

SLOW BOAT TO CHINA

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Recordname: All To Myself **Record number:** Star 134 slow down to 43 rpm

Rhythm: foxtrot **Phase:** IV+1 (natural weave)

Footwork: opposite throughout, W's in parentheses if different

Sequence: Intro A AB A(1-15) End

INTRO**1-4 wait;; TOG TOUCH; FEATHER FINISH;**

- 1-2 LOP-FCG/DLW wait;;
3 {tog touch} fwd L (W fwd R) to CP/DLW, -, tch R to L, -;
4 {feather finish} bk R DRC trn LF, -, sd & fwd L cont LF trn,
fwd R outsd W to Contra-BJO/DLC;

PART A**1-4 REVERSE TURN;; 3-STEP; FEATHER;**

- 1-2 {reverse turn} fwd L trn LF, -, sd R cont LF trn, bk L
(W bk R & bringing L beside R no weight preparing for heel trn, -,
heel trn on R & transfer weight to L, fwd R) to CP/RLOD;
bk R cont LF trn, -, sd & fwd L DLW, fwd R outsd W to Contra-BJO/DLW;
3 {3-step} fwd L, -, fwd R [heel lead], fwd L;
4 {feather} fwd R, -, fwd L, fwd R outsd W to Contra-BJO/DLW;

5-8 3-STEP; 1/2 NATURAL; CLOSED IMPETUS; FEATHER FINISH;

- 5 {3-step} repeat meas 3 PART A;
6 {1/2 natural} fwd R beg RF trn, -, sd L DLW, bk R LOD
(W bk L beg RF trn & bringing R beside L no weight preparing for heel trn, -,
cont heel trn on L & transfer weight to R, fwd L LOD) to CP/RLOD;
7 {closed impetus} bk L trng RF & bringing R beside L no weight preparing for heel trn, -,
cont heel trn on L & transfer weight to R, sd & bk L
(W fwd R beg RF trn, -, sd L DLW cont trn, fwd R DRC) to CP/DLW;
8 {feather finish} repeat meas 4 INTRO;

9-12 DIAMOND TURN;;;;

- 9-12 {diamond turn} fwd L trn LF, -, sd R cont LF trn, bk L (W R outsd M) to Contra-BJO/DRC;
bk R trn LF, -, sd L cont LF trn, fwd R outsd W to Contra-BJO/DRW;
fwd L trn LF, -, sd R cont LF trn, bk L (W R outsd M) to Contra-BJO/DLW;
bk R trn LF, -, sd L cont LF trn, fwd R outsd W to Contra-BJO/DLC;

13-16 TELEMARK TO BJO; NATURAL WEAVE;; CHANGE OF DIRECTION;

- 13 {telemark to BJO} fwd L, -, fwd & sd R trng LF, fwd & sd L
(W bk R & bringing L beside R no weight preparing for heel trn, -, heel trn on R &
transfer weight to L, sd & bk R) to Contra-BJO/DLW;
14-15 {natural weave} fwd R beg RF trn, -, sd L DLW, bk R LOD
(W bk L beg RF trn & bringing R beside L no weight preparing for heel trn, -,
cont heel trn on L & transfer weight to R, fwd L LOD outsd M) to Contra-BJO/DRC;
bk L, bk R trn LF to CP/RLOD, cont LF trn sd & fwd L, fwd R outsd W
to Contra-BJO/DLW;
16 {change of direction} fwd L to DLW, -, fwd R trn LF to CP/DLC,
draw L to R with no weight;

PART B**1-4 REVERSE WAVE;; BACK FEATHER; BACK 3-STEP;**

- 1- 2 {reverse wave} fwd L trn LF, -, sd R cont LF trn, bk L
 (W bk R & bringing L beside R no weight preparing for heel trn, -, heel trn on R &
 transfer weight to L, fwd R) to CP/DRC;
 bk R, -, bk L curve LF, bk R cont LF curve
 (W fwd L, -, fwd R curve LF [heel lead], fwd L cont LF curve) to CP/RLOD;
 3 {back feather} bk L, -, bk R, bk L (W fwd R, -, fwd L, fwd R outsd M) to Contra-BJO;
 4 {back 3-step} repeat meas 2 PART B;

5-8 OPEN IMPETUS; PROMENADE WEAVE;; HOVER;

- 5 {open impetus} bk L trng RF & bringing R beside L no weight preparing for heel
 trn, -, cont heel trn on L & transfer weight to R, sd & fwd L
 (W fwd R beg RF trn, -, cont RF trn sd L DLW, cont RF trn sd & fwd R DLC)
 to SCP/DLC;
 6- 7 {promenade weave} thru R, -, trn LF to CP/DLC fwd L, cont LF trn sd R
 (W thru L, -, trn LF to CP sd & back R, cont LF trn sd L) to Contra-BJO/DRC;
 bk L, bk R trn LF to CP/RLOD, cont LF trn sd & fwd L, fwd R outsd W
 to Contra-BJO/DLW;
 8 {hover to SCP} fwd L, -, fwd & sd R rising on ball of foot, rec L to SCP;

9-12 FEATHER; TELEMARK TO BJO; NATURAL WEAVE;;

- 9 {feather} thru R, -, fwd L (W trng LF sd & bk R), fwd R outsd W to Contra-BJO/DLC;
 10 {telemark to BJO} repeat meas 13 PART A;
 11-12 {natural weave} repeat meas 14-15 PART A;;

13-16 3-STEP; 1/2 NATURAL; CLOSED IMPETUS; FEATHER FINISH;

- 13 {3-step} repeat meas 3 PART A;
 14 {1/2 natural} fwd R beg RF trn, -, sd L DLW, bk R LOD
 (W bk L beg RF trn & bringing R beside L no weight preparing for heel trn, -,
 cont heel trn on L & transfer weight to R, fwd L LOD) to CP/RLOD;
 15 {closed impetus} bk L trng RF & bringing R beside L no weight preparing for heel trn, -,
 cont heel trn on L & transfer weight to R, sd & bk L
 (W fwd R beg RF trn, -, sd L DLW cont trn, fwd R DRC) to CP/DLW;
 16 {feather finish} repeat meas 4 INTRO;

END**1 FORWARD TO A RIGHT LUNGE & HOLD**

- 1 {fwd to right lunge & hold} (Q/Q) fwd L to CP/DLW /fwd R lower into R knee relax L leg,-