

# SMILING THROUGH 3

**Music:** Casa Musica (Dancehouse) Standard Music 2  
[Amazon.com: Standard Music 2: 21 Tracks for Competition and Practice: Music](https://www.amazon.com/Standard-Music-2-21-Tracks-for-Competition-and-Practice-Music)  
Track # 2 Time 2:56 Available from choreographer

**Rhythm :** Waltz Phase : III+2 (OP In & Out Runs + Diamond Turn)

**Footwork :** Opposite except where (Noted)

**Release date :** April 22

**Choreo :** Jos Dierickx Beverloestwg 14B2 3583 Paal Belgium

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**Sequence:** INTRO AB AB AB\* END



## INTRO

**01-04 CP DLC LEAD FOOT FREE WAIT 2 MEAS ; ; SIDE SWAY LEFT & RIGHT ; ;**  
{Wait} Cp DLC ld ft free wt 2 meas ; ; {Sd Sway L & R} [1--] Sd L, sway L, -; [1--] Sd R, sway R, -;

**05-08 DIAMOND TURN ; ; ; ;**  
{Diamond Trn} Fwd L trng LF, compg ¼ LF trn sd R, bk L to BJO DRC ; Staying in BJO & trng LF bk R, compg ¼ LF trn sd L, fwd R to BJO DRW ; Repeat meas 5,6 Intro to BJO DLW & DLC ; ;

## PART A

**01-04 TELEMARK to SCP ; HOVER FALLAWAY ; SLIP PIVOT ; MANEUVER ;**  
{Telemark to SCP} Fwd L comm LF trn, sd R w/ a strong LF trn, sd & slightly fwd L (*W bk R comm LF trn, cl L [heel trn], sd & slightly fwd R*) to SCP DLW ; {Hover Fallaway} Fwd R, fwd L rise to ball of ft checkg, rec bk R ; {Slip Pivot} Bk L, bk R, fwd L (*W bk R stg LF pvt on ball of ft w/ thighs locked L leg xtnd, fwd L cont trn plc L near M's R ft, bk R*) to BJO DLW ; {Maneuver} Fwd R outsd ptr comm RF trn, fwd & sd L cont RF trn, cl R to CP RLOD ;

**05-08 SPINTURN ; HALF BACK BOX ; TWO LEFT TURNS to WALL ; ;**  
{Spin Trn} Stg RF upper bdy trn bk L pvtg ½ RF to fc LOD, fwd R btwn W's ft heel to toe cont trn leavg L leg xtnd bk & sd, rec L (*W stg RF upper bdy trn fwd R btwn M's ft heel to toe pvtg ½ RF, bk L cont trn brush R to L, fwd R btwn M's ft*) to CP DLW ; {Half Bk Box} Bk R, sd L trng 1/8 LF, cl R to CP LOD ; {2 Left Trns} Fwd L stg LF trn, sd R contg LF trn, cl L ; Contg LF trn bk R, sd L contg LF trn, cl R to CP WALL ;

**09-13 WHISK ; IN & OUT RUNS ; ; THRU SYNCOPATED VINE ; PICK UP SIDE CLOSE ;**  
{Whisk} Fwd L, fwd & sd R stg rise to ball of ft to SCP LOD, XLib (*W XRib*) cont to full rise ; {In & Out Runs} Trng RF fwd R, sd & bk L to CP RLOD, bk R (*W fwd L, fwd R btwn M's ft, fwd L*) to BJO RLOD ; Trng RF bk L, cont trn fwd R btwn W's ft, sd & fwd L (*W trng RF fwd R, cont trn sd L ifo M, cont trn fwd & sd R*) to SCP LOD ; {Thru Sync Vine} [1,2&3] Thru R, sd L/ XRib (*W XLib*), sd L to SCP LOD ; {Pick Up Sd Cl} Sm fwd R, sd L, cl R (*W trng LF fwd L ifo M, cont trn sd R, cl L*) to CP LOD ;

## PART B

**01-04 ONE LEFT TURN ; BACK & CHASSE to BJO ; MANEUVER ; BACK & CHASSE to SCAR ;**  
{One Left Trn} Fwd L trng LF, sd R trng LF, cl L to CP RLOD ; {Bk & Chasse to BJO} [1,2&3] Bk R, trng LF to fc ptr chasse sd L/cl R, sd & fwd L to BJO DLW ; {Maneuver} Repeat meas 4 Part A ; {Bk & Chasse to SCAR} [1,2&3] Bk L begin RF trn to fc ptr, sd R/cl L, sd & fwd R cont trng RF to SCAR DLW ;

**05-08 CROSS HOVER to ½ OP LOD ; OP IN & OUT RUNS ; ; PICK UP SIDE CLOSE ;**  
{Cross Hover to ½ OP LOD} XLif, sd R & fwd hvrg, rec L (*W XRib, sd & bk L w/ strong RF trn, fwd R*) to ½ OP LOD ; {OP In & Out Runs} Fwd R begin RF trn, sd & fwd L Xg ifo W cont trn, sd & fwd R to ½ LOP LOD w/ free arms out to sd (*W fwd R, L, R*) ; Fwd L, R, L (*W fwd R begin RF trn, sd & fwd L Xg ifo M cont trn, fwd & sd R*) to ½ OP LOD w/ free arms out to sd ; {Pick Up Sd Cl} Repeat meas 13 Part A ;

**09-12 DIAMOND TURN ; ; ; ;**  
{Diamond Trn} Repeat meas 5 to 8 Intro ; ; ; ;

## PART B\*

**01-07 REPEAT MEAS 1 to 7 PART B ; ; ; ; ; ; ; ;**

**08 THRU FACE CLOSE :**  
{Thru Fc Cl} Thru R, sd L trn to fc, cl R to CP WALL ;

## ENDING

### 01-04 SIDE SWAY LEFT & RIGHT ; ; ROLL 3 to SCP ; CHAIR & HOLD ;

**Sd Sway L & R}** Repeat meas 3,4 Intro ; ; **{Roll 3 to SCP}** Start LF trn (*W RF*) sd & fwd L, small sd R cont LF trn, sd & fwd L cont LF trn to SCP LOD ; **{Chair}** Strong fwd R in lunge action bendg knee & Hold ;