

SISTER KATE

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Version 1.1

Music: "Sister Kate" Artist: The Ditty Bops

Recording: Album: The Ditty Bops Track 4

Footwork: Opposite except where otherwise noted

Rhythm/Level: Quickstep / Two Step Phase IV+2U(Chasse Weave, Broken Box with Shimmies)

Speed: 49mpm at 95% Duration: 2:25 as recorded; 2:32 at 95% (Adjust for comfort)

Sequence: Intro A B A C C A Ending Difficulty: Average

Version 1.1 -- Revised July 2016 -- Head cues changed for Meas 10&11 of Part A

INTRO

1 OP LOD – WAIT 1 MEAS [7 HORN NOTES];

2-5 CIRC AWAY 2 & 2-STP;; CIRC TOG 2 & 2-STP [CP DLW];;;;

ss 2 Circle CCW awy from ptr twd COH fwd L, -, fwd R, - ;

qqqs 3 Cont CCW circle awy from ptr twd COH fwd L, cl R, fwd L, - ;

ss 4 Circle CCW twd ptr & WALL fwd R, -, fwd L, - ;

qqqs 5 Cont CCW circle twd ptr & WALL fwd R, cl L, fwd R, - blndg to CP DLW ;

PART A

1-4 QTR TRN & PROG CHASSE ~ FWD;;;

ss 1 Fwd L, -, fwd R trng RF, - ;

qqqs 2 Sd L contg RF trn, cl R, sd & bk L fcg DRW, - ;

sqqs 3 Bk R trng LF, -, sd L, cl R ;

ss 4 Sd & slight fwd L, -, fwd R to BJO DLW, - ;

5-8 RUNNING FWD LKS;; MANU SD CL; PVT 2 DLW;

qqqq 5 Fwd L, Lk Rib, fwd L, fwd R ;

qqqs 6 Fwd L, Lk Rib, fwd L, - to BJO DLW ;

sqqs 7 Fwd R trng RF, -, contg RF trn sd L ifo W, cl R (W fwd L, fwd R, cl L) to CP RLOD ;

ss 8 Bk L stg 5/8 RF trn, -, fwd R compg trn, - to CP DLW ;

9-12 HVR TELE; HALF NAT TRN; HEEL PULL; WALK 2;

sqqs 9 Fwd L, -, diag sd & fwd R hvrg with 1/4 RF body trn, fwd L to SCP DLW ;

sqqs 10 Fwd R trng RF, -, sd L (W cl R heel trn), bk R to CP RLOD ;

ss 11 Bk L stg RF trn, -, cont RF trn on L heel pull R bk to L transferring weight to R at end of step endg w/ ft slight apt, - to CP DLC ;

ss 12 Fwd L, -, fwd R, - to CP DLC ;

13-16 2 L TRNS [WALL];; SKATE L & R; SD 2-STP;

sqqs 13 Fwd L stg LF trn, -, sd R contg LF trn, cl L compg LF trn to CP RLOD ;

sqqs 14 Bk R stg LF trn, -, sd L contg LF trn, cl R compg LF trn CP WALL ;

ss 15 Releasing hnds swvl LF on R ft & step sd & fwd L, draw R to L swinging arms to L, swvl RF on L ft & step sd & fwd R, draw L to R swinging arms to R ;

qqqs 16 Sd L, cl R, sd L, - to OP FCG WALL ;

17-18 SKATE R & L; SD 2-STP [CP];

ss 17 Swvl RF on L ft & step sd R, draw L to R swinging arms to R, swvl LF on R ft & step sd L, draw R to L swinging arms to L ;

qqqs 18 Sd R, cl L, sd R, - blndg to CP WALL [except on third time, blnd to BFLY] ;

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PART B

1-4 STROLLING VINE;;;;

- ss 1 Slight RF trn sd L, -, slight LF trn XRib, - to CP WALL ;
 qqs 2 Contg LF trn sd L, contg trn cl R, contg trn sd L, -, to CP DLC ;
 ss 3 Slight LF trn sd R, -, slight RF trn XLib, - to CP DLC ;
 qqs 4 Contg RF trn sd R, contg trn cl L, contg trn sd R, - to CP WALL ;

5-8 TRAV DOORS;;;;

- ssqqs 5-6 Bldg to BFLY rk sd L, -, rec R, - ; XLif, cl R, XLif, - ;
 ssqqs 7-8 Rk sd R, -, rec L, - ; XRif, cl L, XRif, - bldg to CP WALL ;

9-12 TRAV BOX W/ TWIRL;;;;

- qqs 9 Sd L, cl R, fwd L, - ;
 ss 10 Trng RF to RLOD fwd R, -, fwd L, - (W sd L trng 1/2 LF undr jnd ld hnds, -, sd R trng 1/2 LF, -) ;
 qqs 11 Bldg to CP WALL sd R, cl L, bk R, - ;
 ss 12 Bldg to SCP LOD fwd L, -, fwd R, - ;

13-16 LACE ACRS; WALK 2; LACE BK; WALK & PU [DLW];

- qqs 13 Fwd L diag acrs LOP passing bhd W with ld hnds jnd (W fwd R diag acrs LOP passing ifo M undr jnd ld hnds), cl R, fwd L, - to L-OP LOD ;
 ss 14 Fwd R, -, fwd L, - to L-OP LOD ;
 qqs 15 Fwd R diag acrs LOP passing bhd W with trlg hnds jnd (W fwd L diag acrs LOP passing ifo M undr jnd trlg hnds), cl L, fwd R, - to OP LOD ;
 ss 16 Fwd L, -, sm fwd R trng 1/8 RF (W fwd L trng LF to fc ptr), - bldg to CP DLW ;

PART C

1-3 HVR TO LOD ~ SLO NAT HVR FALWY;;;;

- ss 1 Fwd L, -, fwd & sd R rising, - ;
 ss 2 Rec L bldg to SCP LOD, -, fwd R trng RF, - ;
 ss 3 Fwd L trng RF with slo rise, -, rec R, - to SCP WALL ;

4-8 SLIP PIVOT ~ STRUT 3 CKG;;;; FISHTAIL; WALK 2;

- ss 4 Bk L, -, bk R stg LF trn keeping L leg extended, - (W bk R stg LF trn pvt on ball of ft keeping L leg extended, -, fwd L comp LF trn w/ L ft near M's R ft, -) to BJO LOD ;
 ss 5 Fwd L, -, fwd R, - ;
 ss 6 Fwd L, -, fwd R ckg, - ;
 qqqq 7 XLib, sd R trng 1/4 RF to DLW, fwd L, XRib trng LF to CP LOD ;
 ss 8 Fwd L, -, fwd R, - ;

9-12 OP TELE ~ SLO HALF NAT;;;; PVT 2 DLC;

- ss 9 Fwd L stg LF trn, -, fwd & sd R contg trn (W cl R heel trn), - ;
 ss 10 Fwd & sd L to SCP WALL, -, fwd R trng RF (W sm fwd L) bldg to CP RLOD, - ;
 ss 11 Sd L, -, bk R, - to CP RLOD ;
 ss 12 Bk L trng 3/8 RF, -, fwd R, - to CP DLC ;

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13-16 CHASSE WEAVE;;;;

- sqq 13 Fwd L trng LF, -, sd R to fc COH, cl L ;
 ss 14 Sd R trng LF, -, bk L blndg to BJO DRC, - ;
 sqq 15 Bk R blndg to CP trng LF to fc WALL, -, sd L, cl R ;
 ss 16 Sd L trng LF, -, fwd R, - to CP DLW ;

ENDING**1-4 BROKEN BOX WITH SHIMMIES;;;;**

- qqqs 1 Sd L, cl R, fwd L, draw R ;
 qqqq 2 [Hip shimmy*] Sip R, L, R, L with hip action ;
 qqqs 3 Sd R, cl L, bk R, draw L ;
 qqqq 4 [Hip shimmy*] Sip L, R, L, R with hip action - to BFLY WALL ;

5-8 SLO VIN 4;; QK VIN 6 & PT LOD - W/ ARMS;;

- ss 5 Sd L, -, XRib, - ;
 ss 6 Sd L, -, XRif, - to BFLY WALL ;
 qqqq 7 Sd L, XRib, sd L, XRif ;
 qqqs 8 Sd L, XRib releasing hnds drawing them twd bdy, pt L twd LOD & quickly extend arms out to side with palms down (as in a baseball umpire's motion for "You're safe!"), - ;

***NOTE – “Hip shimmy”:** With feet slightly apart & knees slightly bent, straighten R knee, then straighten L knee while bending R knee, then straighten R knee while bending L knee, continuing this process alternating R, L, R, L, etc. (while keeping both feet on the floor throughout). This results in the hips alternately shaking up and down. In the ENDING of this dance we use a 4-step shimmy R,L,R,L in measure 2, and L,R,L,R in measure 4. For dancers who prefer not to shimmy, Measures 1-4 of the ENDING can be danced as a normal BROKEN BOX.

The Ditty Bops is a band headed by Abby DeWald (singing & playing acoustic guitar) and Amanda Barrett (singing and playing ukulele, mandolin and dulcimer). They have been writing and performing music together since 2003, with a number



of records and CDs, as well as TV and radio appearances. The band was formed soon after the two were helping search for a neighbor's lost cat in Los Angeles and wandered into the backyard of another neighbor, Marty Cupps, who was a musician and guitar collector. After he heard the two play and sing, he encouraged them to form a band, and named them “The Ditty Bops”. The band combines jazz, blues, folk, Western swing, pop, and ragtime in great harmonies, and they entertain their audiences with elaborate live shows, including not only their refreshing music, but also various props, costumes, skits, and amusing slideshows in the flavor of vaudeville.

The song “I Wish I Could Shimmy Like My Sister Kate” (often simply called “Sister Kate”) was written by Clarence Williams and Armand Piron in 1915, and has been performed by dozens of artists over the years, with a number of variations in the melody, lyrics, and style.

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QUICKCUES

Rhythm/Level: Quickstep / Two Step Phase IV+2U(Chasse Weave, Broken Box with Shimmies)
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 Sequence: Intro A B A C C A Ending

INTRO

OP LOD – WAIT 1 MEAS [7 HORN NOTES];
CIRC AWAY 2 & 2-STP;; CIRC TOG 2 & 2-STP [CP DLW];; ss qqs ss qqs

Part A

QTR TRN & PROG CHASSE ~ FWD;;; ssqqssqqs s
RUNNING FWD LKS;; MANU SD CL; PVT 2 DLW; qqqqqqs sqq ss
HVR TELE; HALF NAT TRN; HEEL PULL; WALK 2; sqq sqq ss ss
2 L TRNS [WALL];; SKATE L & R; SD 2-STP; sqq sqq ss qqs
SKATE R & L; SD 2-STP [CP]; ss qqs

Part B

STROLLING VINE;;; ssqqs ssqqs
TRAV DOORS;;; ssqqs ssqqs
TRAV BOX W/ TWIRL;;; qqs ss qqs ss
LACE ACRS; WALK 2; LACE BK; WALK & PU [DLW]; qqs ss qqs ss

Part A

QTR TRN & PROG CHASSE ~ FWD;;; ssqqssqqs s
RUNNING FWD LKS;; MANU SD CL; PVT 2 DLW; qqqqqqs sqq ss
HVR TELE; HALF NAT TRN; HEEL PULL; WALK 2; sqq sqq ss ss
2 L TRNS [WALL];; SKATE L & R; SD 2-STP; sqq sqq ss qqs
SKATE R & L; SD 2-STP [CP]; ss qqs

Part C

HVR TO LOD ~ SLO NAT HVR FALWY;;; sss sss
SLIP PIVOT ~ STRUT 3 CKG;;; FISHTAIL; WALK 2; sss sss qqqq ss
OP TELE ~ SLO HALF NAT;;; PVT 2 DLC; sss sss ss
CHASSE WEAVE;;; sqqsssqqs

Part C

HVR TO LOD ~ SLO NAT HVR FALWY;;; sss sss
SLIP PIVOT ~ STRUT 3 CKG;;; FISHTAIL; WALK 2; sss sss qqqq ss
OP TELE ~ SLO HALF NAT;;; PVT 2 DLC; sss sss ss
CHASSE WEAVE;;; sqqsssqqs

Part A

QTR TRN & PROG CHASSE ~ FWD;;; ssqqssqqs s
RUNNING FWD LKS;; MANU SD CL; PVT 2 DLW; qqqqqqs sqq ss
HVR TELE; HALF NAT TRN; HEEL PULL; WALK 2; sqq sqq ss ss
2 L TRNS [WALL];; SKATE L & R; SD 2-STP; sqq sqq ss qqs
SKATE R & L; SD 2-STP [BFLY]; ss qqs

Ending

BROKEN BOX WITH SHIMMIES;;; qqs qqqq qqs qqqq
SLO VIN 4;; QK VIN 6 & PT LOD - W/ ARMS;; ssss qqqqqq s