

# SLIEVENAMON

**Music:** Phil Coulter  
[www.amazon.com/](http://www.amazon.com/)  
Time 3:19 Accelerate w/ + 5% Available from choreographer

**Rhythm:** Slow Two Step Phase: IV+ Several Unphased

**Footwork:** Opposite except where (Noted)

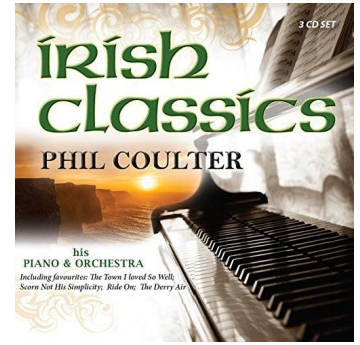
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**Sequence:** INTRO AB BRIDGE INTRO(3-8) AB BRIDGE END

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## INTRO

### 01-04 BFLY POS WALL LEAD FOOT FREE WAIT 2 MEASURES ; ; TURN INTO ROMANTIC SWAY's to ½ OP LOD ; ;

{Wait} Bfly Wall Id ft free wt 2 meas ; ; {Turn Romantic Sway's to ½ OP LOD} [Release Id hnds] Sd L & swiv LF (W RF) to bk-to-bk sweep Id hnds up & around to end stretched out to sd at shoulder level, -, hip rk sd R, hip rk rec L ; Sd R & swiv RF (W LF) to fc bring Id hds betwn ptrs to lead hip, -, hip rk sd L, hip rk cl R swivel to ½ OP LOD ;

### 05-08 THE SQUARE ; ; ; ;

{The Square} [Like a switch] Sd L Xg ifo W, -, trng RF sd R twd COH in ½ LOP, XLif (W Fwd R, -, sd L twd COH, XRif startg to Xifo M) ; Fwd R, -, sd L twd RLOD, XRif startg to Xifo W (W [Like a switch] sd L Xg ifo M, -, trng RF sd R twd RLOD in ½ OP, XLif) ; [Like a switch] Sd L Xg ifo W, -, trng RF sd R twd WALL in ½ LOP, XLif (W fwd R, -, sd L twd WALL, XRif startg to Xg ifo M) ; Fwd R, -, sd L twd LOD, XRif (W [Like a switch] sd L Xg ifo M, -, trng RF sd R twd LOD in ½ OP, XLif) to ½ OP LOD ;

## PART A

### 01-04 OP BASICS ; ; TWO SWITCHES & Pickg Up ; ;

{OP Basics} Sd L trng to ½ RF rlsng trl hnds LOP RLOD, -, XRib (W XLib), rec L trng to fc ; Sd R trng to ½ LF rlsng Id hnds OP LOD, -, XLib (XRib) rec R to ½ OP LOD ; {2 Switches} Sd L Xifo W to ½ LOP, -, fwd R, fwd L (W fwd R, -, fwd L, fwd R) ; Fwd R, -, fwd L to ½ OP LOD, fwd R (W sd L Xifo M, fwd R to ½ OP, fwd L) to ½ OP LOD & Pickg Up ;

### 05-08 TRAVELING CROSS CHASSE 4 TIMES & END to WALL & Manvrg ; ; ; ;

{Traveling Cross Chasse x 4 end to BFLY & Manvrg} [Jng both hnds low] Fwd L trng LF, -, w/ r sd Id sd R, XLif (W bk R trng LF, -, w/ lft sd Id sd L, XRif) to DLC ; Fwd R trng RF, -, w/ lft sd Id sd L, XRif (W bk L trng RF, -, w/ r sd Id sd R, XLif) to DLW ; Repeat meas 1 Part B ; Fwd R trng ¼ RF, -, w/ lft sd Id sd L, XRif (W bk L trng ¼ RF, -, w/ r sd Id sd R, XLif) to BFLY WALL & Manevrg ;

### 09-12 RIGHT TURN w/ OUTSIDE ROLL ; BASIC ENDING ; LUNGE BASIC w/ ARMS TWICE & Pickg Up ; ;

{Right Turn w/ Outsd Roll} Sd & bk L Xifo W, -, raisg jnd Id hnds to Id W's RF trn sd & bk R trng ¼ RF, XLif (W fwd R com RF twrl undr Id hnds, -, fwd L contg to trn, fwd & sd R contg to trn to fc ptr) to BFLY COH ; {Basic Ending} Sd R, -, XLib, rec R to BFLY COH ; {Lunge Basic w/ Arms x 2 & Pickg Up} Sd L lower into knee & extg Id arm to sd, -, rec R, XLif (W XRif) ; Sd R lower into knee & extg trl arm to sd, -, rec L, XRif (W XLif) to BFLY COH & Pickg Up ;

### 13-16 LEFT TURN w/ INSIDE ROLL to r hndshk ; PATTY CAKE 3 TIMES & Pickg Up ; ; ;

{Left Trn w/ Insd Roll} Fwd L leadg W Xifo M and trng the W LF fc, -, sd R, XLif (W fwd R Xifo M strtg a 1 ¾ LF trn under jnd r hnds, -, fwd L cont LF trn, fwd & sd R compg LF trn) to r hndshk WALL ; {rt hnd Patty Cake} [w/ jnd rt hnds] Sd R, -, trng ¼ LF rk bk L to BJO LOD extend Id arm to sd, rec R trng ¼ RF to fc ptr (W [jng rt hnds] sd L, -, trng ¼ LF rk fwd R to BJO extend trl arm to sd, rec L trng ¼ RF to fc ptr) ; {lft hnd Patty Cake} [jng lft hnds] Sd L, -, trng ¼ RF rk bk R to SCAR RLOD extend trl arm to sd, rec L trng ¼ LF to fcg ptr (W [jng lft hnds] sd R, -, trng RF rk fwd L extend Id arm to sd, rec R trng ¼ LF) ; {rt hnd Patty Cake & Pickg Up} [jng rt hnds] Sd R, -, trng ¼ LF rk bk L to BJO LOD extend Id arm to sd, rec R trng ¼ RF to fc ptr (W [jng rt hnds] sd L, -, trng ¼ LF rk fwd R to BJO extend trl arm to sd, rec L trng ¼ RF to fc ptr) to BFLY WALL & Pickg Up ;

## PART B

### 01-04 TRIPLE TRAVELER ; ; ; TUNNEL EXIT ;

{Triple Traveler} Fwd L trng LF & raisg jnd Id hnds to Id W into LF trn, -, fwd R, fwd L (W bk R trng ¼ LF, -, sd L trng ½ undr jnd Id hnds, sd & fwd R contg trn to LOP RLOD) ; Fwd R spiral LF undr jnd hnds, -, fwd L, fwd R (W fwd L, -, fwd R, fwd L) ; Fwd L bring jnd hnds dwn & bk in cont circ motion to Id W into RF trn, -, fwd & sd R to fc ptr, XLif (W fwd R com RF trn, -, sd L cont RF trn undr Id hnds, fwd R to fc ptr) to Loose CP COH ; {Tunnel Exit} Fwd R chkg [reasg Id hnds & Idg W around to WALL], -, rec L, fwd R trng LF fc RLOD jnd hnds over M's head (W fwd L under Id hnds around M, -, fwd R, fwd L fc RLOD) end LOP fcg RLOD ;

**05-08 OUTSIDE ROLL ; BASIC ENDING to WRAP to LOD ; SWEETHEART RUNS to CP WALL ; ;**

**{Outside Roll}** Fwd L bringing jnd hnds down & bk, -, fwd R, fwd L bringing hnds up & arnd ldg W to roll RF (*W fwd R comm RF trn, -, sd & bk L trng RF under jnd hnds, cont RF trn fwd R*) to BFLY WALL ; **{Basic Endg & Wrap to LOD}** Sd R, -, XLib leadg W to trn LF, rec R trng to fc LOD (*W sd L comm LF trn undr jnd ld hnds, -, XRif cont LF trn, fwd L to wrapped pos LOD*) to Wrap Pos Wall ; **{Sweetheart Runs to CP Wall}** Fwd L, -, fwd R, L ; Fwd R, -, fwd L, small fwd R to LOD (*W fwd L, -, fwd R, fwd L trng ¼ LF ifo M to fc ptr*) to CP WALL ;

**09-12 STROLLING VINE w/ INSIDE ROLL ; ; STROLLING VINE w/ OUTSIDE ROLL ; ;**

**{Strolling Vine w/ Insd Roll}** [SS] Sd L, -, XRib (*W XLif w/ LF trn like a pick up*), - ; Trng LF sd & fwd L raisg jnd ld hnds to ld W's LF trn, -, contg LF trn sd R, XLif (*W sd & bk R trng LF, -, contg to trn undr ld hnds roll LF L, R twd LOD*) to CP COH ; **{Strolling Vine w/ Outsd Roll}** [SS] Sd R, -, XLib (*W XRif startg RF trn*), - ; Trng RF sd & fwd R raisg jnd ld hnds to ld W's RF trn, -, contg RF trn, sd L, XRif (*W sd & bk L trng RF, -, contg to trn under ld hnds roll RF R, L twd LOD*) to BFLY WALL ;

**13-16 UNDERARM TURN ; SIDE & FORWARD CHECKING to SCAR/W DEVELOPE ; [2<sup>de</sup> TIME: WAIT ½ MEASURE - ]**

**BACK & CLOSE ; SPOT TURN ;**

**{Underarm Turn}** Sd L raisg jnd ld hnds palm-to-palm, -, XRib, rec L (*W sd R comm RF trn undr jnd ld hnds, -, XLif cont RF trn ½, rec R compg full trn*) to BFLY WALL ; **{Sd & Fwd Checkg to SCAR/W Develope}** [SS] Sd R, -, XLif to SCAR DRW (*W sdL, XRib*) checkg, - ; **[2<sup>de</sup> Time: Wait ~ ½ meas]** ; **{Bk & Close}** [SS] Bk R swiv to fc ptr, -, cl L, - ; **{Spot Turn}** Releasg hnds Sd R, -, XLif trng ½ RF, rec R cont RF trn to BFLY WALL ;

**BRIDGE**

**01-02 FENCE LINE w/ ARMSWEEP TWICE ; ;**

**{Fence Line w/ Armsweep x 2}** Sd L, -, XRif (*W XLif*) look LOD trl arm sweep CCW (*W CW*), rec L trn bk to fc ptr ; Sd R, -, XLif (*W XRif*) look RLOD ld arm sweep CW (*W CCW*), rec R trn bk to BFLY WALL ;

**ENDING**

**01-02 TURN INTO ROMANTIC SWAY'S INTO LEFT LUNGE & EXTEND ; ;**

**{Trn Into Romantic Sway' Into Left Lunge & Extend}** Repeat meas 3 Intro ; [SS] Sd R and swiv RF (*W LF*) to fc, sd L lower into knee & extg both arms to side, - ;