

Simple Cha

Choreographer: Mike & Michelle Seurer 360.8th Street, Fond du Lac, WI 54935 (920)517-1771

Music: "Simple", Florida Georgia Line", Download

Footwork: Opposite, Except as noted Time: 3:05

Phase: III+1 (Alemana)

Rhythm: Cha-Cha Released: Dec 2018

SEQUENCE: INTRO AB ABC AB ENDING

INTRODUCTION

- 1----4 (IN BFLY/WALL) WAIT 2 MEAS;; SHOULDER TO SHOULDER;;
1-2 In BFLY/WALL wait 2 meas;;
3-4 Fwd L trng to BFLY/SDCAR, rec R to fc ptr, sd L/cl R, sd L; Fwd R trng to BFLY/BJO rec L, sd R/cl L, sd R;

PART A

- 1----4 BASIC;; FENCE LINE; WHIP;
1-2 Rk fwd L, rec R, sd L/cl R, sd L; Rk bk R, rec L, sd R/cl L, sd R;
3-4 Retain BFLY hand hold X lunge L, rec R to fc, sd L/cl R, sd L; Bk R trng LF rec & fwd L cont LF trn to fc COH, sd R/cl L, sd R;
- 5----8 BASIC;; FENCE LINE; WHIP;
5-6 Rk fwd L, rec R, sd L/cl R, sd L; Rk bk R, rec L, sd R/cl L, sd R;
7-8 Retain BFLY hand hold X lunge L, rec R to fc, sd L/cl R, sd L; Bk R trng LF rec & fwd L cont LF trn to fc WALL, sd R/cl L, sd R;
- 9----12 CHASE;;;;
9-10 Fwd L, trng ½ RF to fc COH, rec & fwd R, fwd L/cl R, fwd L(W rk bk R, rec & fwd L, Fwd R/cl L, fwd R; fwd R trng ½ LF to fc WALL, rec & fwd L, fwd R/cl L, fwd R(W fwd L trng ½ RF to fc WALL rec & fwd R, fwd L/cl R, fwd L;
11-12 Rk fwd L, rec R, bk L/cl R, bk L; (W fwd R trng ½ LF to fc COH and M, rec & fwd L, fwd R, cl L fwd R); jnd hnds in BFLY rk bk R, rec L, fwd R/cl L, fwd R;

PART B

- 1----4 ALEMANA;; LARIAT;;
1-2 Rk fwd L, rec R, sd L/cl R, sd L, rk bk R, rec L, sd R/cl L, sd R (W trn RF undr jnd ld hnds XLif, fwd R to complete trn to M's R sd, sd L/cl R, sd L);
3-4 In place L,R, L/R,L raise ld hnds release trling hnds (W circ RF ib of M R,L, R/L,R); In place R, L, R/L,R (W cont RF circ L,R, L/R,L to BFLY/WALL);
- 5----8 NEW YORKER; CRABWALKS;;NEW YORKER;
5-6 Rk thru L twd RLOD to LOP, rec R to fc, sd L/cl R, sd L; XRif of L, sd L, XRif of L/sd L, XRif of L;
7-8 Sd XRif of L/sd L, XRif of L; Rk thru R twd LOD, rec L to fc, sd R/cl L, sd R;

PART C

- 1----4 CUCARACHAS;; TRAVELING DOORS;;
1-2 Rk sd L, rec R, sd L/cl R, sd L; Rk sd R, rec L, sd R/cl L, sd R;
3-4 Rk sd L, rec R, XLif of R/sd R, XRif; Rk sd R, rec L, XRif of L/sd L, XRif;
- 5----8 PEEK-A- BOO CHASE;;;;
5-6 Fwd L trng ½ RF, rec & fwd R, fwd L/cl R, fwd L,-; Rk sd R peek over L shdr, rec L R/L,R;
7-8 Rk sd L, peek over R shdr, rec R, L/R,L; Fwd R trng ½ LF, rec & fwd L, fwd R/cl L;

ENDING

- 1----4 CUCARACHAS;; TWO SIDE CLOSES; APT PT;
1-2 Rk sd L, rec R, sd L/cl R, sd L; Rk sd R, rec L, sd R/cl L, sd R;
3-4 Sd L, cl R, sd L, cl R; Apt L,-, Pt R,-;