

# SISSY'S SONG

January 23, 2010

Choreo: Barry & Bobbie Bartlette, 9781 Lolo Creek Rd, Lolo, MT, 59847  
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Requested by: Terri & Tim Wilaby, 1416 Little Creek Drive, Pensacola, FL, 32506  
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Music: Sissy's Song Artist: Alan Jackson Album: Good Time (Track 9)  
Single download available on Amazon, Walmart & others  
Footwork: Opposite unless noted (Woman's footwork in Parentheses) Time: 3:03 as downloaded  
Rhythm: Bolero RAL Phase IV + 1 (Triple Traveler) Degree of Difficulty: AVG  
Sequence: INTRO A B INTER 1 A B INTER 2 A (5-8) B END

## INTRODUCTION

### 1-4 AIDA POS FCG RLOD WAIT;; SWVL TO FNC LINE; FWD BREAK;

- 1-2 In AIDA pos fcg RLOD lead feet free wait;;  
3-4 Sd & fwd L w/body rise swvlg to fc ptr,-, X lunge R, bk L; sd & fwd R w/body rise to LOP fcg,-, fwd L w/contra ck action, bk R;

### 5-8 SPOT TURN; CRAB WLKS;; HAND TO HAND;

- 5 Sd L begin LF turn w/body rise,-, XRif trng 1/2 LF, fwd L to BFLY;  
6-7 Sd R w/body rise,-, XLif lowering, sd R; XLif w/body rise,-, sd R lowering, XLif;  
8 Sd R w/body rise,-, swvlg to OP fcg LOD bk L, fwd R to fc ptr;

## PART A

### 1-4 TRLG HNDS UND ARM TRN TO M'S TAMARA; WHEEL 6;; M UNWIND TO LOW BFLY;

- 1 Maintaining & raising trlg hand hold sd L w/body rise,-, XRib lwrng, fwd L to M's Tamara (W sd R w/body rise,-, XLif trng 1/2 RF, fwd R);  
2-3 Circle CW small steps fwd R w/body rise,-, L lwrng, R; L w/body rise,-, R lwrng, L end fcg LOD (W fcg RLOD);  
4 Releasing high hand hold small fwd R trng 1/2 LF,-, rec L to fc ptr, cl R to low BFLY (W sm fwd L,-, rec R to fc ptr, cl L);

### 5-8 HIP LIFT; REV UND ARM TURN; UND ARM TRN TO CP; HAND TO HAND TO PU;

- 5 Sd L bringing R to L,-, slight pressure on R rising R hip, lower hip;  
6 Sd R w/body rise,-, XLif lwrng, bk R to BFLY (W sd L comm LF trn,-, XRif trng 1/2 LF, fwd L completing trn);  
7 Sd L w/body rise,-, XRib lwrng, fwd L to CP (W sd R comm RF trn,-, XLif trng 1/2 RF, fwd R completing trn);  
8 Sd R w/body rise,-, swvlg to 1/2 OP fcg LOD bk L, rec R in plc to PU W (W sd L w/body rise,-, swvlg to 1/2 OP fcg LOD bk R, strong fwd & sd L in front of M to PU);

## PART B

### 1-4 TRIPLE TRAVELER;;; OPEN BREAK;

- 1 Fwd L w/body rise & LF upper body trn to lead W to M's L side raising lead hands to start W in LF trn,-, fwd R lwrng, fwd L (und joing lead hands W bk R trn 1/4 LF,-, sd & fwd L trng 1/2 LF, sd & fwd R fc LOD);  
2 Fwd R w/body rise & spiral LF und joing lead hands,-, fwd L lwrng, fwd R (W fwd L,-, fwd R, fwd L);  
3 Fwd L w/body rise bringing joing hnds down & bk in cont circular motion leadg W into RF trn,-, fwd & sd R lwrng to fc ptr, XLif (W fwd R comm RF trn,-, sd L cont RF trn und joing hnds, fwd R to fc ptr);  
4 Sd & fwd R w/body rise to LOP fcg extend M's R (W's L) arm to sd,-, bk L lwrng, fwd R;

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5-8 CROSS BODY; NY; BASIC;;

- 5 With lead hand hold sd & bk L trng LF,-, bk R w/slpg action trng LF, fwd L to fc WALL (W sd & fwd R,-, fwd L Xing frnt of M trng LF, sm sd R to fc COH);
- 6 Sd R w/body rise,-, fwd L w/slpg action to LOP RLOD, bk R comm trn to fc ptr;
- 7-8 Sd L w/body rise,-, bk R w/slpg action, fwd L; sd R w/body rise,-, fwd L w/slpg action, bk R;

INTERLUDE 1

1-4 SPOT TURN; CRAB WLKS;; HAND TO HAND;

- 1-4 Repeat meas 5-8 of INTRO;;;;

REPEAT A

REPEAT B

INTERLUDE 2

1-4 PREP THE AIDA; AIDA LINE & RK 2; SWVL TO FNC LN; FWD BREAK;

- 1 Sd L w/body rise to slight OP V pos,-, thru R lwrng, sd L trng RF;
- 2 Cont trng RF bk R to AIDA pos,-, rk L, rk R;
- 3-4 Repeat meas 3-4 of INTRO;;; to LOW BFLY

PART A MEAS 5-8

REPEAT PART B

END

1-4 PREP THE AIDA; AIDA LINE & RK 2; SWVL TO FNC LN; CP SLOW HIP LIFT;

- 1-3 Repeat meas 1-3 of INTERLUDE 2;;;;
- 4 [On the guitar strum before the last "don't"] CP Sd R bringing L to R,-, slight pressure on L rising L hip, lower hip;

5-6 SLOW RK L SLOW RK R; BK TO LEG CRAWL;

- 5-6 [On the first guitar note after the last "me"] slow rk sd L,-, [on the fifth guitar note] slow rk sd R,-; [on last guitar strum] bk L lvg R leg extended (W fwd R bringing L leg up along M's R outer thigh lvg foot inside of M's leg and toe pointed twds floor);