc ptr, sd R) to r-hndshk COH, -;

05-08 SHADOW BACK BREAK /W SPIRAL to FAN/M SPOT TURN [Chg Hnds Behind Bk];

START STOP & GO INTO CROSS BODY ; ;

{Shadow Bk Break /W Spiral to Fan/M Spot Turn [Chg Hands Behind Bk]} Swivel LF on R bk L fc LOD, rec R, fwd L lead W LF spiral, - (W [QQQQ] swivel RF on L bk R fc LOD, rec L, fwd R, spiral LF on R); Fwd R comm LF trn chg r-hnd to lft-hnd behind his bk, rec L cont LF trn fc Wall, sd R (W fwd L twd LOD, fwd R ½ LF trn, bk L), -; {Start Stop & Go Into Cross Body} Chk fwd L, rec R raising lft-arm to lead W to a LF underarm turn, sd L fcg wall bringing ld-arm down sharply and placing r-hnd on W's bk to an "L" pos (W cl R, fwd L, fwd R, trng sharply ½ LF under jnd ld-hnds to fc RLOD, trl-arm Up & out), -; Bk R comm LF trn to CP, rec L comp LF trn to CP WALL, sd R W small fwd L comm LF trn to CP put the trl-hnd on the lft-shoulder M, bk & sd R to CP cont LF trn to fc ptr, sd L) to BFLY WALL, -;

PART A

01-04 BASIC ½ ; DBL HNDHLD UNDERARM TURN ; STACKED HANDS OP BREAK ; CHANGE SIDES/W UNDERARM ;

{Basic ½} Fwd L, rec R, cl L (W bk R, rec L, sd R) to LOW BFLY, -; {Dbl Handhold Underarm Turn} [Raisg ld-arm high & bringing trl-arm up to r-shldr level] XRib & taking lft-arm first over W's head, rec L taking r-arm over W's head, sd R (W XLif trng RF under ld-arm, rec R contg to trn under trl-arm to fc M, sd L) to stacked hnds lft over r-hnds, -; {w/ Stacked Hnds OP Break to Fc} With stacked hnds Apt L, rec R, fwd L to fcg W's r-sd, -; {Change Sides /W Underarm} Fwd R to WALL twd W's r-sd trng RF lead W trn under stacked hnds, small fwd L cont RF turn to fc, sd R (W fwd L to COH twd M's r-sd trng LF under stacked hnds chg sds, cl R cont LF turn to fc, sd R) to BFLY COH, -;

05-08 THRU SERPIENTE ; ; CHASE / W UNDERARM PASS ; ;

{Thru Serpiente} Thru L, sd R, XLlib (XRib), flare CW w/ r-ft ; XRib (W XLib), sd L, XRif (XLif), flare CW w/ lft-ft to BFLY COH ; {Chase / W Underarm Pass} [relsng trail-hnds] Fwd L trng RF ½ keepg ld-hnds jnd w/ palm upwards, rec R, small fwd L (W bk R, rec L, fwd R twd M's lft-sd), -; Bk R raisg ld-hnds, rec L, sd R (W fwd L, fwd R trng ½ LF undr jnd ld-hnds to fc ptr, sd L) BFLY WALL, -;

09-12 OP BREAK INTO FULL NATURAL TOP ; ; ; ;

{OP Break to Full Nat Top} Rk apt L xtndg r-arm up w/ palm out, rec R lowering r-arm trng ¼ RF, sd L (W rk apt R xtndg lft-arm up w/ palm out, rec L lowering lft-arm, trng ¼ RF fwd R) to RLOD, -; XRib, sd L, XRif (W sd L, XRif, sd L), -; Sd L, XRib, sd L (W XRif, sd L, XRif), -; XRib, sd L, cl R (W sd L, XRif, cl L) to CP WALL, -;

13-16 CUDDLE/W SPIRAL INTO FAN ; ; HOCKEY STICK [3rd TIME: r-hndshk] ; ;

{Cuddle /W Spiral Into Fan} Sd & slightly fwd L shapg twd ptr, rec R, cl L raisg jnd ld-hnds (W [QQQQ] trn RF ½ bk R, trn LF ¼ to LOD, fwd R, spiral 7/8 LF under joined ld-hnds), -; XRif, rec L, sd R (W fwd L, fwd R trng ½ LF fc RLOD, bk L) to Fan Pos, -; {Hockey Stick} Fwd L, rec R, cl L (W cl R, fwd L, fwd R), -; Sm bk R, rec L, long fwd R (W fwd L, fwd R trng sharply 5/8 LF undr jnd ld-hnds, bk L) to LOP-FCG DRW [3rd Time: r-hndshk], -;

PART B

01-08 CONTINUOUS CHASE w/ UNDERARM PASS & PEEKS ; ; ; ; CONTINUE ; ; ; W SWIVEL to FACE :

{Continuous Chase w/ Underarm Pass & Peeks} Fwd L trng ½ RF Id-hnds jnd behind M, rec R, fwd L (*W bk R, rec L, fwd R twds M's lft-sd*), -; Bk R raisg jnd Id-hnds, rec L, sd R (*W fwd L, fwd R trng ½ LF under jnd Id-hnds, fwd & sd L contg to trn ½ LF*) to TAND COH w/ Id-hnds still jnd above the head W, -; **{Peek-a-Boo x 2}** Sd L, rec R, cl L (*W sd R lookg ovr lft-shldr, rec L, cl R*), -; Sd R, rec L, cl R (*W sd L lookg ovr r-shldr, rec R, cl L*), -; **{Continue}** Fwd L trng ½ RF keepg Id-hnds jnd behind M, rec R, fwd L (*W fwd R trng ½ LF, fwd L, fwd R twds M's lft-sd*), -; Repeat meas 2,3 Part B ; ; **{W Swivel to Fc}** Sd R, rec L, cl R (*W sd L lookg ovr r-shldr, rec R trng ½ RF, cl L*) to CP WALL, -;

PART C

01-04 FULL BASIC & r-hndshk ; ; HALF MOON ; ;

{Basic & r-hndshk} Fwd L, rec R, sd L, - ; Bk R, rec L, sd R to r-hndshk WALL, -; **{Half Moon}** Repeat meas 3,4 Intro ; ;

05-08 SHADOW BACK BREAK /W SPIRAL to FAN/M SPOT TURN [Chg Hnds Behind Bk] ;

START STOP & GO INTO CROSS BODY ; ;

{Shadow Bk Break /W Spiral to Fan/M Spot Turn [Chng Hnds Behind Bk]} Repeat meas 5 & 6 Intro ; ; **{Start Stop & Go Into Cross Body}** Repeat meas 7,8 Intro ; ;

ENDING

01-02 EXIT to FACE & LOWER INTO LEFT LUNGE ; ;

{Exit to Fc & Lower Into lft-Lunge} Fwd L, rec R, cl L (*W cl R, fwd L, fwd R swivel ¼ RF to fc ptr*); Flex lft-knee, slide R sd & bk (*W flex R knee slide L sd & bk*) raisg trl-arm to sd ;